



## Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

### **What is Independence From Hunger?**

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

### **How Can I Help?**

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

- \$10 = Feeds a baby for 1 week
- \$25 = Feeds a child for 1 week
- \$50 = Feeds a senior for 1 month
- \$100 = Feeds a family for 1 month

\*We also have basic levels for outside donors.

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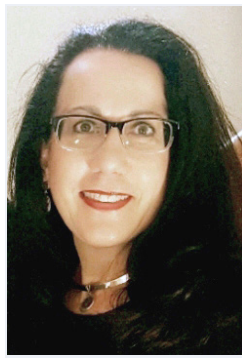
# Happy Birthday!

## Residents

July 04 Jennie T.  
July 26 Ricki W.

## Staff

July 09 Anton P.  
July 11 Darcy W.  
July 13 Tanya H.  
July 14 Carlos L.  
July 22 Megan O.  
July 23 Andrew C.  
July 29 Judy G.  
July 30 Lana E.  
July 30 Amber W.  
July 30 Kailey M.



## Executive Director Corner

Every year, I tell myself that I'm not going to miss the cold

weather once it's gone – and July always comes around to prove me wrong! If you're like me and are looking for a way to cool off, I encourage you to stop by for one of our Happy Hours. There is no better way to combat the summer heat than with a nice, refreshing beverage!

Just as sudden as the changing weather, the Fourth of July has already come and gone. In honor of the holiday, I want to take this opportunity to acknowledge all of our veterans who selflessly put duty ahead of their own wants

and needs. Because you fought to preserve our independence, we are able to gather in peace to celebrate our Independence Day. We're forever indebted to your service to us, and it's our pleasure to always serve you.

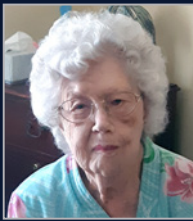
I hope you were able to see some of the amazing fireworks from our courtyard, and if not, I'm sure they'll still be going off for the next few days! Our local community loves to keep the celebration going, and so do we. Keep an eye out for the cookouts, outings, and personalized activities that we have planned for the rest of the summer!

Yours in Service,

*Carol Ward*

Executive Director

## Featured Resident: Berniece F.



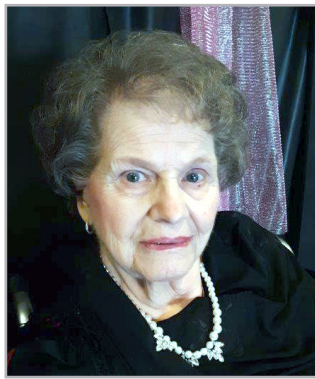
1. When did you move to Waterford Place? On May 25, 2019
2. When and where were you born? In Howard County near Greentown on March 11, 1915
3. Were you married? How long? I was married to Edwin for almost 61 years before he passed.
4. Do you have any children? Yes, I have a son, Michael.
5. What was your lifetime occupation? I worked at Delco for 12yrs
6. Are/Were you a member of any clubs? No
7. Do you have any special talents? I made many of my own clothes.
8. What advice do you have for the younger generation? "Cherish your family"
9. If you could travel anywhere, where would you go and with whom? I would go to Hawaii with my son.
10. What is on your bucket list? "I have lived a good life"

## Legacy Spotlight

We are starting off our month at Legacy with International Joke Day (July 1st), Independence Celebrations and ending the month with national Friendship Day. Stop in for a day of fun and humor or on July 1st. sharing a joke and joining the laughter! Our artisan program has us making homemade sparklers ( no fire needed) and waving our homemade flags to celebrate our country. Our Legacy team has been promoting our BFF (Best Friends Forever) program and you may have seen the BFF buttons. We have recently adopted "the Best Friend Approach" and are working on training all our staff on what it means to be a Best Friend to your loved one, ensuring they receive the most personalized care possible. The Best Friend Approach uses one's life story to tailor care to meet each individuals unique needs. It was developed by David Troxel and Virginia Bell who have written several books on the topic. You can find them wherever books are sold if you are interested in reading them for yourself. I am asking that you please take a few minutes to complete the Life Story sheet to help us learn more about your loved one. This information will be kept in a binder for staff to access in order to provide personalized care for your loved one. I am very excited about the direction we are taking toward becoming a Certified Best Friend's Environment. Dementia is not a one-size-fits-all disease, so care should not be considered one-size-fits-all either. Pick up The Life Story packet at the Legacy or look for the Life Story packet in your next newsletter. Happy July 4th!

# Glamour Shots

Thank you so much to our volunteers from Guardian Angel Hospice and our life enrichment staff! Our residents had a glamorous time receiving makeovers and a photoshoot!



## Sunday Brunch

Our Sunday Brunch for this month is July 21st from 11:00 – 1:00. Please call 765-236-1239 to R.S.V.P your delicious meal by Monday, July 15th.

*We hope to see you here!*

## Happy Hour

Happy Hour is every Friday at 3pm.



## OUTDOOR ACTIVITIES

Blue skies and warmer weather are upon us, and our residents took advantage of some fun in the sun! From celebrating Memorial Day, to outdoor games and gardening, spirits are high as we anticipate the warm summer air and all the benefits of life's simple pleasures.





# WATERFORD PLACE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

800 St. Joseph Drive

Kokomo, IN 46901

765-236-1239

waterfordplacehc.com | [t](#) [f](#)

*Carol Ward*  
Executive Director

*Leslie Paul*  
Customer Service Specialist

*Linda Kendall*  
Business Office Manager

*Heather Moore*  
Life Enrichment Director

*Debi Sanders*  
Legacy Neighborhood Director

*Angie Sommer*  
Director of Nursing

*Carly Haines*  
Director of Social Services

*Gina Newburn*  
Director of Dining Services

*Chris Myers*  
Director of Environmental Services

*Andrew Clark*  
Director of Plant Operations

*Kellie Turner*  
Assistant Director of Health Services

## Stay in the Loop [t](#) [f](#)

Keep up with latest campus news and happenings by following us on your favorite social networks!

*We strive to provide the best customer service and quality care for our residents.*

*Our Department Leaders are here to solve any concerns you may have.*

*In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by [PorterOneDesign.com](http://PorterOneDesign.com)*

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Even if you can't make a contribution, we're eternally grateful for all the other ways in which you change the lives of those around us. Thank you for always smiling, laughing with us, and making our campus a community which shares their good fortune with others!



## Word Search

O	W	D	W	C	S	S	F	Q	N	E	Z	X	T	P	K	Y	L	F
W	U	B	G	O	D	N	T	P	O	G	H	K	N	R	G	S	O	U
V	A	Y	L	A	X	I	J	K	J	A	C	A	M	P	A	I	G	N
K	D	U	R	Z	R	K	F	R	U	U	X	C	O	B	N	Z	S	D
P	P	T	Z	E	Y	B	C	I	U	H	K	O	M	E	J	N	D	R
K	E	S	G	O	F	Y	Y	L	Z	D	O	N	A	T	E	O	B	A
C	K	N	F	W	O	R	A	Q	F	O	R	T	U	N	E	N	G	I
I	U	V	M	U	O	X	A	J	Y	V	C	R	X	M	L	P	S	S
H	M	A	M	S	D	H	U	U	F	X	W	I	I	A	E	E	T	E
Q	B	E	E	W	B	H	F	Z	V	T	O	B	G	Q	G	R	W	V
S	U	V	U	Z	R	L	A	Q	K	J	F	U	O	P	R	I	N	E
L	I	Y	D	C	X	H	H	P	Z	I	B	T	G	M	A	S	P	N
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F	W	F	B	A	H	E	U	C	O	L	L	E	C	T	L	E	H	J
V	K	P	M	V	F	T	D	K	C	A	S	H	O	H	J	V	G	G

CAMPAIGN  
CASH  
CHANGE  
COLLECT

CONTRIBUTION  
DONATE  
EVENTS  
FEED

FOOD  
FORTUNE  
FUNDRAISE  
GRATEFUL

HAPPY  
HUNGER  
LIVES  
NON PERISHABLE