



## Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

### **What is Independence From Hunger?**

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

### **How Can I Help?**

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

**\$10 = Feeds a baby for 1 week**

**\$25 = Feeds a child for 1 week**

**\$50 = Feeds a senior for 1 month**

**\$100 = Feeds a family for 1 month**

\*We also have basic levels for outside donors.

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# Happy Birthday!

## Staff

Etienne Dextra,	7/2
Marie Andree	7/2
Altman, Melissa	7/5
Dickey, Crystal	7/7
Curtis, Sharon	7/8
Hommrich, Gina M	7/11
Kelley, Jeff	7/14
Ramos, Maikel osorio	7/15
Walker, Marian	7/20
Williams, Stacey S	7/25
Zehnder, Sarah Elaine	7/26
Bridges, Timothy J	7/31
Clayton, Lauren Powers	7/31



## Executive Director Corner

Every year, I tell myself that I'm not going to miss the cold

weather once it's gone – and July always comes around to prove me wrong! If you're like me and are looking for a way to cool off, I encourage you to stop by for one of our Happy Hours. There is no better way to combat the summer heat than with a nice, refreshing beverage!

Just as sudden as the changing weather, the Fourth of July has already come and gone. In honor of the holiday, I want to take this opportunity to acknowledge all of our veterans who selflessly put duty ahead of their own wants and

needs. Because you fought to preserve our independence, we are able to gather in peace to celebrate our Independence Day. We're forever indebted to your service to us, and it's our pleasure to always serve you.

I hope you were able to see some of the amazing fireworks from our courtyard, and if not, I'm sure they'll still be going off for the next few days! Our local community loves to keep the celebration going, and so do we. Keep an eye out for the cookouts, outings, and personalized activities that we have planned for the rest of the summer!

Yours in Service,

*Lauren Clayton*

Executive Director

## Life Share

Lifeshare Technologies, in partnership with this campus, is delighted to provide an innovative new service that allows you to connect with family and engage with your community, all through your personal television. With Lifeshare, you can do all of the following through your TV:

- View and send emails and text message
- View photos
- View community information, such as activities, announcements, and dining menus
- Receive event reminders on screen or by phone
- Read daily news
- Play games, music, and faith bases programs.

See your life enrichment department to get set up now!

## Photo Highlights





# More...Photo Highlights



## Taste of Town

July 10th at 12:00

Featured Restaurant:

White Castle

## Family Night/ Garden Party

5:30-7:30pm

Enjoy our Beautiful Patio Garden

Art Walk Refreshments

## Entertainment

Please join us every Friday

at 2:30 or 3:00 for Happy

Hour. Refreshments and

Live Entertainment.

## Volunteers Needed:

Glen Ridge strives to make all of our resident's days enjoyable and fun. Volunteers are the heart and soul of our campus and the key to making this happen. Therefore, we are calling all who want to volunteer and bring joy to our residents. You can give 1 hour a month to make a huge difference too many people. If you are interested in volunteering for the following programs, please contact Cindy Allen/Life Enrichment Department. *Bingo caller, crafts, leading men's group, nails, hosting a movie night, or bridge club.*

## Dietary Corner

Please join us for Chef's Corner

Each Wednesday at 2:00.

Try new Recipes & bring some of your favorite Recipes to be offered on the Glen Ridge Menu.





# GLEN RIDGE

## HEALTH CAMPUS

*A Trilogy Senior Living Community*

6415 Calm River Way  
Louisville, KY 40299  
502-297-8590  
glenridgehc.com |

*Lauren Powers*  
Executive Director

*Stephanie Lee*  
Director of Health Services

*Jen Humphreys*  
Customer Service Specialist

*Amy Flannery*  
Community Service Representative

*Ayla Burkett*  
Business Office Manager

*Cindy Allen*  
Life Enrichment Director

*Crystal Dickey*  
Director of Social Services

*Susan Markle*  
Asst. Director of Social Services

*Tim Bridges*  
Director of Dietary Services

*Billie Hourigan*  
Environmental Services Director

*Missy Kitchen*  
Guest Relations

### Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# Independence from Hunger

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Even if you can't make a  
contribution, we're eternally  
grateful for all the other  
ways in which you  
change the lives of  
those around us.  
Thank you for  
always smiling,  
laughing with us, and  
making our campus  
a community which  
shares their good  
fortune with others!



## Word Search

O	W	D	W	C	S	S	F	Q	N	E	Z	X	T	P	K	Y	L	F
W	U	B	G	O	D	N	T	P	O	G	H	K	N	R	G	S	O	U
V	A	Y	L	A	X	I	J	K	J	A	C	A	M	P	A	I	G	N
K	D	U	R	Z	R	K	F	R	U	U	X	C	O	B	N	Z	S	D
P	P	T	Z	E	Y	B	C	I	U	H	K	O	M	E	J	N	D	R
K	E	S	G	O	F	Y	Y	L	Z	D	O	N	A	T	E	O	B	A
C	K	N	F	W	O	R	A	Q	F	O	R	T	U	N	E	N	G	I
I	U	V	M	U	O	X	A	J	Y	V	C	R	X	M	L	P	S	S
H	M	A	M	S	D	H	U	U	F	X	W	I	I	A	E	E	T	E
Q	B	E	E	W	B	H	F	Z	V	T	O	B	G	Q	G	R	W	V
S	U	V	U	Z	R	L	A	Q	K	J	F	U	O	P	R	I	N	E
L	I	Y	D	C	X	H	H	P	Z	I	B	T	G	M	A	S	P	N
L	Q	H	V	H	L	Q	U	D	P	Z	O	I	G	D	T	H	E	T
W	Q	V	V	A	P	C	D	F	D	Y	F	O	N	B	E	A	G	S
U	X	A	P	N	M	P	S	Z	W	X	R	N	Q	H	F	B	S	Z
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N	K	Q	D	E	F	X	E	K	O	K	S	I	S	O	L	E	N	X
F	W	F	B	A	H	E	U	C	O	L	L	E	C	T	L	E	H	J
V	K	P	M	V	F	T	D	K	C	A	S	H	O	H	J	V	G	G

CAMPAIGN  
CASH  
CHANGE  
COLLECT

CONTRIBUTION  
DONATE  
EVENTS  
FEED

FOOD  
FORTUNE  
FUNDRAISE  
GRATEFUL

HAPPY  
HUNGER  
LIVES  
NON PERISHABLE