

# Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

# What is Independence From Hunger?

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

#### How Can I Help?

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

\$10 = Feeds a baby for 1week

\$25 = Feeds a child for 1week

\$50 = Feeds a senior for 1month

\$100 = Feeds a family for 1month

\*We also have basic levels for outside donors.

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#### Happy Birthday!

#### Residents

July 05

July 30

July 0)	viigiiia L.
July 06	Clara L.
July 27	Gerald H.
July 29	David D.

Virginia I

Doris G.

#### Did You Know...?

That we have a webpage?
Please follow the campus link
www.willowsathowell.com.

The Private Dining Room can be reserved for parties, family gatherings, and other special events. Please see Robb in Guest Relations to sign a room reservation contract and book a room.

Happy Hour is every Friday from 3:00 to 5:00 with music, food, beer, wine, and spirits. Come out and join us during this wonderful time!

Brunch is the second Sunday of the month. Residents are allowed to bring 2 guests for free and can make those reservations with Robb in Guest Relations. Please make reservations by the Friday before Brunch, so we can accommodate all who are sitting with you!

July is Anti-Boredom Month, National Grilling Month, National Picnic Month, and World Watercolor Month.



# Executive Director Corner

Every year,
I tell myself
that I'm not
going to
miss the cold

weather once it's gone - and July always comes around to prove me wrong! If you are like me and are looking for a way to cool off, I encourage you to stop by for one of our Happy Hours. There is no better way to combat the summer heat than with a nice. refreshing beverage! Just as the sudden as the changing weather, the Fourth of July has already come and gone. In honor of the holiday, I want to take this opportunity to acknowledge all of our veterans who selflessly put duty ahead of their own wants and needs. Because

you fought to preserve out independence, we are able to gather in peace to celebrate out Independence Day. We're forever indebted to your service to us, and it's our pleasure to always serve you.

I hope you were able to see some of the amazing fireworks from our courtyard, and if not, I'm sure they'll still be going off for the next few days! Our local community loves to keep the celebration going, and so do we. Keep an eye out for the cookouts, outings, and personalized activities that we have planned for the rest of the summer!

Yours in Service,

Jamie Gcott, BS, LPN, NHA
Executive Director

### Smile of the Month

Grinning from ear to ear over hear! Elaine and Mary W. are holding hands, but can you tell who's hiding behind the hat? The other photo is of one of our aides that was helping Helen put together a puzzle when we were able to snap a picture of them hard at work!







#### **WELLNESS WEEK**

Our residents participated in Wellness Week with groups on how to relieve stress, making stress balls with Therapy, Walking Wednesday with staff, and fruit smoothies for Happy Hour! It was a great way to encourage residents and staff to make steps to be healthier!



Out and About Our residents going out into the community and getting some fresh air! We have visited places like the MSU horticulture gardens and Voyager Elementary to read to the kids!





#### Taste of Town

For Taste of Town, residents enjoyed the food from El Cerro Grand Mexican Restaurant. Even our staff and dining room tables got into the theme!





Campus in Color

Our residents have been getting their hands dirty with planting flowers and herbs and decorating the herb garden for the Campus in Color company contest. Our theme is based on the book, Secret Garden, and we hope residents feel that theme out in the gardens!











A Trilogy Senior Living Community

1500 Byron Road Howell, MI 48855 517-552-9323

willowsathowell.com | ♥ f

Jamie Scott Executive Director Andrew Russell, RN Director of Health Services

> Bruce Cassidy Medical Director

Jackie Zolnier, LPN Assisted Living Director

Drew Plemmons, RN Assistant Director of Health Services

> Melissa O'Brian Rehab Program Director Krystal Lamb, LLBSW Director of Social Work

Kait Lewis Community Service Rep. Becca Mullen, MA, CTRS Life Enrichment Director

Dawn Roys Director of Food Service

Dianne Long Director Environmental Services

Neil Palmer
Director of Plant Operations

#### Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Even if you can't make a contribution, we're eternally grateful for all the other ways in which you change the lives of those around us.

Thank you for always smiling, laughing with us, and making our campus a community which shares their good fortune with others!



## Word Gearch

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CAMPAIGN	CONTRIBUTION	FOOD	НАРРҮ
CASH	DONATE	FORTUNE	HUNGER
CHANGE	EVENTS	FUNDRAISE	LIVES
COLLECT	FEED	GRATEFUL	NON PERISHABLE