



THE WILLOWS  
AT EAST LANSING  
*A Trilogy Senior Living Community*

# Monthly

July 2019



## Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

### What is Independence From Hunger?

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

### How Can I Help?

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

**\$10 = Feeds a baby for 1week**

**\$25 = Feeds a child for 1week**

**\$50 = Feeds a senior for 1month**

**\$100 = Feeds a family for 1month**

\*We also have basic levels  
for outside donors.

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# Happy Birthday!

## *Health Campus*

Thelma S.	July 05
Loretta M.	July 13
Trudy K.	July 19
Patricia H.	July 25
Donna P.	July 25
Kathlyn E.	July 30

## *Assisted Living/Legacy*

Barbara D.	July 17
Leah J.	July 28

## July Astrology

In astrology, those born July 1-22 are the Crabs of Cancer. Guided by their hearts. Crabs are emotional and nurturing. They create deep bonds and comfortable homes, and are always willing to welcome people into their cycle. Those born between, July 23-31 are Lions of Leo. Leos are natural leaders: intelligent, courageous, bold, and unafraid of the limelight. Leos social natures also make them excellent friends and bosses.

## Volunteer News

The Life Enrichment Department is always looking for volunteers. We are always in need of help at our weekly Happy Hour. Monthly Sunday Brunch, quarterly Themed Dinners and Family Nights and more! Please contact a team member if interested.

## *Executive Director Corner*

Every year, I tell myself that I'm not going to miss the cold weather once it's gone – and July always comes around to prove me wrong! If you're like me and are looking for a way to cool off, I encourage you to stop by for one of our Happy Hours. There is no better way to combat the summer heat than with a nice, refreshing beverage!

Just as sudden as the changing weather, the Fourth of July has already come and gone. In honor of the holiday, I want to take this opportunity to acknowledge all of our veterans who selflessly put duty ahead of their own wants and needs. Because you fought to preserve our

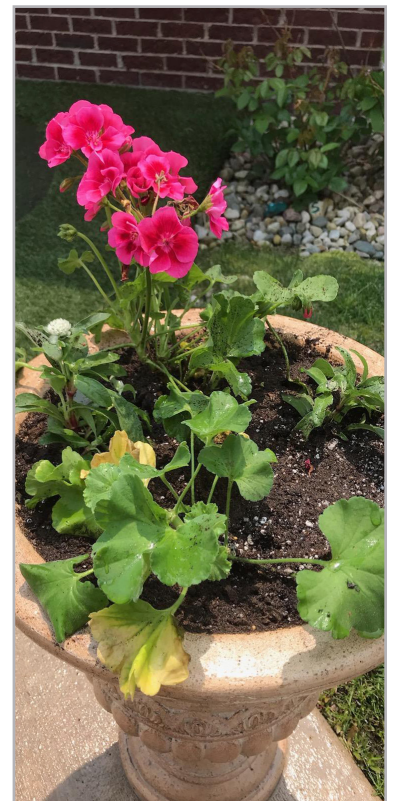
independence, we are able to gather in peace to celebrate our Independence Day. We're forever indebted to your service to us, and it's our pleasure to always serve you.

I hope you were able to see some of the amazing fireworks from our courtyard, and if not, I'm sure they'll still be going off for the next few days! Our local community loves to keep the celebration going, and so do we. Keep an eye out for the cookouts, outings, and personalized activities that we have planned for the rest of the summer!

Yours in Service,

*Frederick Massoll*  
Executive Director

## Photo Highlights







## More Photo Highlights



## *Independence Day*

Happy 4th of July from the staff here at The Willows at East Lansing!



## Live a Dream

Please let the life Enrichment Department know if there is a resident with a Live a Dream. We would love to help make a dream of one of our residents come true. If you have any questions regarding the live a dream please contact the Life Enrichment Department. They would be more than happy to answer any questions you have regarding the Live a Dream program.

## Happy Hour Entertainment

*Health Center (3:00-4:00pm)*

- July 05 Jay Hill
- July 12 Billy McAllister
- July 19 Mo Hyatt
- July 26 Tess & Jack Clarkson

*Legacy (2:00-3:00pm)*

- July 05 Jim Herman
- July 12 Tess & Jack Clarkson
- July 19 Generations
- July 26 Lee Piper







# THE WILLOWS

## AT EAST LANSING

*A Trilogy Senior Living Community*

**3500 Coolidge Rd.  
East Lansing, MI 48823  
517-203-4042  
willowsateastlansing.com |**

*Frederick Massoll  
Executive Director*

*Brandi Miller  
Director of Health Services*

*Staci Fillingham  
Community Service Representative*

*Cheryl Workman  
Business Office Manager*

*Janelle Palus  
Life Enrichment Director*

*Amanda Buhl  
Legacy Neighborhood Director*

*Brenda Ruddy  
Social Service Director*

*Ryan Fillingham  
Director of Food Services*

*James Davis  
Director of Plant Operations*

### Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# Independence from Hunger

*...continued from cover*

Even if you can't make a  
contribution, we're eternally  
grateful for all the other  
ways in which you  
change the lives of  
those around us.

Thank you for  
always smiling,  
laughing with us, and  
making our campus  
a community which  
shares their good  
fortune with others!



## Word Search

O	W	D	W	C	S	S	F	Q	N	E	Z	X	T	P	K	Y	L	F
W	U	B	G	O	D	N	T	P	O	G	H	K	N	R	G	S	O	U
V	A	Y	L	A	X	I	J	K	J	A	C	A	M	P	A	I	G	N
K	D	U	R	Z	R	K	F	R	U	U	X	C	O	B	N	Z	S	D
P	P	T	Z	E	Y	B	C	I	U	H	K	O	M	E	J	N	D	R
K	E	S	G	O	F	Y	Y	L	Z	D	O	N	A	T	E	O	B	A
C	K	N	F	W	O	R	A	Q	F	O	R	T	U	N	E	N	G	I
I	U	V	M	U	O	X	A	J	Y	V	C	R	X	M	L	P	S	S
H	M	A	M	S	D	H	U	U	F	X	W	I	I	A	E	E	T	E
Q	B	E	E	W	B	H	F	Z	V	T	O	B	G	Q	G	R	W	V
S	U	V	U	Z	R	L	A	Q	K	J	F	U	O	P	R	I	N	E
L	I	Y	D	C	X	H	H	P	Z	I	B	T	G	M	A	S	P	N
L	Q	H	V	H	L	Q	U	D	P	Z	O	I	G	D	T	H	E	T
W	Q	V	V	A	P	C	D	F	D	Y	F	O	N	B	E	A	G	S
U	X	A	P	N	M	P	S	Z	W	X	R	N	Q	H	F	B	S	Z
U	M	H	S	G	Y	N	J	D	C	N	V	X	Y	K	U	L	G	E
N	K	Q	D	E	F	X	E	K	O	K	S	I	S	O	L	E	N	X
F	W	F	B	A	H	E	U	C	O	L	L	E	C	T	L	E	H	J
V	K	P	M	V	F	T	D	K	C	A	S	H	O	H	J	V	G	G

**CAMPAIGN**  
CASH  
CHANGE  
COLLECT

**CONTRIBUTION**  
DONATE  
EVENTS  
FEED

**FOOD**  
FORTUNE  
FUNDRAISE  
GRATEFUL

**HAPPY**  
HUNGER  
LIVES  
NON PERISHABLE