



COVERED BRIDGE

HEALTH CAMPUS

A Trilogy Senior Living Community

On Campus

July 2019



Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

What is Independence From Hunger?

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

How Can I Help?

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

\$10 = Feeds a baby for 1 week

\$25 = Feeds a child for 1 week

\$50 = Feeds a senior for 1 month

\$100 = Feeds a family for 1 month

*We also have basic levels for outside donors.

...continued on back page

Happy Birthday!

Residents

7/01	Ruth S.
7/02	Bernadine R.
7/03	Sharon W.
7/05	Loretta H.
7/05	Janice S.
7/08	Betty T.
7/15	LaDonna W.
7/27	Joan Q.

Staff

7/04	Kristin L.
7/11	Amy R.
7/12	Shelly P.
7/13	Amber H.
7/16	Tammie H.
7/16	Neil H.
7/16	Mary H.
7/16	Christy M.
7/16	Grant O.
7/22	Ruby S.

Welcome to Covered Bridge!

Residents

Lowell C.	Millard M.
Mary S.	Joe S.
Ada S.	

Staff

Kimberly B.	Leah B.
Aubrie B.	Trudi G.
Savannah S.	



Executive Director Corner

Every year, I tell myself that I am not going to

miss the cold weather once it's gone – and July always comes around to prove me wrong! If you're like me and are looking for a way to cool off, I encourage you to stop by for one of our Happy Hours. There is no better way to combat the summer heat than with a nice, refreshing beverage!

Just as sudden as the changing weather, the Fourth of July has already come and gone. In honor of the holiday, I want to take this opportunity to acknowledge all of our veterans who selflessly put duty ahead of their own wants and needs. Because you fought to

preserve our independence, we are able to gather in peace to celebrate our Independence Day. We're forever indebted to your service to us, and it's our pleasure to always serve you.

I hope you were able to see some of the amazing fireworks from our courtyard, and if not, I'm sure they'll still be going off for the next few days! Our local community loves to keep the celebration going, and so do we. Keep an eye out for the cookouts, outings, and personalized activities that we have planned for the rest of the summer!

Yours in Service,

Angela Short
Executive Director

Campus in Color

The flowers are blooming, the water fountain is on and babbling, we are enjoying our time outside in the sunshine, pruning and tending to our gardens. Come sit a spell and enjoy them with us!



Taste of Town

Taste of Town for our resident's is on July 11. We are having Rockford Place for lunch.

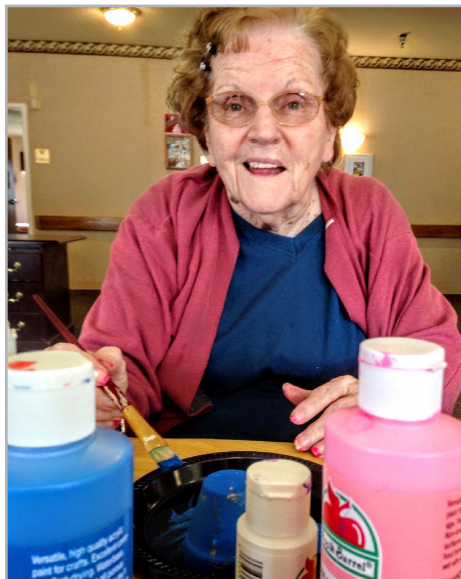
Family Brunch

July 21 is our next Sunday Brunch. Please RSVP to the front office by Thursday, July 18 to reserve your seats. Please bring 5 non-perishable food items to donate for our Independence for Hunger food drive.

Family Forum Our next family forum will be Thursday, July 18 at 5:30pm at Scheck's Cancer Center across the street from the Medical Building. There will be light refreshments provided. Alzheimer's disease is life changing for those who are diagnosed and their families. Our goal as a group is to provide a place to connect with other caregivers who truly understand what you are going through. Please call 812-523-4841 to reserve your seat. We look forward to seeing you!

All Smiles

Miss Joan is all smiles while working on her artwork!



Live a Dream

A resident's wishes and lifelong dreams are as unique as they are. Living out those dreams keeps us young and full of life. That is why we try to grant the wishes and dreams of our residents every chance we get. In addition, because of the generous support of our campus team members and through partnerships with local businesses and the Trilogy Foundation, our campus is a place where dreams come true. Do you wish a wish that you would like to have granted? Please see a member of the Life Enrichment team for details!

In Memoriam

Thank you Holly for your 8 years of service as our therapy dog! Holly had a sweet last day on this earth with us. She enjoyed loving on her residents, a cake, and a retirement celebration with staff and residents! We sure will miss seeing Holly! Thank you Dave and Holly for all that you have done for our residents here at Covered Bridge!

LUAU

Despite the rainy weather, we had so much fun at our annual luau this year! Great food, entertainment, and company.



Follow Us

Please follow us on Social Media to see all of the amazing things we are doing here at the campus!!! Follow us on Twitter @CoveredBridgeHC and on Facebook! Here you can see our up and coming event and daily activities of our residents and much more!!

Volunteers

Our Summer Field Trips are right around the corner. If you are interested, we could use volunteers to help the residents get the best experiences as possible. Please call 812-523-6405 and ask for the Activity Department to see how you can help!

Did You Know...?

That we have a resident council each for Health Center and Assisted Living made up of our residents, where they are able to convene for an hour or so, once a month, with one of our Activity staff members to voice concerns, feedback, and get informed about upcoming events, and campus activities. Any feedback that our residents share with us is addressed by the department leaders, as well as, our Executive Director.

We also have a Chef's Circle for Health Center and for Assisted Living residents where they get to meet with dietary every week to discuss their meals for that week, upcoming events, future meal ideas, etc.

That you can read the monthly newsletter AND our monthly calendar of activities on-line. Please follow the campus link: www.coveredbridgehc.com



COVERED BRIDGE

HEALTH CAMPUS

A Trilogy Senior Living Community

1675 W. Tipton Street

Seymour, IN 47274

812-523-6405

coveredbridgehc.com |

Angie Short
Executive Director

Alexa Ulrey, RB, BC/BSN
Director of Health Services

Missy Robinson
Assistant Director of Health Services

Marsha Rieckers
Community Service Representative

Mike Craig
Business Office Manager

Kris Bowman
Life Enrichment Director

Erika Muhlback
Director of Social Services

Cody Schwade
Director of Plant Operations

Sheila Joy-Haws
Director of Food Services

Debbie Redmond
Environmental Services Supervisor

Dr. Neil Strait Hill
Medical Director

Christy Murphy
Legacy Lane Coordinator

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

Independence from Hunger

...continued from cover

Even if you can't make a
contribution, we're eternally
grateful for all the other
ways in which you
change the lives of
those around us.

Thank you for
always smiling,
laughing with us, and
making our campus
a community which
shares their good
fortune with others!



Word Search

O	W	D	W	C	S	S	F	Q	N	E	Z	X	T	P	K	Y	L	F
W	U	B	G	O	D	N	T	P	O	G	H	K	N	R	G	S	O	U
V	A	Y	L	A	X	I	J	K	J	A	C	A	M	P	A	I	G	N
K	D	U	R	Z	R	K	F	R	U	U	X	C	O	B	N	Z	S	D
P	P	T	Z	E	Y	B	C	I	U	H	K	O	M	E	J	N	D	R
K	E	S	G	O	F	Y	Y	L	Z	D	O	N	A	T	E	O	B	A
C	K	N	F	W	O	R	A	Q	F	O	R	T	U	N	E	N	G	I
I	U	V	M	U	O	X	A	J	Y	V	C	R	X	M	L	P	S	S
H	M	A	M	S	D	H	U	U	F	X	W	I	I	A	E	E	T	E
Q	B	E	E	W	B	H	F	Z	V	T	O	B	G	Q	G	R	W	V
S	U	V	U	Z	R	L	A	Q	K	J	F	U	O	P	R	I	N	E
L	I	Y	D	C	X	H	H	P	Z	I	B	T	G	M	A	S	P	N
L	Q	H	V	H	L	Q	U	D	P	Z	O	I	G	D	T	H	E	T
W	Q	V	V	A	P	C	D	F	D	Y	F	O	N	B	E	A	G	S
U	X	A	P	N	M	P	S	Z	W	X	R	N	Q	H	F	B	S	Z
U	M	H	S	G	Y	N	J	D	C	N	V	X	Y	K	U	L	G	E
N	K	Q	D	E	F	X	E	K	O	K	S	I	S	O	L	E	N	X
F	W	F	B	A	H	E	U	C	O	L	L	E	C	T	L	E	H	J
V	K	P	M	V	F	T	D	K	C	A	S	H	O	H	J	V	G	G

CAMPAIGN
CASH
CHANGE
COLLECT

CONTRIBUTION
DONATE
EVENTS
FEED

FOOD
FORTUNE
FUNDRAISE
GRATEFUL

HAPPY
HUNGER
LIVES
NON PERISHABLE