



THE WILLOWS
AT CITATION

A Trilogy Senior Living Community

Monthly

July 2019



Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

What is Independence From Hunger?

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

How Can I Help?

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

\$10 = Feeds a baby for 1week

\$25 = Feeds a child for 1week

\$50 = Feeds a senior for 1month

\$100 = Feeds a family for 1month

*We also have basic levels
for outside donors.

...continued on back page

Happy Birthday!

Residents

| | |
|---------|-------------|
| July 02 | Elaine R. |
| July 03 | Ron O. |
| July 03 | David M. |
| July 12 | Kimberly A. |
| July 15 | Norris M. |
| July 20 | Marty S. |
| July 20 | Joan F. |
| July 23 | Beth P. |
| July 24 | Marita H. |
| July 25 | Buford B. |
| July 27 | Jessie J. |
| July 30 | Gertrude M. |

Out and About

We have lots of opportunities for residents to go out into our local community. Below is a list of a few dates we have scheduled. Keep a close eye on the Activity Calendar as more dates are added all the time!

July 1- Orange Leaf
July 8- Walmart
July 15- Kroger
July 22- Picnic in the Park
July 29- Krispy Kreme

Sunday Brunch

Sunday, July 14

We always look forward mingling with our residents and their family and friends each month during our monthly Sunday brunches. Each resident can invite 2 guest free of charge, any additional guest can purchase meal tickets from the business office for \$10 a person. If you anticipate having a large group, please RSVP to a member of the culinary team as spaces fill up quickly!

Executive Director Corner

Happy June! With summer in full swing, it's time to break out the bug spray, breathe in the warm air, and relax under the sun. Personally, my favorite part of the season is seeing familiar faces join us for our cookouts. Nothing says summer like enjoying good company with the smell of food on the grill, so I encourage everyone to come out!

This month, we're also excited to be kicking off our annual Independence from Hunger campaign. With the help of our sister campuses, we're proud to continue to provide over 1 million pounds of food every year for food banks and non-profit organizations in our local community. We are always amazed at the level of support we receive from employees, residents, families, and friends.

At our campus, compassion is never in short supply.

We put the "fun" in fundraising, so you can expect to hear about all of the exciting events we have planned for this year's campaign in the near future! In the meantime, we would like to ask all members of our community to consider supporting this great cause. Every donation, big and small, is appreciated and makes more of a difference than you could ever know.

If you or a loved one are interested in making a donation, contact our Life Enrichment Director today. They'll be happy to hear from you!

Yours in Service,

Brittany Faucher
Executive Director

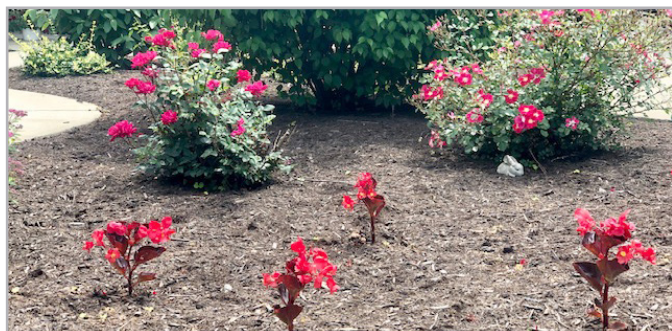
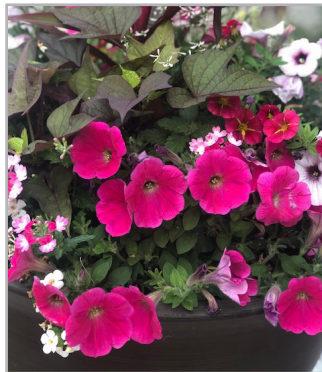
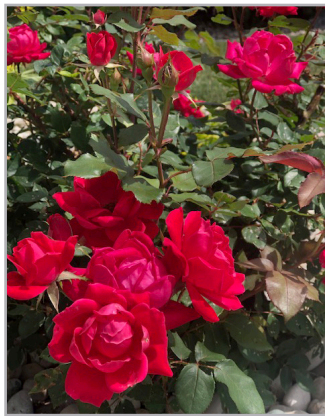
LIFE ENRICHMENT SPOTLIGHT

Recently we partnered with Dillard's to bring the store to The Willows at Citation so our residents could take advantage and have a fun afternoon of shopping on their own time. It was a huge success!



CAMPUS IN COLOR

Come on out to The Willows at Citation to see our wonderful garden in full bloom! We have an amazing arrangement of colorful flowers, bushes, fairy gardens, vegetables and much more. Our staff and residents have worked extremely hard on it and would love to show it off to you!



Dietary Corner

Please join us Tuesday's at 3:00 for Chef's Circle. Try new recipes, bring some of your favorite recipes to be offered on the Citation menu.

Taste of Town

July 17th- Featured Restauraunt

Volunteer News

The Willows at Citation strives to make all of our resident's days enjoyable and fun. Volunteers are the heart and soul of our campus and the key to making this happen. Therefore, we are calling all who want to volunteer and bring joy to our residents. You can give 1 hour a month to make a huge difference too many people. If you are interested in volunteering for the following programs, please contact Josh Gruneisen/ Life Enrichment Director.

Suggested areas of help: *Bingo caller, Manicures/pedicures.*

Happy Hour and Live Music!

Every Friday from 3-4pm we offer live music in our dining room from some exciting local talent. Accompanying the live music is our famous Happy Hour which features delicious food made from our culinary team, as well as a variety of spirits.

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link at willowsatcitation.com

The Private Dining Room can be reserved for Birthday Parties, Family Dinners, or any other special event you would like to celebrate with your loved ones.

Happy Hour is weekly at 3:00 to 4:00pm.



THE WILLOWS AT CITATION

A Trilogy Senior Living Community

**1376 Silver Springs Dr.
Lexington, KY 40511
859-277-0320**

willowsatcitation.com |

*Brittany Faucher
Executive Director*

*Rhonda Johnston
Director of Health Services*

*Angie Fields
Asst. Director of Health Services*

*Josh Gruneisen
Life Enrichment Director*

*Erica Felty-Marler
Rehab Director*

*Heather Hall
Community Support Representative*

*Michelle King
Community Support Specialist*

*Eavan Kelly
Business Office Manager*

*Kathy Ramsey
Social Services Director*

*Mary Ritchie
Director of Environmental Services*

*Tyler Sands
Director of Plant Operations*

*Drew Hemmer
Director of Food Services*

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Independence from Hunger

...continued from cover

Even if you can't make a
contribution, we're eternally
grateful for all the other
ways in which you
change the lives of
those around us.

Thank you for
always smiling,
laughing with us, and
making our campus
a community which
shares their good
fortune with others!



Word Search

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CAMPAIGN
CASH
CHANGE
COLLECT

CONTRIBUTION
DONATE
EVENTS
FEED

FOOD
FORTUNE
FUNDRAISE
GRATEFUL

HAPPY
HUNGER
LIVES
NON PERISHABLE