

## Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

## What is Independence From Hunger?

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

#### How Can I Help?

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

\$10 = Feeds a baby for 1week

\$25 = Feeds a child for 1week

\$50 = Feeds a senior for 1month

\$100 = Feeds a family for 1month

\*We also have basic levels for outside donors.

...continued on back page

#### Happy Birthday!

# Residents 7/3 Jessie A.

7/11 Ruth G.

7/16 Vera W.

7/17 Mary S.

7/30 Kenneth M.

7/30 Marilyn I.

7/31 Alice S.

7/31 Beverly E.

## Sunday Brunch

Please RSVP for the Sunday Brunch to be held on Sunday, July 21st from 11am to 1pm by signing the family book on the front desk.

#### Volunteer News

If you or someone you know is interested in sharing time with our residents, please contact a member of the Life Enrichment team.



## Executive Director Corner

Every year, I tell myself that I'm not going to

miss the cold weather once it's gone – and July always comes around to prove me wrong! If you're like me and are looking for a way to cool off, I encourage you to stop by for one of our Happy Hours. There is no better way to combat the summer heat than with a nice, refreshing beverage!

Just as sudden as the changing weather, the Fourth of July has already come and gone. In honor of the holiday, I want to take this opportunity to acknowledge all of our veterans who selflessly put duty ahead of their own wants and needs. Because you fought to

preserve our independence, we are able to gather in peace to celebrate our Independence Day. We're forever indebted to your service to us, and it's our pleasure to always serve you.

I hope you were able to see some of the amazing fireworks from our courtyard, and if not, I'm sure they'll still be going off for the next few days! Our local community loves to keep the celebration going, and so do we. Keep an eye out for the cookouts, outings, and personalized activities that we have planned for the rest of the summer!

Yours in Service,

Rachel Bishir, HFA Executive Director

#### **Out and About**

Keep an eye out for our July outing list! Please rsvp for our outing with our Life Enrichment Department. If you or your loved one wishes to attend a shopping trip or lunch outing please ensure they have money in their resident trust account. To open a resident trust account please see our Business Office Manager. Our Thursday outings are cruises (we will not get off the bus, and treats are on us). Outing are come, first serve; however in order to ensure everyone has the opportunity to attend an outing, residents who have not attended a trip will get first reservations.

We recently enjoyed a picnic in the park. There is nothing better than lunch on the lake!





## Batter Up!

Residents and staff enjoyed some friendly competition in our baseball game.









Resident Sue
was overjoyed
to meet her new
grandbaby





A Trilogy Senior Living Community

937 E. 186th Street Westfield, IN 46074 317-804-8044

wellbrookeofwestfield.com | > f

Rachel Bishir Executive Director

Lori Huntzinger Director of Health Services Michelle Bassel

Assistant Director of Health Services

Robyn Hughes Customer Service Representative

> Robin Jacquette Business Office Manager Alyssa Gneiding Life Enrichment Director

Armando Hernandez Director of Plant Operations

Christopher Clair Director of Food Services

Melissa Horan Director of Rehabilitation Services

> Michelle Hesler AP/Payroll Coordinator

Anita Bryant Social Services Director

#### Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

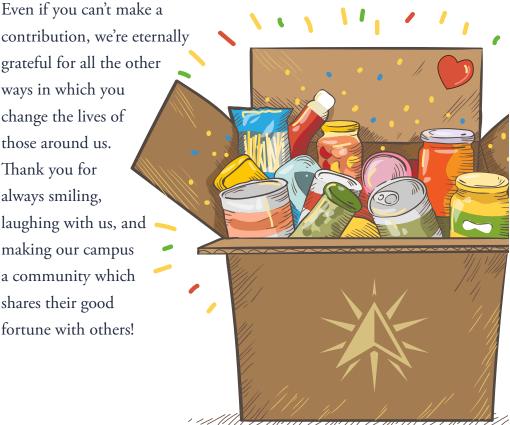
We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

### Independence from Hunger

...continued from cover

Even if you can't make a contribution, we're eternally grateful for all the other ways in which you change the lives of those around us. Thank you for always smiling, laughing with us, and making our campus a community which shares their good



### Word Gearch

C S W O В 0 T O G Н S 0 G D N K R G U Y Α X J K Α C Α Μ Ρ Α G Ν Α L Ι J Ι R K D U Z R K R U U X C O В Ν Z S D P Р Т Z Е Y В C Ι U Н K 0 Μ E J Ν D R S Z Α Е G 0 F Y Y L D 0 Ν Α T Е O В K C K N W O R Q F 0 R Т U Е N G Ι S Ι U V Μ U 0 X Y V C R X Μ L Р S S Н Μ Α Μ D Н U X W Ι Ι Α E Е Т Ε Ζ Q E F Т G E W В O В G R W V Q В S U V U Z R Α Q J U 0 Ρ R Ι Ν Ε K D C X P Z Ι В Т G Р Ι Y Н Н М Α S N Z Q U D P 0 Ι G D Т Е Т L Q Н V Н L Н W Q V V Α Ρ C D F D Y F 0 Ν В E Α G S Ζ P Р S Z R F В S U X Α Ν Μ W X Ν Q Н S G Y Ν J D C Ν X K G E U Н Υ L Е Е N Q D X K O K S Ι S 0 Е Ν X K Е J W F В Α Н U O L E E Н L K S G Μ D Α Н O G

CAMPAIGN	CONTRIBUTION	FOOD	HAPPY
CASH	DONATE	FORTUNE	HUNGER
CHANGE	EVENTS	FUNDRAISE	LIVES
COLLECT	FEED	GRATEFUL	NON PERISHABLE