



Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

What is Independence From Hunger?

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

How Can I Help?

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

\$10 = Feeds a baby for 1 week

\$25 = Feeds a child for 1 week

\$50 = Feeds a senior for 1 month

\$100 = Feeds a family for 1 month

*We also have basic levels for outside donors.

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Happy Birthday!

Residents

Carol P. 7/10

Donald L. 7.15

Elaine D. 7.23

Wayne W. 7/29

Janet F. 7.30

Dolores M. 7.30

Staff

Ashly T. 7/1

Allison B. 7/2

Deborah O. 7/2

Kristine T. 7/16

Megan M. 7/17

Brianna G. 7/31



Executive Director Corner

Every year, I tell myself that I'm not going to

miss the cold weather once it's gone – and July always comes around to prove me wrong! If you're like me and are looking for a way to cool off, I encourage you to stop by for one of our Happy Hours. There is no better way to combat the summer heat than with a nice, refreshing beverage!

Just as sudden as the changing weather, the Fourth of July has already come and gone. In honor of the holiday, I want to take this opportunity to acknowledge all of our veterans who selflessly put duty ahead of their own wants and needs. Because you fought to

preserve our independence, we are able to gather in peace to celebrate our Independence Day. We're forever indebted to your service to us, and it's our pleasure to always serve you.

I hope you were able to see some of the amazing fireworks from our courtyard, and if not, I'm sure they'll still be going off for the next few days! Our local community loves to keep the celebration going, and so do we. Keep an eye out for the cookouts, outings, and personalized activities that we have planned for the rest of the summer!

Yours in Service,

Judy Plantinga, HFA
Executive Director

Featured Residents

Mr. Kimberlin led the riders through the starting line to kick off this year's T200 Wellness ride!



Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link: www.cedarcreekhc.com

Happy Hour is weekly on Friday from 3:00-4:00pm. All family and friends are welcome and encouraged to attend with their loved ones. Entertainment and food is served weekly for the enjoyment of our residents and their guests.

T200 Ride

Ready, Set, GO! Cedar Creek hosted the opening of this years T200 ride! Team Trilogy rode a total of 225 miles in just three days to kick off wellness week! Way to go!



Legacy Lane Spotlight

Come check out Legacy Lane's courtyard! Our residents and staff worked hard planting and preparing for a nice long summer on the patio!



Photo Highlights



Sunday Brunch

Our Sunday Brunch will be held on July 14th from 11:30-1:00pm. Every resident is given 2 free guest tickets additional tickets will be \$7 each. We ask that each family have a limit of 7 guests. If you plan to attend, we ask that you RSVP to our front desk by that Tuesday prior to brunch. Thank you!



CEDAR CREEK

HEALTH CAMPUS

A Trilogy Senior Living Community

18275 S. Burr Street

Lowell, IN 46356

219-696-6750

cedarcreekhc.com |

Judy Plantinga
Executive Director

Amanda Lewis
Director of Health Services

Rachel Farrell
Assistant Director of Health Services

Kevin Hand
Community Service Representative

Ronda Dessauer
Business Office Manager

Brittany Rigoni
Life Enrichment Director

Vanessa Mazzaia
Director of Social Services

Mick O'Sullivan
Director of Plant Operations

Tim Merkel
Director of Dining Services

Patricia Pitrowski
Environmental Services Director

Kathy Aeschliman
MDS Coordinator

Holly Bakker
Therapy Program Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.
Our Department Leaders are here
to solve any concerns you may have.
In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Independence from Hunger

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Even if you can't make a
contribution, we're eternally
grateful for all the other
ways in which you
change the lives of
those around us.
Thank you for
always smiling,
laughing with us, and
making our campus
a community which
shares their good
fortune with others!



Word Search

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CAMPAIGN
CASH
CHANGE
COLLECT

CONTRIBUTION
DONATE
EVENTS
FEED

FOOD
FORTUNE
FUNDRAISE
GRATEFUL

HAPPY
HUNGER
LIVES
NON PERISHABLE