

A Trilogy Senior Living Community



July 2019



Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

What is Independence From Hunger?

The Independence from Hunger Campaign, which first began in 2008, is one of two annual companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and nonprofit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

How Can I Help?

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

\$10 = Feeds a baby for 1week
\$25 = Feeds a child for 1week
\$50 = Feeds a senior for 1month
\$100 = Feeds a family for 1month

*We also have basic levels for outside donors. ...continued on back page

Happy Birthday!

Residents

Mary M.	7/4
Ruth G.	7/4
Ray W.	7/19
Staff	
Chelzie S.	7/1
Mike B.	7/26
Shealee W.	7/28

Sunday Brunch

Sunday Brunch will be held on July 21. Each Resident gets 2 free guests and each additional is \$10.00. Be sure to make your reservations with Aimee at the front desk.

Did You Know...?

You can email pictures and messages directly to your loved ones television through LifeShare. Ask a member of Life Enrichment how to sign up as a family manager.

That you can read the monthly newsletter on-line in addition to the printed copy. Please follow the campus link: www.wellbrookeofcarmel.com

Wellbrooke of Carmel has a Facebook and Twitter account. Please follow or like us on your favorite social media network. Twitter: @Carmel_WB Facebook: Wellbrooke of Carmel



Every year, I tell myself that I'm not going to miss the

cold weather once it's gone – and July always comes around to prove me wrong! If you're like me and are looking for a way to cool off, I encourage you to stop by Wellbrooke of Carmel for one of our Happy Hours. There is no better way to combat the summer heat than with a nice, refreshing beverage!

Just as sudden as the changing weather, the Fourth of July has already come and gone. In honor of the holiday, I want to take this opportunity to acknowledge all of our veterans and active service

Executive Director Corner

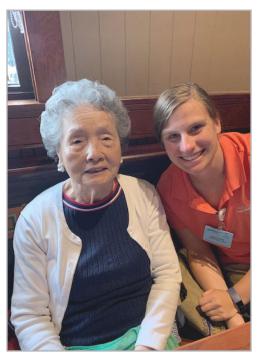
members who continue to selflessly put duty ahead of their own wants and needs. Because of you we are able to preserve our independence and gather in peace to celebrate our Independence Day.

I hope you were able to see some amazing fireworks this year, and if not, I'm sure they'll still be going off for the next few days! Our local community loves to keep the celebration going, and so do we. Keep an eye out for the cookouts, outings, and personalized activities that we have planned for the rest of the summer!

Yours in Service,

Bryce Farnan **Executive Director**

OUT AND ABOUT



Yaeko A. and Jenna T. enjoy lunch at Red Lobster...Cheddar Biscuits anyone?



Dorothy R. finds the perfect t-shirt for July 4th.

Gatherings in the Garden Family and Friends all spend time in the courtyard.



Ann M. and her son Mike take advantage of the sunshine



Vince C. and Tom B. enjoy the afternoon outdoors.

Indy 500 Princess Family Night

Our annual Family Night with the Indy 500 Princesses was a lot of fun!



At 104, Anna T. still knows how to have a good time.



Nondas B. dons her tiara for the party.

SUNDAY SUNDAE'S



Norma G. created a delicious treat to beat the heat.



Grace H. was very pleased to receive a sundae.



Rose V. spends some quality time with her daughters Mary and Frances.

A Note from Jenni



Summer is in Full swing! We've been having a blast in the gardens, on field trips and enjoying ice

cold treats to beat the heat. Be on the lookout for more exciting activities and events this month as we continue with the summer fun!

I want to thank everyone who has helped out during activities, on outings and in the garden so far this year. It warms my heart to see all the love that goes into everything done here at Wellbrooke of Carmel. We still have plenty of opportunities to volunteer. If you or someone you know is looking for service hours or if you simply want to help out, let me know.

As always, I'd like to thank you for the opportunity to bring joy and enrich the lives of your loved ones here at Wellbrooke of Carmel as your Life Enrichment Director.

Jenni Carrillo



A Trilogy Senior Living Community

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> Bryce Farnan Executive Director

Erica Dash Director of Health Services

Tabitha Miller Assistant Director of Health Services TBD

Community Service Representative Christina Barnes

Business Office Manager Jenni Carrillo

Life Enrichment Director

Jess London Director of Social Services

Jeannette Rider Therapy Program Director

John Moore Senior Director of Plant Operations

> Sean Gallagher Director of Food Services

Karen Caldwell Environmental Services Supervisor

Stay in the Loop 🛩 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

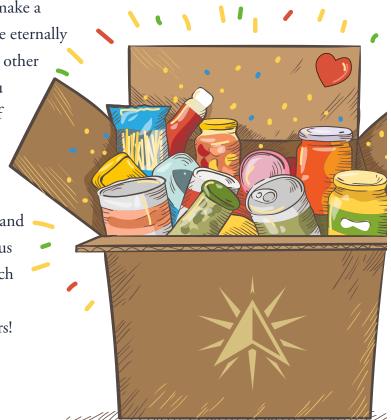
We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Independence from Hunger

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Even if you can't make a contribution, we're eternally grateful for all the other ways in which you change the lives of those around us. Thank you for always smiling, laughing with us, and making our campus a community which shares their good fortune with others!



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MPAIGN	CONTRIBUTION	
CASH	DONATE	FC
HANGE	EVENTS	FU
OLLECT	FEED	GF

FOOD DRTUNE NDRAISE RATEFUL <u>N</u>

HAPPY HUNGER LIVES NON PERISHABLE