



Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

What is Independence From Hunger?

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

How Can I Help?

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

\$10 = Feeds a baby for 1week

\$25 = Feeds a child for 1week

\$50 = Feeds a senior for 1month

\$100 = Feeds a family for 1month

*We also have basic levels
for outside donors.

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Happy Birthday!

Residents

George T.	7/03
Martha N.	7/10
Marjorie E.	7/15
Anne G.	7/17
Mary B.	7/21

Staff

Judith S.	7/02
Robyn T.	7/05
Sandy Kay C.	7/10
Jerilyn E.	7/15
Maria G.	7/17
Kesha R.	7/18
Seleana S.	7/19
Marjie P.	7/27
Candace B.	7/30
Erika L.	7/31



Executive Director Corner

Every year, I tell myself that I'm not going to

miss the cold weather once it's gone – and July always comes around to prove me wrong! If you're like me and are looking for a way to cool off, I encourage you to stop by for one of our Happy Hours. There is no better way to combat the summer heat than with a nice, refreshing beverage!

Just as sudden as the changing weather, the Fourth of July has already come and gone. In honor of the holiday, I want to take this opportunity to acknowledge all of our veterans who selflessly put duty ahead of their own wants and needs. Because you fought to

preserve our independence, we are able to gather in peace to celebrate our Independence Day. We're forever indebted to your service to us, and it's our pleasure to always serve you.

I hope you were able to see some of the amazing fireworks from our courtyard, and if not, I'm sure they'll still be going off for the next few days! Our local community loves to keep the celebration going, and so do we. Keep an eye out for the cookouts, outings, and personalized activities that we have planned for the rest of the summer!

Yours in Service,

Alicia Lambert

Executive Director

Sunday Brunch

Sunday Brunch will be held on July 21 starting at 11:00am. We would like to invite and encourage family members and friends to attend and enjoy a wonderful Chef prepared brunch. Please RSVP or see the Business Office with any questions.

Volunteer News

We are always looking for dedicated volunteers to enrich our activities! There is a variety of ways you could volunteer time to our community including attending an outing, assisting in a craft or even calling out BINGO! If you or anyone you know is interested in volunteering or have any questions please see Life Enrichment Director, Sarah McIlroy.

Out and About

Our residents enjoy weekly outings with our life enrichment team.



Residents out at our bowling outing for a summer adventure!

Senior Health and Fitness Day

We celebrated senior health and fitness day in June! We had a blood pressure station, physical activates and good food! Thank you to our wonderful therapy team!



Family Night

Our family night is coming up! It will be on July 18 at 5:00pm and we will have a traveling petting zoo for everyone to enjoy!

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link www.wellbrookeofavon.com

The Private Dining Room can be reserved for monthly club meetings, birthday celebrations, family events or private dining with friends and family.

Happy Hour is weekly at 3:00pm on Fridays; live music and snacks! Come Join Us!

Our Independence from Hunger Food Drive is happening in July! We will be accepting nonperishable food items until July 14, 2019! Anything helps!

ARTISANS

Our residents are hard at work preparing for campus in color during our weekly artisans group!



Painting flower pots to decorate the gardens in our facility

Smile of the Month

"We will never know all the good that a simple smile can do"
Thank you Margie for always making our days with your smile!





WELLBROOKE OF AVON

A Trilogy Senior Living Community

10307 E. County Rd. 100 North
Indianapolis, IN 46234

317-273-2144

wellbrookeofavon.com |

Alicia Lambert
Executive Director

Rachelle Morgan
Director of Health Services

Monte Wood
Assistant Director of Health Services

Sonia Turner
Business Office Manager

Sarah McIlroy
Life Enrichment Director

Dick Bilderback
Director of Plant Operations

Tammy Meadows
Environmental Services Director

Jodi Bell
Therapy Director

Gina Dodson
Social Services Director

Charnicka Williams
Legacy Lane Coordinator

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Independence from Hunger

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Even if you can't make a
contribution, we're eternally
grateful for all the other
ways in which you
change the lives of
those around us.

Thank you for
always smiling,
laughing with us, and
making our campus
a community which
shares their good
fortune with others!



Word Search

O	W	D	W	C	S	S	F	Q	N	E	Z	X	T	P	K	Y	L	F
W	U	B	G	O	D	N	T	P	O	G	H	K	N	R	G	S	O	U
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V	K	P	M	V	F	T	D	K	C	A	S	H	O	H	J	V	G	G

CAMPAIGN
CASH
CHANGE
COLLECT

CONTRIBUTION
DONATE
EVENTS
FEED

FOOD
FORTUNE
FUNDRAISE
GRATEFUL

HAPPY
HUNGER
LIVES
NON PERISHABLE