



THE VILLAGES  
AT HISTORIC SILVERCREST  
*A Trilogy Senior Living Community*

# Herald

July 2019



## Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

### What is Independence From Hunger?

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

### How Can I Help?

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

**\$10 = Feeds a baby for 1week**

**\$25 = Feeds a child for 1week**

**\$50 = Feeds a senior for 1month**

**\$100 = Feeds a family for 1month**

\*We also have basic levels  
for outside donors.

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# Happy Birthday!

## Residents

Beverly B.	07/05
Samuel P.	07/07
Linda A.	07/08
Deborah C.	07/12
Jane G.	07/14
Betty L.	07/19
Nicholas B.	07/25
William C.	07/30



## Executive Director Corner

Every year, I tell myself that I'm not going to miss the

cold weather once it's gone – and July always comes around to prove me wrong! If you're like me and are looking for a way to cool off, I encourage you to stop by for one of our Happy Hours. There is no better way to combat the summer heat than with a nice, refreshing beverage!

In honor of the Fourth of July holiday, I want to take this opportunity to acknowledge all of our veterans who selflessly put duty ahead of their own wants and needs. Because you fought to preserve our independence, we are able to gather in peace to celebrate our Independence Day. We're forever indebted to your service to us, and it's our pleasure to

always serve you.

Our local community loves to keep the Fourth of July celebration going, and so do we. Please join us on July 11 for our Family Summer Cookout. Family and friends are also more than welcome to attend our Happy Hour and outings that we have scheduled. Contact a member of Life Enrichment with any questions you might have.

We're collecting canned and boxed foods through July 15 in support of Trilogy's Independence From Hunger campaign. If you'd like to contribute, please drop off your items (or checks payable to Northside) at our front desk.

Yours in Service,

*Carla Sieckert*  
Executive Director

## ARTISANS

### Sunday Brunch

We host a Sunday Brunch every first Sunday of the month. From waffles and omelets to fried chicken and mashed potatoes, there's something for everyone! Come join us at either 11:00 am or 12:30 pm. Please make reservations at the front desk by the Wednesday before brunch.

### Taste of Town

*July's Taste of Town is Cluckers!*

Residents can enjoy local restaurant fare that we bring to Silvercrest. We create the full experience with decorations and costumes!



*Elaine created a window suncatcher*



*Mildred painted with flower petals*



*Jane planted flowers to decorate for our Senior Health and Wellness Fair*

**Customer Service Moment** – We have wonderful employees that go above and beyond every day for our residents. If you know of someone on our staff that has done so for your loved one, please share your story with us. We love to spotlight our employees that spread the love!



# The Eggs Have Hatched!

We've been on the edges of our seats, watching over our chicken eggs warming in the incubator. One by one, ten baby chicks finally started making their appearance on June 2nd! We're handling them a lot so they'll stay sweet and friendly. Stop by the Bistro on 2nd to see them! Coming soon: A Silvercrest chicken coop!



*Chick at home in Dorothy's hands*



*Dorothy takes a turn holding one of our new pals*



*Betty holds a newborn chick*

## OUT AND ABOUT

At Silvercrest, we plan field trips for our residents every Monday and Thursday. From Berry Twist to Churchill Downs, we take full advantage of what Kentuckiana has to offer!



*Trip to Berry Twist ice cream shop*



*An evening at Churchill Downs*



*Out to lunch at Olive Garden*

## Volunteer News

School's out for summer and Silvercrest is benefitting! We love our sunny, hardworking, student volunteers!



*Maddie and Linda under the pavilion*



*Wyatt takes a turn as auctioneer*



*Morgan and her birthday card masterpieces*

## Smile of the Month

**Martha greets visitors at our Senior Health and Wellness Fair**



## Family Night

Please join us on July 11 for our Family Night Summer Cookout!

Family night is always fun-filled! It's a great chance for residents, their families, and staff to eat, relax, play games, and enjoy each other's company.

## Live a Dream

We want to make your dream come true! Please contact Life Enrichment for any questions or ideas for your loved one. We're currently seeking veterans who'd like to take their much-deserved Honor Flight, an amazing trip to Washington D.C., paid for by Trilogy.

## Did You Know...?

The Private Dining Room can be reserved for birthdays, dinners, and other special events. Please contact us for reservations.

Happy Hour is weekly at 3:00pm every Friday in the Piano Bar. Family and friends are more than welcome to join us!



**THE VILLAGES**  
AT HISTORIC SILVERCREST  
*A Trilogy Senior Living Community*

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Executive Director

*Rebecca Bowling*  
Director of Health Services

*Andy Griffith*  
Asst. Director of Health Services

*Michelle Boso*  
Community Services Representative

*Donna Poole*  
Life Enrichment Director

*Elisabeth Voelker*  
Villa Lifestyle Director

*Brad Houchins*  
Dining Services Director

*Therese Casper*  
Social Services Director

*Megan Riedling*  
Therapy Program Director

*Jenny Brown*  
Customer Service Specialist

### Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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# Independence from Hunger

*...continued from cover*

Even if you can't make a  
contribution, we're eternally  
grateful for all the other  
ways in which you  
change the lives of  
those around us.

Thank you for  
always smiling,  
laughing with us, and  
making our campus  
a community which  
shares their good  
fortune with others!



## Word Search

O	W	D	W	C	S	S	F	Q	N	E	Z	X	T	P	K	Y	L	F
W	U	B	G	O	D	N	T	P	O	G	H	K	N	R	G	S	O	U
V	A	Y	L	A	X	I	J	K	J	A	C	A	M	P	A	I	G	N
K	D	U	R	Z	R	K	F	R	U	U	X	C	O	B	N	Z	S	D
P	P	T	Z	E	Y	B	C	I	U	H	K	O	M	E	J	N	D	R
K	E	S	G	O	F	Y	Y	L	Z	D	O	N	A	T	E	O	B	A
C	K	N	F	W	O	R	A	Q	F	O	R	T	U	N	E	N	G	I
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V	K	P	M	V	F	T	D	K	C	A	S	H	O	H	J	V	G	G

CAMPAIGN  
CASH  
CHANGE  
COLLECT

CONTRIBUTION  
DONATE  
EVENTS  
FEED

FOOD  
FORTUNE  
FUNDRAISE  
GRATEFUL

HAPPY  
HUNGER  
LIVES  
NON PERISHABLE