



AUTUMN WOODS

HEALTH CAMPUS

*A Trilogy Senior Living Community*

# Journal

July 2019



## Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

### **What is Independence From Hunger?**

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

### **How Can I Help?**

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

**\$10 = Feeds a baby for 1week**

**\$25 = Feeds a child for 1week**

**\$50 = Feeds a senior for 1month**

**\$100 = Feeds a family for 1month**

\*We also have basic levels for outside donors.

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# Happy Birthday!

## Residents

Loeta F.	7/08
Viola M.	7/13
Sunny P.	7/15
Virginia W.	7/19
Jean S.	7/21
Lowell Y.	7/30

## Staff

Bobbie Jo A.	7/03
Ashley S.	7/05
Tammy B.	7/21
Rhonda B.	7/20



## Executive Director Corner

Every year,  
I tell myself  
that I'm not  
going to

miss the cold weather once it's gone – and July always comes around to prove me wrong! If you're like me and are looking for a way to cool off, I encourage you to stop by for one of our Happy Hours. There is no better way to combat the summer heat than with a nice, refreshing beverage!

Just as sudden as the changing weather, the Fourth of July has already come and gone. In honor of the holiday, I want to take this opportunity to acknowledge all of our veterans who selflessly put duty ahead of their own wants and needs. Because you fought to

preserve our independence, we are able to gather in peace to celebrate our Independence Day. We're forever indebted to your service to us, and it's our pleasure to always serve you.

I hope you were able to see some of the amazing fireworks from our courtyard, and if not, I'm sure they'll still be going off for the next few days! Our local community loves to keep the celebration going, and so do we. Keep an eye out for the cookouts, outings, and personalized activities that we have planned for the rest of the summer!

Yours in Service,

*Lori Hess, HFA*  
Executive Director

## Volunteer Corner

Have you ever thought about volunteering? Did you know that everyone has a hidden talent? Why not use that talent by making a difference here at Autumn Woods. Please contact one of our Life Enrichment Associates to get more information on volunteering. Just a smile alone can make a huge difference in someone's life!

## Family Forum

Our Family Forum is held on the LAST Tuesday of each month, which will be July 30 at 5:30pm. Our Legacy Lane Coordinator Christine is the host, where she will be open for various topics on Dementia. This is open not only our families here at Autumn Woods but to anyone who has a loved one with Dementia.

## Themed Dinner

Our next Themed Dinner will be Thursday, August 22 at 5:00pm. The theme will be "Las Vegas Casino". We encourage your loved ones to dress the part as we take a stroll through the Vegas!!!!

## Life Enrichment Corner

As many already know, I love to capture special moments of laughter and memories on my camera with your loved ones. With this being said, I encourage you to email me your address so I can share those memories with you. My email is Bobbie.Adams@autumnwoodshc.com. As always, I am always looking for ways to make your loved ones days brighter while here. So please share any ideas you may have, a particular outing, game or an idea "live a dream wish". I cherish your feedback and support! Thank you for allowing me to be apart of your loved ones journey!

*Please mark your calendars now and plan to attend to upcoming events:*

**Happy Hour** is held every Friday afternoon beginning at 3:00pm, unless it is specified due to live entertainment.

**Taste of the Town:** Wednesday, July 10 for lunch.

**Sunday Brunch:** Please join us for a special brunch Sunday, July 14 from 11:30-1:00pm.

**Senior Executive Club:** Third Tuesday of each month - Tuesday, July 16 at 10:00am

**Mass with Father Bill:** Every other month on the second Tuesday at 10:30am in the HDR. He will be here August 13 at 10:30am.



# Welcome our Legacy Lane Coordinator, Christine Burke!



Please join me in welcoming Christine Burke as our Legacy Lane Coordinator. Christine is a Licensed Practical Nurse with over twenty-five years of experience. Most recently, Christine was the Director of Peggy's Place Life Enrichment Center located in New Albany. Christine assisted, directed and developed Peggy Place. Peggy's Place is an adult day center that specializes in caring for those with memory deficits. Christine has a passion for caring

for those with memory loss both personally and professionally. Christine can be reached at (812) 941-9893 ext 128 or [Christine.Burke@autumnwoodshc.com](mailto:Christine.Burke@autumnwoodshc.com).

## Heat Stress in Older Adults

It is summer time, so we need to keep an eye on our elderly neighbors and family members. We want to keep them safe from the heat, so the CDC recommends we encourage them to drink cool non-alcoholic beverages and to wear lightweight clothing. We should take steps to remove them from dangerous heat situations. If you think, a floor fan will help, please contact us at 812.941.9893, and ask for Bill or Bobbie Jo. We will be giving fans away in July as long as they last. Thank you and God bless.

## Smile of the Month



## Photo Highlights



## Upcoming Musical Entertainment

Wednesday, July 03

Performance – "Dave on the Piano" at 2:00pm in the TDR.

Monday, July 08

Performance – "Sue Loy" at 2:00pm on LL.

Wednesday, July 10 and 24

Performance – "Interactive Musical with Tyler" at 10:00am in the HDR.

Thursday, July 12

Performance – "Here by Grace" at 6:00pm in the MLR.

Tuesday, July 16

Performance – "Interactive Music with Susie" at 9:30am on LL & 10:45am in the MLR.

## Did You Know...?

That you can read the monthly newsletter on-line in addition to the printed copy or rather than receiving it in the mail? Please follow the campus link: [www.autumnwoodshc.com](http://www.autumnwoodshc.com)

The Private Dining Room can be reserved by our families for a family dinner or Birthday party by calling our front office.

Happy Hour is weekly at 3:00pm on Fridays where we share laughter, refreshments and fellowship. We encourage families to join in the fun!

The Trilogy Foundation grants Scholarships to employees who would like to further their Education in Healthcare



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*A Trilogy Senior Living Community*

2911 Green Valley Road

New Albany, IN 47150

812-941-9893

autumnwoodshc.com |  

*Lori Hess*

*Executive Director*

*Camille Wilkerson*

*Director of Health Services*

*Tammy Barger*

*Assistant Director of Health Services*

*Natalie Foushee*

*Business Office Manager*

*Bobbie Jo Adams*

*Life Enrichment Director*

*Amanda Rusk*

*Director of Rehab Services*

*Brian Brooks*

*Legacy Lane Coordinator*

*Vincent Gray*

*Director of Food Services*

*Don Lear*

*Director of Plant Operations*

*Melissa Nance*

*Social Service Director*

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# Independence from Hunger

*...continued from cover*

Even if you can't make a  
contribution, we're eternally  
grateful for all the other  
ways in which you  
change the lives of  
those around us.

Thank you for  
always smiling,  
laughing with us, and  
making our campus  
a community which  
shares their good  
fortune with others!



## Word Search

O	W	D	W	C	S	S	F	Q	N	E	Z	X	T	P	K	Y	L	F
W	U	B	G	O	D	N	T	P	O	G	H	K	N	R	G	S	O	U
V	A	Y	L	A	X	I	J	K	J	A	C	A	M	P	A	I	G	N
K	D	U	R	Z	R	K	F	R	U	U	X	C	O	B	N	Z	S	D
P	P	T	Z	E	Y	B	C	I	U	H	K	O	M	E	J	N	D	R
K	E	S	G	O	F	Y	Y	L	Z	D	O	N	A	T	E	O	B	A
C	K	N	F	W	O	R	A	Q	F	O	R	T	U	N	E	N	G	I
I	U	V	M	U	O	X	A	J	Y	V	C	R	X	M	L	P	S	S
H	M	A	M	S	D	H	U	U	F	X	W	I	I	A	E	E	T	E
Q	B	E	E	W	B	H	F	Z	V	T	O	B	G	Q	G	R	W	V
S	U	V	U	Z	R	L	A	Q	K	J	F	U	O	P	R	I	N	E
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V	K	P	M	V	F	T	D	K	C	A	S	H	O	H	J	V	G	G

CAMPAIGN  
CASH  
CHANGE  
COLLECT

CONTRIBUTION  
DONATE  
EVENTS  
FEED

FOOD  
FORTUNE  
FUNDRAISE  
GRATEFUL

HAPPY  
HUNGER  
LIVES  
NON PERISHABLE