

Mulberry Gardens

GRACIOUS RETIREMENT & ASSISTED LIVING

395 South Main Street • Munroe Falls, Ohio 44262 • Phone (330) 634-9919 • www.seniorlivinginstyle.com
Facility License Number 2405R

JULY 2019

MULBERRY GARDENS STAFF

Administrator..... MICHAEL SHACKELFORD
Assistant Administrator..... TIFFANY QUERRY
Director of Health Services..... SHARON LANN
Assistant Director
of Health Services..... SARAH GRAY
Resident Services
Coordinator..... AMBER HINDELANG
Executive Chef.....SERINA CLEAVENGER
Activity Coordinator.....GLORIA CHURNEY
Maintenance Coordinator..... TODD FRANTZ

A Day at the Rainforest

We spent a beautiful, sunny day at The Cleveland Metro Parks Zoo, exploring their amazing indoor rainforest exhibit. The Zoo's Rainforest is home to over 10,000 creatures from the jungles of Africa, Asia and South America. Inside the exhibit, we were greeted by a spectacular 25-foot indoor waterfall, an aviary filled with beautiful birds, and two stories of tropical forest to explore. We had a great trip together!



HAWTHORN
SENIOR LIVING

Join Us for Our July Family Picnic!

We will be having our annual July Barbecue Family Picnic on Wednesday, July 10th, at 12 p.m. The Dave Marshall Band will be here to play all the musical favorites! All family and friends are invited! We are looking forward to seeing everyone for our picnic fun!



Aloha Senior Prom

Our residents has a fantastic time celebrating our annual Senior Prom. We transformed our Dining Room into a tropical paradise for an afternoon Luau. Sunny snacks and paradise punch were served by our fabulous Culinary team, and musical entertainment was provided by the talented band, "The Sounds of Yesterday." Residents and staff had so much fun posing for pictures and dancing the day away.



Day Trip to Miss Molly's Tea Room

Our recent day trip took us south to Canton to Miss Molly's Tea Room. It was a delightful day that allowed us to experience various teas. After a delicious lunch and wonderful tea, we shopped in Miss Molly's unique boutique. There were so many specialty items to choose from, including handcrafted jewelry, lacey floral placemats or tablecloths, greeting cards and, of course, teas. We shopped for ourselves and even a few surprise Christmas gifts!

Miss Molly's is decorated so beautifully that we decided we will be taking another trip during the Christmas season. So mark your calendars!



Carole and her tea choice!



Helen and Virginia



Kim and Nancy enjoying the day!



Miss Molly's Tea Room

Making Coffee Filter Art

We love getting creative with arts and crafts. Last month, we enjoyed crafting flowers and butterflies to welcome the warm weather. Making these summertime crafts is fun and easy to do. All you need are pipe cleaners, markers or watercolor paints, and of course, coffee filters!

First, we flattened our coffee filters so that they were easier to decorate. Next, we used colored markers and watercolor paints to draw our designs. We then laid our coffee filters out to dry. Then we used the pipe cleaners to fashion stems for our flowers and antennas for our butterflies.



What lovely colors, Ruth!



Ginny and her beautiful butterfly!

JULY 2019

Birthdays

- Konli Sesay, 8th (Employee)
- Kaylie Sutton, 10th (Employee)
- Melinda Norman, 10th (Employee)
- Kate Roberts, 10th (Employee)
- Melody Brown, 11th (Employee)
- Willodean Silvers, 13th
- Dorothy Smith, 14th
- Tamara Beckett, 21st (Employee)
- Hannah Wenck, 31st (Employee)

Locations

- Activity Room, AR
- Dining Room, DR
- Library, LB
- Mulberry Room, MR
- Munroe Room, FC
- Wellness Center, WC

“Every day is a great day to give love, spread joy and sparkle!”

—Sheri Fink

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:15 Oceans of Lotions, AR 1 10:30 News & Views, AR 11:30 Senior Fitness, AR 2:30 Lutheran Worship, DR 3:30 Triominoes and Dominoes, AR 6:45 Resident Card Night, AR	2 10:30 Chit-Chat with Kath, AR 11:30 Go Chicken Fat Go, AR 2:30 Bingo, AR 3:45 Space Anagrams & Moon Pies!, AR	3 10:00 St. Eugene's Catholic Service, MR 10:30 News & Views, AR 11:30 Senior Aerobics, AR 2:30 Salt Painted Fireworks, AR 3:45 Famous July Birthdays Wordsearch, AR 6:45 Resident Game Night, AR	4 INDEPENDENCE DAY Wear Your Red, White & Blue! 10:30 News & Views, AR 11:30 Move It with Melinda, AR 2:30 Patriotic Rock Painting, AR 3:45 Fourth of July Jeopardy, AR	5 10:15 Name That Tune!, AR 10:30 Coffee Chat, AR 11:30 Yoga, AR 2:30 Bingo, AR 3:45 Left, Right, Center!, AR	6 10:15 Name That Tune!, AR 10:30 Senior Singalong, AR 11:30 Move and Groove Exercise, AR 2:30 Beachball Blitz!, AR 3:45 Trivia Time: Test Your Knowledge!, AR
7 10:30 Art with Nyki!, AR 11:30 Senior Aerobics, AR 2:30 Church Services with Adam, AR 3:45 Puzzle Palooza, AR	8 10:15 Oceans of Lotions, AR 10:30 News & Views, AR 11:30 Senior Fitness, AR 2:00 Bible Study Group Meeting, MR 2:30 Mulberry Movie and Popcorn, AR 6:45 Resident Card Night, AR 	9 10:30 Chit Chat with Kath!, AR 11:30 Ballo Flex Exercise with Jani Ott, AR 2:30 Bingo, AR 3:45 Wacky Words Puzzles, AR	10 10:00 St. Eugene's Catholic Service, MR 12:00 July Family Picnic! Barbecue and Music for All! 2:30 Volunteer at Mobile Meals 3:00 Hit the Target Game 6:45 Resident Game Night, AR 	11 10:30 News & Views, AR 11:30 Move It with Melinda, AR 2:30 Christ Unlimited Sings, DR 3:45 Super Sleuth Solvers!, AR 	12 10:15 Name That Tune!, AR 10:30 Coffee Chat, AR 11:30 Stretch and Flex, AR 2:30 Bingo, AR 3:45 Putt-Putt Fun!, AR	13 10:15 Name That Tune!, AR 10:30 Mulberry Bowling, AR 11:30 Move and Groove Exercise, AR 2:30 Flyswatter Volleyball, AR 3:45 Let's Play Headbanz!, AR 
14 10:30 Art with Nyki!, AR 11:30 Senior Aerobics, AR 2:30 Worship Services, AR 3:45 Playing Scattergories, AR 	15 10:15 Oceans of Lotions, AR 10:30 News & Views, AR 11:30 Senior Fitness, AR 2:30 Lutheran Worship, DR 3:30 Triominoes and Dominoes, AR 6:45 Resident Card Night, AR	16 10:30 Salvation Army Singalong, DR 2:30 Bingo, AR 3:45 Chef Chat with Serina, AR	17 10:00 St. Eugene's Catholic Service, MR 10:30 News & Views, AR 11:00 Lunch at Mitchell's Fish Market 11:30 Senior Aerobics, AR 2:15 Shopping at Marc's 2:30 Making S'mores Popcorn, AR 3:45 Left, Right, Center!, AR 6:30 Scratch 'N Dent Entertains, DR	18 10:00 Stow Munroe Falls Mobile Library, LB 10:00 Guys' Time with Todd, WC 10:30 News & Views, AR 11:30 Move It with Melinda, AR 2:30 Hand & Arm Massage Spa Day!, AR 4:00 Playing Pictionary, AR	19 10:15 Name That Tune!, AR 10:30 Coffee Chat, AR 11:30 Yoga, AR 2:30 Bingo, AR	20 10:15 Name That Tune!, AR 10:30 Senior Singalong, AR 11:30 Move and Groove Exercise, AR 2:30 Let's Play Shuffleboard, AR 3:45 Cranium Crunches!, AR
21 10:30 Art with Nyki!, AR 11:30 Senior Aerobics, AR 2:30 Church Services with Adam, AR 3:45 Trivia Time, AR 	22 10:15 Oceans of Lotions, AR 10:30 News & Views, AR 11:30 Senior Fitness, AR 2:00 Bible Study Group Meeting, MR 2:30 Ed Cetrone Entertains & Resident Birthday Party!, DR 4:00 Furry Friend Visit with Stella, AR 6:45 Resident Card Night, AR	23 10:30 Chit Chat with Kath!, AR 11:30 Ballo Flex Exercise with Jani Ott, AR 2:30 Bingo, AR 3:45 First Lighthouse Day: Trivia & Discussion, AR	24 10:00 St. Eugene's Catholic Service, MR 10:30 News & Views, AR 11:00 Day Trip to Historical Canal Fulton 11:30 Senior Aerobics, AR 2:30 Balloon Table Tennis, AR 3:45 Group Crossword Puzzle, AR 6:45 Resident Game Night, AR	25 9:00 Wheelchair and Walker Wash, AR 11:30 Move It with Melinda, AR 2:30 Piano Paul, DR 3:45 Arts and Crafts, AR	26 10:15 Name That Tune!, AR 10:30 Coffee Chat, AR 11:30 Stretch and Flex, AR 2:30 Bingo, AR 3:45 New Resident Party, AR	27 10:15 Name That Tune!, AR 10:30 Puzzles with Friends, AR 11:30 Move and Groove Exercise, AR 2:30 Kim Gallagher on the Piano, AR 3:45 Jenga Competition, AR
28 10:30 Art with Nyki!, AR 11:30 Senior Aerobics, AR 2:30 Worship Services, AR 3:45 Chocolate Milk Day!, AR	29 10:15 Oceans of Lotions, AR 10:30 News & Views, AR 11:30 Senior Fitness, AR 2:30 Steve Moticak on the Guitar, DR 6:45 Resident Card Night, AR	30 10:30 Chit-Chat with Kath, AR 11:30 Go Chicken Fat Go, AR 2:30 Bingo, AR 3:45 Resident Council, MR	31 10:00 St. Eugene's Catholic Service, MR 10:00 Play Ball: Rubber Ducks Baseball Game 10:30 News & Views, AR 11:30 Senior Aerobics, AR 2:30 Beanbag Baseball, AR 3:45 Let's Play Hangman, AR 6:30 His Trio Gospel Music, DR 			

Remembering D-Day

We honored our veterans on the 75th anniversary of D-Day. Becky, a Mulberry Gardens nurse, and the Activities team planned a lunch to honor all those who have served our country. We played patriotic music, viewed a D-Day documentary and enjoyed a special lunch. After lunch, our honored veterans shared their service memories with the group. It was a beautiful day to celebrate those who have served.



Edwin (Army Air Force), Richard (National Guard) and Richard (Army)



George (Navy) and Katie



Earl (Navy), John (Army), Harold (Navy Reserves) and Delores



Kenneth (Navy), Don (Navy) and Gerri and Bert



George, Katie, Nancy and Jim (Army)

Welcome New Residents!



Welcome, Kenneth!

Guys' Time With Todd!

Todd Frantz is our new Maintenance Director. He grew up in Ravenna and has 20 years construction experience.

In his spare time, Todd loves to build things and work on his landscaping. Todd is currently redoing his backyard. He recently redid his patio and built a fire pit!

Todd will be leading our new men's group, "Guys time with Todd." Check out our newsletter for meeting dates and times, and plan on meeting with the guys!



Cinco de Mayo Celebration!

It was a super fiesta at Mulberry Gardens as we celebrated Cinco de Mayo! Joann prepared our snacks of tostadas, guacamole and salsa with chips, flan and churros! Our favorite Mariachi band played and sang for us as we finished our "margaritas!" If you weren't dancing, you were playing along to the music with our very own handmade maraccas! It was quite a party. Ole!



Our favorite Mariachi band



Love the sombrero, Marie!



Joann and her taco hat!



Looks like quite a fiesta!



That is one big guitar.

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Hello Sunshine!

We do believe that our home is where the heart is. Please come join us for a cold glass of lemonade and see firsthand how things are really heating up with our summer activities calendar. Give us a call for more information on any of the activities you would like to participate in or feel free to stop by to meet our caring staff and have a complimentary meal and tour.

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