

# SOMERSET

## Assisted Living

8360 Cason Road • Gladstone, OR 97027 • Phone (503) 723-7868 • [www.seniorlivingstyle.com](http://www.seniorlivingstyle.com)

### JULY 2019

#### SOMERSET STAFF

Administrator ..... NIARE FEASTER  
Assistant Administrator..... JUAN CRESPIN  
Resident Services Coordinator..... RYANA VALDROW  
Activity Coordinator ..... JENNIFER DENLAY  
Activity Assistant ..... PATSY DEAN  
Administrative Assistant ..... CINDY LAUDERBACK  
Bus Driver ..... PATSY DEAN

#### TRANSPORTATION

**Tuesday & Thursday, 8:30 a.m.-4 p.m.:** Medical

**Tuesday, 1:20 p.m.:** Walmart Shuttle

**Wednesday, 9:30-11:30 a.m.:** Fred Meyer

#### ALTERNATE TRANSPORT SERVICES

**Tri-Met Lift:** 503-802-8000

**Med Transport:** 503-802-8700

**Metro West:** 503-648-6656

**TRP (Trans Reach People):** 503-655-8208

**HAWTHORN**  
SENIOR LIVING

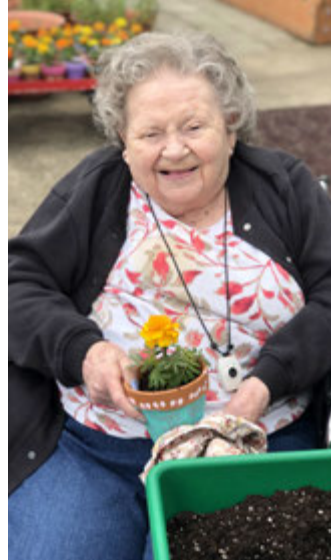
### Gladstone Girl Scouts

The Gladstone Girl Scouts came to Somerset to give back to the residents. They have a lot of meetings in our Community Room and wanted to say thank you by making some pots and delivering beautiful flowers to the residents' rooms. They walked right in and said hi to everyone and were so polite and respectful to everyone there. We loved that they wanted to give back and say thank you to everyone in assisted living.

*(Continued on Page 2.)*



## Gladstone Girl Scouts (Continued)



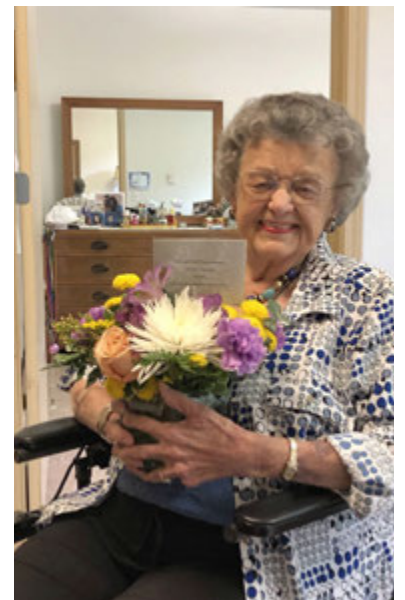
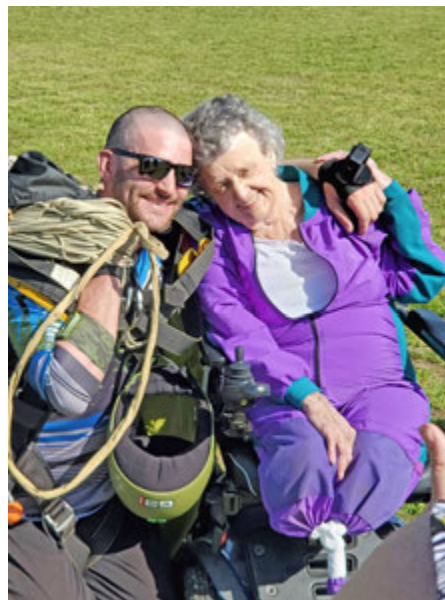
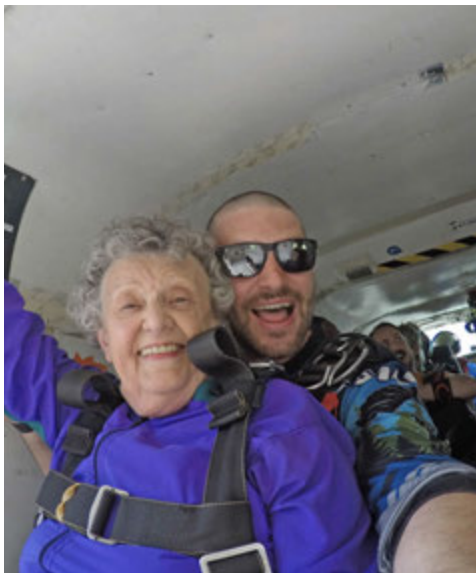
## Employee of the Month

Our Employee of the Month is Tom Strohecker. Tom is our Sous Chef. Tom has been with Somerset Assisted Living for over 10 years. Tom always has a smile on his face for the residents and will come over when the residents have exercise and show them how to move. We thank Tom for always being positive and putting smiles on the residents' faces.



## Edna's Pictures Are In

We all knew that Edna went skydiving for her ninetieth birthday. Here are the intense pictures of her day jumping from 14,000 feet.



# JULY 2019

## Birthdays

Jean Ballou, 4th  
 May Watari, 6th  
 Wayne Green, 11th  
 Larry Dunkle, 13th  
 Van Domelen, 18th  
 Janet Rinear, 31st

## Meal Times

Breakfast at  
 8 a.m., Dinner at  
 12:30 p.m., and  
 Supper at 5:30 p.m.

## Beauty Salon

Thursday and  
 Friday, call Jane at  
 503-826-2548 or  
 sign up at Front Desk  
 for an appointment.

## Nail Services with Shelley

Third Monday,  
 2-4 p.m. Sign up at  
 the Front Desk for  
 an appointment.

**“Every day is  
 a great day  
 to give love,  
 spread joy and  
 sparkle!”**

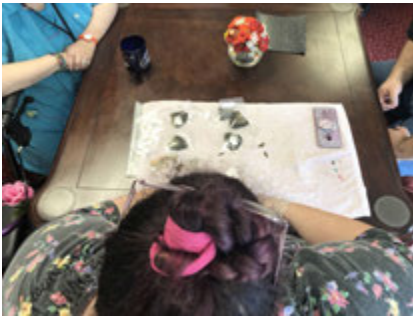
—Sheri Fink

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Garden Club 10:30 Bocce Ball 11:30 Chair Zumba 2:00 Book Club 2:00 Game of the Day 3:00 Balloon Volleyball 4:00 Guess Who	2 9:30 Walk & Roll 10:30 Ted's Mobility 10:30 Bocce Ball 11:30 Chair Zumba 2:00 Book Club 2:00 Game of Choice 3:00 Ice Cream Social 3:00 Bingo with Jenn 4:00 Pretty Nails	3 9:30 Fred Meyer 9:30 Crossword Challenge 10:30 Bocce Ball 11:30 Chair Zumba 2:00 Game of the Day 3:00 Beanbag Baseball 4:00 Dinner Out	4 <b>INDEPENDENCE DAY</b> 9:30 Decorating Club 10:30 Bocce Ball 11:30 Go Chicken Fat Go 2:00 Game of the Day 3:00 Bingo with Jenn 3:00 Happy Hour Meet and Greet 4:00 Guess Who 5:30 4th of July Barbecue 7:00 Pinochle 8:00 4th of July Fireworks 	5 9:00 Today in History 9:30 Mall 10:00 Mall 10:30 Bocce Ball 11:00 Brain Games 2:00 Game of the Day 3:00 Arts & Crafts	6 9:00 Today in History 10:00 SDA Church 10:15 Gladstone Park SDA Church 11:00 Bocce Ball 2:00 Game of the Day 3:00 Ice Cream Social 4:00 Hangman 
7 10:15 New Hope Church 10:30 Bocce Ball 2:00 Game of Choice 2:00 Book Club 2:00 Popcorn and Movie	8 9:30 Spirit Mountain Casino 10:00 Today in History 2:00 Game of the Day 2:00 Book Club 3:00 Documentary 4:00 Music Therapy	9 9:30 Garden Club 10:30 Bocce Ball 11:30 Chair Zumba 2:00 Game of the Day 2:00 Book Club 3:00 Bingo with Jenn 3:00 Strawberry Shortcake Social	10 9:00 Walk & Roll 9:30 Fred Meyer 10:30 Bocce Ball 11:30 Strength Training 2:00 Game of the Day 2:00 Puzzles 2:30 Pretty Nails 3:00 Movie and Popcorn 4:30 Crossword Challenge	11 9:30 Decorating Club 10:30 Bocce Ball 11:30 Chair Zumba 2:00 Game of the Day 3:00 Group Discussion 3:00 Bingo with Jenn 4:00 Veterans Social 	12 9:00 Today in History 9:30 Mall 11:00 Brain Games 2:00 Game of the Day 3:00 Arts & Crafts 4:00 Brain Games	13 9:00 Today in History 10:15 Gladstone Park SDA Church 11:00 Balloon Ball 2:00 Game of the Day 3:00 Scrapbooking 4:00 Get to Know You Social 
14 10:15 New Hope Church 10:30 Bocce Ball 2:00 Game of Choice 2:00 Book Club 2:00 Popcorn and Movie	15 3:30 Music Therapy 9:30 Garden Club 10:30 Bocce Ball 11:30 Strength Training 2:00 Game of the Day 2:00 Puzzles 3:00 Balloon Ball 4:00 Mudd Facials	16 9:30 Walk & Roll 10:30 Bocce Ball 2:00 Book Club 2:00 Game of Choice 3:00 Movie and Popcorn 3:00 Bingo with Jenn 3:15 Show and Tell	17 9:30 Fred Meyer 9:30 Crossword Challenge 10:30 Bocce Ball 11:30 Go Chicken Fat Go 2:00 Game of the Day 3:00 Hangman 4:00 Word Challenge	18 9:00 Walking Club 10:30 Bocce Ball 11:30 Go Chicken Fat Go 2:00 Chef Education Series 2:30 Game of the Day 3:00 Movie and Popcorn 3:00 Bingo with Jenn 7:00 Pinochle 	19 9:00 Today in History 9:30 Mall 11:00 Brain Games 2:00 Game of the Day 3:00 Arts & Crafts 4:00 Word Game	20 9:00 Today in History 10:15 Gladstone Park SDA Church 11:00 Bocce Ball 2:00 Game of the Day 3:00 Ice Cream Social 4:00 SDA Family Singers 4:00 Hangman
21 10:15 New Hope Church 10:30 Bocce Ball 2:00 Game of Choice 2:00 Book Club 2:00 Popcorn and Movie	22 9:30 Mystery Challenge 10:30 Bocce Ball 11:30 Chair Zumba 2:00 Game of the Day 3:00 Banana Split Social 4:00 Bring Back the Oldies 4:30 Pretty Nails	23 9:30 Walk & Roll 10:30 Bocce Ball 2:00 Book Club 2:00 Game of Choice 3:00 Movie and Popcorn 3:00 Bingo with Jenn 3:15 Show and Tell	24 9:30 Fred Meyer 10:30 Bocce Ball 12:00 Lunch Out 2:00 Game of the Day 4:30 Nail Care	25 9:00 Walking Club 10:30 Bocce Ball 11:30 Go Chicken Fat Go 2:00 Game of the Day 3:00 Movie and Popcorn 3:00 Bingo with Jenn 7:00 Pinochle	26 9:00 Today in History 9:30 Mall 10:30 Bocce Ball 11:00 Brain Games 2:00 Game of the Day	27 9:00 Today in History 10:15 Gladstone Park SDA Church 11:00 Balloon Ball 2:00 Game of the Day 3:15 Birthday Celebration! 4:00 Word Challenge 4:00 Hangman
28 10:15 New Hope Church 10:30 Bocce Ball 2:00 Game of Choice 2:00 Book Club 2:00 Popcorn and Movie	29 9:30 Garden Club 10:30 Bocce Ball 11:30 Strength Training 2:00 Game of the Day 3:00 Puzzle Challenge 3:30 Backyard Social 4:00 Bring Back the Oldies	30 9:30 Walk & Roll 10:30 Bocce Ball 11:00 Thumper Therapy 11:30 Chair Zumba 2:00 Book Club 2:00 Game of Choice 3:00 Movie and Popcorn 3:00 Bingo with Jenn 3:15 Show and Tell	31 9:30 Fred Meyer 10:30 Bocce Ball 11:30 Go Chicken Fat Go 2:00 Game of the Day 3:00 Beanbag Baseball 4:30 Nail Care 			



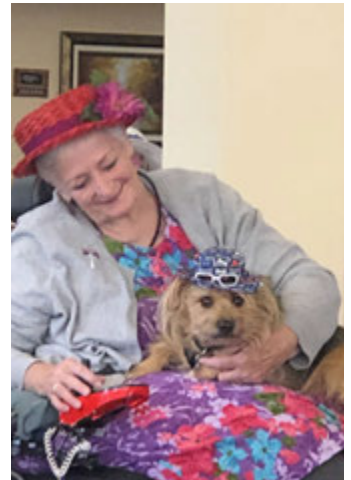
## Joy

We have a special friend that volunteers for Somerset Assisted Living. Everything from being our DJ for our dance events to karaoke with the residents. She came in and did a Pearl Party which was amazing and we can't wait for her to do more.



## Spirit Week

We had Spirit Week at Somerset. Hat Day, Pajama Day and Sports Day. We had a great time with all staff and the residents.





## Memorial Barbecue

Our Memorial Barbecue was a success. We dressed up with the residents and had hamburgers, hot dogs, pasta salads, corn on the cob and red, white and blue sundaes and of course, honoring our veterans.



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## Hello Sunshine!

We do believe that our home is where the heart is. Please come join us for a cold glass of lemonade and see firsthand how things are really heating up with our summer activities calendar. Give us a call for more information on any of the activities you would like to participate in or feel free to stop by to meet our caring staff and have a complimentary meal and tour.

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