










Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Key of Abbreviations</b> AL = Assisted Living B = Bistro BR = Billiards Room Bldg. 235 DR = Dining Room L = Lounge PDR = Private Dining Room REC = Recreation & Events Center (Activity Room)	<b>1</b> 9:00 Exercise w/ Donna (REC) 10:00 Walking Group (B) 10:00 Rosary (REC) 10:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 6:00 Mahjong Game (REC) 6:15 Mex. Train Dominos (REC)	<b>2</b> 9:00 Billiards (BR) 9:00 Exercise Class (REC) 9:15-9:45 B/P Clinic/Ask a Nurse (B) 10:00 Burlington coat Factory 10:00 Avon Sale (L) 10:00 Art Club (REC) <b>AVON</b> 1:00 Discovery University (REC) 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC)	<b>3</b> 8:00 Podiatrist (REC) 9:15 Seniorcise w/ Maria (REC) 9:30 Supermarket Trip 10:30 Exercise with Diane (REC) 11:30 Birthday Luncheon (DR) 1:00 Euchre/Cards/Mahjong (REC) 4:15 Happy Hour with Mike (L) 5:30 Bridge/6:00 Rummy Cube (REC)	<b>4 Happy 4th of July</b>  9:00 Chair Yoga (REC) 10:00 Manicures (please sign-up) 10:30 Arthritic Water Exercise (Pool) 2:00 Patriotic Music Show (REC) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	<b>5</b> 9:00 Billiards (BR) 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Liz (L) 6:30 Bunco (REC) 6:30 Poker (Bldg. 249 lobby)	<b>6</b> 9:15 Seniorcise w/ Maria (REC) 2:00 Building 227 Social (B) 3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room - First Major League Baseball All Star Game: AL wins 4-2 at Comiskey Park, Chicago, Babe Ruth hits first All Star home run on this day in 1933
<b>7</b> 8:30 Worship Transp. 9:15 Catholic Communion Service (REC) 1:30 Christian Worship (REC) 4:00 Bingo (REC) - Four conspirators in the assassination of President Lincoln were hanged on this day in 1865	<b>8</b> 9:00 Exercise w/ Donna (REC) 10:00 Tech Support (REC) 10:00 Walking Group (B) 10:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 2:00-5:00 Appraising (B/L) 3:30 Hearing Aid/Balance (REC) 4:00 Asian Fusion Buffet 6:00 Mahjong Game (REC) 6:15 Mex. Train Dominos (REC)	<b>9</b> 9:00 Billiards (BR) 9:00 Exercise Class (REC) 9:15-9:45 B/P Clinic/Ask a Nurse (B) 10:00 Art Club (REC) 11:30 Bealls Department Store 2:00 Monthly Resident Social (L/B) 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC)	<b>10</b> 7:45 MacDill Air Force Base 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 1:00 Euchre/Cards/Mahjong (REC) 4:15 Happy Hour with Mike (L) 5:30 Bridge (REC) 6:00 Rummy Cube (REC)	<b>11</b> 9:00 Chair Yoga (REC) 9:30 Supermarket Trip 9:45 Early Bird Dinner Theater 10:00 Magnolia Jewelry Sale (B) 10:30 Arthritic Water Exercise (Pool) 11:00 Discovery Health Chat (REC) 1:30 Arthritic Support Group (REC) 2:00 On-Site Dermatology Clinic (AL) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	<b>12</b> 9:00 Billiards (BR) 9:15 Seniorcise w/ Maria (REC) 10:15 Mazzaro's Italian Market 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:30 Bunco (REC) 6:30 Poker (Bldg. 249 lobby)	<b>13</b> 9:15 Seniorcise w/ Maria (REC) 10:30 Line Dancing (REC) 2:00 Root Beer Float Event for Alzheimer's Association (REC)  3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room
<b>14</b> 8:30 Worship Transp. 9:15 Catholic Communion Service (REC) 1:30 Christian Worship (REC) 4:00 Bingo (REC) - Billy the Kid was shot & killed by Pat Garrett outside Fort Sumner on this day in 1881	<b>15</b> 9:00 Exercise w/ Donna (REC) 10:00 Walking Group (B) 10:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 6:00 Mahjong Game (REC) 6:15 Mex. Train Dominos (REC)	<b>16</b> 9:00 Billiards (BR) 9:00 Exercise Class (REC) 9:15-9:45 B/P Clinic/Ask a Nurse (B) 10:00 Art Club (REC) 10:30 Lunch at Linger Lodge 4:15 Happy Hour with Dennis (L) 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC)	<b>17</b> 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 10:40 Men's Club at Community Hall TBD - Movie Theater in Town 1:00 Euchre/Cards/Mahjong (REC) 1:30 Front Porch Pickers 4:15 Happy Hour with Mike (L) 5:30 Bridge/6:00 Rummy Cube (REC)	<b>18</b>  9:00 Chair Yoga (REC) 9:30 Supermarket Trip 10:00 Mary Kay Cosmetics (L) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC) 7:00 Patriotic Evening Party (DR)	<b>19</b> 8:30 Airport Airfield Tour  9:00 Billiards (BR) 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:30 Bunco (REC) 6:30 Poker (Bldg. 249 lobby)	<b>20</b> 9:15 Seniorcise w/ Maria (REC) 2:00 Ladies Tea (Please sign-up for planning purposes) (B)  3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room
<b>21</b> 8:30 Worship Transp. 9:15 Catholic Communion Service (REC) 1:30 Christian Worship (REC) 4:00 Bingo (REC) - On this day in 1942: Ameri- can troops land on Guam during WWII, starting a battle that will end on August 10th	<b>22</b> 9:00 Exercise w/ Donna (REC) 10:00 Tech Support (REC) 10:00 Walking Group (B) 10:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 6:00 Mahjong Game (REC) 6:15 Mex. Train Dominos (REC)	<b>23</b> 9:00 Billiards (BR) 9:00 Exercise Class (REC) 9:15-9:45 B/P Clinic/Ask a Nurse (B) 10:00 Art Club (REC) 10:00 Brandon Westfield Mall 11:00 New Res. Orientation (REC) 1:00 Afternoon Movie (REC) 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC)	<b>24</b> 7:30 Hot Breakfast (DR) 8:30 Food Forum Meeting (DR) 9:30 Seniorcise w/ Maria (REC) 10:00 Tampa Bay Rays Baseball Game 10:30 Exercise with Diane (REC) 1:00 Euchre/Cards/Mahjong (REC) 4:15 Happy Hour with Mike (L) 5:30 Bridge/6:00 Rummy Cube (REC)	<b>25</b> 9:00 Chair Yoga (REC) 9:30 Supermarket Trip 10:30 Arthritic Water Exercise (Pool) 12:00 Pizza Party (Please sign-up for planning purposes) (REC) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	<b>26</b> 9:00 Billiards (BR)  9:30 Mystery Trip to... 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:30 Bunco (REC) 6:30 Poker (Bldg. 249 lobby)	<b>27</b> 9:15 Seniorcise w/ Maria (REC) 10:30 Line Dancing (REC) 2:00 Singer Impressionist Mark Ralston (REC)  3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room
<b>28</b> 8:30 Worship Transp. 9:15 Catholic Communion Service (REC) 1:30 Christian Worship (REC) 4:00 Bingo (REC) - The USS Constellation is the Navy's last all-sail warship to be commissioned on this day in 1854	<b>29</b> 9:00 Exercise w/ Donna (REC) 10:00 Walking Group (B) 10:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 6:00 Mahjong Game (REC) 6:15 Mex. Train Dominos (REC) 7:00 American Pie Revisited	<b>30</b> 9:00 Billiards (BR) 9:00 Exercise Class (REC) 9:15-9:45 B/P Clinic/Ask a Nurse (B) 10:00 Art Club (REC) 1:00 Discovery University (REC) 3:30 Texas Roadhouse in Bradenton 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC)	<b>31</b> 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 10:30 Tampa Hard Rock Casino 1:00 Euchre/Cards/Mahjong (REC) 4:15 Happy Hour with Mike (L) 5:30 Bridge (REC) 6:00 Rummy Cube (REC)	<b>Blood Pressure Clinic</b> Have your blood pressure taken, plus ask a nurse anything on Tuesdays from 9:15 a.m. to 9:45 a.m. in the Bistro 	 Wear Red on Fridays Support Our Troops	<b>Salvation Army Donations</b> A collection barrel is in the REC where you can drop off your unwanted items <b>Seamstress Alterations</b> Every Tuesday at 10:00 a.m. a seamstress will pickup &

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