

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Aerobics Class <b>1</b> 10:30 AR Through Food - Roper's in Sherwood 2:30 Tech Visits 4:00 Happy Hour	10:00 Manicures & Pedicures <b>2</b> 1:15 Bingo 2:15 Yoga 4:00 Happy Hour 4:00 Happy Hour & Games - 3rd Floor	10:00 Good News & Coffee - 3rd Floor <b>3</b> 11:00 Line Dancing with Carolyn 1:00 Bible Study 2:00 Music in the Atrium - Harrising 2:30 Tech Visits 4:00 Happy Hour	<b>Independence Day</b> <b>4</b> 12:00 4th of July Cook Out 4:00 Happy Hour 4:00 Happy Hour & Games - 3rd Floor	9:30 Communion <b>5</b> 10:30 Aerobics Class 11:15 Lunch Bunch - Red Lobster 1:15 Bingo 2:30 Tech Visits 4:00 Happy Hour	11:00 Men's Billiards Group <b>6</b> 1:00 Conversation Club 2:00 Pinochle 4:00 Happy Hour 6:30 Saturday Night Movie - The First American
9:30 Worship Service <b>7</b> 11:00 Beginner's Bridge 11:00 Dominoes 2:00 Knit & Crochet 2:00 Mahjong	10:00 Aerobics Class <b>8</b> 10:30 AR Through Food - Mike's Place in Conway 2:30 Tech Visits 4:00 Happy Hour & Coke Floats	10:00 Manicures & Pedicures <b>9</b> 1:15 Bingo 2:15 Yoga 4:00 Happy Hour 4:00 Happy Hour & Games - 3rd Floor	1:00 Bible Study <b>10</b> 2:00 Music in the Atrium - Carol Dabney 2:00 Nurses Meeting 2:30 Tech Visits 4:00 Happy Hour	10:00 Spa Day at Asian Nails <b>11</b> 10:30 Meet & Greet with New Neighbors - Atrium 2:15 Yoga 4:00 Happy Hour 4:00 Happy Hour & Games - 3rd Floor	9:30 Communion <b>12</b> 10:30 Aerobics Class 11:15 Lunch Bunch - Star of India 1:15 Bingo 2:30 Tech Visits 4:00 Happy Hour 7:00 Bingo Night!	11:00 Men's Billiards Group <b>13</b> 1:00 Conversation Club 2:00 Pinochle 4:00 Happy Hour 6:30 Saturday Night Movie - The Love Letter
9:30 Worship Service <b>14</b> 11:00 Beginner's Bridge 11:00 Dominoes 2:00 Knit & Crochet 2:00 Mahjong	10:00 AR Through Food - Black Bear Diner in North Little Rock <b>15</b> 10:00 Aerobics Class 2:30 Tech Visits 4:00 Happy Hour	10:00 Manicures & Pedicures <b>16</b> 11:00 Blood Pressure Checks with Remedy Drug 1:15 Bingo 2:15 Yoga 4:00 Happy Hour 4:00 Happy Hour & Games - 3rd Floor	11:00 Residents' Meeting <b>17</b> 1:00 Assisted Living Residents' Meeting 1:00 Bible Study 2:00 Music in the Atrium - Paul Morphis 2:30 Tech Visits 4:00 Happy Hour	10:30 Majestic Outreach Ministries <b>18</b> 12:00 Activity Committee Meeting 2:15 Yoga 4:00 Happy Hour 4:00 Happy Hour & Games - 3rd Floor	9:30 Communion <b>19</b> 10:30 Aerobics Class 11:15 Lunch Bunch - BJ's Restaurant & Brewhouse 1:15 Bingo 2:30 Tech Visits 4:00 Happy Hour	11:00 Men's Billiards Group <b>20</b> 1:00 Conversation Club 2:00 Pinochle 4:00 Happy Hour 6:30 Saturday Night Movie - Within the Whirlwind
9:30 Worship Service <b>21</b> 10:30 Murry's Dinner Playhouse Outing 11:00 Beginner's Bridge 11:00 Dominoes 12:30 Brunch 2:00 Knit & Crochet 2:00 Mahjong	10:00 Aerobics Class <b>22</b> 10:30 AR Through Food - Colton's Steakhouse & Grill in Benton 12:00 Lunch 2:30 Tech Visits 4:00 Happy Hour	10:00 Manicures & Pedicures <b>23</b> 11:00 Blood Pressure Checks with Don's Pharmacy 1:15 Bingo 2:15 Yoga 4:00 Happy Hour 4:00 Happy Hour & Games - 3rd Floor	11:00 Line Dancing with Carolyn <b>24</b> 11:00 Pottery 2:00 Library Committee Meeting 2:00 Music in the Atrium - Butch Money Gospel 2:30 Tech Visits 4:00 Happy Hour	10:30 Resident Swap Shop <b>25</b> 2:15 Yoga 4:00 Happy Hour & Games - 3rd Floor 4:00 Happy Hour - Wine and Cheese	9:30 Communion <b>26</b> 10:30 Aerobics Class 11:15 Lunch Bunch - U.S. Pizza 1:15 Bingo 2:30 Tech Visits 4:00 Happy Hour & Christmas in July Social	11:00 Men's Billiards Group <b>27</b> 1:00 Conversation Club 2:00 Pinochle 4:00 Happy Hour 6:30 Saturday Night Movie - Resident's Choice
9:30 Worship Service <b>28</b> 11:00 Beginner's Bridge 11:00 Dominoes 2:00 Knit & Crochet 2:00 Mahjong	10:00 Aerobics Class <b>29</b> 10:30 AR Through Food - Cheers in Maumelle 11:00 OWLS Book Club 2:30 Tech Visits 4:00 Happy Hour	10:00 Manicures & Pedicures <b>30</b> 1:15 Bingo 2:15 Yoga 4:00 Happy Hour 4:00 Happy Hour & Games - 3rd Floor	<b>Birthday Night</b> <b>31</b> 10:00 Clinton Center "Washed Ashore" Outing 2:00 Music in the Atrium - Fire & Brimstone 2:30 Tech Visits 4:00 Happy Hour	8700 Riley Drive Little Rock, AR 72205 501-224-4242		