


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	<p>8:15 Morning NGH News [DR] 1</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 July Gazette & IQ [TVL]</p> <p>9:30 Let's Celebrate Canada Day [TVL]</p> <p>10:00 CE Famous Canadians-Who Am I? [TVL]</p> <p>10:00 CC Vendor-Burrito Man [DR]</p> <p>10:30 AE Canada Day Puzzles [TVL]</p> <p>11:00 LL "O Canada" [TVL]</p> <p>1:15 LL BINGO</p> <p>2:45 CE Cranium Crunches [TVL]</p> <p>6:00 LL Poker Night</p>	<p>8:15 Morning NGH News [DR] 2</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Yoga</p> <p>10:00 CE Halfway Point of 2019 [TVL]</p> <p>10:45 AE Do It Yourself *Lip Scrub* [AR]</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:15 LL Manicures *First Come, First Serve*</p> <p>3:00 PE Bowling Tournament [TVL]</p>	<p>8:15 Morning NGH News [DR] 3</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Laughter Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:00 SS Catholic Gathering</p> <p>10:30 SS Massage Therapy [AR]</p> <p>1:15 LL BINGO</p> <p>2:45 LL Strawberries Day</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>Independence Day 4</p> <p>8:15 Morning NGH News [DR]</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Lets Celebrate Independence Day [TVL]</p> <p>9:30 PE Fourth of July Trivia [TVL]</p> <p>10:00 CE 4th of July Puzzles [TVL]</p> <p>10:00 SS Nondenominational Services</p> <p>10:30 LL Patriotic Sing-a-Long [TVL]</p> <p>12:00 LL 4th of July BBQ [DR]</p> <p>1:00 Fourth of July Party [DR]</p> <p>6:00 Poker Night [AR]</p>	<p>8:15 Morning NGH News [DR] 5</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Musical Exercise [TVL]</p> <p>9:30 SS Rosary Recitation</p> <p>10:30 CE The Birthday of the Bikini [TVL]</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:00 LL BINGO</p> <p>2:30 LL HAPPY HOUR</p> <p>5:00 Movie and Popcorn [TVL]</p>	<p>9:15 Morning NGH News [DR] 6</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 Who Am I? [TVL]</p> <p>10:30 Hot Diggity Dog Day [TVL]</p> <p>1:15 Jewelry Making [AR]</p> <p>2:30 SS New Life Church</p> <p>2:45 AE Adult Coloring</p>		
<p>9:15 Morning NGH News [DR] 7</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 PE Morning Walk [TVL]</p> <p>10:45 SS Catholic Gatherings [C]</p> <p>10:45 CE This Day in History [TVL]</p> <p>11:15 AE Artistic Moments [AR]</p> <p>1:15 LL Dessert Social [TVL]</p>	<p>8:15 Morning NGH News [DR] 8</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Pilates [TVL]</p> <p>10:00 CC Vendor-Burrito Man [DR]</p> <p>10:30 AE Crafts w/ Camp Kind [AR]</p> <p>11:15 CC Generation Sing-a-Long [TVL]</p> <p>1:15 LL BINGO</p> <p>2:45 AE Trash to Treasures [AR]</p> <p>6:00 LL Poker Night</p>	<p>8:15 Morning NGH News [DR] 9</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 CE Coffee Talk with Optimal</p> <p>10:15 CC Letters to NGH Staff [L]</p> <p>11:00 VNA Podiatry</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:15 LL Manicures *First Come, First Serve*</p> <p>2:00 CC Men's Group [GR]</p> <p>3:00 PE Bowling Tournament [TVL]</p>	<p>8:15 Morning NGH News [DR] 10</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Laughter Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:00 SS Catholic Gathering</p> <p>11:00 CC Chef Chat</p> <p>1:30 CC Resident Council</p> <p>2:45 LL BINGO</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>8:15 Morning NGH News [DR] 11</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Tai Chi</p> <p>10:00 CE Current Events</p> <p>10:30 Outdoor Gardening [CY]</p> <p>1:30 AE Meal in a Mug [GR]</p> <p>6:00 Poker Night [AR]</p>	<p>8:15 Morning NGH News [DR] 12</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Musical Exercise [TVL]</p> <p>9:30 SS Rosary Recitation</p> <p>10:30 LL BINGO</p> <p>12:30 LL Music by Lois [TVL]</p> <p>2:30 LL HAPPY HOUR</p> <p>5:00 Movie and Popcorn [TVL]</p>	<p>9:15 Morning NGH News [DR] 13</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 AE Morning Sing-a-Long [TVL]</p> <p>10:45 LL BINGO [AR]</p> <p>1:15 AE Lets Get Crafty [AR]</p> <p>2:30 SS New Life Church</p> <p>2:45 AE Adult Coloring</p>		
<p>9:15 Morning NGH News [DR] 14</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 PE Morning Walk [TVL]</p> <p>10:45 SS Catholic Gatherings [C]</p> <p>10:45 CE Giant Crosswords [TVL]</p> <p>11:15 CE Mad Science [AR]</p> <p>1:15 LL Ice Cream Social [TVL]</p>	<p>8:15 Morning NGH News [DR] 15</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Pilates [TVL]</p> <p>10:00 CC Vendor-Burrito Man [DR]</p> <p>10:45 CE Travels with Toni</p> <p>1:15 LL BINGO</p> <p>2:45 LL Lawn Games [CY]</p> <p>6:00 LL Poker Night</p>	<p>8:15 Morning NGH News [DR] 16</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Yoga</p> <p>9:30 PE Chair Pilates [TVL]</p> <p>10:15 LL Taste Testing *Coffee* [AR]</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:15 LL Manicures *First Come, First Serve*</p> <p>3:00 PE Bowling Tournament [TVL]</p>	<p>8:00 Innovage Podiatry [AR]</p> <p>8:15 Morning NGH News [DR] 17</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Laughter Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:30 AE Busy Hands [TVL]</p> <p>12:45 CC Lawn Games w/ Honeyman Day Program [CY]</p> <p>2:15 SS Catholic Mass [C]</p> <p>2:45 LL BINGO</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>8:15 Morning NGH News [DR] 18</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Tai Chi</p> <p>10:00 CE Current Events</p> <p>10:00 SS Nondenominational Services</p> <p>12:00 CC Veteran's Lunch</p> <p>2:00 CC Activity Planning Meeting [AR]</p> <p>3:30 SS Massage Therapy [AR]</p> <p>6:00 Poker Night [AR]</p>	<p>8:15 Morning NGH News [DR] 19</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Musical Exercise [TVL]</p> <p>9:30 SS Rosary Recitation</p> <p>10:30 CC Dog Parade [DR]</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:00 LL BINGO</p> <p>2:30 LL HAPPY HOUR</p> <p>5:00 Movie and Popcorn [TVL]</p>	<p>9:15 Morning NGH News [DR] 20</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 Who Am I? [TVL]</p> <p>10:30 CE 50th Anniversary of the Moon Landing [TVL]</p> <p>1:15 AE Jewelry Making [AR]</p> <p>2:30 SS New Life Church</p> <p>2:45 AE Adult Coloring</p>		
<p>9:15 Morning NGH News [DR] 21</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 PE Morning Walk [TVL]</p> <p>10:45 SS Catholic Gatherings [C]</p> <p>10:45 CC Sharing Short Stories [TVL]</p> <p>11:15 CE Star of the Month [TVL]</p> <p>1:15 LL Ice Cream Float Social [TVL]</p>	<p>8:15 Morning NGH News [DR] 22</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Pilates [TVL]</p> <p>10:00 CC Vendor-Burrito Man [DR]</p> <p>10:45 AE Making Summer Dog Treats [GR]</p> <p>1:15 LL BINGO</p> <p>2:45 AE Artistic Moments [AR]</p> <p>6:00 LL Poker Night</p>	<p>8:15 Morning NGH News [DR] 23</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Yoga</p> <p>10:30 LL Manicures *First Come, First Serve*</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:00 LL Afternoon Movie & Snacks! [TVL]</p> <p>3:00 PE Bowling Tournament [TVL]</p>	<p>8:15 Morning NGH News [DR] 24</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Laughter Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:00 SS Catholic Gathering</p> <p>10:30 CC Wheelchair Walker Washing!! [TG]</p> <p>1:15 LL BINGO</p> <p>2:45 LL Wii Games [TVL]</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>8:15 Morning NGH News [DR] 25</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Tai Chi</p> <p>10:00 CE Current Events</p> <p>10:30 AE Outdoor Gardening [CY]</p> <p>1:15 AE Sip'n Paint [AR]</p> <p>6:00 Poker Night [AR]</p>	<p>8:15 Morning NGH News [DR] 26</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Musical Exercise [TVL]</p> <p>9:30 SS Rosary Recitation</p> <p>10:30 CE Apollo 15 Anniversary [TVL]</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:00 LL BINGO</p> <p>2:30 LL HAPPY HOUR</p> <p>5:00 Movie and Popcorn [TVL]</p>	<p>9:15 Morning NGH News [DR] 27</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 Morning Sing-a-Long [TVL]</p> <p>10:45 BINGO [AR]</p> <p>1:15 Let's Get Crafty [AR]</p> <p>2:30 SS New Life Church</p> <p>2:45 AE Adult Coloring</p>		
<p>9:15 Morning NGH News [DR] 28</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 PE Morning Walk [TVL]</p> <p>10:45 SS Catholic Gatherings [C]</p> <p>10:45 CE TED Talks [TVL]</p> <p>1:15 LL Snow-Cone Social [DR]</p>	<p>8:15 Morning NGH News [DR] 29</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Pilates [TVL]</p> <p>10:00 CC Vendor-Burrito Man [DR]</p> <p>10:45 CE Know Your Electronics [L]</p> <p>1:15 LL BINGO</p> <p>2:45 LL Drink a Coca-Cola Day *Tasting* [AR]</p> <p>6:00 LL Poker Night</p>	<p>8:15 Morning NGH News [DR] 30</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Yoga</p> <p>10:30 CC Letters to Veterans [AR]</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:15 LL Manicures *First Come, First Serve*</p> <p>3:00 PE Bowling Tournament [TVL]</p> <p>5:30 Family Support Group [AR]</p>	<p>8:15 Morning NGH News [DR] 31</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Laughter Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:00 SS Catholic Gathering</p> <p>10:30 CC Kindness Rock Project [AR]</p> <p>1:15 LL BINGO</p> <p>2:45 LL Lawn Games [CY]</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>11475 Pearl Street Northglenn, CO 80233 303-452-0501</p>			<p>Location Keys</p> <p>AE Artistic Expression</p> <p>CC Community Connections</p> <p>CE Continuing Education</p> <p>LL Lifestyle & Leisure</p> <p>PE Physical Engagement</p> <p>SS Spiritual Support</p>	<p>Activity Room AR</p> <p>Chapel C</p> <p>Court Yard CY</p> <p>Dining Room DR</p> <p>Game Room GR</p> <p>Library L</p> <p>TV Lounge TVL</p> <p>Therapy Gym TG</p>