# 2019 LIFE ENRICHMENT

# July

# RANDALL RESIDENCE - DECATUR
## Memory Care

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **Every Day Activities**<br>9:00 News and Weather<br>9:15 Exercise<br>11:30 Rest and Rejuvenation<br>1:00 Rest and Rejuvenation<br>3:30 Rest and Rejuvenation<br>6:00 T.V. Time / Games | **1**<br>9:45 Welcome to New England<br>10:15 Strawberries and Dip— Snack<br>10:30 Bean Bag Game<br>11:00 Golf<br>1:30 Craft<br>2:00 Monday Memories<br>2:30 Ice Cream—Snack<br>3:00 Fill in the Blank Game<br> | **2**<br>9:45 Let's Visit Massachusetts<br>10:15 fig newton—Snack<br>10:30 Nerf Hockey<br>11:00 Card game<br>1:30 Craft<br>2:00 Bingo<br>230 Boston Crème Pie—Snack<br>3:00 Sing Along | **3**<br>9:45 Let's Visit Massachusetts<br>10:15 First Baptist Church<br>10:30 Corn Muffin—Snack<br>11:00 Come Get Puzzled<br>1:30 Craft<br>2:00 Memory Game<br>2:30 Boston Baked Beans—Snack<br>3:00 Water Polo | **4**<br>9:45 Let's Visit Massachusetts<br>10:15 Dunkin Donut—Snack<br>10:30 Coin Toss Game<br>11:00 Card Lotto<br>1:30 Craft<br>2:00 Carnival Cup Game<br>2:30 Music and Fun in the Courtyard<br> | **5**<br>9:45 Let's Visit Massachusetts<br>10:15 Cranberry Muffin—Snack<br>10:30 Jarts<br>11:00 Sewing Cards<br>1:30 Craft<br>2:00 Basketball<br>2:30 Tea Party—Snack<br>3:00 Multiplication Maze | **6**<br>9:45 Let's Visit Massachusetts<br>10:15 Chocolate Chip Cookie—Snack<br>10:30 Bowling<br>11:00 Uno<br>1:30 Craft<br>2:00 Kickball<br>2:30 Chicken Nuggets—Snack<br>3:00 Saturday Spelling |
| **7**<br>9:45 Devotional and Prayer<br>10:15 Rice Pudding—Snack<br>10:30 Balloon Ball<br>11:00 Guess the Word<br>1:30 Craft<br>2:00 Balloon Badminton<br>2:30 Graham Crackers—Snack<br>3:00 Finish the Phrase | **8**<br>9:45 Let's Visit New Hampshire<br>10:15 Maple Walnut Ice Cream-snack<br>10:30 Bowling<br>11:00 Yahtzee<br>1:30 Craft<br>2:00 Monday Memories<br>2:30 Chips and Soda<br>3:00 Water Polo | **9 Happy Birthday Dorothy!**<br>9:45 Let's Visit New Hampshire<br>10:00 Sugar Cookie—Snack<br>10:30 Ring Toss Game<br>11:00 Cards: Old Maid<br>1:30 Craft<br>2:00 Basketball<br>2:30 Birthday Party—Cake<br>3:00 Words that Start with "D" | **10**<br>9:45 Let's Visit New Hampshire<br>10:15 First Baptist Church<br>10:45 Apple Cider—Snack<br>11:00 Nerf Hockey<br>1:30 Sewing Cards<br>2:00 Bingo<br>2:30 Pumpkin Pie—Snack<br>3:00 Sing Along<br> | **11**<br>9:45 Let's Visit New Hampshire<br>10:15 Pumpkin Muffin—Snack<br>10:30 Balloon Ball Toss<br>11:00 Card Lotto<br>1:30 Craft<br>2:00 Tray Game<br>2:30 Potato Sticks—Snack<br>3:00 **Name that ?????** | **12**<br>9:45 Let's Visit Maine<br>10:15 Blueberry Muffin—Snack<br>10:30 Table Hand Ball<br>11:00 Go Fish<br>1:30 Craft<br>2:00 Balloon Volleyball<br>2:30 Jello- Snack<br>3:00 Friday Figures<br> | **13**<br>9:45 Let's Visit Maine<br>10:15 Peaches—Snack<br>10:30 Basketball<br>11:00 Uno<br>1:30 Craft<br>2:00 Ring Toss<br>2:30 Whoopee Pies—Snack<br>3:00 Bean Bag Toss |
| **14**<br>9:45 Devotional and Prayer<br>10:15 Cheese and Grapes—Snack<br>10:30 Balloon Ball<br>11:00 Math Fun<br>1:30 Craft<br>2:00 Balloon Badminton<br>2:30 Tapioca Pudding—Snack<br>3:00 Crossword Game | **15**<br>9:45 Let's Visit Maine<br>10:15 Blueberries—Snack<br>10:30 Egg Crate Ping-Pong<br>11:00 Hula Hoop Ball<br>1:30 Toothpick Art<br>2:00 Monday Memories<br>2:30 Blueberry Ice Cream<br>3:00 Maine Trivia<br>TRIVIA | **16**<br>9:45 Let's Visit Maine<br>10:15 Brown Bread—Snack<br>10:30 Carnival Cup Game<br>11:00 New England Quiz<br>1:30 Lighthouse Craft<br>2:00 Poetry by Longfellow<br>2:30 Lobster Bites<br>3:00 Words that start with "M"<br> | **17**<br>9:45 Let's Visit Vermont<br>10:15 Milk and Cookies—Snack<br>10:30 Yahtzee<br>11:00 Come get Puzzled<br>1:30 Craft<br>2:00 Bocce Jarts<br>2:30 Peach Ice Cream—Snack<br>3:00 Water Polo | **18**<br>9:45 Let's Visit Vermont<br>10:15 Apples—Snack<br>10:30 Coin Toss Game<br>11:00 Card Lotto<br>1:30 Craft<br>2:00 Carnival Cup Game<br>2:30 Vermont Maple Syrup—Snack<br>3:00 Manicures | **19**<br>9:45 Let's Visit Vermont<br>10:15 Apple Chips<br>10:30 Jarts<br>11:00 Picnic in the Park<br>1:30 Craft<br>2:00 Basketball<br>2:30 Oreo Cookie Ice Cream—Snack<br>3:00 Dealing with Division<br>PICNIC IN THE PARK | **20**<br>9:45 Let's Visit Vermont<br>10:15 Ice Cream Soda—Snack<br>10:30 Bowling<br>11:00 Uno<br>1:30 Craft<br>2:00 Kickball<br>2:30 Apple Pie—Snack<br>3:00 Saturday Spelling |
| **21**<br>9:45 Devotional and Prayer<br>10:15 Fruit—Snack<br>10:30 Balloon Ball<br>11:00 Guess the Word<br>1:30 Fun with clay<br>2:00 Balloon Badminton<br>2:30 Ice Cream—Snack<br>3:00 Finish the Phrase | **22**<br>9:45 Let's Visit Rhode Island<br>10:15 Donuts –Snack<br>10:30 Bowling<br>11:00 Yahtzee<br>1:30 Craft<br>2:00 Monday Memories<br>2:30 Frozen Lemonade— Snack<br>3:00 Water Polo | **23**<br>9:45 Let's Visit Rhode Island<br>10:15 Cinnamon Waffles-<br>10:30 Ring Toss Game<br>11:00 Cards<br>1:30 Craft<br>2:00 Basketball<br>2:30 Hot Wieners—Snack<br>3:00 Let's Add<br> | **24**<br>9:45 Let's Visit Rhode Island<br>10:15 Church<br>10:45 Yogurt—Snack<br>11:00 Nerf Hockey<br>1:30 Craft<br>2:00 Bingo<br>2:30 Cold Pizza Strips—Snack<br>3:00 Sing Along—George M Cohan | **25**<br>9:45 Let's Visit Rhode Island<br>10:15 Carmel Popcorn—Snack<br>10:45 Water Balloons<br>11:00 Card Lotto<br>1:30 Circus Craft<br>2:00 Tray Game<br>2:30 Circus Peanuts—Snack<br>3:00 Putt Putt Golf<br>Putt-Putt Golf | **26**<br>9:45 Let's Visit Connecticut<br>10:15 Pudding—Snack<br>10:30 Table Hand Ball<br>11:00 Go Fish<br>1:30 Craft<br>2:00 Balloon Volleyball<br>2:30 Subs—Snack<br>3:00 Connect the Dots | **27**<br>9:45 Let's Visit Connecticut<br>10:15 Lollipop—Snack<br>10:30 Basketball<br>1:00 Uno<br>1:30 Craft<br>2:00 Ring Toss Game<br>2:30 White Castle Burgers—Snack<br>3:00 Bean Bag Game |
| **28**<br>9:45 Devotional and Prayer<br>10:15 Wafers—Snack<br>10:30 Balloon Ball<br>11:00 Math Fun<br>1:30 Craft<br>2:00 Balloon Badminton<br>2:30 Popcorn—Snack<br>3:00 Crossword **Game** | **29**<br>9:45 Let's Visit Connecticut<br>10:15 Rice Krispie—Snack<br>10:30 Egg Crate Ping Pong<br>11:00 Hula Hoop Ball<br>1:30 Craft<br>2:00 Monday Memories<br>2:30 PEZ Candy - Snack<br>3:00 Trivia<br>TRIVIA | **30**<br>9:45 Let's Visit Connecticut<br>10:15 Cereal Mix—Snack<br>10:30 Carnival Cup Game<br>11:00 Card Game<br>1:30 Craft<br>2:00 Sing Along<br>2:30 Cheese Cake—Snack<br>3:00 Words that Start with "C" | **31**<br>9:45 Goodbye New England<br>10:15 Church<br>10:30 Grapes and Cheese<br>11:00 Come Get Puzzled<br>1:30 Craft<br>2:00 Bocce Jarts<br>2:30 Chips and Salsa—Snack<br>3:00 Water Polo | discover NewEngland | |

**August 2019**

| Sun | Mo | Tue | We | Thu | Fri | Sat |
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