



CHEF'S COOKING DEMONSTRATIONS

7/4 BBQ at Lunch (Custom Burger Bar) Grilling on the Patio.

7/9 Tenderloin Carving Station.

7/18 Mashed Potato Bar

7/25 Taste of America House Smoked and Carved To Order Texas BBQ Brisket.

Celebrating Birthdays

In July

Bonita 7/4

Ginny 7/5

Sandy 7/6

Pearl 7/12

Ken J 7/15

Jean A 7/15

Carmen 7/17

Sue C. 7/22

Birthday Celebration

July 10th

Thank you Shirley VanDerwall for letting us display your beautiful quilts each month in our dining room. Shirley began quilting in the 1980's with a push from her girlfriend and has quilted over 500 quilts. She has done personal trunk shows, shows at the Belleville Museum Quilt Show, she belongs to different quilt guilds and even takes special orders. We are so blessed to have her part of our Waltonwood Family.



CARRIAGE PARK CONNECT

JULY 2019

BORN ON THE 4TH OF

JULY 1911



BONITA GIBSON

HAPPY 108th BIRTHDAY



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COMMUNITY MANAGEMENT

Dustin Stolzman
Executive Director

Terry Lobb
Business Office Manager

Joel Vassallo
Culinary Services Manager

Erin McGraw
Life Enrichment Manager

Nichole Passmore
Life Enrichment Manager

Annette Rogers
Marketing Manager

JoAnn Mayher
Resident Care Manager

Jeremy Meriwether
Wellness Coordinator

Mike Burlett
Maintenance Manager

Nathan Brown
Independent Living Manager



FRIENDS & FAMILY REFERRAL PROGRAM!

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT Our Associate of the Month is Jacob “Jake” Chamberlain! Jake has been with Waltonwood Carriage Park for nearly four years, starting off as a cook and being promoted to our Culinary Services Supervisor in the fall of 2017. Jake is one of our most reliable associates, ensuring that our culinary team has the support needed to successfully meet our standards for our residents. Jake’s culinary talents are excellent, infusing his creativity into our cuisine whenever possible. Congrats to Jake on this deserved recognition!



JUNE HIGHLIGHTS

03

Wine Cork Wreaths for our doors.

05

Our Mistry trip was to th Hamburg Historical Museum Tea Room



14

We celebrated Flag day in style!

15

Fun was had at our Classic Car Show.



Healthy Hydration

Healthy hydration habits are important any time of the year but they become essential during the summer months when the heat and humidity can reach dangerous levels. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects of certain medications can greatly increase the risk for serious dehydration for seniors. The good news is small changes to our daily routine can greatly improve our chances to stay healthy and fit in the months to come. Making sure there’s always fluids nearby to drink throughout the day, eating plenty of fruit and vegetables (like cucumber and watermelon), and avoiding strenuous outdoor activities during the peak hours of the afternoon, can all help to keep us safe and hydrated during the dog days of summer.

Chris Grabowski, MS, Senior Forever Fit Manager

TRANSPORTATION INFORMATION

Please let the front desk know of your scheduled appointments, even if it’s months down the road. We will do our best to accommodate your transportation needs. **Note:** Transportation sheets for the month are posted the first of each month in our mail room.

JULY OUTINGS

July 4 th	4 th of July Parade in downtown Plymouth
July 8 th	Plymouth Senior Center / Shuffle Board
July 11 th	Kensington / BBQ at the Beach
July 12 th	Dixboro Farmers Market
July 18 th	Resident dinner out at Cracker Barrel
July 22 nd	Putt-Putt Golf
July 23 rd	Heritage Park Concert
July 26 th	Hollywood Casino



EXECUTIVE DIRECTOR CORNER

Camp Waltonwood was a remarkable moment for our community! On the evening of June 21st, the community came together to kick off summer by recreating a camp-themed evening event for our littlest members of our Waltonwood family. In addition to an array of activities offered, we featured old-fashioned camp cuisine, complete with hot dogs, potato salad, and—of course—s’mores! Our Environmental Services Manager, Mike, entertained us with his musical talents, and we enjoyed a cozy bonfire! This was a shared success with our entire Waltonwood family: our associates, residents, and their families. These are moments that I’m so proud to lead such a kind, family-oriented, fun, and generous community where we can share in these experiences together! Cheers to making more memories like this all summer long.

Best Regards, Dustin Stolzman, Executive Director