



Celebrating Birthday's in July

Bernard M. 7/4
Pat K. 7/6
Barbara B 7/6
JoAnne Mc. 7/7
Ernest B. 7/10
Lavern M. 7/18
Joy G. 7/20
Gay D. 7/28
Connie C. 7/25

July 1st Sundaes on Monday/Birthday Celebration

Wishing you a very

Happy Birthday!

CHEF'S COOKING DEMONSTRATIONS

01 Chocolate Fondue & Fruit

08 Strawberry Daiquiri

15 Garden Fresh Pesto

29 "National Chicken Wing Day"
(Taste Test)

CHEF'S SIGNATURE RECIPE

Peanut Butter Cookies

Ingredients:

1 Cup Peanut Butter (creamy or chunky style)

1 Cup Granulated Sugar

1 Egg

1 tsp Vanilla

Directions:

1. Preheat oven to 350*
2. Mix together all ingredients so that they are evenly disbursed.
3. Roll mixture into half dollar sized balls. Place evenly on cookie sheet. If desired, take a fork and press down onto the ball and then press again the opposite way to somewhat flatten the ball to get that nice Criss cross pattern on the cookie
4. Place the cookies in the oven for approximately 10 minutes. Let cookies cool down on sheet for 2 min before transferring to racks.

For a special treat add mix in M&M or chocolate chips to the batter. Enjoy!

TWELVE OAKS CONNECT

JULY 2019



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UPCOMING EVENT HIGHLIGHT

Thursday,
July 18th



4:00pm-6:30pm
Please R.S.V.P. Family and Children under 12 by July 8th

Please join us as we transform our communities into 'Camp Waltonwood'

We welcome all family and friends to experience crafts, games and a great photo opportunity to capture all the memories. Also, we did not forget the best camp tradition of all...S'mores!

COMMUNITY MANAGEMENT

Executive Director
Angie Hanson

Nicole McDonald
Business Office Manager

Nicholas Laliros
Culinary Services Manager

Alyssa Tobias
Independent Living Manager

Monique Furniss
Life Enrichment Manager

Stephan Skidmore
Environmental Services Manager

Heather Lasko
Marketing Manager

Parnell Kenan
Marketing Manager

Barbara Exel
Resident Care Manager

Melissa Berg
Wellness Coordinator



FRIENDS & FAMILY REFERRAL PROGRAM!

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT

Jasmine Scandrick has worked at Waltonwood for 2.5 years. She was recently promoted to be one of the Supervisors for day shift. Jasmine has her CNA license and prior to becoming a supervisor she was a Caregiver/Med Tech in Memory Care. She was inspired to get into the health care field by her mom, who is a nurse.

Jasmine grew up in California, but moved to Michigan when her mom became ill. She is the youngest of 9 kids and has 21 nieces and nephews.

Jasmine has quite the sense of adventure. She likes to ride motorcycles and jet ski. She went skydiving when she was in Las Vegas and ziplining when she visited Jamaica.

Jasmine is a wonderful example of someone who truly cares for her residents and advocates for them often. She is well respected by all who work with her and is always thinking of ways to make things better for the residents and staff.



TRANSPORTATION INFORMATION

“Open” Bus Service Every Thursday

- ❖ Doctor’s visit
- ❖ Shopping Trips
- ❖ Emagine Theatre
- ❖ Restaurants
- ❖ Local Community Centers



Doctor’s visits will take priority over all other requests.

Please see Jacqueline 2 week prior to your appointment date so that she can confirm the request.

Monique will make every attempt to accommodate your request.

Please join us on Friday’s for our Outings, sign up book located in the Fireside Lounge.

JULY SPECIAL EVENTS

03 Wine&Cheese: 4th of July Celebration with Rick

“It will be celebrated...with pomp and parade...bonfires and illuminations from one end of this continent to the other”

18 Camp Waltonwood

“Welcome to our campfire, where friends and family are welcome with S’mores”

05 National Apple Turnover Day

“You can always save the day with...turnovers!”

25 Travel Talk: Africa with Robert

“Life is either a daring adventure or nothing at all”



JUNE HIGHLIGHTS

13 Father’s Day Dinner/BBQ

“Dads; are most ordinary men turned by love into heroes, adventures, story-tellers, and singers of a song”

21 African Safari Wildlife Park

“The continued existence of wildlife and wilderness is important to the quality of life of humans”

17 Kensington Boat Ride

“Look deep into nature, and then you will understand everything better”

28 Diamond Jack Boat Ride

“Being on a boat that’s moving through the water, its so clear. Everything falls into place in terms of what’s important and what’s not”



FOREVER FIT/WELLNESS TOPIC/LE

Healthy Hydration

Healthy hydration habits are important any time of the year but they become essential during the summer months when the heat and humidity can reach dangerous levels. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects certain medications can greatly increase the risk for serious dehydration in seniors. The good news is small changes to our daily routine can greatly improve our chances to stay healthy and fit in the months to come. Making sure there’s always fluids nearby to drink throughout the day, eating plenty of fruit and vegetables like cucumber and watermelon and avoiding strenuous outdoor activities during the peak hours of the afternoon can all help to keep us safe and hydrated during the dog days of summer.

EXECUTIVE DIRECTOR CORNER

I would like to say a special thank you to the Leadership Team at Waltonwood Twelve Oaks, since Alissa’s departure they have been doing a great job working together to keep things running smoothly. I am pleased to announce our new Executive Director Angie Hanson will join the Twelve Oaks family on July 15th, 2019. Angie comes with experience in home for the aged assisted living, memory care and independent living. She has obtained her Certified Living Director certification and is excited to become a part of the Waltonwood family. We thank you for your patience during our search. Please do not hesitate to reach out if I can be of service,

Karis Wilson Jones, Regional Director of Operations