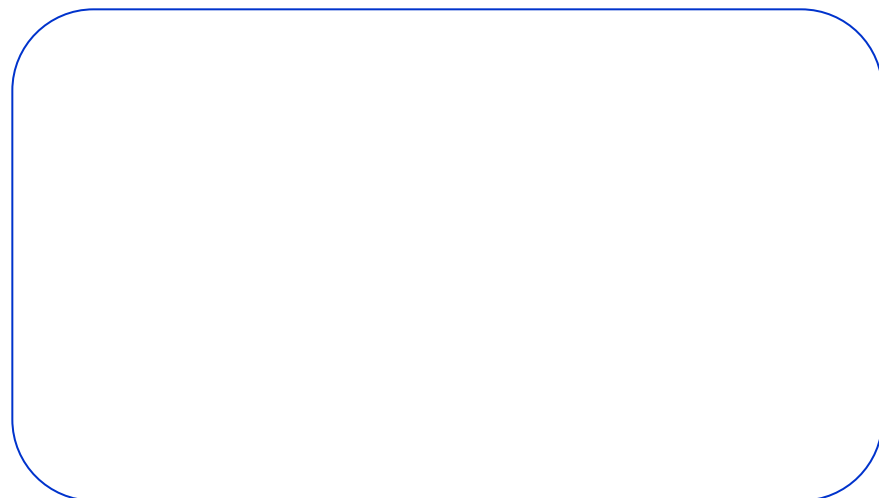


STAMP
HERE



Administrative Team:

Loretta Kreeger
Executive Director

Annette Contreras
Wellness Director

Shelley Castellino
Wellness Nurse

Autumn Blizzard
Dining Services Director

Diane Blas
Life Enrichment Director

Eric Booth
Maintenance Director

425-397-7500



Ashley Pointe News

Independent & Assisted Living Newsletter



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3 Chaplain Corner
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8 Mission & Team

July 2019

It's Never Too Late for Tech



What is iN2L?

Our residents can use iN2L's picture-based, touchscreen interface to explore 4,000+ pieces of engaging, educational, spiritual, and personalized content. From mind-stimulating games, to exercise, to music immersion, and to google earth for looking back at former neighborhoods, iN2L has it all! We invite you to come try it.

“It was easy for me to learn. I also like to play Poker on it with my friends,”
- Dave, a resident at Ashley Pointe who helps run Bingo games.

Up Close with iN2L at Our Community

Ashley Pointe prides itself on delivering a vibrant, engaging, life enrichment program for our residents, and a shining component of that program is It's Never 2 Late® (iN2L) technology that we use in conjunction with our daily activities. Just as surely as technology advances, so too does our involvement with it and how we use it. Learn the latest about our iN2L engagement, and hear from our community about it.

What's New on the iN2L Front?

Every two months, iN2L content is refreshed with new and engaging games, activities, programs and more. We train our team to understand iN2L, to build their own personal appreciation for it, and we do regular trainings with our team to stay on top of the latest and greatest iN2L has to offer to our residents.

How We Use iN2L

“We like to do crossword puzzles, word search, and other games which help us think,” shared our Life Enrichment Director, Diane. She added that on holidays, like D-Day, we can explore content related to the day and even do trivia about the topic. “Our recent exploration of D-Day was such a special day where we were able to remember those lives lost,” she said. It's good to use for reminiscing.

Moving Forward in iN2L Style

We're excited about all that iN2L brings to us on a daily basis, and how it can help us to further underscore our mission to create and sustain comfortable, caring environments for those who depend on us.

If you have feedback about iN2L that you would like to share with us, we would love to hear it at media@radiantseniorliving.com.



Special Moments



It's Culinary Arts Month!

We asked residents and team members:
What is a dish or dessert that you find unique or special?

“Crème Brulee”
- Cris

“Butterscotch Pie”
-Vera

“Candied Chicken”
- Autumn

“Coconut Cream Pie”
- Joy



July Highlights



July is Picnic Month, World Watercolor Month, Blueberries Month & Grilling Month!

7/3-Independence Celebration
"Wear Red, White & Blue"

7/4-Independence Day

7/6-Fried Chicken Day

7/7-Strawberry Sundae Sunday

7/9-MBL/Outing to Stanwood

7/10-Pina Colada Day

7/11-Outing: Edmonds Waterfront Bistro/ Thrift Store

7/12-Jell-O Day

7/13-French Fry Day

7/14-Tape Measure Day

7/16-Outing: Bryant Blueberry Farm/July Birthday Celebration

7/17-Daiquiri Day

Happy Hour w/Eric Andrews

7/18-Sour Candy Day/Outing: Kayak State Park

7/19-UV Safety Presentation w/Shelley

7/20-Lollipop Day

7/21-Ice Cream Day

7/23-Outing: Scenic Drive to Skykomish

7/24-Wine & Cheese Day /Everett Mall Outing

7/26-Aquafest Weekend Beings

7/27-Crème Burlee Day

7/29-Lasagna Day

7/31-Raspberry Cake Day

* **Sign up book is located at the front desk. Families, you're welcomed to join us for our outings!**

* **Shopping trips to Fred Meyer & Walmart this month**

* **Please join us for our Independence Celebration on July 3rd. We'll have a *BLAST* with, "The Blue Strings Band" (Bluegrass Music)**

Follow us on Social Media:

Facebook.com/AshleyPointeSeniorLiving

Blog.radiantseniorliving.com

Radiantsrliving on Instagram

Radiantvoices on Instagram

RadiantSrLiving on Twitter

Pinterest.com/radiantsrliving

Radiant Senior Living on YouTube

July Birthdays!

Staff Birthdays

Adrea Gill~July 22

Karla Teruel~July 30



We hope you enjoy your special day!

Mary Lou A., July 16

Winn R., July 21

Marilyn L., July 23

Jack L., July 24

Ann S., July 30

CHAPLAIN'S CORNER

On Thursday, July 4, we will celebrate the events that took place exactly 243 years ago when the Continental Congress proclaimed a formal "declaration of independence" from England. Focus is usually placed on the opening sentence of that document that many of us probably memorized in school. It reads: *"When, in the course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another..."*

But the committee of five men headed by Thomas Jefferson who drew up this epoch-making document were not content with a mere declaration of **independence**. They also verbalized a declaration of **dependence**. The final sentence of the document reads: *"And for the support of this declaration, with a firm reliance on the protection of DIVINE PROVIDENCE, we mutually pledge to each other our Lives, our Fortunes, and our Sacred Honor."*

That spirit of **dependence** on the protection of DIVINE PROVIDENCE affirmed by the signers of the "Declaration of Independence" later found its way into our national anthem---the last verse that is seldom, if ever, sung, includes these words from the pen of Francis Scott Key:

O thus be it ever, when free men shall stand

Between their loved homes and the war's desolation!

Blest with victory and peace, may the heaven rescued land

Praise the Power that hath made and preserved us a nation!

Then conquer we must, when our cause it is just;

And this be our motto: "In God is our trust!"

And the Star-Spangled Banner in triumph shall wave

O'er the land of the free and the home of the brave!

That spirit of **dependence** later found its way even onto our coins. The first U.S. coin to bear the inscription "In God We Trust" was a 2¢ cent piece minted in 1864. Unfortunately that motto that is still found on our coins and currency has little, if any, meaning for the average citizen of the "land of the free and the home of the brave." As a nation, we have, to a great degree, declared our independence again, not from another nation, but from God himself and from the principles found in his Word.

I take seriously the words of warning issued by Daniel Webster a century and a half ago: *"If we abide by the principles taught in the Bible, our country will go on prospering and to prosper. But if we and our posterity neglect its instruction and authority, no man can tell how suddenly a catastrophe may overwhelm us and bury our glory in profound obscurity."*

George Washington wrote this prayer on June 8, 1783 and sent it to the Governors of all the States. It's a prayer we ALL would do well to pray on our nation's 243rd birthday:

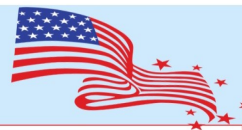
Almighty God, we make our earnest prayer that Thou wilt keep the United States in Thy Holy protection, that Thou wilt incline the hearts of the citizens to cultivate a spirit of subordination and obedience to government, and entertain a brotherly affection and love for one another and for their fellow citizens of the United States at large.

*And finally that Thou wilt most graciously be pleased to dispose us all to do justice, to love mercy, and to demean ourselves with that charity, humility, and pacific temper of mind which were the characteristics of the Divine Author of our blessed religion, and without a humble imitation of His example in these things, **we can never hope to be a happy nation.***

Grant our supplications, we beseech Thee, through Jesus Christ our Lord. Amen

Join us for Bible Study Wednesdays at 9:45 am in the small dining room!





Sun	Mon	Tue	Wed	Thu	Fri	Sat
Resident Birthdays 7/16-Mary Lou A. 7/21-Winn R. 7/23-Marilyn L. 7/24-Jack L. 7/30-Ann S. 	1 Doctor Appointments 9:00 Puzzles-IN2L 10:30 Tai Chi w/Larry 11:00 Poker Game-IN2L 1:30 Bingo 3:00 Games-IN2L 4:00 Harmonica w/Dave 6:00 Evening TV	2 9:00 Adult Coloring & Music 9:45 Shopping: Fred Meyer 1:00 Cottage Community Meeting 2:30 Bingo 3:30 Water Coloring 4:00 Nail Care-Activity Room 6:00 Pinochle	3 Wear Red, White & Blue 9:45 Bible Study 10:00 U.S. Trivia Fun-IN2L 1:30 Bingo w/Betty & John 4:00 Independence Day Celebration with Jim & The Blue Strings Band 	4  9:00 Puzzles 10:00 Balloon Toss 1:30 Bingo 3:00 IN2L Games 3:30 Skip Bo 6:00 Pinochle	5 9:00 Puzzles-IN2L 10:30 Sit & Be Fit 11:00 Harmonica w/Dave 1:30 Bingo 3:00 IN2L Games 3:30 LCR Dice Game 6:00 Evening Movie	6 Fried Chicken Day 9:00 Puzzles/Games-IN2L 10:30 Adult Coloring 11:00 Walking Exercise 1:00 Jig Saw Puzzles 1:30 Bingo 3:00 IN2L Games 3:30 Skip Bo Card Game 6:00 Classic TV
7 Strawberry Sundae Day 10:00 Hymn Book 11:00 Morning News-IN2L 1:00 Sunday Matinee 2:00 Strawberry Sundae Social 3:00 IN2L Games 4:00 Sing Along w/IN2L	8 Doctor Appointments 9:00 Puzzles-IN2L 10:30 Tai Chi w/Larry 11:00 Poker Game-IN2L 1:30 Bingo 3:00 Games-IN2L 4:00 Harmonica w/Dave 6:00 Evening TV	9 Major League Baseball 9:00 Adult Coloring 10:00 Outing: Stanwood & Lunch Out 11:00 Games-IN2L 1:00 Assisted Living Community Meeting 2:00 IN2L Trivia Games 3:30 Lemonade Social 6:00 Pinochle	10 Pina Colada Day 9:30 Adult Coloring 9:45 Bible Study 10:00 Balloon Toss 1:30 Bingo w/Betty & John 2:30 Farkel Dice Game 3:45 Pina Colada Happy Hour w/Robbie	11 9:00 Puzzles-IN2L 10:00 Outing: Edmonds Waterfront Bistro & Thrift Store 11:35 Library on Wheels 1:30 Bingo w/Betty & John 3:30 Skip Bo Card Game 6:00 Pinochle	12 Jell-O Day 9:00 Puzzles-IN2L 10:30 Sit & Be Fit 11:00 Harmonica w/Dave 1:30 Bingo 3:00 IN2L Games 3:30 LCR Dice Game 6:00 Evening Movie	13 French Fry Day 9:00 Puzzles/Games-IN2L 10:30 Adult Coloring 11:00 Walking Exercise 1:00 Jig Saw Puzzles 1:30 Bingo 3:00 IN2L Games 3:30 Skip Bo Card Game 6:00 Classic TV
14 Tape Measure Day 10:00 Hymn Book 11:00 Morning News-IN2L 1:00 Sunday Matinee 2:00 Ice Cream Social 3:00 IN2L Math Games 4:00 Sing Along w/IN2L	15 Doctor Appointments 9:00 Puzzles-IN2L 10:30 Balloon Toss 11:00 Poker Game-IN2L 1:30 Bingo 3:00 Games-IN2L 4:00 Harmonica w/Dave 6:00 Evening TV	16 9:00 Adult Coloring 9:45 Shopping: Walmart 1:00 Outing: Bryant Blueberry Farm-Arlington 4:00 July Birthday Celebration & IN2L-Activity Room 6:00 Pinochle <i>Happy Birthday, Mary Lou A</i>	17 Daiquiri Day 9:00 Puzzles-IN2L 9:45 Bible Study 10:00 Balloon Toss 1:30 Bingo w/Betty & John 2:30 Farkel Dice Game 3:45 Daiquiris & Happy Hour w/Eric Andrews	18 Sour Candy Day 9:00 Puzzles-IN2L 10:30 Outing: Kayak State Park Grilling Hot Dogs 1:00 Food Service Meeting 1:30 Bingo w/Betty & John 3:30 Skip Bo Card Game 6:00 Pinochle	19 9:00 Puzzles-IN2L 10:30 Sit & Be Fit 11:00 Harmonica w/Dave 1:30 Bingo 2:00 UV Safety w/Shelley 3:00 IN2L Games 3:30 LCR Dice Game 6:00 Evening Movie	20 Lollipop Day 9:00 Puzzles/Games-IN2L 10:30 Adult Coloring 11:00 Walking Exercise 1:00 Jig Saw Puzzles 1:30 Bingo 3:00 IN2L Games 3:30 Skip Bo Card Game 6:00 Classic TV
21 Ice Cream Day 10:00 Hymn Book 11:00 Morning News-IN2L 1:00 Sunday Matinee 2:00 Root Beer Float Social 3:00 IN2L Games 4:00 Sing Along w/IN2L <i>Happy Birthday, Winn</i>	22 Doctor Appointments 9:00 Puzzles-IN2L 10:30 Tai Chi w/Larry 11:00 Poker Game-IN2L 1:30 Bingo 4:00 Activity Planning & IN2L Training w/Diane 6:00 Evening TV	23 9:00 Adult Coloring 10:00 Outing: Scenic Drive Skykomish 3:00 Picture Perfect Pets Painting w/Alix 6:00 Pinochle <i>Happy Birthday, Marilyn L.</i>	24 Wine & Cheese Day 9:45 Bible Study 10:30 Outing: Everett Mall 1:30 Word Games 2:30 Farkel Dice Game 3:45 Wine & Cheese Happy Hour w/Doug Williams <i>Happy Birthday, Jack L.</i>	25 Amelia Earhart Day 9:00 Puzzles-IN2L 10::30 Balloon Toss 1:30 Bingo w/Betty & John 3:00 Amelia Earhart Trivia 3:30 Skip Bo Card Game 6:00 Pinochle	26 Aquafest Weekend 9:00 Puzzles-IN2L 10:30 Sit & Be Fit 11:00 Harmonica w/Dave 1:30 Bingo 3:00 IN2L Games 3:30 LCR Dice Game 6:00 Evening Movie	27 Crème Brulee Day 9:00 Puzzles/Games-IN2L 10:30 Adult Coloring 11:00 Walking Exercise 1:00 Jig Saw Puzzles 1:30 Bingo 3:00 IN2L Games 3:30 Skip Bo Card Game 6:00 Classic TV
28 10:00 Hymn Book 11:00 Morning News-IN2L 1:00 Sunday Matinee 2:00 Ice Cream Bar Social 3:00 IN2L Games 4:00 Sing Along w/IN2L	29 Lasagna Day 9:00 Puzzles-IN2L 10:30 Tai Chi w/Larry 11:00 Poker Game-IN2L 1:30 Bingo 3:00 Book Club Review 4:00 Harmonica w/Dave 6:00 Evening TV	30 9:00 Puzzles-IN2L 10:00 Adult Coloring 1:30 Bingo 3:00 Jukebox-IN2L 3:30 Card Games 6:00 Pinochle <i>Happy Birthday, Ann S.</i>	31 Raspberry Cake Day 9:45 Bible Study 10:00 Balloon Toss 1:30 Bingo w/Betty & John 2:30 Farkel Dice Game 3:45 Happy Hour w/Betsy & Gerry	Staff Birthday 7/22-Adrea Gill 7/30-Karla Teruel 		