

STAMP
HERE

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Maintenance Director

**Our mission is to create and sustain
comfortable, caring environments for
those who depend on us.**



The Arbors Bulletin

Arbors Memory Care Monthly News



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July 2019

It's Never Too Late for Tech



What is iN2L?

Our residents can use iN2L's picture-based, touchscreen interface to explore 4,000+ pieces of engaging, educational, spiritual, and personalized content. From mind-stimulating games, to exercise, to music immersion, and to google earth for looking back at former neighborhoods, iN2L has it all! We invite you to come try it.

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“iN2L provides multiple engagement options to the residents as well as staff, and our University of Nevada Reno interns,”

- Life Enrichment Director, Viki

Up Close with iN2L at Our Community

Arbors Memory Care prides itself on delivering a vibrant, engaging, life enrichment program for our residents, and a shining component of that program is It's Never 2 Late® (iN2L) technology that we use in conjunction with our daily activities. Just as surely as technology advances, so too does our involvement with it and how we use it. Learn the latest about our iN2L engagement, and hear from our community how we feel about it. We are proud to boast both a mobile and stationary iN2L system.

What's New on the iN2L Front?

Every two months, iN2L content is refreshed with new and engaging games, activities, programs and more. We train our team to understand iN2L, to build their own personal appreciation for it, and we do regular trainings with our team to stay on top of the latest and greatest iN2L has to offer to our residents.

How We Use iN2L

"The favorite way that staff seem to enjoy using iN2L to engage residents is through games of trivia, travel video, old time movies, and the many forms of music available", shared Viki, who has incorporated iN2L use into Arbor's life enrichment calendar. "On the large [stationary] iN2L, the residents enjoy playing group games with staff and being able to stimulate their cognitive abilities through answering questions as a group."

Moving Forward in iN2L Style

We're excited about all that iN2L brings to us on a daily basis, and how it can help us to further underscore our mission to create and sustain comfortable, caring environments for those who depend on us.

If you have feedback about iN2L that you would like to share with us, we would love to hear it at media@radiantseniorliving.com.

Special Moments



It's Culinary Arts Month!

We asked residents and team members:
What is a dish or dessert that you find unique or special?

“Homemade Potato Salad”

- Mary

“Grilled Food”

- Lois

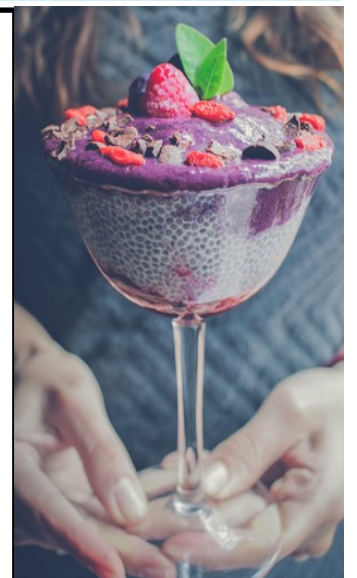
“Homemade Ice Cream” - Jim

“Strawberry Shortcake”

- Barbara

“Summer Fresh Salad”

-Harriett



July Highlights

July is Picnic Month, World Watercolor Month, Blueberries Month & Grilling Month!

- 01 Creative Ice Cream Flavors Day

02 Anisette Day

03 Chocolate Wafer Day

04 Independence Day; Caesar Salad Day

05 Graham Cracker Day

06 Hop a Park Day; Fried Chicken Day

07 Macaroni Day; Father Daughter Walk Day

08 Chocolate with Almonds Day

09 Sugar Cookie Day

10 Pina Colada Day

11 American Pet Photo Day

12 Collector Appreciation Day; Jello Day

13 French Fries Day

14 Mac and Cheese Day

15 Tapioca Pudding Day; Horses Day

16 Corn Fritters Day

17 Peach Ice Cream Day; Emoji Day

18 Sour Candy Day; Caviar Day
- 19 Daiquiri Day

20 Lollipop Day; Strawberry Wine Day

21 Junk Food Day

22 Penuche Fudge Day

23 Vanilla Ice Cream Day

24 Amelia Earhart Day; Drive-Thru Day

25 Hot Fudge Sundae Day; Chili Dog Day

26 Bagel Day; Coffee Milkshake Day

27 Dance Day; Crème Brulee Day

28 Parents Day; Milk Chocolate Day

29 Chicken Wing Day; Lasagna Day

30 Cheesecake Day; Father-in-Law Day

We Value Your Opinion And
Appreciate You Taking The Time To Complete
The Survey Using The Link Below.

Thank You In Advance!

<https://www.surveymonkey.com/r/arbors2019>

July Birthdays!



We hope you enjoy your special day!
Help Us Celebrate July Birthday's
on the 12th @ 2:30 pm.

- Lorna, July 3
- Barbara, July 4
- Mary Ruth, July 12
- Clara, July 13

Resident of the Month!

Lorna

Lorna is a very spunky former 3rd grade school teacher, who still doesn't miss a thing. She has a great sense of humor that is often dry and keeps us in stitches. Lorna is the proud mother of two children and three grandchildren. Having grown up in the California sun , it gave Lorna a passion for spending her spare time at the beach. Her son has followed in her footsteps by currently living a few blocks from Waikiki. Lorna has been a world traveler and loves cruising. She is fun and knowledgeable, as well as a real hoot to talk with.

We Love Laughing With You Lorna!



Team Member of the Month!


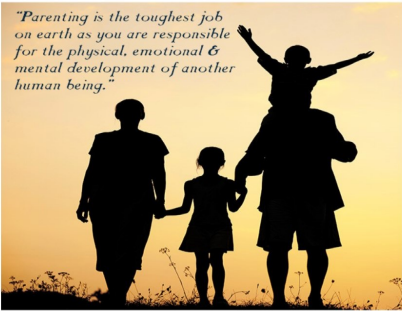
Janet

Janet's uplifting, positive spirt makes her approachable and easy to work with as a team leader, as well as a peer. This devoted wife and mother of two, learned strong work ethics at a young age from her hard-working parents. She has great compassion and respect for our residents as well as the team she works with. We are very fortunate to have this very special person as part of our Arbors family.

Thanks for all the hearts you touch
Janet!

July 2019

Arbors Memory Care • 2121 E. Prater Way, Sparks, NV 89434 • 775-331-2229

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1 9:30 Monday Updates 10:00 Morning Stretch 11:00 Fancy Nails 2:00 iN2L Time 2:30 Piano with Joe K. 4:00 Social Time 6:15 Game Time 7:15 Evening Relax	2 9:30 Morning Updates 10:00 Golden Walkers 11:00 Scenic Rides 2:00 iN2L - Paint 2:30 Make Kites 4:00 Scenic Ride 6:15 iN2L Brain Games 7:15 Evening Relax	3 9:30 Morning News 10:00 Stretch and Be Fit 11:00 Sunshine Visits 11:45 Lunch Bunch 2:00 Resident Council 2:30 Red-White-Blue Craft 4:00 Tea Social 6:15 Evening Walk 7:15 Evening Relax	Independence Day 4 9:30 Morning Updates 10:00 Morning Stretch 11:00 Scenic Ride 2:00 iN2L Time 2:30 4th of July Party 4:00 Scenic Drive 6:15 Jokes/Trivia 7:15 Evening Relax	5 9:30 Morning News 10:00 Walkabouts 11:00 Nail Time 2:00 iN2L Time 2:30 Challenge Games 4:00 Happy Hour 6:15 Friday Flick 7:15 Evening Relax	6 9:30 Morning Updates 10:00 Garden Walk 11:00 Nails 2:00 Word Game 3:00 Ice Cream Cart 4:00 Table Games 6:15 iN2L Fun 7:15 Evening Relax
7 9:15 Church Service 10:00 Exercise Group 11:00 Pictionary 2:00 iN2L Time 2:30 Hula Hoop Ball 4:00 Puzzles 6:15 Family Time 7:15 Evening Relax	8 9:30 Monday Updates 10:00 Morning Stretch 11:00 Fancy Nails 2:00 iN2L Time 2:30 Golf 4:00 Social Time 6:15 Game Time 7:15 Evening Relax	9 9:30 Morning Updates 10:00 Golden Walkers 11:00 Scenic Rides 2:00 iN2L - Paint 2:30 Sierra Arts 4:00 Scenic Ride 6:15 Word Games 7:15 Evening Relax	10 9:30 Morning News 10:00 Stretch and Be Fit 11:00 Sunshine Visits 11:45 Lunch Bunch 2:00 iN2L Time 2:30 Camp Stories w/S'mores 4:00 Lemonade Social 6:15 Evening Walk 7:15 Evening Relax	11 9:30 Morning Updates 10:00 Yoga Fit 11:00 Scenic Bus Ride 2:00 iN2L Time 2:30 Bingo 4:00 Scenic Drive 6:15 Pictionary 7:15 Evening Relax	12 9:30 Morning News 10:00 Walkabouts 11:00 Nail Time 2:00 iN2L Time 2:30 Birthday Bash Party 4:00 Happy Hour 6:15 Friday Flick 7:15 Evening Relax	13 9:30 Morning Updates 10:00 Stretch & Beachballs 11:00 Nails 2:00 Coloring Fun 3:00 Ice Cream Cart 4:00 Table Games 6:15 iN2L Fun 7:15 Evening Relax
14 9:15 Church Service 10:00 Exercise Group 11:00 Reminiscing 2:00 iN2L Time 2:30 Ice Cream Social 4:00 Social Time 6:15 Family Time 7:15 Evening Relax	15 9:30 Monday Updates 10:00 Morning Stretch 11:00 Fancy Nails 2:00 iN2L Time 2:30 Ring Toss 4:00 Social Time 6:15 Game Time 7:15 Evening Relax	16 9:30 Morning Updates 10:00 Golden Walkers 11:00 Scenic Rides 2:00 iN2L - Paint 2:30 Dancin w/Catfish 4:00 Scenic Ride 6:15 Ring Toss 7:15 Evening Relax	17 9:30 Morning News 10:00 Stretch and Be Fit 11:00 Sunshine Visits 11:45 Lunch Bunch 2:00 iN2L Time 2:30 Fly Kites 4:00 Strawberry Social 6:15 Evening Walk 7:15 Evening Relax	18 9:30 Morning Updates 10:00 Morning Stretch 11:00 Scenic Ride 2:00 iN2L Time 2:30 Don K on Guitar 4:00 Scenic Drive 6:15 Matching iN2L 7:15 Evening Relax	19 9:30 Morning News 10:00 Walkabouts 11:00 Nail Time 2:00 iN2L Time 2:30 Trivia 4:00 Social Time 6:15 Friday Flick 7:15 Evening Relax	20 9:30 Morning Updates 10:00 Noodle Ball 11:00 Nails 2:00 Bubble Fun 3:00 Ice Cream Cart 4:00 Table Games 6:15 iN2L Fun 7:15 Evening Relax
21 9:15 Church Service 10:00 Exercise Group 11:00 Balloon Noodle 2:00 iN2L Time 2:30 Sing Along 4:00 Puzzles 6:15 Sunday 7:15 Evening Relax	22 9:30 Monday Updates 10:00 Morning Stretch 11:00 Fancy Nails 2:00 Radiant Expressions 4:00 Social Time 6:15 Game Time 7:15 Evening Relax	23 9:30 Morning Updates 10:00 Golden Walkers 11:00 Scenic Rides 2:00 iN2L - Paint 2:30 Squirt Gun Games 4:00 Scenic Ride 6:15 Catch Ball 7:15 Evening Relax	24 9:30 Morning News 10:00 Stretch and Be Fit 11:00 Sunshine Visits 11:45 Lunch Bunch 2:00 iN2L Time 2:30 Arts & Crafts 4:00 Table Games 6:15 Evening Walk 7:15 Evening Relax	25 9:30 Morning Updates 10:00 Morning Stretch 11:00 Scenic Bus Ride 2:00 iN2L Time 2:30 Bingo 4:00 Scenic Drive 6:15 Sing Along 7:15 Evening Relax	26 9:30 Morning News 10:00 Walkabouts 11:00 Nail Time 2:00 iN2L Time 2:30 Sensory Smells 4:00 Happy Hour 6:15 Friday Flick 7:15 Evening Relax	27 9:30 Morning Updates 10:00 Golden Walkers 11:00 Nails 2:00 In The Garden 3:00 Ice Cream Cart 4:00 Table Games 6:15 iN2L Fun 7:15 Evening Relax
Parents Day 28 9:15 Church Service 10:00 Exercise Group 11:00 Reminiscing 2:00 iN2L Time 2:30 Coloring Fun 4:00 Social Time 6:15 Family Time 7:15 Evening Relax	29 9:30 Monday Updates 10:00 Morning Stretch 11:00 Fancy Nails 2:00 iN2L Time 2:30 Family Feud 4:00 Social Time 6:15 Game Time 7:15 Evening Relax	30 9:30 Morning Updates 10:00 Golden Walkers 11:00 Scenic Rides 2:00 iN2L - Paint 2:30 Smoothies 4:00 Scenic Ride 6:15 Puzzles 7:15 Evening Relax	31 9:30 Morning News 10:00 Stretch and Be Fit 11:00 Sunshine Visits 11:45 Lunch Bunch 2:00 iN2L Time 2:30 Parachute Ball 4:00 Social Time 6:15 iN2L-Hangman 7:15 Evening Relax		Daily 2:15 pm & 5:15 pm Aromatherapy Therapy Warm Wash Clothes. *10:30 am, 3:00 pm, & 7:15 pm Snacks & Hydration *iN2L="It's Never 2 Late" A Computerized System *Activity Schedule Subject to Change	