



## July Birthdays

7/1 Helen M

7/18 Phyllis G

7/19 Art F

## July Birthday Celebration

July 12th– 3:00pm

Entertainment by

**PRISM**

Piano Area

(all are welcome)

## CHEF'S COOKING DEMONSTRATIONS

**07** "National Chocolate Day"

Chocolate Fondue & Fruit -  
lunch

**26** Hands On Demo

"Garden Fresh Pesto" recipes  
using herbs from our garden –  
3:00pm Activity Room

**19** "National Daiquiri Day"

Strawberry, Peach or Mango  
Daiquiri - lunch

**29** "National Chicken Wing Day"

Buffalo Wings Taste Test -  
lunch

## RESIDENT'S SIGNATURE RECIPE

From the kitchen of Decky Loussaert

### Peanut Butter Cookies

#### Ingredients:

1 Cup Peanut Butter (creamy or chunky style)  
1 Cup Granulated Sugar  
1 Egg  
1 tsp Vanilla

#### Directions:

1. Preheat oven to 350°, Spray cookie sheet with non-stick spray.
2. Mix together all ingredients so that they are evenly disbursed.
3. Roll mixture into half dollar sized balls. Place evenly on cookie sheet. If desired, take a fork and press down onto the ball and then press again the opposite way to somewhat flatten the ball to get that nice criss cross pattern on the cookie
4. Place the cookies in the oven for approximately 10 minutes. Let cookies cool down on sheet for 2 min before transferring to racks.

For a special treat add mix in M&M or chocolate chips to the batter. Enjoy!

# TWELVE OAKS CONNECT

JULY 2019



27495 Huron Circle, Novi, MI 48377  
[www.waltonwood.com](http://www.waltonwood.com) | 248-735-1030  
Facebook: /WaltonwoodTwelveOaks



Join us on  
**Thursday, July 18<sup>th</sup>**  
as we transform our  
communities into

"Camp Waltonwood"

So, invite your family for this  
amazing evening filled with  
fishing, crafts, games, family  
photo opportunity and of  
course music around the  
campfire while making  
Smores!

RSVP family and children  
under 12 by July 8th

For those who love the  
WOODS and will be arriving at  
camp early, please join us for our

**Educational Talk hosted by the  
Michigan Metroparks:**

"French and the Fur Trade"

This program focuses on the fur  
trade during the French period of  
Great Lakes history.

## COMMUNITY MANAGEMENT

Karis Jones  
Regional Executive Director

Nicole McDonald  
Business Office Manager

Nicholas Lalios  
Culinary Services Manager

Randi Furniss  
Housekeeping Supervisor

Alyssa "Lee" Tobias  
Independent Living  
Manager

Stefanie Roland  
Life Enrichment Manager

Stephan Skidmore  
Maintenance Supervisor

Heather Laskos  
Marketing Manager

Parnell Kenan  
Marketing Manager

Barb Exel  
Resident Care Manager

## \$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When  
you refer someone to a Waltonwood community, they'll  
thank you for it - and then we'll thank you for it too! Ask for  
details!

FRIENDS & FAMILY REFERRAL PROGRAM!



## ASSOCIATE SPOTLIGHT

**Jasmine Scandrick** has worked at Waltonwood for 2.5 years. She was recently promoted to be one of the Supervisors for day shift. Jasmine has her CNA license and prior to becoming a supervisor she was a Caregiver/Med Tech in Memory Care. She was inspired to get into the health care field by her mom, who is a nurse.

Jasmine grew up in California, but moved to Michigan when her mom became ill. She is the youngest of 9 kids and has 21 nieces and nephews.

Jasmine has quite the sense of adventure. She likes to ride motorcycles and jet ski. She went skydiving when she was in Las Vegas and ziplining when she visited Jamaica.

Jasmine is a wonderful example of someone who truly cares for her residents and advocates for them often. She is well respected by all who work with her and is always thinking of ways to make things better for the residents and staff.



### 01

What a fun and enjoyable afternoon with Brandon petting and learning about his **Baby Spring Animals!** It was worth the wait.

### 02

A wonderful celebration was had on June 13<sup>th</sup> to celebrate and honor the wonderful Father's and Father figures in our Community! I hope you all had a wonderful **Father's Day!**



### 03

Nick provided a tasty and thematic **Hands on Demo** for **National Apple Strudel Day**. The residents quality controlled the results and concluded that it was delicious!

### 04

It was a perfect day to be out on the Detroit River! **Diamond Jack Boat Tour** once again provided a wonderful excursion filled with education about our city and our Canadian neighbors.



## FOREVER FIT - Focus on Health

### Healthy Hydration

Healthy hydration habits are important any time of the year but they become essential during the summer months when the heat and humidity can reach dangerous levels. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects certain medications can greatly increase the risk for serious dehydration in seniors. The good news is small changes to our daily routine can greatly improve our chances to stay healthy and fit in the months to come. Making sure there's always fluids nearby to drink throughout the day, eating plenty of fruit and vegetables like cucumber and watermelon and avoiding strenuous outdoor activities during the peak hours of the afternoon can all help to keep us safe and hydrated during the dog days of summer.

## TRANSPORTATION INFORMATION

Another great month of outings is in the works that will include local museums, events, eateries, concerts and seasonal activities. We welcome families to join us on the outings with your loved one. If you have any questions or fun ideas for outings please call Stefanie at 248-735-1030. Don't forget to sign up in the book located outside the Dining Room as soon as you are interested. Our bus fills up fast!

**Kroger Grocery Store – 9:30 am on Tuesday 2<sup>nd</sup>, 9<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> and Wednesday the 24<sup>th</sup> in July**

**Holy Family Catholic Church – 8:30 am every Wednesday in July**

7/2	1:15	Island Queen Boat Ride
7/9	11:30	The Beach Tiki Bar & Restaurant
7/17	11:30	(WEDNESDAY) Picnic lunch at Kellogg Park while enjoying Plymouth Music in the Park featuring the “Fiddler Band”
7/23	1:00	Walk at Maybury Park
7/30	11:30	Famous Dave’s BBQ

## JULY SPECIAL EVENTS

### 3<sup>rd</sup>

The sounds and taste of America. Lee Piper will kick us off with a **4<sup>th</sup> of July Musical Celebration** in the IL Dining Room at 1:00pm followed by a **“Strawberry Shortcake” Social** on the AL Patio.

### 11<sup>th</sup>

Our Education Series continues with Jennifer from the Wayne County Parks & Rec hosting the talk: **“Alien Invaders- Invasive Species”** at 11:00 in the Piano Area.

### 24<sup>th</sup>

Come join in the fun as we hold our **Tea Party & Show and Tell** at 2:00pm in the Activity Room. This month Decky will be sharing her **“Hummel Collection.”** If you have a Hummel figuring, please bring it too!

### 27<sup>th</sup>

The DIA Education Series Talk continues this month with **“Let Me Tell You a Story”** in the AL Theatre at 2:00 pm



## EXECUTIVE DIRECTOR CORNER

I would like to say a special thank you to the Leadership Team at Waltonwood Twelve Oaks, since Alissa's departure they have been doing a great job working together to keep things running smoothly. I am pleased to announce our new Executive Director Angie Hanson will join the Twelve Oaks family on July 15<sup>th</sup>, 2019. Angie comes with experience in home for the aged assisted living, memory care and independent living. She has obtained her Certified Living Director certification and is excited to become a part of the Waltonwood family. We thank you for your patience during our search. Please do not hesitate to reach out if I can be of service,

Karis Wilson Jones, Regional Director of Operations.