









The Birches Daybreak Calendar of Events July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HOME OF THE FREE BECAUSE OF THE BRAVE	1 10:00am Morning Greetings n Juice Snack 10:30am Scenic Drive (Lobby) 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm BINGO! 2:00pm Circle Kick Ball 2:30pm Snack Time 3:45pm FOX Fitness 6:30pm Evening Movie and Snack Time (PCLR)	2 10:00am Morning Greetings n Juice Snack 10:35am Fox Sit N Fit 11:00am Letter of The Day 1:00pm Mini Manis 1:30pm Categories 2:00pm Bowling 2:30pm Snack Time 3:45pm FOX Fitness 6:00pm I Love Lucy 7:00pm Evening Snack <i>2:30pm Employee Appreciation Paulies Ice Cream -Front of Build.</i>	3 10:00am Morning Greetings n Juice Snack 10:00am Rosary Group 10:30am Music Therapy with Ted Jordan  (DBAR) 1:00pm Kick Ball Circle 1:30pm Words with Friends 2:30pm FOX Fitness 6:00pm Arts n Crafts & Evening Snack	4 HAPPY 4TH OF JULY! 10:00am Morning Greetings n Juice Snack 11:00am Brain Teasers 1:00pm Arts n Crafts 2:30pm Snack Time Chat 6:00pm Evening Movie & Snack Time	5 10:00am Morning Greetings n Juice Snack 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm Prose n Poetry 1:30pm The Phrase Game 2:00pm Sing a Long with Carolyn and Connie  2:30pm Snack Time 3:00pm Pet Therapy with Jackson and Bob 3:15pm Fox Fitness 6:00pm Gentle Hand Massages & Aroma Therapy	6 10:00am Morning Greetings 10:30am Tambourines and Shakers! Makin' Music 11:00am Letter of the Day 1:00pm Numbers Game 1:30pm Crafty Corner 2:30pm Snack Time Chat 3:00pm Balloon Volley Ball 4:00pm Sentimental Sing DVD 6:30pm "Red Skelton" 7:00pm Evening Snacks
	7 10:00am Morning Greetings N Juice Snack 10:15am Brain Games 11:00am Catholic Communion Rite  1:00pm BINGO! 2:00pm Dave Cornwall Piano Hymns (B)  2:30pm Snack Time Fill In The Blank Trivia 4:00pm "The Golden Girls" 6:30pm Evening Movie 7:00pm Evening Snack	8 10:00am Morning Greetings n Juice Snack 10:30am Scenic Drive (Lobby) 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm BINGO! 2:00pm Circle Kick Ball 2:30pm Snack Time 3:45pm FOX Fitness 6:30pm Music with Freyda Thomas (PCLR) 	9 10:00am Morning Greetings n Juice Snack 10:35am Fox Sit N Fit 11:00am Letter of The Day 1:00pm Mini Manis 1:30pm Categories  2:00pm Bowling 2:30pm Snack Time 3:45pm FOX Fitness 6:00pm I Love Lucy 7:00pm Evening Snack	10 10:00am Morning Greetings n Juice Snack 10:35am FOX Sit N Fit 11:00am Brain Teasers 12:00pm Meal of the Month and Birthday Celebration 1:00pm Kick Ball Circle 1:30pm Armgard's Sing a long 2:30pm Snack Time 3:00pm Balloon Volley 3:45pm FOX Fitness 6:00pm Arts n Crafts & Evening Snack	11 10:00am Morning Greetings n Juice Snack 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm Andy Goldsworthy Nature Collage 2:30pm Snack Time Chat 3:45pm FOX Fitness 6:00pm Evening Movie & Snack Time	12 10:00am Morning Greetings n Juice Snack 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm Prose n Poetry 1:30pm The Phrase Game 2:30pm Snack Time 3:00pm Pet Therapy with Jackson and Bob 3:15pm Fox Fitness 6:00pm Gentle Hand Massages & Aroma Therapy 7:00pm Evening Snack
	14 10:00am Morning Greetings N Juice Snack 10:15am Brain Games 11:00am Catholic Communion Rite 1:00pm BINGO! 2:00pm Circle Kick Ball 2:30pm Snack Time 4:00pm "The Golden Girls" 6:30pm Evening Movie 7:00pm Evening Snack	15 10:00am Morning Greetings N Juice Snack 10:30am Scenic Drive (Lobby) 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm BINGO! 2:00pm Circle Kick Ball 2:30pm Snack Time 3:45pm FOX Fitness 6:30pm Music with Jeff Dershin (Bistro) 	16 <i>11am-3pm The Jewelry Lady (Lobby)</i> 10:00am Morning Greetings N Juice Snack 10:35am Fox Sit N Fit 11:00am Brain Teasers 1:00pm Mini Manis 1:30pm Rhyme Thyme Poetry Corner 3:45pm FOX Fitness 6:00pm I Love Lucy DVD 7:00pm Evening Snack <i>Antique Appraisals 1pm - 4pm (Theater)</i> <i>Full Moon</i>	17 10:00am Morning Greetings N Juice Snack 10:00am Rosary Group 10:30am Music Therapy with Ted Jordan  (DBAR) 1:00pm Soccer Circle 1:30pm Words With Friends 2:30pm Snack Time 6:00pm Arts n Crafts & Evening Snack <i>6pm- 7pm Caregivers Support Group (Theater)</i>	18 10:00am Morning Greetings N Juice Snack 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm It Starts With Art with Debbie M. 2:30pm Snack Time 3:45pm FOX Fitness 6:00pm Evening Movie & Snack Time	19 10:00am Morning Greetings N Juice Snack 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm Prose n Poetry 1:30pm The Phrase Game 2:00pm Kick Ball Circle 2:30pm Snack Time 3:00pm Pet Therapy with Jackson and Bob 3:15pm Fox Fitness 6:00pm Gentle Hand Massages & Aroma Therapy 7:00pm Evening Snack
	20 10:00am Morning Greetings 10:30am Tambourines and Shakers! Makin' Music 11:00am Letter of the Day 1:00pm Numbers Game 1:30pm Crafty Corner 2:30pm Snack Time Chat 3:00pm Balloon Volley Ball 4:00pm Sentimental Sing DVD 6:30pm "Red Skelton" 7:00pm Evening Snacks					

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21 10:00am Morning Greetings 10:15am Trivia Challenge 11:00am Catholic Communion Rite 1:00pm Balloon Volleyball 1:00pm BINGO! 2:30pm Snack Time 3:00pm Music from The Harp with Gloria Galante 4:00pm The Golden Girls 6:30pm Evening Movie 7:00pm Evening Snack	22 10:00am Morning Greetings N Juice Snack 10:30am Scenic Drive (Lobby) 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm BINGO! 2:30pm Snack Time 3:45pm FOX Fitness 6:30pm Evening Movie and Popcorn Snack	23 10:00am Morning Greetings N Juice Snack 10:30pm Stories for Seniors with Trisha Gallagher 1:00pm Mini Manis 1:30pm Letter of The Day 2:00pm Sensational Soccer 2:30pm Snack Time 3:45pm FOX Fitness 6:00pm I Love Lucy & Evening Snack	24 10:00am Morning Greetings N Juice Snack 10:00am Rosary Group 11:00am Brain Teasers 1:00pm Kick Ball Circle 2:00pm Armguards Sing A Long 2:30pm Snack Time 3:45pm FOX Fitness 6:00pm Arts n Crafts	25 10:00am Morning Greetings N Juice Snack 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm It Starts With Art With Debbie M. 2:30pm Snack Time 3:00pm Fill In The Blank Trivia 3:45pm FOX Fitness 6:00pm Evening Movie & Snack Time	26 10:00am Morning Greetings N Juice Snack 10:30am FOX Sit N Fit 11:00am Brain Teasers 1:00pm Prose n Poetry 1:30pm The Phrase Game 2:00pm Kick Ball Circle 2:30pm Snack Time 3:00pm Pet Therapy with Jackson and Bob 3:15pm Fox Fitness 6:00pm Gentle Hand Massages & Aroma Therapy 7:00pm Evening Snack	27 10:00am Morning Greetings 10:30am Tambourines and Shakers! Makin' Music 11:00am Letter of the Day 1:00pm Numbers Game 1:30pm BINGO! 2:30pm Snack Time Chat 3:00pm Balloon Volley Ball 4:00pm Sentimental Sing DVD 6:30pm "Red Skelton" 7:00pm Evening Snacks
28 10:00am Morning Greetings 10:30am Trivia Challenge 11:00am Catholic Communion Rite 1:00pm BINGO! 2:00pm Circle Kick Ball 2:30pm Snack Time 4:00pm "The Golden Girls" 6:30pm Evening Movie 7:00pm Evening Snack	29 10:00am Morning Greetings N Juice Snack 10:30am Scenic Drive (Lobby) 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm BINGO! 2:00pm Letter of the Day 2:30pm Snack Time 3:00pm Balloon Volley 3:45pm FOX Fitness 6:30pm Music with Glenn Faul (PCLR)	30 10:00am Morning Greetings N Juice Snack 10:30am Fox Sit N Fit 11:00am Brain Teasers 1:00pm Mini Manis 1:30pm Jog Your Memory 2:30pm Snack Time 3:00pm Rochard Art 3:45pm FOX Fitness 6:00pm I Love Lucy & Evening Snack Time	31 10:00am Morning Greetings N Juice Snack 10:00am Rosary Group 10:35am FOX Sit n Fit 11:00am Brain Teasers 1:00pm Kick Ball Circle 1:30pm Words with Friends 2:00pm Armguards Sing A Long 2:30pm Snack Time Meet n Greet 3:45pm FOX Fitness 6:00pm Arts n Crafts & Evening Snack	<div> <div>July 4th 2019</div>  </div>		<div> <div>The Daybreak Daily Sheet</div> <div>is posted in the</div> <div>Daybreak entry way</div> <div>and in on</div> <div>Bulletin Boards</div> <div>in the Daybreak Activity Room</div> <div>Thank you.</div> </div>

HAPPY BIRTHDAY!

Judy F. 1st

Bill S. 5th



Charles C. 20th

Roberta C. 21st

Activity Location Key

Daybreak Activity Room ~ DAR
 Blue Dining Room - BDR
 Daybreak Living Room - DLR
 PC Living Room ~ PCLR
 Private Dining Room~ PDR
 Bistro ~ B
 Theater ~ T
 Lobby ~ L