

HERITAGE GREEN DAYBREAK DOGWOOD



JULY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Guys & Dolls 9:00 am Daily Devotions 10:00 am 11:30 & 4:30 Hand Washing Van Rides Mon-Tues-Wed & Friday Activities 30-60 Minutes Calendar Subject to Change</p>	<p>1 9:00 Daily Chronicle 9:30 Movement and Motion 10:30 Montessori Matching 11:15 Easy Does It Trivia 1:00 Puzzles 2:00 Pampered Hands 3:30 Finish the lyrics 6:30 Relax w/ Hand Massage</p>	<p>2 Summer Cookout with Chef Sheila 9:00 Daily Chronicle 9:30 Armchair Fitness 10:30 Pet Therapy w/ Wendy 11:15 Mind Joggers 1:00 Slow Rolling 2:00 Treat's by Bernice 3:30 Pampered Hands 6:30 Family Feud</p>	<p>3 9:00 Daily Chronicle 9:30 Sit and Fit 10:30 Board Games 11:30 What Would You Do 1:30 Calvary Chapel Crafts 2:30 Relax w/ Hand Massage 3:30 Musical Melodies 6:30 Little House</p>	<p>4 Independence Day 9:00 Daily Chronicle 9:30 Morning Workout 10:30 History of the 4th of July 11:00 Dee's Movement Group 2:00 Relax w/ Hand Massage 3:00 Storytime w/ Jacquelyn 3:30 Music w/ Stuart Desso 8:00 Fire Works Show</p>	<p>5 Resident Birthday Bash 9:00 Daily Chronicle 9:30 Sit & Fit 10:45 Around The House 11:15 Reading Club 1:00 Down Memory Lane 2:00 Resident Birthday party 3:00 Music w/ Robert and Judy 6:30 The Andy Griffith Show</p>	<p>6 10:00 Golden Girls 10:30 Daily Chronicle/Dev 11:00 Court Yard Fun 1:00 Nancy Reagan Trivia 2:00 Glammed Hair 3:00 Classic Movie 6:30 Star Wars Movie</p>
<p>7 10:00 Hymns & Scriptures 10:30 Courtyard fun 11:00 Lets get Trivial 2:00 Calvary Chapel Church 3:00 Pampered hands 6:30 Word Search Puzzles</p>	<p>8 9:00 Daily Chronicle 9:30 Movement and Motion 10:30 Montessori Matching 11:15 Easy Does It Trivia 1:00 Puzzles 2:00 Music w/ David Gardner 3:00 Finish The Lyrics 6:30 Relax w/ Hand Massage</p>	<p>9 9:00 Daily Chronicle 9:30 Armchair Fitness 10:00 Fun w/ Lynn and Friend 11:15 Pet Therapy w/ Wendy 1:00 Slow Rolling 2:00 Pampered Nails 3:30 Music w/ Nikki B. 6:30 Family Feud</p>	<p>10 Lunch Outing 9:30 Daily Chronicle 9:30 Sit and Fit 10:30 Music w/ Robert and Nancy 11:30 Big Licks Tropical Grill 1:30 What Would You Do 2:30 Balloon Toss 3:30 Musical Melodies 6:30 Little House</p>	<p>11 9:00 Daily Chronicle 9:30 Morning Workout 10:30 Favorite Hymns Of Grace 11:00 Dee's Movement Group 2:00 Cooking with Susan 3:00 Storytime w/ Jacquelyn 3:30 Karaoke 6:00 Family Feud</p>	<p>12 9:00 Daily Chronicle 9:30 Sit & Fit 10:30 Devotions w/ Teresa 11:15 Reading Club 1:00 Julius Caesar Story 2:00 Elder Song Karaoke 3:30 Ball Toss 6:30 The Andy Griffith Show</p>	<p>13 10:00 Golden Girls 10:30 Daily Chronicle/Dev 11:00 Court Yard Fun 1:00 Wings on Prayer 2:00 Music w/Keith C. 3:00 Classic Movie 6:30 Lawrence Welk Show</p>
<p>14 10:00 Hymns & Scriptures 10:30 Courtyard Fun 11:00 Let's Get Trivial 1:00 Board Games 2:00 Immanuel Christian Church 3:00 Pampered Hands 6:30 Puzzles</p>	<p>15 9:00 Daily chronicle 9:30 Movement and Motion 10:30 Montessori Matching 11:15 Easy Does It Trivia 1:00 Puzzles 2:00 Music w/Mark Baskins 3:00 Bocce Ball with AL 6:30 Sweet Teaz Karaoke</p>	<p>16 Fuse camp 9:00 Daily Chronicle 9:30 Armchair Fitness 10:30 Pet Therapy with Wendy 11:00 Mind Joggers 1:00 Slow Rolling 2:00 Ice tea social 3:30 Pampered Hands 6:30 Family Feud</p>	<p>17 Fuse camp 9:30 Daily Chronicle 9:30 Sit and Fit 10:00 Puzzles 10:30 Courtyard Fun 1:30 Calvary Chapel Crafts 2:00 Music w/Golden M. Makers 3:30 Musical Melodies 6:30 Change Me Ministries</p>	<p>18 Rock and Roll Family Night 9:00 Daily Chronicle 9:30 Morning Workout 10:30 Favorite Hymns Of Grace 11:00 Dee's Movement Group 2:00 Senior Skit 3:00 Storytime w/ Jacquelyn 3:30 Karaoke 5:00 Family 50's night</p>	<p>19 9:00 Daily Chronicle 9:30 Sit & Fit 10:30 Around The House 11:15 Reading Club 2:00 Elder Song Karaoke 3:30 Ball Toss 6:30 The Andy Griffith Show</p>	<p>20 10:00 Golden Girls 11:00 Daily Chronicle/Dev 1:00 You Be The Judge 2:00 Music w/Keith 3:30 Finish The Phrase 6:30 Lawrence Welk Show</p>
<p>21 10:00 Hymns & Scriptures 10:30 Courtyard Fun 11:00 Let's Get Trivial 1:00 Board Games 1:30 Melody Lane Sing A Long 2:45 Lynch Station Men's Quart. 3:45 Hallmark Movie 6:30 Puzzles</p>	<p>22 9:00 Daily Chronicle 9:30 Movement and Motion 10:30 Montessori Matching 11:15 Easy Does It Trivia 1:00 Puzzles 2:00 Pampered Hands 3:30 Finish the lyrics 6:30 Relax w/ Hand Massage</p>	<p>23 National Hot Dog Day 9:00 Daily Chronicle 9:30 Armchair Fitness 10:30 Pet Therapy with Wendy 11:15 Mind Joggers 1:00 Slow Rolling 2:00 Hot Dog Social 3:30 Finish The Tune 6:30 Family Feud</p>	<p>24 9:30 Daily Chronicle 9:30 Sit and Fit 10:30 Board Games 11:30 Finish the Phrase 1:30 Court Yard Fun 2:30 Balloon Toss 3:30 Musical Melodies 6:30 Puzzles</p>	<p>25 9:00 Daily Chronicle 9:30 Morning Workout 10:30 Favorite Hymns of Grace 11:00 Dee's Movement Group 2:00 Music w/ McKinley 3:00 Storytime w/ Jacquelyn 3:30 Music w/ Stuart Desso 6:00 Family Feud</p>	<p>26 9:00 Daily Chronicle 9:30 Sit & Fit 10:45 Around The House 11:15 Reading Club 1:00 Down Memory Lane 2:00 Elder Song Karaoke 3:30 Ball Toss 6:30 The Andy Griffith Show</p>	<p>27 10:00 Golden Girls 10:30 Daily Chronicle/Dev 11:00 Court Yard fun 1:00 You Be The Judge 2:00 Glammed Hair 3:00 Classic Movie 6:30 Lawrence Welk Show</p>
<p>28 10:00 Hymns & Scriptures 10:30 Court Yard fun 11:00 Let's Get Trivial 1:30 Devotions w/ Nancy Engle 2:30 Pampered hands 3:30 Hallmark movie 6:30 Puzzles</p>	<p>29 9:00 Daily Chronicle 9:30 Movement and Motion 10:30 Montessori Matching 11:15 Easy Does It Trivia 1:00 Puzzles 2:00 Pampered Hands 3:30 Finish the lyrics 6:30 Relax w/ Hand Massage</p>	<p>30 Elvis Day 9:00 Daily Chronicle 9:30 Armchair Fitness 10:30 Pet Therapy with Wendy 11:15 Mind Joggers 1:00 Slow Rolling 2:00 Elvis Trivia 3:30 Finish That Tune 6:30 Family Feud</p>	<p>31 9:30 Daily Chronicle 9:30 Sit and Fit 10:30 Board Games 11:30 Lunch at Country Cookin 1:00 Relax w/ Hand Massage 1:30 Art & Crafting Fun 2:30 Balloon Toss 3:00 Musical Melodies 6:30 Little House</p>			<p>Margaret Morcom 7/03 Walt Gifford 7/04 Neal Harvey 7/05 Jeanette Scott 7/31</p>

Heritage Herald

Heritage Green Assisted Living
200 Lillian Lane ▪ Lynchburg Virginia
24502 ▪ 434-385-5102



Community Outings

- Big Lick Tropical Grill
11:30am
- Country Cooking'
11:30am



4th of July

Upcoming Events:

Heritage Green 20th Anniversary
July 4th 8:00PM

Patriotic Birthday Bash
July 5th 3:00 PM

Memory Care Support Group
July 9th 1-2:30

50's Family Night
July 18th 5:00pm

Heritage Green Leadership Team

Heather Pippen
Executive Director

Alice Waller—LPN
Resident Care Director

Cheryl Knight
Memory Care Director

Debbie Brown—Memory Care Supervisor
Lavenia Henry—AL Care Supervisor
Associate Care Supervisors

Waddell Hill
Environmental Services Director

Ta'Shauna Johnson
Marketing Director

Jessica Taylor
Business Office Manager

Jennifer Carson -Memory Care
Clarissa Chapman—Assisted Living
Activities Directors

Graham Wilson
Dining Services Director

July Birthdays

Margaret Morcom 7/03
Walt Gifford 7/04
Neal Harvey 7/05
Jeanette Scott 7/31