



CHEF’S COOKING DEMONSTRATIONS

7

Chocolate Fondue w/fruit-lunchtime

11

Cooking Class-Peach Cobbler at 3pm

19

Daquiris-Mango, Strawberry, Peach-lunchtime

29

Chicken Wings w/3 dipping sauces-lunchtime

RESIDENT’S SIGNATURE RECIPE

From the Kitchen of Decky Loussaert

Peanut Butter Cookies

Ingredients:

- 1 Cup Peanut Butter (creamy or chunky style)
- 1 Cup Granulated Sugar
- 1 Egg
- 1 tsp Vanilla

Directions:

1. Preheat oven to 350\*
2. Mix together all ingredients so that they are evenly disbursed.
3. Roll mixture into half dollar sized balls. Place evenly on cookie sheet. If desired, take A fork and press the ball and then press again the opposite way to somewhat flatten the ball To get a nice criss-cross cookie.
5. Place the cookies in the oven for approximately 10 minutes. Let cool down for 2 min. Before transferring to the rack.

For a special treat mix in M&Ms or chocolate chips. Enjoy!

July Birthdays

Please join us as we celebrate:

7/12 Maryann Peterson

7/14 Pat Walters

**\*\*Upcoming Event\*\***

**\*\*Please save the date for Camp Waltonwood 7 /19 from 4-6:30pm. Family members of all ages please come join your loved one's as we transform our community into Camp Waltonwood! Outdoor games, crafts, food ,and of course a campfire with singing and s'mores! Please make sure you RSVP.**



\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

TWELVE OAKS CONNECT

JULY 2019



27475 Huron Circle, Novi, MI 48377  
[www.waltonwood.com](http://www.waltonwood.com) | 248-735-1030  
Facebook: /Waltonwood Twelve Oaks



**Family members of all ages please join us on Thursday, July 18 from 4-6:30pm as we transform our community into Camp Waltonwood. Let’s make lasting memories.**

**We will be playing games, fishing in our very own pond, making tie dye t-shirts, enjoying great food, fun camp treats and much more.**

**We will also gather around the campfire for s’mores and camp songs with Gail Engling.**

**Please RSVP by July 8<sup>th</sup>.**

COMMUNITY MANAGEMENT

Angie Hanson  
Executive Director

Nicole McDonald  
Business Office Manager

Nicholas Laliros  
Culinary Services Manager

Alyssa “Lee” Tobias  
Independent Living Manager

Alecia Greenberg  
Life Enrichment Manager

Stephan Skidmore  
Environmental Services Manager

Heather Laskos  
Marketing Manager

Parnell Kenan  
Marketing Manager

Barb Excel  
Resident Care Manager

Melissa Berg  
Wellness Coordinator

Mekisha Stovall  
Wellness Coordinator



# ASSOCIATE SPOTLIGHT

Jasmine Scandrick has worked at Waltonwood for 2. 1/2 years. She was recently promoted to be one of the Supervisors for day shift. Jasmine has her CNA license and prior to becoming a supervisor she was a Caregiver/Med Tech in Memory Care. She was inspired to get into the health care field by her mom, who is a nurse.

Jasmine grew up in California, but moved to Michigan when her mom became ill. She is the youngest of 9 kids and has 21 nieces and nephews.

Jasmine has quite the sense of adventure. She likes to ride motorcycles and jet ski. She went skydiving when she was in Las Vegas and ziplining when she visited Jamaica.

Jasmine is a wonderful example of someone who truly cares for her residents and advocates for them often. She is well respected by all who work with her and is always thinking of ways to make things better for the residents and staff.



# TRANSPORTATION INFORMATION

We welcome families to join us on the outings with your loved one. If you have any questions or fun ideas for outings please call Alecia or Judy at 248-735-1030.

July 3: Picnic to Tollgate Farms at 12:00pm

July 10: Novi Library Senior Program at 10:30 am

July 16: Trip to Walled Lake to enjoy the sights at 10:30 am

July 24: Kensington for the Island Queen and Lunch 10:30 am

July 31: Picnic in our courtyard at 12:00pm

# JULY SPECIAL EVENTS

01

**Educational Speaker.** Pam from Wild Birds INC. came by for a very interesting discussion. She brought several birdsnests for the residents to look at.

02

**Father's Day BBQ.** A great time was had by all! We had wonderful food and listened to the music of Terry Matthews.



03

**Intergenerational Visit.** Judy invited some of her children and grandchildren to come to make tissue paper flowers with us.

04

**Kensington Island Queen Outing.** What a wonderful time we had, having a picnic lunch and enjoy a wonderful boatride.



4

4<sup>th</sup> of July Fun.

Please join us for a great day celebrating the USA.

18

Camp

**Waltonwood.** Please come join us as we transform our community into Camp Waltonwood Fun and food for all ages.

22

Farm to Table.

We will be making Cabrese Salad using basil and tomatoes from our garden.

25

July Birthday

**Celebration.** Please join us as we celebrate our July Birthdays with ice cream sundaes.



# FOREVER FIT - Focus on Health Healthy Hydration

Healthy hydration habits are important any time of the year but they become essential during the summer months when the heat and humidity can reach dangerous levels. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects certain medications can greatly increase the risk for serious dehydration in seniors. The good news is small changes to our daily routine can greatly improve our chances to stay healthy and fit in the months to come. Making sure there's always fluids nearby to drink throughout the day, eating plenty of fruit and vegetables like cucumber and watermelon and avoiding strenuous outdoor activities during the peak hours of the afternoon can all help to keep us safe and hydrated during the dog days of summer.

# EXECUTIVE DIRECTOR

I would like to say a special thank you to the Leadership Team at Waltonwood Twelve Oaks, since Alissa's departure they have been doing a great job working together to keep things running smoothly. I am pleased to announce our new Executive Director Angie Hanson will join the Twelve Oaks family on July 15<sup>th</sup>, 2019. Angie comes with experience in home for the aged assisted living, memory care and independent living. She has obtained her Certified Living Director certification and is excited to become a part of the Waltonwood family. We thank you for your patience during our search. Please do not hesitate to reach out if I can be of service, Karis Wilson Jones, Regional Director of Operations.