

July 2019

# THE BEACH HOUSE

30070 State Road 56, Wesley Chapel, Fl. 33543, 813-508-6677



## Management Directory

**Linda Mena**  
Executive Director

**Jennifer Franklin**  
Director of Health Services

**Director of Sales & Marketing**

**John Smith**  
Director of Plant Operations

**Judy Cesarski**  
Director of Life Enrichment

**Samantha Norman**  
Business Office Manager

**Christopher Reece**  
Culinary Services

**Nicole Marcello**  
Memory Care Director

## The Men on the Moon

This year marks the 50th anniversary of NASA's historic Apollo 11 mission. On July 20, 1969, Commander Neil Armstrong and pilot Edwin "Buzz" Aldrin became the first humans to land on the moon. Six hours after landing, they did something even more daring: they set foot on lunar soil and walked on the moon. Armstrong's words captured the enormity of the moment: "That's one small step for a man, one giant leap for mankind." The astronauts became worldwide heroes, and their achievement vaulted them into both the history and science books, making them household names in the process.

The moon landing marked the pinnacle of achievement for a mission born of the Cold War-era "space race" between the United States and the Soviet Union. The mission was broadcast on television, and its importance was not lost on the astronauts involved. Michael Collins manned the command module, while Armstrong and Aldrin descended to the lunar surface in a module dubbed *Eagle*. When the craft touched down on the moon's Sea of Tranquility, Armstrong famously announced, "The Eagle has landed." Typically, in these situations, the junior ranking officer would take responsibility for the spacewalk, while the commander stayed behind. Aldrin had vied for the opportunity to be the first man to walk on the moon, but he well understood the symbolism of the mission's commander being first to set foot on alien soil, even if it meant a change of NASA protocol. For this reason, Armstrong made the first famous "small step." Aldrin was not far behind, however, and his poetic description of the lunar landscape's "magnificent desolation" has become just as memorable.

The two men spent over 21 hours on the moon. They collected samples of rock and dust, and planted an American flag. Aldrin even took Holy Communion. The entire Apollo 11 team safely returned to Earth to much fanfare, but not before they filled out a customs form declaring their place of departure as "Moon."

## Upcoming Events:

- July 3<sup>rd</sup> – Lunch Outing: Pinchers  
July 5<sup>th</sup> – Happy Hour with Sandy @  
3 pm Sand Bar Lounge.  
July 6<sup>th</sup> – Fourth of July BBQ 2-4 pm  
July 10<sup>th</sup> – Lunch Outing: Stonewood  
July 11<sup>th</sup> - Shopping Outing: Walmart  
July 12<sup>th</sup> – Happy Hour with Aubrey  
@ 3 pm in the Sand Bar  
Lounge  
July 17<sup>th</sup> – Lunch Outing: Cracker  
Barrel  
July 17<sup>th</sup> – Family Night, Ice Cream  
Social 6-7pm.  
July 18<sup>th</sup> – Shopping Trip:  
Hobby Lobby  
July 19<sup>th</sup> – Happy Hour / Birthday  
Bash @ 3 pm in the Sand  
Bar Lounge  
July 23<sup>rd</sup> – National Vanilla Ice  
Cream Day Social @ 2:15  
pm in the Sand Bar  
Lounge  
July 24<sup>th</sup> – Lunch Outing: Cheddars  
July 25<sup>th</sup> – Shopping Trip: Walmart  
July 26<sup>th</sup> – Happy Hour with Music by  
Duke Zecco  
July 31<sup>st</sup> – Lunch Outing: Red  
Lobster

## Executive Director Corner

Happy July to all of you!!

I would like to start this by thanking each one of you for entrusting the care of your loved ones into the care of Beach House.

I am happy to see that many enjoyed the Father's Day burger bar! I hope you are all enjoying the flyers we email to all of you as reminders of upcoming events. I do recognize we are all busy however we love to see all of you at our community events.

I want to personally invite all of you to feel free to attend any upcoming event this month. We would like to see everyone join us for:

July 6<sup>th</sup> Family Celebration of the 4<sup>th</sup> BBQ – please RSVP

Many other events will be taking place and we welcome all to join in !

I would like to wish each and every one of you and your loved ones “Happy 4<sup>th</sup> of July!!”

As always, please feel free to ask for assistance when needed, Beach House is here to assist!!

Regards,  
Linda Mena  
Executive Director

## Culinary Corner:

### Blueberry Cobbler

3 cups Fresh Blueberries  
3 tablespoons white sugar  
1/3 cup orange juice  
2/3 cup flour  
¼ teaspoon baking powder  
1 pinch of salt  
½ cup butter, softened  
½ cup white sugar  
1 egg  
½ teaspoon vanilla extract

Preheat Oven to 375 degrees

In a 8 inch baking pan, mix berries, sugar, & orange juice. Set aside. In a small bowl mix flour, baking powder, salt. Set aside.

In a medium bowl cream butter, add ½ cup sugar until light & fluffy. Beat in egg & Vanilla. Gradually add flour mixture, stirring just until combined. Drop batter by rounded tablespoons over blueberry mixture. Try to cover as much of filling as possible

Bake in preheated oven 35 to 40 minutes until topping is golden brown and filling is bubbling

## Resident Spotlight:

### Grace Ward

Grace was born in Brooklyn, Ny. In June of 1927, she graduated from Franklin K.Lane High School in Brooklyn in 1945. Grace and her family belonged to St. John's Evangelical Lutheran Church in Brooklyn. After High School she attended Eastman School of Business in New York which helped land her first job with Universal Oven at 270 Broadway in New York where she met her future husband John Ward. They where marries in October of 1950 and resided in Freeport, NY where John was on the local police force. They later moved to Baldwin, Ny with their three children. In 1977 they decided to leave New York and move to Tampa, Fl. John passed on in 1994 and Grace retired from the City of Tampa where she had worked since moving to Tampa. Grace determined to do things she and Johnnever got to do so she traveled to many interesting destinations in Europe,Russia, Hawaii and Canada as well as crusing around the Caribbean.

As life has slowed down a bit for her now and help is needed to do her everyday routine she Happily calls Beach House Home....

## The Paperback Revolution

Before 1935, there was no such thing as a quality paperback book. But on July 30 of that year, the very first Penguin books were published in paperback, marking the start of a publishing revolution. In truth, soft-covered dime novels and pulpy tabloid-style books had been around for 100 years or more, but the first respectable paperbacks were the brainchild of publisher Allan Lane. His publishing house was suffering from declining sales, the result of the Great Depression. While on a train trip, Lane was perusing the book kiosks at the station. He was disappointed that he could find nothing worthy to read. It then occurred to him that he could fulfill that need by providing good quality books for the price of a pack of cigarettes. His Penguin imprint sold over three million copies in its first year. For this reason, July 30 is celebrated as Paperback Book Day.

## Happy Birthday to:

2<sup>nd</sup> Peter W.  
2<sup>nd</sup> Bruce D.  
23<sup>rd</sup> Juanita K.  
29<sup>th</sup> Grace E.

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## Friend & Family Referral!

Did you know that for each referral that you give, and that referral moves in and resides at The Beach House for at least 60 days, you will receive a \$2,000. Referral. So be sure to share the good news – and get a good bonus! Make sure your referral mentions your name!

## Sky-High Ambition



Before becoming a pilot of world renown, Amelia Earhart was a rough and tumble girl who sought adventure wherever she could find it in her small hometown of Atchison, Kansas. She was born on July 24, 1897, to Sam and

Amy Earhart. Amy did not believe in molding her daughters into “good little girls,” but instead dressed them in pants and allowed them to roam the neighborhood with rifles, hunting rats. It was out of this adventurous youth that the aviation hero Amelia Earhart was born.

Earhart’s first encounter with an airplane did not occur until around 1918, when she visited the Canadian National Expedition in Toronto. A World War I flying ace was demonstrating death-defying maneuvers when he spotted Earhart on the ground. In an attempt to fluster her, he dove close overhead, but Earhart stood her ground. It was at this moment that Earhart reported thinking “that the little red airplane said something to me as it swished by.” Two years later, U.S. Army Air Service pilot Frank Hawks gave Earhart a plane ride and rekindled her desire to take up flying. She worked multiple jobs to scrape together enough money for flying lessons. Just two years after her introduction to flying from Hawks, Earhart flew to 14,000 feet, setting a world record for female pilots. It was the first of many records she would set.

After Charles Lindbergh flew solo across the Atlantic in 1927, the stage was set for a woman to complete the same feat. At first, pilot Amy Guest expressed interest, but she ultimately declined, deeming the trip too perilous. It was Earhart who was chosen for the honor, and upon completion of the trans-Atlantic flight with a small team, she was hailed as a national hero. But the allure of crossing the Atlantic solo loomed large, and in 1932, she completed her famous solo Atlantic flight. Five years later, in 1937, Earhart disappeared on her attempted flight around the world, a sad and tragic loss. But Earhart’s legacy continues to inspire adventurers to this day.

## July Birthdays

In astrology, those born July 1–22 are the Crabs of Cancer. Guided by their hearts, Crabs are emotional and nurturing. They create deep bonds and comfortable homes, and are always willing to welcome people into their circle. Those born between July 23–31 are Lions of Leo. Leos are natural leaders: intelligent, courageous, and bold. Leos’ social natures also make them excellent friends.

Thurgood Marshall (Justice) – July 2, 1908  
Abigail Van Buren (advice columnist) – July 4, 1918  
Tom Hanks (actor) – July 9, 1956  
Henry David Thoreau (writer) – July 12, 1817  
Roald Amundsen (explorer) – July 16, 1872  
Phyllis Diller (comedian) – July 17, 1917  
Nelson Mandela (politician) – July 18, 1918  
Don Knotts (actor) – July 21, 1924  
Walter Payton (football player) – July 25, 1954  
Stanley Kubrick (director) – July 26, 1928  
Henry Ford (automaker) – July 30, 1863

## Employee of the Month Congratulations to Karen Mueses

Karen is a Nurse here at the Beach House in our Memory Care Neighborhood..

She has lived in Florida for 12 years, previously worked in a community health care center in Tampa as a pediatric nurse that assisted in family practice and OB / GYN for 5 years. Karen believes in trying to maintain a positive attitude and working as a team player that is willing to step in and help any of my coworkers whenever needed to provide the best care. My free time is dedicated to my three daughters doing activities together, going to the movies and relaxing at the beach.

Congratulations Karen !