

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MPR = Multi-Purpose Room T = Theater CL = Chapel Lounge L = Lobby RDR = Russell Dining Room C = Chapel DR = Barry Dining Room AR = Activity Room FRR = Fraternal Relations Room \$ = Bring Dimes	9:30 Sit & Be Fit (MPR) 1 10:15 Starbucks & King Soopers 10:00 Bowling (AR) 1:30 Ice Cream Social & Trivia (RDR) 2:30 Sewing/Quilting with Mary (RDR) 3:00 “Cold War Turns Hot-Asia and the Koran War” Great Course (T) Canada Day	9:00 Beauty Shop Open 2 9:30 Sit & Be Fit (MPR) 9:30 Bridge (AR) 10:30 Poker (FRR) 2:00 \$1.00 Cart (CL) 2:45 Arts & Crafts (AR) 6:30 Tuesday at the Movies	9:00 Beauty Shop Open 3 9:30 Yoga with Cindy (MPR) 9:30 Bridge (AR) 10:30 Donuts and Hot Chocolate with Kathy (AR) 1:15 Scenic Ride 1:15 Dominos (AR) 3:00 Bingo (AR, \$) 3:30 Dairy Queen Outing	4 Happy July 4 th 1:00pm Movie (T) Independence Day (US)	9:30 Chair Jazzercise (MPR) 5 10:15 Target Shopping 10:30 Critter Racing (AR) 1:30 What Am I (CL) 2:30 Peppermint Pokeno (AR) 4:00 Happy Hour with Bruce Thompson (DR)	9:30 Sit & Be Fit (MPR) 6 9:30 Bridge (AR) 1:00 Color My World (RDR) 1:00 Table Games (CL) 2:30 BINGO (AR) 3:00 Cranium Crunches (AR)
9:30 Fellowship with Pastor Steve (CL) 7 10:00 Religious Service with Pastor Steve (C) 1:00 Catholic Communion (C) 2:00 Baking with Kathy (AR) 3:00 Pokeno (AR)	9:30 Sit & Be Fit (MPR) 8 10:15 Starbucks & King Soopers 10:30 Bowling (AR) 1:30 Root Beer Floats & Trivia (RDR) 2:30 Sewing/Quilting with Mary (RDR) 3:00 “Eisenhower and The Global Cold War” Great Course (T)	9:00 Beauty Shop Open 9 9:30 Sit & Be Fit (MPR) 9:30 Bridge (AR) 10:30 Black Jack (FRR) 11:15 Lunch at Smash Burger 2:45 Arts & Crafts (AR) 6:30 Tuesday at the Movies (T)	9:00 Beauty Shop Open 10 9:30 Sit & Be Fit (MPR) 9:30 Bridge (AR) 11:15 Men’s Lunch with Larry Red Robin 1:15 Scenic Ride 1:15 Board Games 3:00 Bingo (AR, \$) 3:30 Dairy Queen Outing	9:30 Sit & Be Fit (MPR) 11 10:30 Bowling (FRR) 11:15 Chick-fil-A Cow Appreciation Day Outing 1:30 King Soopers Shopping 1:30 Baking & Word Aerobics (AR) 2:30 Arts & Crafts (AR) 3:00 UNO (AR)	9:30 Chair Jazzercise (MPR) 12 10:15 Sprouts Shopping 10:30 Poker (FRR) 1:30 Who Am I (CL) 2:30 Chocolate Bingo (AR) 4:00 Happy Hour Front Larry O’Connor (DR)	9:30 Sit & Be Fit (MPR) 13 9:30 Bridge (AR) 1:00 Color My World (RDR) 1:00 Table Games (CL) 2:30 BINGO (AR) 3:00 Cranium Crunches (AR)
9:30 Fellowship with Pastor Steve (CL) 14 10:00 Religious Service with Pastor Steve (C) 1:00 Catholic Communion (C) 1:00 Word Games (L) 3:00 Pokeno, (AR)	9:30 Sit & Be Fit (MPR) 15 10:15 Starbucks & King Soopers 10:30 Bowling (FFR) 1:30 Ice Cream Social & Trivia (RDR) 2:30 Sewing/Quilting with Mary (RDR) 3:00 “ Kennedy and the Ultimate Cold War Crisis” Great Course (T)	9:00 Beauty Shop Open 16 9:30 Sit & Be Fit (MPR) 9:30 Bridge (AR) 10:30 Kings in the Corner (FRR) 2:00 \$1.00 Cart 2:45 Arts and Crafts (AR) 6:30 Tuesday at the Movies (T)	9:00 Beauty Shop Open 17 9:00 Blackhawk Casino Outing 9:30 Yoga with Cindy (MPR) 9:30 Bridge (AR) 1:15 Dominos (AR) 3:00 Bingo (AR, \$) 3:30 Dairy Queen Outing	9:30 Sit & Be Fit (MPR) 18 10:00 Bible Study with Pastor Steve(C) 10:15 King Soopers Shopping 10:30 Bowling (FRR) 1:30 Baking & Trivia (AR) 2:30 Arts & Crafts (AR) 3:00 Dice & Word Games (AR)	9:30 Chair Jazzercise (MPR) 19 10:15 Walmart Shopping 10:30 Critter Racing (AR) 1:30 What Am I (CL) 2:30 Peppermint Pokeno (AR) 4:00 Happy Hour with Dan McClarren (DR)	9:30 Sit & Be Fit (MPR) 20 9:30 Bridge (AR) 1:00 Color My World (RDR) 1:00 Table Games (CL) 2:30 BINGO (AR) 3:00 Cranium Crunches (AR)
9:30 Fellowship with Pastor Steve (CL) 21 10:00 Religious Service with Pastor Steve (C) 1:00 Catholic Communion (C) 2:00 Baking with Kathy (AR) 3:00 Pokeno, (AR)	9:30 Sit & Be Fit (MPR) 22 10:15 Starbucks & King Soopers 10:00 Bowling (AR) 1:30 Birthday Party & Trivia (RDR) 2:30 Sewing/Quilting with Mary (RDR) 3:00 “Vietnam and the War at Home” Great Course (T)	9:00 Beauty Shop Open 23 9:30 Sit & Be Fit (MPR)\ 9:30 Bridge (AR) 10:30 Poker (FRR) 11:15 Lunch at Hacienda Colorado 2:45 Arts & Crafts (AR) 6:30 Tuesday at the Movies (T)	9:00 Beauty Shop Open 24 9:30 Sit & Be Fit (MPR) 9:30 Bridge (AR) 10:30 You’re Favorite Book Discussion” with Ann (AR) 12:00 Resident Council (DR) 1:15 Scenic Ride 1:15 Board Games (AR) 2:00 Bingo with Mary Lou (AR) 3:30 Dairy Queen Outing	9:30 Sit & Be Fit (MPR) 25 10:15 King Soopers Shopping 10:30 Bowling (FRR) 1:30 Baking & Word Aerobics (AR) 2:30 Board Games (AR) 3:00 Horse Shoes (AR)	9:30 Chair Jazzercise (MPR) 26 10:15 Dollar Tree Shopping 10:30 Poker (FRR) 12:00 Arapahoe Racetrack Outing 2:30 Chocolate Bingo (AR) 4:00 Happy Hour with Gary Michaels (DR)	9:30 Sit & Be Fit (MPR) 27 9:30 Bridge (AR) 1:00 Color My World (RDR) 1:00 Table Games (CL) 2:30 BINGO (AR) 3:00 Cranium Crunches (AR)
9:30 Fellowship with Pastor Steve (CL) 28 10:00 Religious Service with Pastor Steve (C) 1:00 Catholic Communion (C) 1:00 Games (L) 2:00 Sing A Long (L) 3:00 Pokeno (AR)	9:30 Sit & Be Fit (MPR) 29 10:15 Starbucks & King Soopers 10:00 Bowling (AR) 1:30 Ice Cream Social & Trivia (RDR) 2:30 Sewing/Quilting with Mary (RDR) 3:00 “The Nixon-Kissinger” Great Course (T)	9:00 Beauty Shop Open 30 9:30 Sit & Be Fit (MPR) 9:30 Bridge (AR) 10:30 Poker (FRR) 2:00 Canine Puppy Companion Training (FRR) 2:45 Arts & Crafts (AR) 6:30 Tuesday at the Movies	9:00 Beauty Shop Open 31 9:30 Yoga with Cindy (MPR) 9:30 Bridge (AR) 10:30 Art & Crafts 1:15 Scenic Ride 1:15 Dominos (AR) 3:00 Bingo (AR, \$) 3:30 Dairy Queen Outing	July 2019 Robert Russell/Mary Barry Assisted Living		