SILVER FALLS RESTAURANT



BLACK MENU

We thank you for joining us at The Quarry. Our goal is for your dining experience to be a memorable one. We strive to offer a large variety of fresh and local foods for Quarry residents and guests. The Quarry team of classically trained Chefs welcomes your comments and suggestions as we strive to make this restaurant your favorite place to eat. We sincerely hope that if anything does not meet your expectations, that you will bring it to the attention of your server so that we may have the opportunity to ensure your satisfaction.

 Paul Lemke - Food Services Manager
 Patrick Magee - Dining Services Manager

Information about Dining at The Quarry

At The Quarry we have many different dining areas. All the meals prepared for the whole building is prepared by The Quarry's Chef's in the main kitchen. Every day throughout the building we offer "Specials" that are only available for that day. Our "Specials" have been reviewed by a Washington State dietitian. This menu features an additional variety of menu items and is available to order from anywhere in the building. Some for an additional charge depending on what part of the building you reside in. Please ask your server any questions regarding your dining experience here at The Quarry.

Serving Times

Silver falls Dining Room 7:15am-7:00pm Sapphire Dining Room 7:30am-9:15am, 11:30am-1:15pm, 4:30pm-6:15pm Cobblestone Café 8:00am-6:00pm

Restaurant Portion = Double Protein \$3.00 only available with "Daily Specials"

V = Vegetarian Option Gluten Free Bread available for +1.50 Children's menu available upon request.

Daily Specials

Two daily specials are offered at lunch and dinner. Our specials are made fresh in-house and are comprised of traditional favorites. At the dinner meal there are choices of alternative vegetable option as well as a baked potato (Lunch \$6.95...\$8.95 for guests & Dinner \$9.95...\$12.95 for guests. No charge for Health Services Resident)

Soup du Jour

At the Quarry we pride ourselves on our fine selections of home-made soup. Each morning our soup is crafted from scratch by Quarry chefs. (Cup \$3.25 & Bowl \$5.25)

<u>Beverages</u>

<u>Coffee Juice & Soda</u>

(8 oz included with purchase of entrée, or \$1.95 as a la carte)

Freshly Brewed Coffee Hot Tea Selection Hot Chocolate Ice Tea Orange, Apple, White Cranberry, Prune Juice Lemonade Vitamin Enhanced Water Arnold Palmer Pepsi, Diet Pepsi, Ginger ale Sierra Mist, Root Beer, Dr. Pepper

Breakfast Menu

Served 7:30 am ~6:00 pm daily

Omelets

Cheese Omelet

Two fresh eggs filled with a Cheddar and Mozzarella cheese blend. Served with hash brown potatoes and your choice of toast. IL Resident \$7.25...Health Services Resident \$0

Ham & Cheese Omelet

Two fresh eggs filled with a cheese blend and diced smoked ham. Served with hash browns and your choice of toast. IL Resident \$8.25...Health Services Resident \$0

Denver Omelet

Two fresh eggs filled with a cheese blend, diced smoked ham, bell peppers, and red onion. Served with hash browns and your choice of toast. IL Resident \$8.25... Health Services Resident \$0

Spanish Omelet

Two fresh eggs filled with a Cheddar Mozzarella cheese blend with sautéed peppers and onions. Accompanied with a mild salsa. Served with hash brown potatoes and your choice of toast. IL Resident \$8.25... Health Services Resident \$0

Breakfast Sides

Bacon (2)	\$2.25
Sausage Links (2)	\$2.25
Ham Steak	\$2.25
Fresh Fruit Cup	\$1.75
Pastry or Danish	\$2.25
Hash browns	\$1.50
Toast or Muffin	\$1.25
Whole Fruit	\$1.00
Yogurt	0.75

From the Griddle

Traditional Egg Breakfast

Two Eggs prepared to your preference. Served with hash browns, your choice of bacon, ham, or sausage, and toast or English muffin. IL Resident \$5.25... Health Services Resident \$0

Pancake Breakfast

Two buttermilk pancakes griddled to order, served with your choice of bacon, ham, or sausage links, and a side of maple syrup. IL Resident \$6.25...Health Services Resident \$0

French Toast Breakfast

Two slices of thick cut Texas toast dipped and a cinnamon egg batter and griddled. Finished with a destining of powdered sugar and a side of maple syrup. With your choice of bacon, ham, or sausage. IL Resident \$6,95...Health Services Resident \$0

Daily Breakfast Specials

Ask your server about our daily rotating breakfast specials. Don't see what you want? Please ask your server. We often can accommodate special requests.

Hot & Cold Cereal

Oatmeal

Available with raisins, dried cranberries, and brown sugar IL Resident cup \$1.25...bowl \$2.95...Health Services Resident \$0

Cold Cereal

A choice of Cheerios, Granola, Rice Krispies, or Raisin Bran Flakes. IL Resident \$1.50...Health Services Resident \$0

Entrée Salads

Chef Salad

Romaine salad blend topped with julienne turkey and ham, garnished with hard-boiled egg, tomato wedges, and cheddar cheese. Served with your choice of dressing.

IL Resident \$12.95 Health Services Resident \$2.95

Trio Salad

A bed of seasonal greens topped with a freshly prepared Chicken, Tuna, and Egg salad. Served with a fruit garnish.

IL Resident \$9.95 Health Services Resident \$0

Appetizers

Shrimp Cocktail

A martini glass filled with large prawns poached in a Court-bouillon, cocktail sauce.

IL Resident \$13.95 Health Services Resident \$3.95

Coconut Shrimp

Coconut breaded jumbo shrimp, fried and served with Sweet chili Sauce

IL Resident \$13.95 Health Services \$3.95

Honey Smoked Turkey Sandwich

Slices of honey smoked deli turkey on whole wheat bread. Served with lettuce, tomato, onion, and Kettle chips.

IL Resident \$6.95.... Health Services Resident \$0

Smoked Ham Sandwich

Slices of smoked deli ham on whole wheat bread. Served with lettuce, tomato, onion, and Kettle chips.

IL Resident \$6.95.... Health Services Resident \$0

Egg Salad Sandwich **v**

A blend of chopped hard boiled eggs, onion, mayonnaise and relish served on whole wheat bread, with a side of Kettle chips.

IL Resident \$7.95 Health Services Resident \$0

Steak Kebab Salad

Grilled tender chunks of marinated and skewered Beef Tenderloin over seasonal greens, with heirloom cherry tomatoes, crispy wonton strips, and a balsamic vinaigrette.

IL Resident \$13.95 Health Services \$3.95

Light & Healthy

Seasonal Fruit & Cottage Cheese v

A wonderful choice for someone seeking a lighter option. Seasonal fruit, cottage cheese, and a fresh baked muffin or bread from our baker.

IL Resident \$10.95 Health Services Resident \$0

Grilled Chicken Breast

A plain unseasoned chicken breast, grilled and served with the daily starch and vegetable selection, or a side of cottage cheese and cucumber slices

IL Resident \$9.95 Health Services \$0

Sandwiches

Chicken Salad Sandwich

Diced chicken tossed with mayonnaise, mustard, celery, and red onion. Served with sliced tomato, and lettuce on whole wheat bread, with a side of Kettle chips.

IL Resident \$7.95 Health Services Resident \$0

Tuna Salad Sandwich

A classic tuna salad served with sliced tomato and lettuce on whole wheat bread. Served with a side of Kettle chips.

IL Resident \$7.95 Health Services Resident \$0

PB & J **v**

Creamy peanut butter and your choice of marmalade, strawberry, grape, or blackberry jam. Served with Kettle chips.IL Resident \$6.95 Health Services Resident \$0

Cobblestone Café

Available daily from 11:00 am to 7:00 pm

House Beer Battered Fish & Chips Basket House battered Cod fried until golden brown served with French fries, and tartar sauce.

IL Resident \$10.95...Health Services Resident \$3.95

Chicken Strip Basket

Breaded chicken breast fillets, fried and served with seasoned French fries.

IL Resident \$9.95...Health Services Resident \$3.95

Crispy Chicken Cobb Salad

Fried tender chicken breast served over a bed of greens with avocado, hardboiled egg, sliced tomatoes, and Cheddar cheese.

IL Resident \$10.95...Health Services Resident \$4.95

Grilled Three Cheese Sandwich $\ \gamma$

Provolone, Swiss, and Cheddar Grilled on your choice of bread. Served with soup or fries.

IL Resident \$7.95.... Health Services Resident \$0

Roast Beef Dip

Hot sliced Roast Beef with Swiss cheese, and horsey mayo on herb focaccia bread. Served with soup or fries.

IL Resident \$10.95.... Health Services Resident \$4.95

Bacon Lettuce Tomato Sandwich

Your choice of bread toasted, piled with crisp bacon, fresh lettuce and tomato, Served with soup or fries. IL Resident \$7.95.... Health Services Resident \$0.... Add Av-

ocado for \$1.50

Steelhead BLT

Grilled Steelhead fillet on warm focaccia bread, with bacon, lettuce, tomato and seasonal greens. Served with soup or fries.

IL Resident \$14.95...Health Services Resident \$4.95

Burgers

Charbroiled Hamburger

Premium Sirloin 1/3 pound beef patty charbroiled over an open flame on a toasted bun with lettuce, tomato, onion, and a pickle spear Served with seasoned French fries.

IL Resident \$8.95 +.25 cheese... Health Services Resident \$0

Grilled Turkey Burger

A grilled white meat turkey burger. Served with lettuce, tomato and onion. Served with seasoned French fries. IL Resident \$8.95 + .25 cheese...Health Services Resident \$0

Portobello Burger 😗

A large marinated Portobello mushroom charbroiled, and topped with a balsamic glaze, on a toasted bun with lettuce, tomato, onion, and a pickle spear. Served with seasoned French fries. .

IL Resident \$8.95 +.25 cheese... Health Services Resident \$0

Add: Bacon or Cheese for \$.75 each / Avocado for \$1.50

Consuming raw or undercooked foods can increase your chances of acquiring a food borne illness