



Celebrating Birthdays In June

6/16 Reba P.

CHEF’S COOKING DEMONSTRATIONS

06 Night at the Ballpark

We will be having a baseball themed dinner this night in both dining rooms.

21 Camp Waltonwood

Hot dogs, Baked Beans, Potato Salad and more! Perfect food for sitting around the campfire!

Chip Steak Sandwich

- Makes 4 Sandwiches
- 1lb of thin slice bottom round
 - Salt and Pepper
 - Flour as need
 - Egg as need
 - Italian bread crumbs as needed
 - Oil to fry
 - Bread of Choice
 - Ketchup

Method:

1. Season meat with salt and pepper. Dredge in flour, then egg wash and then bread crumbs. Set aside.
2. In a black iron skilled heat oil. Fry meat about 2 min per side.
3. Place meat on your choice of bread, smother in ketchup and enjoy.

- Chef Joel Vassallo, Culinary Services Manager

12 Tableside Summer Salad

The refreshing flavors of summer right at your table! Nothing tastes as good as a fresh summer salad!

26 Summer Drinks by the Patio

Enjoy a delicious adult beverage on the patio perfect for a lazy summer afternoon and specially prepared by Chef Joel!

CARRIAGE PARK CONNECT

JUNE 2019



2000 Canton Center Rd., Canton, MI 48188
www.waltonwood.com | 734-844-3060
Facebook: /WaltonwoodCarriagePark



Create Heartwarming Camp Memories at Waltonwood Carriage Park

You and your grandchild(ren) are invited to join us for a traditional campfire dinner, camp-themed snacks, music, games, crafts and more.

FUN FOR KIDS AGES 12 AND UNDER

All young campers will receive a complimentary t-shirt. A parent must remain on-site with all our young campers.



SPACE IS LIMITED!
RSVP WITH YOUR YOUNG CAMPER’S T-SHIRT SIZE BY JUNE 7TH
734-844-3060

2250 N. Canton Center Rd., Canton | www.Waltonwood.com | www.SinghCareers.com

COMMUNITY MANAGEMENT

- Dustin Stolzman
Executive Director
- Terry Lobb
Business Office Manager
- Joel Vassallo
Culinary Services Manager
- Erin McGraw
Life Enrichment Manager
- Nichole Passmore
Life Enrichment Manager
- Annette Rogers
Marketing Manager
- JoAnn Mayher
Resident Care Manager
- Jeremy Meriwether
Wellness Coordinator
- Mike Burlett
Maintenance Manager
- Nathan Brown
Independent Living Manager



\$1,000 RESIDENT REFERRAL BONUS

FRIENDS & FAMILY REFERRAL PROGRAM!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT

Our Associate of the Month is Kiana Madden! Kianna is a Med Tech/Caregiver in our Assisted Living community. Kiana is frequently identified for her reliability and leadership amongst her team. The residents look forward to being under Kiana’s care as she has a reputation for being kind-hearted and patient. Kiana can be depended on to pick up additional shifts to ensure the care team is fulfilled. Congrats to a well-deserved accolade, Kiana!



MAY HIGHLIGHTS

04

Celebrating the Kentucky Derby in style with Derby Hats we made ourselves!

06

We may not be Picasso but our Painting Class is lots of fun!



11

We celebrated Mom’s today with a special Mother’s Day Tea.

15

Lunch out to Bob Evans was a hit! Join us next time as we travel to the Cracker Barrel!



FOREVER FIT: THE RIGHT SHOE FOR YOU

A strong body starts from the ground up and keeping our feet healthy starts with choosing the right shoes. As we age the shape and size of our feet tend to change as the foot typically becomes longer and wider. Ligaments stretch, tendons shrink and the fat pads on both the heels and balls of the feet decrease in size. This physical change will also typically cause a change in shoe size, and variations can drastically affect your overall health. Correctly fitting shoes drastically help to reduce the risk of falls. Below are just a few tips to consider the next time you go shoe shopping so this spring to can step in style and comfort!

Not all shoe stores are created equal. Try to find retail locations that specialize in shoes for seniors. Their knowledgeable sales staff can both properly fit you and educate you on how to select the right shoe.

Know your size! Just because you wore a size 8 twenty years ago doesn’t necessarily mean you still do. Have your feet accurately measured, both length & width, to ensure a well fitted shoe.

Shoes with wide boxy toes, low-padded heels and flexible, breathable materials are great options to handle the stress placed on our feet throughout the day.

Choose shoes that match your environment. Whether boots for snow or walking shoes for summer be sure the shoes you’re wearing provide appropriate support and traction.

- Chris Grabowski, MS, Senior Forever Fit Manager

TRANSPORTATION INFORMATION

Check the information table near the mailboxes for families and residents to sign up for outings or other transportation. If you or your loved one would like to be included in an outing please be sure to sign up! Family members are welcome to attend too! Outings that require additional fees will be charged to the resident’s account.

Note: If transportation is needed for an appointment, please confirm availability with the front desk.

JUNE OUTINGS

- **Wednesday Bus Rides**
Bus Rides will take place Wednesdays at 2:00pm, unless otherwise noted. Locations will vary. All bus rides are subject to weather. Please see calendar for details.
- **Lunch Out:** Join us as we head to Cracker Barrel this month for a delicious lunch! Lunch fees will be charged to resident’s account. Bus loads 11:30am

***Please note that all outings are weather permitting.*

JUNE SPECIAL EVENTS

06

Batter Up! Today we will celebrate our favorite baseball team with themed activities throughout the day!

15

Celebrate Father’s Day with us! Take a look at some classic cars, enjoy a frosty brew and devour some tasty snacks!



21

We are gearing up for our first annual Camp Waltonwood! Bring the kids for games, music and s’mores!

26

Summer concerts at Kellogg Park are a great way to spend an afternoon!



EXECUTIVE DIRECTOR CORNER

Have you Reached for the Stars lately? Our associates work tirelessly to provide our residents with outstanding customer service, and we love when you recognize members of our team! One way that you can acknowledge an associate who has gone above and beyond for you is to write a kind note about them on a Reach for the Stars form. These forms are available at the assisted living front desk and independent living mail box desk, along with boxes to place the completed notes in. Our associates are recognized amongst the team and also earn points for additional paid time off when they receive a Reach for the Stars note. Please consider doing this next time you want to compliment one of our exceptional team members!

Best Regards, Dustin Stolzman, Executive Director