


June 2019 Village at belmar

Monarch House Event Calendar



Our Mission:

*It is our passion and privilege to provide an
elevated quality of life for those we serve through
Meaningful Connections with residents, families, friends and associates.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 10:00 Mile Hi Sermon 11:15 Sit And Be Fit 11:30 Morning Refreshments 1:30 Health & Wellness: Relaxation 2:30 Afternoon Movie 3:30 Spa Manicures 4:00 Songs Of Faith	 <div> <div>Monarch House</div> <div>June 2019</div> </div>			<div>Please Note:</div> <div>All programming is subject to change based on weather, needs of residents, etc.</div>	<div>Color Key</div> <div> <div>■</div> Special Events At Belmar <div>■</div> Off Campus Programs <div>■</div> Fitness Programs </div>	1 10:00 Sit And Be Fit 10:30 Morning Refreshments 11:00 Trivia: Month Of June 11:30 Bingo! 1:30 Health & Wellness: Relaxation 2:00 Baking With Amber 3:00 Happy Hour 4:30 Music Therapy
2 9:30 Catholic Church 9:30 IN2L Sermon 11:15 Sit And Be Fit 11:30 Morning Refreshments 1:30 Health & Wellness: Relaxation 2:30 Afternoon Movie 3:30 Spa Manicures 4:00 Songs Of Faith	3 10:30 Sit And Be Fit 11:00 Morning Refreshments 11:30 Bingo! 1:30 Health & Wellness: Relaxation 2:30 Yoga Class 3:15 Color Me Colorado 4:00 Bean Bag Toss 6:00 Monday Musical: Shrek! The Musical	4 10:30 Sit And Be Fit 11:00 Morning Refreshments 11:30 Trivia: Summer 1:30 Health & Wellness: Relaxation 3:30 Pet Visit With Mavis 3:45 Dancing With Rosie 4:30 Monarch Karaoke	5 10:30 Sit And Be Fit 11:00 Coffee Chat 11:30 Brain Fitness 1:30 Health & Wellness: Relaxation 2:30 Neighborhood Stroll 2:45 Garden Club 3:15 Pictionary 4:00 Music Therapy	6 9:30 Scenic Drive 10:30 Sit And Be Fit 11:00 Morning Refreshments 11:30 Brain Fitness 1:30 Health & Wellness: Relaxation 2:30 Craft Corner: Star Wavers 3:30 Parachutes 4:00 Sing A Longs 6:00 Popcorn & A Movie	7 9:00 Donuts In The Courtyard 10:00 Park Walk 11:15 Sit And Be Fit 1:30 Health & Wellness: Relaxation 2:00 Out for Ice Cream 2:30 How its Made: Ice Cream 3:30 Giant Jenga 4:15 Aroma Therapy 6:00 Friday Funnies	8 10:00 Sit And Be Fit 10:30 Morning Refreshments 11:00 Trivia: Summer 11:30 Bingo! 1:30 Health & Wellness: Relaxation 2:00 Bean Bag Toss 3:30 Garden Club 4:30 Music Therapy
9 9:30 Mile Hi Church 9:30 IN2L Sermon 11:15 Sit And Be Fit 11:30 Morning Refreshments 1:30 Health & Wellness: Relaxation 2:30 Afternoon Movie 3:30 Spa Manicures 4:00 Songs Of Faith	10 10:30 Sit And Be Fit 11:00 Morning Refreshments 11:30 Bingo! 1:30 Health & Wellness: Relaxation 1:30 Out To The Movies 2:30 Yoga Class 3:15 Color Me Colorado 4:00 Bean Bag Toss 6:00 Monday Musical: Hairspray	11 10:30 Sit And Be Fit 11:00 Morning Refreshments 11:30 Trivia: 50's Music 1:30 Health & Wellness: Relaxation 2:00 Active Minds 2:30 Singing With Roz Brown 3:30 Giant Yahtzee 4:30 Monarch Karaoke	12 10:30 Sit And Be Fit 11:00 Coffee Chat 11:30 Brain Fitness 1:15 Chef Demo 1:30 Health & Wellness: Relaxation 2:30 Garden Club 2:45 Neighborhood Stroll 3:15 Pictionary 4:00 Music Therapy	13 9:30 Scenic Drive 10:30 Sit And Be Fit 11:00 Morning Refreshments 11:30 Resident Council 1:30 Health & Wellness: Relaxation 2:30 Pet Visit With The Turtle Dharma 3:30 Bean Bag Toss 4:00 Sing A Longs 6:00 Popcorn & A Movie	14 10:00 Park Walk 11:15 Sit And Be Fit 11:30 Morning Refreshments 1:30 Health & Wellness: Relaxation 2:30 Flag Day Craft 3:30 Giant Jenga 4:15 Aroma Therapy 6:00 Friday Funnies	15 10:00 Sit And Be Fit 10:30 Morning Refreshments 11:00 Brain Fitness 11:30 Bingo! 1:30 Health & Wellness: Relaxation 2:00 Baking With Amber 3:00 Happy Hour 4:30 Music Therapy
16 10:00 Mile Hi Sermon 11:15 Sit And Be Fit 11:30 Morning Refreshments 1:30 Health & Wellness: Relaxation 2:30 Afternoon Movie 3:30 Spa Manicures 4:00 Songs Of Faith Happy Father's Day!	17 10:30 Sit And Be Fit 11:00 Morning Refreshments 11:30 Out To The Zoo & Lunch 1:30 Health & Wellness: Relaxation 2:30 Yoga Class 3:15 Color Me Colorado 4:00 Bean Bag Toss 6:00 Monday Musical: West Side Story	18 10:30 Sit And Be Fit 11:00 Morning Refreshments 11:30 What Did It Cost? 1:30 Health & Wellness: Relaxation 3:15 Root Beer Floats 4:00 Pet Visit With Mavis 4:30 Monarch Karaoke	19 10:30 Sit And Be Fit 11:00 Coffee Chat 11:30 Brain Fitness 12:00 Men's' Luncheon 1:30 Health & Wellness: Relaxation 2:30 Neighborhood Stroll 2:45 Garden Club 3:15 Pictionary 4:00 Music Therapy	20 9:30 Scenic Drive 10:30 Sit And Be Fit 11:30 Out To Lunch: Buffalo Wild Wings 1:30 Health & Wellness: Relaxation 2:30 Craft: Bird Houses 3:30 Parachutes 4:00 Sing A Longs 6:00 Popcorn & A Movie	21 10:00 Park Walk 11:15 Sit And Be Fit 11:30 Morning Refreshments 1:30 Health & Wellness: Relaxation 2:30 Savers Club 3:30 Giant Jenga 4:15 Aroma Therapy 6:00 Friday Funnies	22 10:00 Sit And Be Fit 10:30 Morning Refreshments 11:00 What Did It Cost? 11:30 Bingo! 1:30 Health & Wellness: Relaxation 2:00 Bean Bag Toss 3:30 Garden Club 4:30 Music Therapy
23 10:00 Mile Hi Youth Group 11:15 Sit And Be Fit 11:30 Morning Refreshments 1:30 Health & Wellness: Relaxation 2:30 Afternoon Movie 3:30 Spa Manicures 4:00 Songs Of Faith	24 10:30 Sit And Be Fit 11:00 Morning Refreshments 11:30 Park Picnic 1:30 Health & Wellness: Relaxation 2:30 Yoga Class 3:15 Color Me Colorado 4:00 Bean Bag Toss 6:00 Monday Musical: Jersey Boys	25 10:30 Sit And Be Fit 11:00 Morning Refreshments 11:30 Trivia: 60's Music 1:30 Health & Wellness: Relaxation 2:30 Dancing With Rosemary 2:30 Singing With Roz Brown 3:30 Giant Yahtzee 4:00 Pet Visit With Mavis 4:30 Monarch Karaoke	26 10:30 Sit And Be Fit 11:00 Coffee Chat 11:30 Brain Fitness 1:30 Health & Wellness: Relaxation 2:00 Harry Potter Day: "Chamber of Secrets" 2:30 Village Inn Pie 3:45 Neighborhood Stroll 4:00 Music Therapy	27 9:30 Scenic Drive 10:30 Sit And Be Fit 11:00 Morning Refreshments 11:30 Brain Fitness 1:30 Health & Wellness: Relaxation 2:30 Bean Bag Toss 4:00 Sing A Longs 6:00 Popcorn & A Movie	28 9:30 Park Walk 11:00 Sit And Be Fit 11:30 Fast Food Friday 1:30 Health & Wellness: Relaxation 2:30 Craft 3:30 Giant Jenga 4:15 Aroma Therapy 6:00 Friday Funnies	29 10:00 Sit And Be Fit 10:30 Morning Refreshments 11:00 Brain Fitness 11:30 Bingo! 1:30 Health & Wellness: Relaxation 2:00 Baking With Amber 3:30 Happy Hour 4:30 Music Therapy