

Salishan

GRACIOUS RETIREMENT LIVING

191 Astaire Lane • Spring Hill, Florida 34609 • Phone (352) 263-2300 • www.seniorlivinginstyle.com

JUNE 2019 SALISHAN STAFF

Managers.....DEBI & TONY PETE
Assistant ManagersCHARLES & TONYA
CLECKNER
Executive Chef.....GARY NILES
Marketing.....MELISSA DUHAMEL
Activity CoordinatorJEN FERGUSON
Maintenance Coordinator..... PEDRO SANCHEZ
Bus DriverBILL FRAMPTON

TRANSPORTATION

Monday, 9:15 a.m.-3:15 p.m.: Shopping

Tuesday, 9:15 a.m.-3:15 p.m.:
Doctor Appointments — Spring Hill

Wednesday: Resident Outing — See Calendar

Thursday, 9:15 a.m.-3:15 p.m.:
Doctor Appointments —
Oak Hill and Brooksville

Friday, 9:15 a.m.-3:15 p.m.: Shopping

HAWTHORN
SENIOR LIVING

Fashion Show Is a Perfect 10

Our local Bon Worth store sponsored a lovely Mother's Day Fashion Show for our residents. At first, some of our ladies were hesitant when asked to model some outfits. However, when we took our trip to the store, everyone was laughing and having a great time. Each resident, including our Activity Coordinator Jen, chose two outfits to wear and showcase to our residents during the show. We had a great turnout, including residents who watched from the 2nd and 3rd floors into the atrium. All the ladies were beautiful and it was a wonderful way to celebrate mothers of all ages. They are already asking when the next one will be!



Salishan residents shine!



Barbara J.



Eve C.



Home Is Where the Salishan Heart Is

We are so excited to welcome our new residents into the Salishan family. Please help us make them feel at home by inviting them to your table for a meal or to a new activity.



Geraldine M.



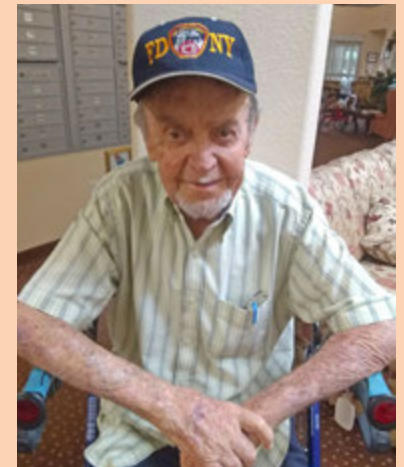
William J.



James and Doris V.



Andrea G.



John Q.

June Upcoming Events

- **Writing Guild of Spring Hill:** June 3rd
- **Tea at Three:** June 4th
- **Coney Island Hot Dogs:** June 7th
- **Father's Day Dinner:** June 16th
- **Avon Cosmetics Show:** June 17th
- **Paparazzi Jewelry:** June 18th
- **Tea at Three:** June 18th
- **Days of Summer BBQ:** June 28th





Here-N-There and This-N-That

Our residents have had a busy month! We had some great outings to the Gypsy Gold Horse Farm and the Tampa Bay Rays game. Some residents (and staff) participated in an Easter Egg Hunt throughout the building. We had a lovely time with our new ladies for our New Resident Dinner in the private dining room. Our Silver Sneakers class is also going strong with resident participation on Tuesday and Thursday mornings. We have many things going on throughout the week and we would love to have YOU with us on an outing or at an activity.



April New Resident Dinner



Residents diving into their Easter eggs



Let's play ball!



Silver Sneakers



Marie S. made a friend!

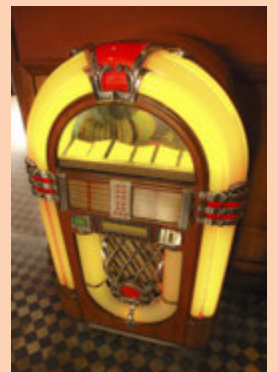


Terri and Andrew Dean put on a great show.

Let Me Entertain You!

Here is our Thursday lineup for June:

- **June 6th:** Fred Campbell (3 p.m.)
- **June 13th:** Susan Mallek (3 p.m.)
- **June 20th:** Louie Fortunato (3 p.m.)
- **June 27th:** Brittany Gonzalez (3 p.m.)



JUNE 2019

Birthdays

Marge O'Keefe, 5th
Betty Lou Bennett, 10th
June Subka, 10th
Marion Salch, 11th
Beverly Russell, 12th
Marie Hilton, 15th
Jean Richards, 21st
Doris Valentine, 21st
Barbara Johansen, 24th
Sharlaine Starck, 26th
Lori Mulcahy, 27th
Laura Yuhas, 29th

Locations

Activity Room, AR
Atrium, AT
Billiards Room, BR
Card Room, CR
Library, LB
Lobby, LB
Pool, PL
Theater, TH
TV Room, TV
Worship Room, WR

Northern Exposure at Salishan Salon

Hours of Operation:
Wednesday-Friday:
9 a.m.-4 p.m.
Saturday: 9 a.m.-3 p.m.
Phone: 352-686-3015

“The sun does not shine for a few trees and flowers, but for the wide world’s joy.”
—Henry Ward Beecher

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:30 Tai Chi with Mary, AR 10:00 Rummikub, CR 10:45 Wii Bowling, AR 2:00 Catholic Service, WR 3:00 Afternoon Matinee, TH 7:00 Evening Movie in the Theater, TH
2 10:00 Rummikub, CR 10:00 Wii Bowling, AR 2:30 Afternoon Matinee, TH 4:00 Nickel Bingo, AR 7:00 Evening Movie in the Theater, TH	3 9:30 Drumming Exercise, AR 10:00 Rummikub, CR 10:00 Piano Music & Singalong with Dave 2:00 Nickel Bingo, AR 3:00 Writing Guild of Spring Hill, LB 6:45 Mexican Train, AR 7:00 Evening Movie in the Theater, TH	4 9:00 Silver Sneakers, AR 10:00 Rummikub, CR 10:00 Beach Ball Exercise, AT 10:30 Beanbag Baseball, AT 2:00 Pokeno, AR 3:00 Tea at Three, AR 7:00 Evening Movie in the Theater, TH	5 8:30 Blood Pressure Checks with Mederi, AR 10:00 Rummikub, CR 10:00 Sunken Gardens 2:30 Mid-Week Movie, TH 4:00 Nickel Bingo, AR 6:45 Mexican Train, AR 7:00 Evening Movie in the Theater, TH	6 9:00 Silver Sneakers, AR 10:00 Rummikub, CR 10:00 Beach Ball Exercise, AT 10:30 Horse Racing, AT 11:15 Resident Meeting with Chef Gary, AR 2:00 Non Denom. Service, WR 2:00 Pokeno, AR 3:00 Music with Fred Campbell, AT 7:00 Evening Movie, TH	7 9:30 Aqua Chi, PL 10:00 Rummikub, CR 12:00 Trip to Coney Island Hot Dogs, LB 2:00 Nickel Bingo, AR 7:00 Evening Movie in the Theater, TH 7:00 Card Club, AR	8 9:30 Tai Chi with Mary, AR 10:00 Rummikub, CR 10:45 Wii Bowling, AR 2:00 Catholic Service, WR 3:00 Afternoon Matinee, TH 7:00 Evening Movie in the Theater, TH
9 10:00 Rummikub, CR 10:00 Wii Bowling, AR 2:00 Cornerstone Baptist Church, AT 2:30 Afternoon Matinee, TH 3:00 St. Andrew Episcopal Church, WR 4:00 Nickel Bingo, AR 7:00 Evening Movie in the Theater, TH	10 9:30 Drumming Exercise, AR 10:00 Rummikub, CR 10:00 Piano Music & Singalong with Dave 2:00 Nickel Bingo, AR 6:45 Mexican Train, AR 7:00 Evening Movie in the Theater, TH	11 9:00 Silver Sneakers, AR 10:00 Rummikub, CR 10:00 Beach Ball Exercise, AT 10:30 Beanbag Baseball, AT 11:15 Manager/Resident Meeting, AR 12:30 New Resident Dinner 2:00 Pokeno, AR 7:00 Evening Movie in the Theater, TH	12 8:30 Blood Pressure Checks with Mederi, AR 10:00 Rummikub, CR 11:00 Marina Rose Lunch Cruise 2:30 Mid-Week Movie, TH 4:00 Nickel Bingo, AR 6:45 Mexican Train, AR 7:00 Evening Movie in the Theater, TH	13 9:00 Silver Sneakers, AR 10:00 Rummikub, CR 10:00 Beach Ball Exercise, AT 10:30 Horse Racing, AT 11:30 Bible Lessons, WR 2:00 Non Denom. Service, WR 2:00 Pokeno, AR 3:00 Music with Sioux, AT 7:00 Evening Movie, TH	14 FLAG DAY 9:00 Dr. Collum (Podiatrist), TV 9:30 Aqua Chi, PL 10:00 Rummikub, CR 2:00 Nickel Bingo, AR 7:00 Evening Movie in the Theater, TH 7:00 Card Club, AR	15 9:30 Tai Chi with Mary, AR 10:00 Rummikub, CR 10:45 Wii Bowling, AR 2:00 Catholic Service, WR 3:00 Afternoon Matinee, TH 7:00 Evening Movie in the Theater, TH
16 FATHER'S DAY 10:00 Rummikub, CR 10:00 Wii Bowling, AR 12:30 Father's Day Dinner 2:30 Afternoon Matinee, TH 4:00 Nickel Bingo, AR 7:00 Evening Movie in the Theater, TH	17 9:30 Drumming Exercise, AR 10:00 Rummikub, CR 10:00 Piano Music & Singalong with Dave 10:30 Avon Cosmetics Show, AT 2:00 Nickel Bingo, AR 6:45 Mexican Train, AR 7:00 Evening Movie in the Theater, TH	18 9:00 Silver Sneakers, AR 10:00 Rummikub, CR 10:00 Beach Ball Exercise, AT 10:30 Beanbag Baseball, AT 1:30 Paparazzi Jewelry, AT 2:00 Pokeno, AR 3:00 Tea at Three, AR 7:00 Evening Movie in the Theater, TH	19 8:30 Blood Pressure Checks with Mederi, AR 10:00 Rummikub, CR 10:00 The Shops at Wiregrass 2:30 Mid-Week Movie, TH 4:00 Nickel Bingo, AR 6:45 Mexican Train, AR 7:00 Evening Movie in the Theater, TH	20 9:00 Silver Sneakers, AR 10:00 Rummikub, CR 10:00 Beach Ball Exercise, AT 10:30 Horse Racing, AT 2:00 Non Denom. Service, WR 2:00 Pokeno, AR 3:00 Music with Louie Fortunato, AT 7:00 Evening Movie, TH	21 SUMMER BEGINS 9:30 Aqua Chi, PL 10:00 Rummikub, CR 2:00 Nickel Bingo, AR 4:00 Worship with Minister Leonard, AT 7:00 Evening Movie in the Theater, TH 7:00 Card Club, AR	22 9:30 Tai Chi with Mary, AR 10:00 Rummikub, CR 10:45 Wii Bowling, AR 2:00 Catholic Service, WR 3:00 Afternoon Matinee, TH 7:00 Evening Movie in the Theater, TH
23 10:00 Rummikub, CR 10:00 Wii Bowling, AR 2:30 Afternoon Matinee, TH 4:00 Nickel Bingo, AR 7:00 Evening Movie in the Theater, TH	24 9:30 Drumming Exercise, AR 10:00 Rummikub, CR 10:00 Piano Music & Singalong with Dave 2:00 Nickel Bingo, AR 6:45 Mexican Train, AR 7:00 Evening Movie in the Theater, TH	25 9:00 Silver Sneakers, AR 10:00 Rummikub, CR 10:00 Beach Ball Exercise, AT 10:30 Beanbag Baseball, AT 2:00 Pokeno, AR 7:00 Evening Movie in the Theater, TH	26 8:30 Blood Pressure Checks with Mederi, AR 10:00 Rummikub, CR 10:00 Hard Rock Casino 2:30 Mid-Week Movie, TH 4:00 Nickel Bingo, AR 6:45 Mexican Train, AR 7:00 Evening Movie in the Theater, TH	27 9:00 Silver Sneakers, AR 10:00 Rummikub, CR 10:00 Beach Ball Exercise, AT 10:30 Horse Racing, AT 11:30 Bible Lessons, WR 2:00 Non Denom. Service, WR 2:00 Pokeno, AR 3:00 Music with Brittany Gonzalez, AT 7:00 Evening Movie, TH	28 9:30 Aqua Chi, PL 10:00 Rummikub, CR 12:30 Days of Summer BBQ 2:00 Nickel Bingo, AR 7:00 Evening Movie in the Theater, TH 7:00 Card Club, AR	29 9:30 Tai Chi with Mary, AR 10:00 Rummikub, CR 10:45 Wii Bowling, AR 2:00 Catholic Service, WR 3:00 Afternoon Matinee, TH 7:00 Evening Movie in the Theater, TH
30 10:00 Rummikub, CR 10:00 Wii Bowling, AR 2:30 Afternoon Matinee, TH 4:00 Nickel Bingo, AR 7:00 Evening Movie in the Theater, TH						

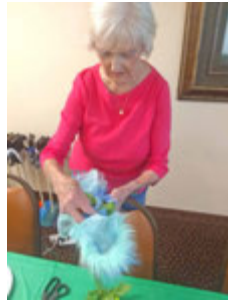


Kentucky Derby Fun at Salishan

Our Kentucky Derby Day was so fun! Many of our residents made fascinators for the special day. We had many items available for them to use (flowers, ribbons, bath poufs, feathers, etc.) We used a simple headband and glued all of the different items to create beautiful color combinations. Chef Gary prepared a wonderful southern meal of fried chicken with all the fixin's. Jen made up a batch of mint julep Mocktails and they were a big hit with the residents waiting to play a Derby-themed game of bingo. We ended the day with a special round of Salishan Horse Racing. We were all tired after crossing the finish line but it was a great festive day!



Marie S.



Beverly R.
creating her
masterpiece



Libby N. and Millie K.



Everyone placed their
bets for a win!

Salishan Showcases Local Authors

Retired Judge Sandy Prindle presented a program on his latest book "Booth's Confederate Connections." The topic deals with presenting proof of Confederate complicity with John Wilkes Booth and the assassination of Abraham Lincoln. While the presentation was in depth, Sandy was easy to understand and encouraged audience participation in answering questions and postulating ideas. Sandy ended his program with a book signing and Salishan was glad to serve as host.

On a separate occasion, Salishan hosted a session by the Writing Guild of Spring Hill. This is a small group of local authors, some of them published, and they get together frequently to write, exchange ideas and offer criticism. A few of these authors had a round-table reading session of a few short stories with our residents. They engaged in discussion, asked for the residents' opinions and ideas, and even encouraged our residents to present some of their own work. It was a great time of sharing the written word and we are excited to have the group back in June.



Sandy P. during his lecture



Sandy P. dedicated
a copy of his book.



Writing Guild of Spring Hill



Want to Become a Centenarian?

You may be asking yourself, "What is a centenarian?" Well, it is a name for a person who is 100 years old or older. In April, Salishan was blessed to have two residents celebrate their birthdays past the 100-year mark. Rex Slentz turned 101 and is such a fun guy!



Rex S. celebrates 101!



Theresa W. celebrates 104 with family and friends.

He stays active by going to his wood shop every day to make beautiful birds that hang all around our community and fly up and down as the wind blows. He paints them all different colors and they are a wonderful testament to his staying active. Our other resident, Theresa Wujick, turned 104! She is out and about every day, is a total sweetheart, and loves to sing and dance during our singalongs or with our entertainers. When asked what her secret was to living a long life, she simply said, "Men!" Both of these residents love life and we are so glad to have them at Salishan!

Our Salishan Rose

A rose is a picture of beauty. It is composed of many petals; each petal is very important to the symmetry of the flower. No two are exactly alike but all are held together by a single center and growing on a single stem.

Our Salishan Family is much like a rose. It is composed of single members, each very important to the beauty of the family. No



two members are exactly alike. Each one has his own way of showing love and compassion and each one is much needed to complete the whole.

As we arise each morning, we think of our fellow man. He may need a helping hand, a listening heart, or a sincere smile.

Let us give thanks today for our family, held together by love for each other.

This, then, is our Salishan Rose, giving its radiance and beauty to a troubled world and may there ever be peace in the world.

Gene Collins (2015)

The Magnolia Tree

As I gazed upon God's
handiwork
Which attracted my eyes as I
walked
Such beauty didn't seem real
to me
For I have never seen a
Magnolia Tree
Soon you wouldn't see any
buds at all
But many colorful breathtaking
flowers in the fall
Its beauty just rings out for you
and me
For that's a Magnolia Tree
Marie Sicari (1945)



191 Astaire Lane
Spring Hill, Florida 34609



Hello Sunshine!

We do believe that our home is where the heart is. Please come join us for a cold glass of lemonade and see firsthand how things are really heating up with our summer activities calendar. Give us a call for more information on any of the activities you would like to participate in or feel free to stop by to meet our caring staff and have a complimentary meal and tour.



352-263-2300

