

COTTONWOOD — ESTATES — Gracious Retirement Living

255 Vaughan Drive • Alpharetta, GA 30009 • Phone (678) 242-0334 • www.seniorlivinginstyle.com

JUNE 2019

COTTONWOOD ESTATES STAFF

Managers.....JIM & LAURIE KUCKUCK
Assistant ManagersGEORGE & JOYCE
BENDALL
Executive ChefJONATHAN ELAM
Marketing.....MATTHEW SIPERA
Activity CoordinatorIVY VARENHORST
MaintenanceMARK SIMMS
TransportationTHOMAS BABER

TRANSPORTATION

Monday, 9:30 a.m. and 2 p.m.:
Windward Pkwy Shopping

Tuesday, 9 a.m.-2 p.m.: Doctor Appointments

Wednesday, TBD: Outing

Thursday, 9 a.m.-2 p.m.: Doctor Appointments

Friday, 9:30 a.m.: Northpoint Pkwy Shopping

HAWTHORN
SENIOR LIVING

Dancing the Night Away

On April 20th, Cottonwood hosted a Senior Prom. Every year, the prom is planned with Bridging the Generations. Bridging the Generations is a club from Cambridge High School that comes once a month during the school year and does a social with our residents. The last event of the school year is the Senior Prom. They come early in the morning to help decorate and came an hour early to help finish setting up. The theme of the prom was Midnight Masquerade. With everyone in their prom attire, the dancing began. There was a good mix of fast and slow music, even a western song.

This year at Cottonwood, we started a new tradition. We crowned a prince and princess of the prom as well as a king and queen. This year's prince was Thom Turner, princess was Gillian Paterson, and king and queen were Hans and Karin Fedderson. Everyone who was crowned was very surprised.

(Photos continued inside)



Hans Fedderson, Karen Federson, Gillian Paterson and Thomas Turner were our Prom Court.



Dancing the Night Away (Continued)



Kay getting her groove on!



Harvey sure knows how to move!



Yvonne and Truman share a slow dance.



Janet moving with the beat



Janet and Carolyn dancing



Imogen and Pablo getting funky

Meet Your New Librarians!

I have been your librarian for five and a half years and have thoroughly enjoyed it, but it is time for new ideas and Peggy Beatty has very kindly agreed to take over the work with Sandy Mule, who has volunteered to help her.

I would like to thank all of our managers who have helped me so much with a daily copy of "USA Today" together with the weekly local papers (please do not remove "USA Today" from the library). Thank you for all the support you have given me over the years. Now, I'll have time to read those lovely books!

Gillian Paterson



Cottonwood Celebrates Tourist Day

May 7th was Tourism Day. At Cottonwood, residents dressed in their best tacky tourist attire! The managers got in on the action, too!



Geri is ready to travel!



Karen is ready for a safari.



Gillian is ready to go.



Laurie, Vivian, Thom, Geri, and Jim are tacky tourists.



Thom was our Captain of the Tourists!



Anne is ready to hit the beach in her Hawaiian shirt.

Off to the Races!

Every Thursday at 3 p.m. in the Atrium, you can hear the shouts echoing as residents cheer on their horse to the finish line. Participants bet dimes on their favorite horse. Two dice are rolled to determine which horse moves and how many places it moves. If you want to experience the thrill of the Kentucky Derby every week, come to horse racing!



Lilly with her horse



Ruth and Gillian with their horse

JUNE 2019

Birthdays

Lilli Walter, 2nd
 Mary Kuckuck, 2nd
 Mary Thompson, 13th
 Jack Layne, 15th
 Ann Barton, 17th
 Karen Freeman, 18th
 Lucile Drumheller, 22nd
 James Knight, 22nd
 Bill Adkins, 25th
 Lottie Swietoniowski, 26th

Locations

Activity Center, AC
 Atrium, AT
 Billiards Room, BR
 Chapel, CH
 Computer Center, CC
 Dining Room, DR
 Exercise Room, EX
 Firepit, FP
 Front Lobby, Lobby
 Library, L
 Movie Theater, MT
 TV Room, TV

“The sun does not shine for a few trees and flowers, but for the wide world’s joy.”

—Henry Ward Beecher

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sunday Puzzle Available, AC 2 9:00 Televised Church Service: Lakewood Church, MT 10:30 Alpharetta First United Methodist, Lobby 2:00 Pokeno, AC 3:00 Ice Cream with the Kuckucks, DR 7:00 Cottonwood Classic Movies, MT	9:30 Alpharetta Adult Activity Center, Lobby 3 9:30 Windward Pkwy. Shopping, Lobby 10:00 Balance and Strengthening, AC 10:30 Knitting & Crocheting, DR 2:00 Windward Pkwy. Shopping, Lobby 2:00 Creative Creations: Kaleidoscope, AC 3:00 Four Aces Poker Club, DR 4:00 Father's Day Advice & Memory Sharing, AC 7:00 Bingo, AC	10:00 Pilates/Yoga, AC 4 10:30 Guided Meditation, AC 11:00 Senior Symposium: Balance Testing with Legacy, TV 11:30 St. Aidan's Communion, CH 11:30 Charades, AC 1:45 Bridge Club, BR 3:00 Culinary Creations: Wedding Cookies, AC 3:30 Rummikub, DR 7:00 Bingo, AC	10:00 Football Hall of Fame, Lobby 5 3:00 Chit Chat with Ivy, AC 4:00 Book Club, L 4:00 Silver Sneakers Stability, AC 7:00 Kings Corner, DR 7:00 Cottonwood Classic Movies, MT	D-Day 6 10:00 Chair Aerobics, AC 10:30 Bible Study, CH 12:20 Dining Room Trivia, DR 2:00 Mahjong, BR 2:00 Blood Pressure Check, AC 3:00 Horse Racing, AC 4:00 Art Relaxation, DR 7:00 Euchre, BR	National Chocolate Ice Cream Day 7 9:30 North Point Pkwy. Shopping, Lobby 10:00 Tai Chi, AC 11:15 Bible Sharing, AC 2:00 Hearts, BR 3:30 Cardio Drumming, AC 4:00 Happy Hour with Chef Jonathan, AC 7:00 Cottonwood Classic Movies, MT 7:00 Bingo, AC	10:30 Donuts in the Round, AC 8 11:00 Gardening 2:00 Trivia Available, AC 3:00 Bocce Ball, AC 6:45 St. Thomas Aquinas Eucharist, CH 7:00 Bingo, AC
Sunday Puzzle Available, AC 9 9:00 Televised Church Service: Lakewood Church, MT 10:30 Alpharetta First United Methodist, Lobby 2:00 Pokeno, AC 3:00 Ice Cream with the Kuckucks, DR 7:00 Cottonwood Classic Movies, MT	9:30 Alpharetta Adult Activity Center, Lobby 10 9:30 Windward Pkwy. Shopping, Lobby 10:00 Balance and Strengthening, AC 10:30 Knitting & Crocheting, DR 2:00 Windward Pkwy. Shopping, Lobby 2:00 Creative Creations: Bookmarks, AC 3:00 Four Aces Poker Club, DR 7:00 Bingo, AC 7:00 John Wayne Movie Night, MT	10:00 Pilates/Yoga, AC 11 10:30 Guided Meditation, AC 11:00 Garden Club Meeting, AC 11:00 Senior Symposium: Legal Documents, TV 11:30 St. Aidan's Talk, L 12:20 Sir Baton Trivia, DR 1:45 Bridge Club, BR 2:00 Electronic Trivia, TV 3:00 Resident/Activity Meeting, AC 3:30 Rummikub, DR 7:00 Bingo, AC	10:00 Picnic at Unicoi State Park, Lobby 12 11:00 Sons Jewelry Box Sale, AT 3:00 Chit Chat with Ivy, AC 4:00 Silver Sneakers Stability, AC 7:00 Kings Corner, DR 7:00 Cottonwood Classic Movies, MT	8:00 Men's Breakfast, AC 13 10:00 Chair Aerobics, AC 10:30 Bible Study, CH 10:30 BBQ Demonstration with Chef Jonathon, AC 11:00 Ben & Pam: Patriotic Performance, AC 12:20 Dining Room Trivia, DR 2:00 Mahjong, BR 2:00 Blood Pressure Check, AC 3:00 Horse Racing, AC 4:00 Art Relaxation, DR 7:00 Euchre, BR	FLAG DAY 14 9:30 North Point Pkwy. Shopping, Lobby 10:00 Tai Chi, AC 11:15 Bible Sharing, AC 2:00 Hearts, BR 3:30 Cardio Drumming, AC 4:00 Happy Hour with Discovery Health, AC 7:00 Cottonwood Classic Movies, MT 7:00 Bingo, AC	10:30 Donuts in the Round, AC 15 11:00 Gardening 2:00 Trivia Available, AC 3:00 Bocce Ball, AC 6:45 St. Thomas Aquinas Eucharist, CH 7:00 Bingo, AC
FATHER'S DAY 16 Sunday Puzzle Available, AC 9:00 Televised Church Service: Lakewood Church, MT 10:30 Alpharetta First United Methodist, Lobby 2:00 Pokeno, AC 3:00 Ice Cream with the Kuckucks, DR 7:00 Cottonwood Classic Movies, MT	9:30 Alpharetta Adult Activity Center, Lobby 17 9:30 Windward Pkwy. Shopping, Lobby 10:00 Balance and Strengthening, AC 10:30 Knitting & Crocheting, DR 2:00 Windward Pkwy. Shopping, Lobby 2:00 Creative Creations: Flower Crowns, AC 3:00 Four Aces Poker Club, DR 4:00 To Bee or Not to Bee Spelling Bee!, AC 7:00 Bingo, AC	10:00 Pilates/Yoga, AC 18 10:30 Guided Meditation, AC 11:30 St. Aidan's Communion, CH 1:45 Bridge Club, BR 3:00 Picnic Word Game, AC 3:00 Culinary Creations: Wedding Cake, AC 3:30 Rummikub, DR 7:00 Bingo, AC	11:30 Red Lobster, Lobby 19 3:00 Chit Chat with Ivy, AC 4:00 Book Club, L 4:00 Silver Sneakers Stability, AC 7:00 Kings Corner, DR 7:00 Cottonwood Classic Movies, MT	10:00 Chair Aerobics, AC 20 10:30 Bible Study, CH 10:30 Chef/Resident Meeting, AC 12:20 Dining Room Trivia, DR 12:30 Topsy Turvy Thursday, DR 2:00 Blood Pressure Check, AC 2:00 Mahjong, BR 3:00 Horse Racing, AC 4:00 Art Relaxation, DR 7:00 Euchre, BR	SUMMER BEGINS 21 International Yoga Day 9:30 North Point Pkwy. Shopping, Lobby 10:00 Tai Chi, AC 11:00 Beading Class, AC 11:15 Bible Sharing, AC 2:00 Hearts, BR 3:00 Yoga Class, AC 4:00 Happy Hour with Legacy PT, AC 7:00 Cottonwood Classic Movies, MT 7:00 Bingo, AC	10:30 Donuts in the Round, AC 22 11:00 Gardening 2:00 Trivia Available, AC 2:00 Great American Campout!, AC 3:00 Bocce Ball, AC 6:45 St. Thomas Aquinas Eucharist, CH 7:00 Bingo, AC
Sunday Puzzle Available, AC 23 9:00 Televised Church Service: Lakewood Church, MT 10:30 Alpharetta First United Methodist, Lobby 2:00 Pokeno, AC 3:00 Ice Cream with the Kuckucks, DR 7:00 Cottonwood Classic Movies, MT	9:30 Alpharetta Adult Activity Center, Lobby 24 9:30 Windward Pkwy. Shopping, Lobby 10:00 Balance and Strengthening, AC 10:30 Knitting & Crocheting, DR 2:00 Windward Pkwy. Shopping, Lobby 2:00 Creative Creations: Surprise Craft, AC 3:00 Four Aces Poker Club, DR 4:00 Singalong with Reba, DR 7:00 Bingo, AC	10:00 Pilates/Yoga, AC 25 10:30 Guided Meditation, AC 11:30 St. Aidan's Talk, L 1:45 Bridge Club, BR 2:00 Electronic Trivia, TV 3:00 Wedding Reception with Music to My Ears, AC 3:30 Rummikub, DR 7:00 Bingo, AC	10:30 Java Cats Cafe, Lobby 26 2:00 Resident/Management Mtg., AC 3:00 Chit Chat with Ivy, AC 4:00 Silver Sneakers Stability, AC 7:00 Kings Corner, DR 7:00 Cottonwood Classic Movies, MT	10:00 Chair Aerobics, AC 27 10:30 Bible Study, CH 12:20 Dining Room Trivia, DR 2:00 Mahjong, BR 2:00 Blood Pressure Check, AC 3:00 Horse Racing, AC 4:00 Art Relaxation, DR 7:00 Euchre, BR	9:30 North Point Pkwy. Shopping, Lobby 28 10:00 Tai Chi, AC 11:15 Bible Sharing, AC 12:20 Anniversary of WWI, DR 2:00 Hearts, BR 3:30 Cardio Drumming, AC 4:00 Happy Hour Potluck, AC 7:00 Cottonwood Classic Movies, MT 7:00 Bingo, AC	10:30 Donuts in the Round, AC 29 11:00 Gardening 2:00 Trivia Available, AC 3:00 Bocce Ball, AC 6:45 St. Thomas Aquinas Eucharist, CH 7:00 Bingo, AC
Sunday Puzzle Available, AC 30 Michael Phelps Trivia Available, AC 9:00 Televised Church Service: Lakewood Church, MT 10:30 Alpharetta First United Methodist, Lobby 2:00 Pokeno, AC 3:00 Ice Cream with the Kuckucks, DR 7:00 Cottonwood Classic Movies, MT						



Easter Tea

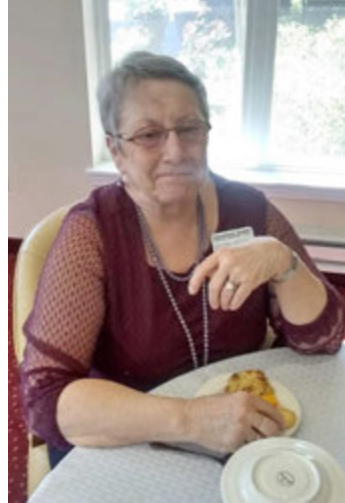
April 21st marked Easter! To celebrate, Cottonwood hosted an Easter Tea. Chef Jonathon prepared tea sandwiches, a cheese platter, and scones. Our own Gillian Paterson baked rock cakes. Lilly doubled as Cottonwood's Easter Bunny.



Sandy is all smiles at our tea!



Gillian made rock cake for our tea.



Vivian enjoying Easter treats



Chef prepared a wonderful spread.



Lilly the Easter Bunny

Elvis Is in the Building

April 17th, the King of Rock and Roll came to perform. Residents and guests enjoyed a wonderful performance with hits such as "On Blueberry Hill." Elvis is always a crowd favorite and this was no exception!



Kay is all smiles!



Janet is a big Elvis fan!



Elvis serenading a guest



Elvis working the crowd



Cottonwood Goes to the Atlanta Botanical Garden

May 1st, Cottonwood Estates went to the Atlanta Botanical Garden. This was a very popular outing with our Garden Club in attendance. The gardens have several different kinds of gardens including an edible garden, Japanese garden, children's garden, and orchid house. Residents even got a behind-the-scenes tour in the greenhouse!



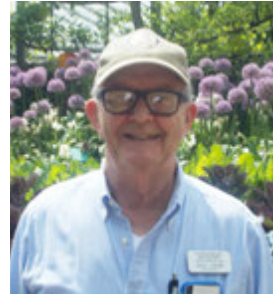
Peggy and her daughter at the gardens



Reba and Margo enjoying the weather at the gardens



Judith and Mildred enjoying the gardens



Jack is all smiles in the edible garden.



Everyone is excited to see the gardens.



Taking a rest before seeing the rest of the gardens

Come to Culinary Creations!

Culinary Creations is the first and third Tuesday of every month at 3 p.m. Our first recipe was German chocolate cake and it was a great success! When the cake was done, it disappeared rather quickly. If you'd like to come to Culinary Creations, be sure to sign up in the Activities Center.



Georgette preparing the frosting



Ruth enjoying the chocolate frosting



Grace, Ruth, and Carolyn are ready to get cooking!

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Hello Sunshine!

We do believe that our home is where the heart is. Please come join us for a cold glass of lemonade and see firsthand how things are really heating up with our summer activities calendar. Give us a call for more information on any of the activities you would like to participate in or feel free to stop by to meet our caring staff and have a complimentary meal and tour.

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