

JUNE 2019

WHISPERING PINES STAFF

Manager	JOSEPH WAWRZYNEK
Assistant Managers	RHONDA ABERNATHY
	& STEVEN HUNT
Assistant Managers	LYNN & SCOTT ENOCH
Executive Chef	LEROY HOLLEY JR.
Activity Coordinator	COLETTE MOLNAR
Maintenance	JOHN RODRIGUES
Transportation	TOM MADIGAN

TRANSPORTATION

Monday, 2-4 p.m.: Shopping

Tuesday, 8:30 a.m.-12:30 p.m.: Appointments

Wednesday, 9:30-11:30 a.m.: Shopping

Thursday, 8:30 a.m.-12:30 p.m.: Appointments

Friday, 9:30-11:30 a.m.: Shopping



June Brings the Heat to North Carolina

Well, hello June in North Carolina. Yes indeed, my third summer living here now, and I finally figured out the weather. DO not plan outdoor events in the summer in North Carolina! If the heat doesn't get to you, the humidity certainly will! We will have a lot of fun this summer, wherever we can find air-conditioning!

When we think of June approaching, we have just recognized Memorial Day. A day to pay tribute to our fallen soldiers. A day to remember that our way of life would not be what it is without the sacrifices of our military.

On Flag Day, June 14th, we honor our flag and all that it stands for. When someone is disrespectful toward the flag, we feel it in our gut. That flag embodies everything that the United States stands for. Life, liberty, and the pursuit of happiness.

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Delivering our May Day baskets to our First Responders. Small token of our appreciation for all they do for us.



New Residents at Whispering Pines



Sue Merrill, originally from West Virginia, has lived in Raleigh many years. She decided to sell her house and now we are lucky to have her here!



Kathy Pitz recently moved to Raleigh from out of state to join her daughter in North Carolina! Welcome Kathy!

Our Recent Visit to the North Carolina Museum of Science

One of the many treasures in the city of Raleigh is the North Carolina Museum of Science. The exhibits vary and there is something different to see each time we visit. We are particularly fond of the Butterfly Garden. The warm temperature-controlled room provides the perfect environment for the butterflies to fly and land on greenery or



Dinos wasn't afraid of "JAWS"!

us! The museum is free and has many treasures! Join us when we go the next time!



Pat and Carol in the Butterfly Garden



Jean and Ercell loved the Butterfly Garden!

June Brings the Heat to North Carolina (Continued)

By the end of June, we are looking forward to our Fourth of July plans and having fun with family and friends at a BBQ with fireworks.

These holidays are emotional for us. There are moments of sadness, moments of pride, and moments of sheer happiness. Let us all never take for granted the services provided to us by our military, police, firefighters, and EMTS who come to our aid, when we need help the most.

We are truly blessed to live in the greatest country — United States of America! God bless us all!



Thank You for Sending Me to Orlando for the Yearly Conference!

Thank you all for sending me to the 2019 Activity Coordinator Conference held in sunny Orlando, Florida! The weather was beautiful, the hotel was exquisite, and the company was even better!

The conference is a great way to meet other Activity Coordinators and share ideas that enhance our residents' lives.

They had a professional inspirational speaker that really engaged the audience of Chefs and Activity Coordinators. With all those LARGE personalities in one room, there was a lot of enthusiasm!

I learned a lot and had a great time! Thank you!



Alex, our former Sous Chef, Colette and Chef Leroy at the conference at Orlando

Our Recent Visit to the Sarah B. Duke Gardens

Spring is never complete for us until we make our annual trip to view the gorgeous array of blooming spring flowers, bushes and trees at the Sarah B. Duke Gardens, located in Durham near Duke University. The 55 acres of amazing gardens would be impossible to see without the wonderful assistance of docent-driven gold carts. These

volunteer docents are such an asset to Duke Gardens. The guided tours on the golf carts lasts about 45-50 minutes. The volunteers are so knowledgeable and pleasant. Entry to the gardens is free and the cost of a golf cart guided tour is only \$10. Residents sit and listen and just enjoy the scenery! It's the only way to experience the Famous Sarah B. **Duke Gardens!**



Francis loved shopping in the gift shop and nursery while waiting her turn on the golf cart.



Don and Pat all cozy on the back of the golf cart as they take in the garden views!



Riding a golf cart around the famous Duke Gardens with a tour guide is the only way to see the five acres of beautiful gardens!

JUNE 2019

Birthdays

Joe Schwarz, 3rd Ed Holmes, 6th Caroline Smith, 21st Dorothy Lick, 23rd Barbara Miller, 26th Barbara Wells, 30th

Locations

Activity Room, AR
Billiards Room, BR
Bistro, B
Chapel, CH
Computer Center, CC
Courtyard, CY
Dining Room, DR
Exercise Room, EX
Front Lobby, Lobby
Movie Theater, MT
Sign Up, SU
TV Room, TV

Movie Showtimes

- 2:30 p.m. Matinee
- 7 p.m. Evening Show

Shopping & Errands

Mondays: 2-4 p.m. Wednesdays: 9:30-11:30 a.m. Fridays: 9:30-11:30 a.m.

"The sun does not shine for a few trees and flowers, but for the wide world's joy."

—Henry Ward Beecher

4:00 Play Ping

Pong, EX





Mother's Day Events ... "Girls Just Want to Have Fun!"

At Whispering Pines, we love to have FUN! Especially the women of Whispering Pines. Mother's Day was the perfect excuse to indulge ourselves with shopping, pampering, and having a good time!

We decided that we wanted to have a Spring Fashion Show! We wanted to get all glamorous and wanted to model the current fashions. So, 12 beautiful ladies agreed to head over to Chico's at the mall with me, and we had personal shoppers cater to our every desire! The staff at Chico's spoiled the ladies with refreshments while they helped find the perfect outfit for each of the ladies! The outfits were all different and beautiful.

The day of the Fashion Show, a Mary Kay representative came in to demonstrate proper skin care and how to apply the right color makeup for each individual skin tone. It was wonderful. After the makeup was applied, the ladies put on their Chico's outfits that were brought to us by the store manager, Karen, and the assistant manager, Yvonne. The dining room was filled to capacity as the ladies strutted their fashions to the enthusiastic audience of fellow residents! I may have heard a whistle or two! Karen narrated each outfit and each lady paraded around the dining room. Those ladies know a thing or two about working the runway! Such good sports!

The day before Mother's Day was celebrated with our annual Mother's Day Tea. The elegant event was held in the afternoon and hosted multiple generations of ladies. Hats were adorned while ladies enjoyed flavored hot teas and plates of cheese and crackers, fresh fruit, and delicious pastries.

On Sunday, May 12th, the residents and guests were treated to a delicious dinner of surf and turf and an array of delicious side dishes. The meal was finished with a piece of

fresh strawberry shortcake. What a wonderful way to let our mothers know how special they all are!



Ercell applying Mary Kay make-up for her modeling debut



Barbara trying on her modeling outfit in the dressing room at Chico's



Shirley "working" that runway with all the professional modeling moves



Mary DeRover surrounded by love from daughter-in-law Lori, granddaughter Catherine, and three adorable great-granddaughters at our Mother's Day Tea!

Culinary Corner With Sous Chef Molly

Sous Chef Molly has been spoiling us with all her homemade recipes handed down from her grandmother to her mother, to Molly and now to all

the residents of Whispering Pines! Grandma's secret recipes are no longer a secret! Instead, they are being enjoyed by the residents of Whispering Pines! This month, Molly made a lemon meringue pie that was delicious and gorgeous! You are spoiling us, Molly (and we love it)!



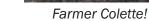


Nobody is cuter than Barbara M. attending to her raised garden beds. Love the hat, Barbara!

Earth Day 2019 at Whispering Pines

Each year, Earth Day is officially celebrated on April 22nd. Earth Day is an environmental movement that started in 1970, during a time of unrest in our country. There were protests against the Vietnam War and many Americans had a growing concern of the long-term effects of pollution on our environment.

Earth Day was founded by Gaylord Nelson, a U.S. Senator from Wisconsin, after he witnessed the ravages of the 1969 massive oil spill in Santa Barbara, California. He hoped to bring the same amount of energy, attention and public awareness to concerns about air and water pollution.



His efforts were a huge success. All political parties, rich and

poor people, farmers and city folks, everyone embraced the movement! These efforts eventually led to the creation of the United States Environmental Protection Agency. The EPA adopted the passage, "Clean Air, Clean Water, and Endangered Species Act."

Today, the fight for a clean environment is stronger than ever. Over 192 countries share the same concerns for our environment. We decided we wanted to do our part, too. So, we decided to plant a butterfly bush on the grounds of

Whispering Pines. We also made a butterfly feeder to put right next to the bush. Now we hope to enjoy watching different kinds of butterflies visit our bush and hydrate themselves by our feeder. If we all just do a little bit, so much can be accomplished to improve our environment!



Caroline showing off our homemade butterfly feeder



The ladies gathered round to watch "you know who" dig the hole for our Butterfly Tree!



Molly making the crust for the homemade pie



Voila! The magnifique lemon meringue pie ... Yum!



7501 Lead Mine Road Raleigh, NC 27615



Hello Sunshine!

We do believe that our home is where the heart is. Please come join us for a cold glass of lemonade and see firsthand how things are really heating up with our summer activities calendar. Give us a call for more information on any of the activities you would like to participate in or feel free to stop by to meet our caring staff and have a complimentary meal and tour.



919-870-0222

