

StoneRidge

Gracious Retirement Living

105 Convention Drive • Cary, NC 27511 • Phone (919) 460-0560 • www.seniorlivinginstyle.com

JUNE 2019

STONERIDGE STAFF

Management Team ..PAUL & COLLEEN RONGEY
Management Team BOB & DAWN NESSL
Executive Chef.....CARL STEPHENS
Activity Coordinator JOSHUA QUACKENBUSH
MaintenanceBUTCH FINCH
Bus Driver DOMINIC GIANNASCOLI

TRANSPORTATION

Monday, 9:30-11 a.m.: Target Area

Tuesday, 9 a.m.-3 p.m.: Doctor Visits

Wednesday, Activity Outings: Activity Outings

Thursday, 9 a.m.-3 p.m.: Doctor Visits

Friday, 9:30-11 a.m.: Walmart Area

Field Trip to the U.S.S. North Carolina

The U.S.S. North Carolina (BB-55) was the first newly constructed American battleship to enter service during World War II, and took part in every major naval offensive in the Pacific Theater of Operations. Its 15 battle stars make her the most decorated American battleship of World War II.



(Photos continued inside)

Exploring the inside of the ship



From left to right: Lorraine, Lisa, Utsumi, Elma, Sondra, Josh, Karen, Juanita, Joyce

HAWTHORN
SENIOR LIVING



The 16-inch guns — measured in diameter, of course



Lorraine manning (womanning) the deck guns

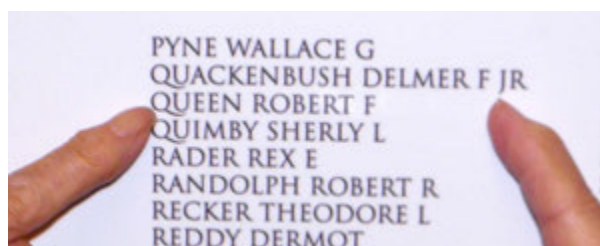


Who is that on the officers plaque?

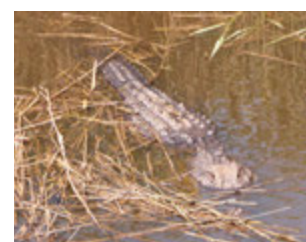
Field Trip to the U.S.S. North Carolina (Continued)



Alligators in North Carolina? Yes, of course. The beast definitely surprised some of our StoneRidge residents.



Dominic spots an alligator in front of the battleship and takes this photo with his phone,



The beast and the battleship made for an interesting day indeed.

Encore Singers: Thursday, June 13th at 7 p.m.

This is Jerry Brown with the Encore Singers — we are a nonprofit group based in Cary, North Carolina. We are just a group of people who love to sing and entertain others and bring smiles to their faces and hearts.

We have a group website: www.encoresingers.org.

We go to different retirement centers in the area for both our spring shows that are always at the end of May and beginning of June.

Our spring shows are all types from Broadway to rock-'n'-roll, and we've done the '40s, '50s, '60s and '70s music.

This season we are doing all Disney songs from Snow White to present-day songs.



Gardeners and Green Thumbs



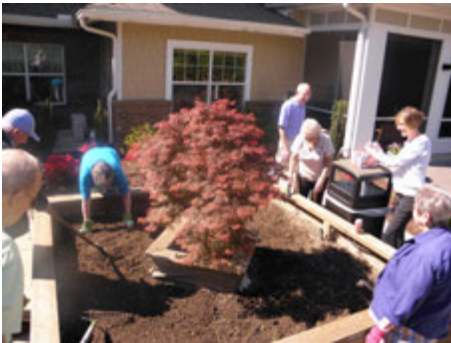
Gloria and Lewis with the tomato cages



George, 90 years young and still raking. Utsumi to his right, hard at work, too.



Alright, Sharon, way to go!



Colleen reaching out with her charm and some refreshing drinks



StoneRidge resident Evelyn, 98 years young and still shoveling. Gloria (left) and Rosemary (right) not afraid to roll up their sleeves.



Jerry gives shoveling a go.



Jerry Dewitt, a former consultant for the USDA, educates us on planting.



Rosemary and Peggy



From left: Rosemary, Irwin, and Josh



Betty preparing the soil

JUNE 2019

Birthdays

Betty Bouquin, 4th
Becky Wasner, 5th
Ethel Ethington, 15th
Wallace Vann, 18th
Mary McLeod, 18th
Abigail Lucas, 18th
Sallie Ray Wilkerson, 24th

Locations

3rd Floor Exercise Room, 3rd. ex.
Activity Room, AR
Atrium, AT
Billiards Room, BR
Bistro, BI
Chapel, CH
Dining Room, DR
Fire Pit, FP
Library, LB
Lobby, L
Media Room, MR
Patio, P
Theater, TH
Tree House, 4th FL
TV Room 2nd Floor, TV/2ndFL

“The sun does not shine for a few trees and flowers, but for the wide world’s joy.”
—Henry Ward Beecher

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<div><div>8:30</div><div>Walk Outside</div><div>1</div></div> <div>10:30 Boggle, AR</div> <div><div>10:30</div><div>Bean Bag Baseball, AR</div><div></div></div> <div>2:00 Bingo, AR</div> <div>2:00 Scrabble, TV/2ndFL</div> <div>2:00 Movie, TH</div> <div>7:00 Bridge, BR</div> <div>7:00 Movie, TH</div>
<div><div>8:30</div><div>Walk Outside</div><div>2</div></div> <div>11:00 Games of Your Choice, AR</div> <div>2:00 Yahtzee, TV/2ndFL</div> <div>2:00 Movie, TH</div> <div>2:00 Tales of Mystery, LB</div> <div><div>2:00</div><div>Cornhole with Henry, P</div><div></div></div> <div>3:30 Sunday Service, CH</div>	<div><div>9:30</div><div>Get Fit, AR</div><div>3</div></div> <div><div>10:00</div><div>TED Talks, TH</div><div></div></div> <div>11:00 Bible Service, CH</div> <div>11:00 Pokeno, TV/2ndFL</div> <div>2:00 Mah Jong, BR</div> <div><div>2:00</div><div>Volleyball, AR</div><div></div></div> <div><div>2:00</div><div>Mat Making, AR</div><div></div></div> <div>3:00 <i>Love on a Leash, AT</i></div> <div>4:00 Bingo, AR</div>	<div><div>9:30</div><div>Get Fit, AR</div><div>4</div></div> <div>11:00 <i>Residents and Managers, AR</i></div> <div>2:00 Scrabble, TV/2ndFL</div> <div><div>2:00</div><div>History’s Amazing Stories, TH</div><div></div></div> <div>4:00 Buffalo Bingo, AR</div> <div><div>7:00</div><div>Piano Prodigy Performers, DR</div><div></div></div>	<div><div>9:30</div><div>Get Fit, AR</div><div>5</div></div> <div><div>10:30</div><div>Travelogue: Dubai with Karina, TH</div><div></div></div> <div><div>11:00</div><div>Cooking Demo, AR</div><div></div></div> <div>2:00 Mah Jong, BR</div> <div><div>4:30</div><div>Life Stories with Lindsey, AR</div><div></div></div> <div>6:45 The Rosary, CH</div> <div>7:00 Catholic Service, CH</div>	<div><div>9:30</div><div>Get Fit, AR</div><div>6</div></div> <div>11:00 <i>Chef/Resident Meeting, AR</i></div> <div><div>2:00</div><div>D-Day 75th Anniversary, AR</div><div></div></div> <div>2:00 Bible Study, LB</div> <div>2:00 Bridge Brigade, BR</div> <div>3:00 Crossword Capers, AR</div> <div>4:00 Buffalo Bingo, AR</div>	<div><div>9:30</div><div>Tai Chi and Yoga, P</div><div>7</div></div> <div>10:00 Canasta, TV/2ndFL</div> <div><div>10:00</div><div>Origami Craft Project, AR</div><div></div></div> <div>11:00 Jerry/Joyce, Service, CH</div> <div><div>2:00</div><div>History’s Amazing Stories, TH</div><div></div></div> <div><div>3:00</div><div>Bocce Ball, AT</div><div></div></div> <div>4:00 Buffalo Bingo, AR</div> <div>6:30 Serenaders, L</div>	<div><div>8:30</div><div>Walk Outside</div><div>8</div></div> <div>10:30 Checkers, AR</div> <div><div>10:30</div><div>Bean Bag Baseball, AR</div><div></div></div> <div>2:00 Bingo, AR</div> <div>2:00 Scrabble, TV/2ndFL</div> <div>2:00 Movie, TH</div> <div>7:00 Bridge, BR</div> <div>7:00 Movie, TH</div>
<div><div>8:30</div><div>Walk Outside</div><div>9</div></div> <div>11:00 Games of Your Choice, AR</div> <div>2:00 Yahtzee, TV/2ndFL</div> <div>2:00 Movie, TH</div> <div>2:00 Tales of Mystery, LB</div> <div><div>2:00</div><div>Cornhole with Henry, P</div><div></div></div> <div>3:30 Sunday Service, CH</div>	<div><div>9:30</div><div>Get Fit, AR</div><div>10</div></div> <div><div>10:00</div><div>Professor Clark, AR</div><div></div></div> <div>11:00 Bible Service, CH</div> <div>11:00 Pokeno, TV/2ndFL</div> <div>2:00 Mah Jong, BR</div> <div><div>2:00</div><div>Volleyball, AR</div><div></div></div> <div><div>2:00</div><div>Mat Making, AR</div><div></div></div> <div>3:00 <i>Love on a Leash, AT</i></div> <div>4:00 Bingo, AR</div>	<div><div>9:00</div><div>Blood Pressure Check, BI</div><div>11</div></div> <div><div>9:30</div><div>Get Fit, AR</div><div></div></div> <div><div>10:00</div><div>TED Talks, TH</div><div></div></div> <div>2:00 Scrabble, TV/2ndFL</div> <div><div>2:00</div><div>History’s Amazing Stories, TH</div><div></div></div> <div>4:00 Buffalo Bingo, AR</div> <div><div>7:00</div><div>Bollywood Bhangra, AR</div><div></div></div>	<div><div>9:30</div><div>Get Fit, AR</div><div>12</div></div> <div>2:00 Mah Jong, BR</div> <div><div>4:00</div><div>ABC Book Club, LB</div><div></div></div> <div>6:45 The Rosary, CH</div> <div>7:00 Catholic Service, CH</div> <div>7:00 Movie, TH</div>	<div><div>9:30</div><div>Get Fit, AR</div><div>13</div></div> <div>11:00 Creative Arts, AR</div> <div>2:00 Bible Study, LB</div> <div>2:00 Bridge Brigade, BR</div> <div>3:00 Crossword Capers, AR</div> <div>4:00 Buffalo Bingo, AR</div> <div><div>7:00</div><div>Disney Encore Singers, DR</div><div></div></div>	<div><div>FLAG DAY</div><div></div><div>14</div></div> <div><div>9:30</div><div>Tai Chi and Yoga, P</div><div></div></div> <div>10:00 Canasta, TV/2ndFL</div> <div>11:00 Jerry/Joyce, Service, CH</div> <div><div>2:00</div><div>A Taste of Scotland, AR</div><div></div></div> <div>4:00 Buffalo Bingo, AR</div> <div>6:30 Serenaders, L</div> <div>7:00 Movie, TH</div>	<div><div>8:30</div><div>Walk Outside</div><div>15</div></div> <div>10:30 Boggle, AR</div> <div><div>10:30</div><div>Bean Bag Baseball, AR</div><div></div></div> <div>2:00 Bingo, AR</div> <div>2:00 Scrabble, TV/2ndFL</div> <div>2:00 Movie, TH</div> <div>7:00 Bridge, BR</div> <div>7:00 Movie, TH</div> <div></div>
<div><div>FATHER’S DAY</div><div></div><div>16</div></div> <div><div>8:30</div><div>Walk Outside</div><div></div></div> <div>11:00 Games of Your Choice, AR</div> <div>2:00 Yahtzee, TV/2ndFL</div> <div>2:00 Movie, TH</div> <div>2:00 Tales of Mystery, LB</div> <div><div>2:00</div><div>Cornhole with Henry, P</div><div></div></div> <div><div>2:00</div><div>Happy Father’s Day, AR</div><div></div></div> <div>3:30 Sunday Service, CH</div>	<div><div>9:30</div><div>Get Fit, AR</div><div>17</div></div> <div><div>10:00</div><div>TED Talks, TH</div><div></div></div> <div>11:00 Bible Service, CH</div> <div>11:00 Pokeno, TV/2ndFL</div> <div>2:00 Mah Jong, BR</div> <div><div>2:00</div><div>Volleyball, AR</div><div></div></div> <div><div>2:00</div><div>Mat Making, AR</div><div></div></div> <div>3:00 <i>Love on a Leash, AT</i></div> <div>4:00 Bingo, AR</div>	<div><div>9:30</div><div>Get Fit, AR</div><div>18</div></div> <div>2:00 Scrabble, TV/2ndFL</div> <div><div>2:00</div><div>History’s Amazing Stories, TH</div><div></div></div> <div><div>3:00</div><div>Smoothies, AR</div><div></div></div> <div>4:00 Buffalo Bingo, AR</div> <div>7:00 Poker Night, BR</div> <div></div>	<div><div>9:00</div><div>Nature Park/ Weathervane</div><div>19</div></div> <div><div>9:30</div><div>Get Fit, AR</div><div></div></div> <div>2:00 Mah Jong, BR</div> <div><div>2:00</div><div>\$5 Jewelry Sale and A/C Fair, AR</div><div></div></div> <div>6:45 The Rosary, CH</div> <div>7:00 Catholic Service, CH</div> <div>7:00 Movie, TH</div>	<div><div>9:30</div><div>Get Fit, AR</div><div>20</div></div> <div>11:00 Creative Arts, AR</div> <div>2:00 Bible Study, LB</div> <div>2:00 Bridge Brigade, BR</div> <div>3:00 Crossword Capers, AR</div> <div>4:00 Buffalo Bingo, AR</div>	<div><div>SUMMER BEGINS</div><div></div><div>21</div></div> <div><div>9:30</div><div>Tai Chi and Yoga, P</div><div></div></div> <div>10:00 Canasta, TV/2ndFL</div> <div>11:00 Jerry/Joyce, Service, CH</div> <div><div>2:00</div><div>History’s Amazing Stories, TH</div><div></div></div> <div><div>3:00</div><div>Bocce Ball, AT</div><div></div></div> <div>4:00 Buffalo Bingo, AR</div> <div>6:30 Serenaders, L</div> <div>7:00 Movie, TH</div>	<div><div>8:30</div><div>Walk Outside</div><div>22</div></div> <div>10:30 Checkers, AR</div> <div><div>10:30</div><div>Bean Bag Baseball, AR</div><div></div></div> <div>2:00 Bingo, AR</div> <div>2:00 Scrabble, TV/2ndFL</div> <div>2:00 Movie, TH</div> <div>7:00 Bridge, BR</div> <div>7:00 Movie, TH</div>
<div><div>8:30</div><div>Walk Outside</div><div>23</div></div> <div>11:00 Games of Your Choice, AR</div> <div>2:00 Yahtzee, TV/2ndFL</div> <div>2:00 Movie, TH</div> <div>2:00 Tales of Mystery, LB</div> <div><div>2:00</div><div>Cornhole with Henry, P</div><div></div></div> <div>3:30 Sunday Service, CH</div>	<div><div>9:30</div><div>Get Fit, AR</div><div>24</div></div> <div><div>10:00</div><div>TED Talks, TH</div><div></div></div> <div>11:00 Bible Service, CH</div> <div>11:00 Pokeno, TV/2ndFL</div> <div>2:00 Mah Jong, BR</div> <div><div>2:00</div><div>Volleyball, AR</div><div></div></div> <div><div>2:00</div><div>Mat Making, AR</div><div></div></div> <div>3:00 <i>Love on a Leash, AT</i></div> <div>4:00 Bingo, AR</div> <div></div>	<div><div>9:00</div><div>Blood Pressure Check, BI</div><div>25</div></div> <div><div>9:30</div><div>Get Fit, AR</div><div></div></div> <div>2:00 Scrabble, TV/2ndFL</div> <div><div>2:00</div><div>History’s Amazing Stories, TH</div><div></div></div> <div>4:00 Buffalo Bingo, AR</div> <div>7:00 Poker Night, BR</div>	<div><div>9:30</div><div>Get Fit, AR</div><div>26</div></div> <div><div>10:00</div><div>Hearing Aide Cleaning, TH</div><div></div></div> <div><div>11:30</div><div>Holy Name Cathedral Tour, AR</div><div></div></div> <div>2:00 Mah Jong, BR</div> <div>6:45 The Rosary, CH</div> <div>7:00 Catholic Service, CH</div> <div>7:00 Movie, TH</div>	<div><div>9:30</div><div>Get Fit, AR</div><div>27</div></div> <div>11:00 Creative Arts, AR</div> <div>2:00 Bible Study, LB</div> <div>2:00 Bridge Brigade, BR</div> <div>3:00 Crossword Capers, AR</div> <div>4:00 Buffalo Bingo, AR</div>	<div><div>9:30</div><div>Tai Chi and Yoga, P</div><div>28</div></div> <div>10:00 Canasta, TV/2ndFL</div> <div>11:00 Jerry/Joyce, Service, CH</div> <div><div>2:00</div><div>History’s Amazing Stories, TH</div><div></div></div> <div><div>3:00</div><div>Bocce Ball, AT</div><div></div></div> <div>4:00 Buffalo Bingo, AR</div> <div>6:30 Serenaders, L</div> <div>7:00 Movie, TH</div>	<div><div>8:30</div><div>Walk Outside</div><div>29</div></div> <div><div>10:30</div><div>Bean Bag Baseball, AR</div><div></div></div> <div>2:00 Bingo, AR</div> <div>2:00 Scrabble, TV/2ndFL</div> <div>2:00 Movie, TH</div> <div>7:00 Bridge, BR</div> <div>7:00 Movie, TH</div>
<div><div>8:30</div><div>Walk Outside</div><div>30</div></div> <div>11:00 Games of Your Choice, AR</div> <div>2:00 Yahtzee, TV/2ndFL</div> <div>2:00 Movie, TH</div> <div>2:00 Tales of Mystery, LB</div> <div><div>2:00</div><div>Cornhole with Henry, P</div><div></div></div> <div>3:30 Sunday Service, CH</div> <div><div>6:30</div><div>Gospel Singalong with Paul, DR</div><div></div></div>						



Volunteer Performing in a Bollywood Bhangra, Tuesday, June 11th, 7 p.m.

Hello, StoneRidge! My name is Karina Bhatia, a junior at Enloe Magnet High School. I'm 17 years old and with college on the horizon — I'm exploring many options, leaning towards a career in healthcare. Here's a little bit about how I spend my time:



Karina Bhatia

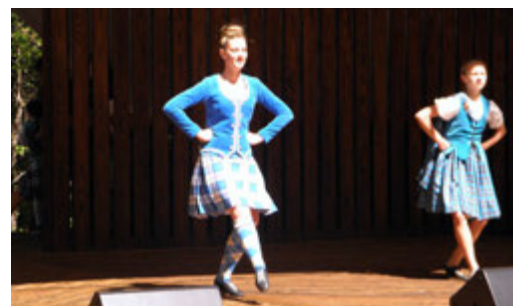
My hardest, yet most interesting class, is Advanced Placement Environmental Science! I have been training in Taekwondo for the past four years and I've recently attained the level of a first degree black belt. I am part of an Indian dance team at my high school, called Dance Pe Chance (DPC), which roughly translates to "giving dance the chance to spread joy." It has brought me closer to my culture and allowed me to perform at many events around the triangle. DPC will be performing a Bollywood Bhangra here in June!

As a second-generation Indian-American and the oldest of three siblings, my identity has largely been shaped by family, which is highly valued in Indian culture. I've grown up in a large and supportive family, which has taught me the value of hard work, compassion, and service. When we moved to China for four years as part of my dad's job, my connection to Chinese culture grew, and I continue to study Mandarin in high school. I love to travel and have visited many places in Asia, like Dubai, New Delhi, and Jaipur, and in Europe, such as London, Amsterdam, and Venice. I may share more about my travel experiences soon!

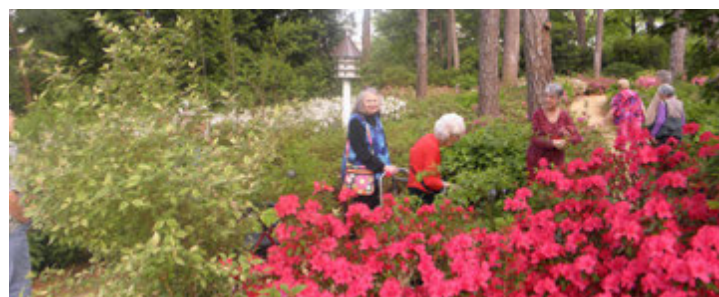
Some of you may already recognize me because I've been at StoneRidge for a few months now, helping out with bocce ball, and the Indian Cultural Night we had in March; it's been a fun and rewarding experience for me. I hope to get to know more of you!

A Taste of Scotland, Friday, June 14th at 2 p.m.

Join us for an entertaining afternoon of Scottish history, music, and dance.



Flower Power at WRAL's Azalea Gardens



Sharon with the red azaleas

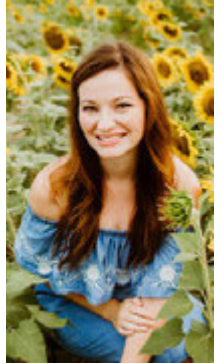


Joyce, Irene, Utsumi, Sharon, Debbie, Josie, Juanita, Maria, and Rosemary joined us to check out nature's beauty.



Life Stories With Lindsey, Wednesday, June 5th at 4:30 p.m.

Lindsay Strickland, 27, grew up in Hillsborough, North Carolina and attended the University of North Carolina at Greensboro to obtain her degree in middle grade education. She has been a teacher for six years and one of her favorite activities to do with her students is build community through “talking circles.” Talking circles are where participants sit in a circle and share with each other about their life experiences based on a prompt the circle keeper poses to the group. Sometimes the prompts can be silly, like, “Tell us about your relationship with your hair,” and sometimes they are serious, “What does it mean to speak from the heart?” Lindsay believes that everyone’s journey and story is valuable and loves to listen. When she is not teaching middle schoolers, Lindsay likes to hang out with her tiny dog Koa, go on walks, and eat pizza! Lindsay hopes to bring a new sense of community, belonging and connectedness to the residents at StoneRidge and cannot wait for the journey to begin!



Lindsay Strickland

Volleyball

Mondays at 2 p.m. has been seeing crowds of over 20 joining in all the fun with volleyball.



Doris with the hit



Bird for the reach



Henry with the hit



Wow, look at all these people having fun.



105 Convention Drive
Cary, NC 27511



Hello Sunshine!

We do believe that our home is where the heart is. Please come join us for a cold glass of lemonade and see firsthand how things are really heating up with our summer activities calendar. Give us a call for more information on any of the activities you would like to participate in or feel free to stop by to meet our caring staff and have a complimentary meal and tour.



919-460-0560

