June 2019 Assisted Living Lifes	style & Leisure					created with
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 Morning NGH News [DR] 9:45 CE Daily Chronicles [TVL] 10:00 PE Morning Walk [TVL] 10:45 SS Catholic Gatherings [C] 10:45 Sharing Short Stories [TVL] 11:15 Star of the Month [TVL] 1:15 Root Beer Float Social [TVL]	Northglenn Heights Assisted Living & Memory Care Community	11475 Pearl Street Northglenn, CO 80233 303-452-0501	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Location KeysActivtiy RoomARChapelCCourt YardCYDining RoomDRGame RoomGRLibraryLTV LoungeTVL		9:15 Morning NGH News [DR] 9:45 CE Daily Chronicles [TVL] 10:00 LL June Gazette & IQ [TVL] 10:30 Marilyn Monroe Day [TVL] 1:15 Jewelry Making [AR] 2:30 SS New Life Church 2:45 AE Adult Coloring
9:15 Morning NGH News [DR] 9:45 CE Daily Chronicles [TVL] 10:00 PE Morning Walk [TVL] 10:45 SS Catholic Gatherings [C] 10:45 CE Ted Talks [TVL] 11:15 CE Mad Science [AR] 1:15 Observed Social [TVL]	8:15 Morning NGH News [DR] 8:45 CE Daily Chronicles [TVL] 9:00 Morning Chat [TVL] 9:30 Chair Pilates [TVL] 10:00 Vendor-Burrito Man [DR] 10:45 CE Know Your Electronics [L] 1:15 BINGO 2:45 Cranium Crunches [TVL] 6:00 Poker Night	8:15 Morning NGH News [DR] 8:45 © Daily Chronicles [TVL] 9:00 Morning Chat [TVL] 9:30 © Chair Yoga 10:30 © Embracing Hope Community Service Project [AR] 12:30 Music by Lois [TVL] 1:15 Manicures *First Come, First Serve* 3:00 P Bowling with Cody [TVL]	10:00 SS Catholic Gathering	8:15 Morning NGH News [DR] 8:45 E Daily Chronicles [TVL] 9:00 Morning Chat [TVL] 9:30 Tai Chi 10:00 E Current Events 10:00 S Nondenominational Services 10:30 S Massage Therapy [AR] 1:15 E Creative Kitchen [GR] 2:30 Brain Teasers [TVL] 6:00 Poker Night [AR]	10:30 National Donut Day [TVL]	9:15 Morning NGH News [DR] 9:45 CE Daily Chronicles [TVL] 10:00 Morning Sing-a-Long [TVL] 10:45 BINGO [AR] 1:15 Let's Get Crafty [AR] 2:30 SS New Life Church 2:45 AE Adult Coloring
9:15 Morning NGH News [DR] 9:45 CE Daily Chronicles [TVL] 10:00 PE Morning Walk [TVL] 10:45 SS Catholic Gatherings [C] 10:45 CE Giant Crosswords [TVL] 11:15 CE Canadian Rivers Day [TVL] 1:15 CI Ice Cream Social [TVL]	8:15 Morning NGH News [DR] 8:45 ©E Daily Chronicles [TVL] 9:00 Morning Chat [TVL] 9:30 PE Chair Pilates [TVL] 10:00 © Vendor-Burrito Man [DR] 10:30 AE Meal in a Mug [GR] 1:15 BINGO 2:45 AE Trash to Treasures [AR] 6:00 Poker Night	8:15 Morning NGH News [DR] 8:45 © Daily Chronicles [TVL] 9:30 © Coffee Talk with Optimal 10:15 Letters to NGH Staff [AR] 11:00 VNA Podiatry 12:30 Music by Lois [TVL] 1:15 Manicures *First Come, First Serve* 2:00 Men's Group [GR] 3:00 Bowling with Cody [TVL]	8:15 Morning NGH News [DR] 8:45 CE Daily Chronicles [TVL] 9:00 Laughter Therapy [TVL] 9:30 Get Fit with Optimal [TVL] 10:00 SS Catholic Gathering 11:00 Chef Chat 1:30 Resident Council 2:45 BINGO 5:00 CE Evening Trivia [TVL]	8:15 Morning NGH News [DR] 8:45 CE Daily Chronicles [TVL] 9:00 Morning Chat [TVL] 9:30 E Tai Chi 10:00 CE Current Events 10:30 Outdoor Gardening [CY] 1:30 Sports Talk with Dad [CY] 6:00 Poker Night [AR]	110.30 Cleate four Own Flag: W/ Camp Kind	9:15 Morning NGH News [DR] 9:45 CE Daily Chronicles [TVL] 10:00 Smile Power Day [TVL] 10:30 Music Trivia [TVL] 1:15 Jewelry Making [AR] 2:30 SS New Life Church 2:45 AE Adult Coloring
Father's Day 9:15 Morning NGH News [DR] 9:45 CE Daily Chronicles [TVL] 10:00 PE Morning Walk [TVL] 10:45 SS Catholic Gatherings [C] 10:45 Fatherly Wit & Wisdom [TVL] 11:15 Father's Day Puzzles [TVL] 12:00 BBQ Lunch w/ Dad [DR] 2:15 Father's Day Coloring [AR]	8:15 Morning NGH News [DR] 8:45 CE Daily Chronicles [TVL] 9:00 Morning Chat [TVL] 9:30 Chair Pilates [TVL] 10:00 CVendor-Burrito Man [DR] 10:45 CE Travels with Toni 1:15 BINGO 2:45 Lawn Games [CY] 6:00 Poker Night	8:15 Morning NGH News [DR] 8:45 © Daily Chronicles [TVL] 9:00 Morning Chat [TVL] 9:30 Chair Yoga 10:15 Letters to Veterans [AR] 12:30 Music by Lois [TVL] 1:15 Manicures *First Come, First Serve* 3:00 Be Bowling with Cody [TVL]	1:15 LL BINGO 2:15 SS Catholic Gathering	8:15 Morning NGH News [DR] 8:45 © Daily Chronicles [TVL] 9:00 Morning Chat [TVL] 9:30 Tai Chi 10:00 © Current Events 10:00 S Nondenominational Services 10:30 Classic Games [AR] 12:00 Veteran's Lunch 2:00 Activity Planning Meeting [AR] 3:00 Massage Therapy [C] 6:00 Poker Night [AR]	8:15 Morning NGH News [DR] 9:30 SS Rosary Recitation 9:30 The Longest Day Walk-a-Thon!! [CY] 12:30 Music by Lois [TVL] 1:00 BINGO 2:30 ALZHEIMER'S AWARENESS HAPPY HOUR 5:00 Movie and Popcorn [TVL]	10:00 NGH Carnival Begins 10:00 Carnival Games [AR] 12:00 Summer Lunch BBQ [DR] 1:00 Denver Car Club Show [AR] 2:30 SS New Life Church
9:15 Morning NGH News [DR] 9:45 CE Daily Chronicles [TVL] 10:00 PE Morning Walk [TVL] 10:45 SS Catholic Gatherings [C] 10:45 This Day in History [TVL] 11:15 Artistic Moments [AR] 1:15 Snow-Cone Social	8:15 Morning NGH News [DR] 8:45 © Daily Chronicles [TVL] 9:00 Morning Chat [TVL] 9:30 © Chair Pilates [TVL] 10:00 © Vendor-Burrito Man [DR] 10:45 ■ BINGO 1:00 A Coloring Time [AR] 2:45 Maxine's 100th Birthday Celebration [DR] 6:00 ■ Poker Night	8:15 Morning NGH News [DR] 8:45 E Daily Chronicles [TVL] 9:00 Morning Chat [TVL] 9:30 Chair Yoga 10:30 Taste Testing [AR] 12:30 Music by Lois [TVL] 1:15 Manicures *First Come, First Serve* 3:00 B Bowling with Cody [TVL] 5:30 Family Support Group	8:15 Morning NGH News [DR] 8:45 CE Daily Chronicles [TVL] 9:00 Laughter Therapy [TVL] 9:30 Cet Fit with Optimal [TVL] 10:00 SS Catholic Gathering 10:30 AE Kindness Rock Project [AR] 1:15 LE BINGO 2:45 LE Wii Games [TVL] 5:00 CE Evening Trivia [TVL]	8:15 Morning NGH News [DR] 8:45 CE Daily Chronicles [TVL] 9:00 Morning Chat [TVL] 9:30 E Tai Chi 10:00 CE Current Events 10:30 Indoor Gardening [AR] 1:15 AE Sip'n Paint [AR] 6:00 Poker Night [AR]	8:15 Morning NGH News [DR] 8:45 © Daily Chronicles [TVL] 9:00 Morning Chat [TVL] 9:30 Musical Exercise [TVL] 9:30 SS Rosary Recitation 10:30 BINGO 12:30 Music by Lois [TVL] 2:30 HAPPY HOUR 5:00 Movie and Popcorn [TVL]	9:15 Morning NGH News [DR] 9:45 CE Daily Chronicles [TVL] 10:00 Morning Sing-a-Long [TVL] 10:45 Juicy Fruit Day [TVL] 1:15 Jewelry Making [AR] 2:30 SS New Life Church 2:45 AE Adult Coloring Continued at top