

June Outings

Be sure to sign up in the lobby hallway!

***Ladies Lunch Outing - Thursday, June 6th**

All aboard! Jess and Susan are taking you ladies out to Bow for lunch at The Rhody. Grab a purse, sun glasses and lets have ourselves a great afternoon out for lunch and a beautiful drive. Sign up sheets are in the lobby if you want to reserve your spot. We'll be leaving the lobby at **11:15 am!**

***Burlington Shopping - Saturday, June 8th and Saturday, June 22nd**

It's time for a trip to Burlington! We're off for some Saturday afternoon shopping, and here's the best part: you don't have to park. You heard it, just hop on the bus and we'll drop you off and then pick you up. Please sign up in the Lobby and let us know where you're going. The bus is leaving here at **11:15 am.**

***Sakura: Hibachi Dinner Outing- Monday, June 10th**

Word has gotten back to us about people wanting to go on dinner outings and your wish is our command. We're going to the Japanese Steakhouse "Sakura" in Burlington for a Hibachi dinner (a Japanese method of knife tricks and table top grilling). It's a lot of food, but it makes great left overs. Sign up in the lobby and meet us at **4:15 pm** to hit the road!

***Soroptimist Shopping - Tuesday, June 11th**

We're looking for that special something, and why not try to find it at a store that gives back to the community! Sign up in the lobby, and meet us at **1:30 pm in the lobby** and we'll head on over.

***Afternoon Coffee at Pelican Bay Bookstore - Thursday, June 13th**

Looks like a great day for coffee or maybe tea, plus a great book. Come with us to Old Town Anacortes! If you want to browse, relax or chat we're ready for it. Sign up in the lobby and meet us at **1:30 pm** for a great afternoon.

***Farmer's Market - Saturday, June 15th**

It's that time of the year again! Let us save you the hassle of driving, and let us give you a ride to the Anacortes Farmer's market. Check out local artists, live music, fresh local produce and flowers. The bus will leave the lobby at **11:15 am.**

***Shopping at Walgreens - Tuesday, June 18th**

It's time to go use that 20% discount! Hop on the bus at **1:15 pm** to get down to Walgreens!

***Guemes Island Trip - Tuesday, June 20th**

Please check the add inside for more details. Bus will leave the lobby at **10 am.**

***Guys Lunch Outing - Thursday, June 27th**

Ok guys, it's time to hit the road again for lunch and adventure. Join Pete and the gang in the **lobby at 11:15 am** for lunch. Don't forget so sign up in the lobby.

***Bowling Alley Brunch & Drive, Saturday, June 29th**

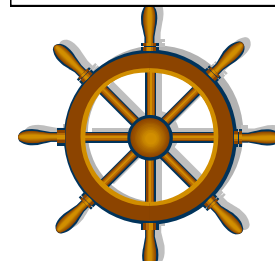
We're going to the Bowling Alley for brunch & then out for a road trip! Meet us in the lobby at **11:15 am!**

Note: Please check the calendar for other activities not listed. Thank you!



CLIPPER

June 2019



Pete Kovach
Executive Director

Casandra Roberts
Business Office
Manager

Leah Yanega
Community
Relations Director

Tammy Scott
Health Services
Director

Jess Watchie
Lifestyle & Leisure
Director

Art Herrera
Food Services
Director

Austin Hanks
Maintenance
Director

Susie Deyo
Resident Relations

Erin Roux
Housekeeping
Supervisor

Change Is On My Mind

Change. The older I get, the less I like it. Especially when it is accompanied by loss. I'll admit, I lived a fairly charmed life until a decision to move from California to Washington seemingly set a series of unfortunate events into motion. First, I got breast cancer. Then my dad got dementia. Then Bubba Kitty died. My dad died. My mom died. Tasha Kitty died. We need not even discuss the calamity of my love life.

Nowadays, life not only looks different but has made me different. Against my will. I don't like it, not one bit. However, there is a certain peace in knowing you can survive the unthinkable. You can survive cancer, and the death of your parents and your beloved (in my case furry) children. There is a certain knowing that change can come a knocking at any unannounced moment and you'll be ok. Change brings an ironic grounding. There's a picture on my wall at home that I got in a thrift store down in California – back in the charmed days. A little girl is standing in the rain, her hands are reaching out to catch the falling drops. The caption reads, "Then, when it seems we will never smile again, life comes back."

It's no mistake that I landed at Chandler's Square. I'm glad I moved up here, because there's been no safer place to fall. I see a steady stream of people living in their twilight years who have endured more loss than I've known. They inspire me to persevere. It can be as simple as a smile when I know you are in pain. A joke you tell me when I know you are hurting. A hello in the hall from someone who has had to say so many goodbyes.

Cancer brought me closer to God, I now have four fierce angels in heaven and cherished memories that will always live in my heart. I've developed a sweet nostalgia for the past as each tomorrow feels shorter and shorter. I try to meet change with grace. I envy the days when it simply meant a new hair color or rearranging the furniture. It is no longer easy but necessary. It can be joy and it can be sorrow. It can debilitate and motivate. From what I've seen, if you marry change with faith and courage, life comes back.

By, Casandra R.

**Chandler's Square Residents'
Council Meeting
Tuesday, May 21, 2019**

Present:

Margaret S.	Duane S.	Lorraine P.
Harry B.	Dee H.	Sandy K.
Maxine L.	Jim J.	Sandy H.
ED, Pete K.		

Old Business:

The summary of old business included the discussion of emergency wall pendants being hung in common spaces

New Business:

The director summarized the conversation relating to food service and quality. These issues have been addressed and passed on to the appropriate people and all residents are encouraged to leave their comments in the suggestion box. Additionally, all residents are encouraged to attend the All Resident Meeting on the last Tuesday of each month in addition to the Food Committee Meetings as well.

Respectfully submitted by, Pete K., Interim Secretary.

Happy June Birthdays!

Residents

Ann D. - 6/2
Bob P. - 6/4
June B. - 6/6
Elsie B. - 6/11
Noel J. - 6/17
Sally C. - 6/22
Hank W. - 6/25
Anita De C. - 6/26

Staff

Maria P. - 6/24

Noteworthy May Events & Notices

Dealing with Loss Support Group - Wednesday, June 5th & 19th

The group is back together! Come support, share and listen with Adi as she creates a space for all to deal with the struggles of life. The group meets in the library at **2 pm**.

May Birthday Party - Tuesday, June 4th

We're having a party for all of our June residents! But we need YOU to join us to make the party complete. We're having cake and a raffle starting at **2:30 pm in the Dining Room!**

Activities Suggestion Meeting - Wednesday, June 12th

Come voice your suggestions for the activities department! We want to know what **you** want to do! Summer is coming and we want to make it fun, so help us out by joining us in the **library at 11:15 am**.

Tech Help - Friday, June 7th

Maria is coming in to help with any technology based help you might need! Join her in the **Train Room at 10:30 am** with any of your hand-held technology needs!

Resident Council Meeting - Tuesday, June 18th

Just a reminder about our resident council meeting. This is a great place to voice your concerns or suggestions with the staff to bring about discussion you'd like to see take place. The council meets at **2:30 pm in the Conference Room**.

Note: Please check the calendar for other activities not listed & feel free to come to an Activities Suggestion meeting to get something on the schedule you're looking for!

Bus Transportation Reminder

On the last Tuesday of every month, we will **not have our bus**. We will be borrowing a bus with **no lift**.

Please let us know if you have need of a lift on that day for transportation as early as possible so we can try to assist you.



Guemes Island Trip

On Thursday, June 20th we're heading to Guemes Island for a day trip adventure! We're bringing a picnic lunch and we're going to tour the island on the bus.

There is a cost for this trip is \$2 per person for the Ferry Ticket. Please bring your \$2 in **cash** to the Front Desk *before* the day of the trip (that way we can pay all at once from the cab of the bus).

The bus will be leaving the lobby at 10 am sharp and will be returning before 3pm. It's going to be a fun day, so reserve your spot by signing up in the lobby!

Healthy Living Lecture From The Select Rehab Desk (Lecture: Monday, June 3rd at 10am in the Captain's Crossing)

Hello Chandler's Family
Well the weather is warming up and all us winter couch potatoes (I'm talking about me) are going to be way more active. With that in mind the Healthy Living Series topic for June will be "Keeping Your Heart Healthy and Happy"

Looking forward to seeing you!

Nail Painting with Ava

Starting June 11th, a high schooler named Ava is coming in to paint nails!

She is only painting nails, not trimming or cutting.

So come on down and get a fresh color!

Tuesdays, starting June 11th at 2:30 pm.

Kreate with Kara

Thursday, June 19th - 1:15 pm

Captain's Crossing

It's time for some festive Fourth of July art-work around here and it would be even better if it was painted by **you**.

Kara is back to guide us through a painting experience, but this time it's 4th of July themed.

The cost is **\$30 in cash or check** which is **due before the start of the class**.

**Please note:*

In order for us to have the class we need at least **10 people** to sign up, so please bring your friends and family! The more the merrier!

Dealing with Loss Support Group

Wednesday, June 5th & 19th
2pm - Library

Join us for an afternoon support group, and take a load off. If you need a place to share your burden, this is for you.

Ladies Donuts - June 20th
Early Start Time

Hey Ladies! We're starting donuts at **9 am** instead of 9:30 am on June 20th so you have time to have a donut and still come on the Guemes Island trip!

All other weeks will have a normal start time.

Educational Lecture

Friday, June 21st at 2:30 pm in the Dining

Join us for Jerry Anderson

Jerry is a lifelong resident of Skagit County. While growing up in the Avon area west of Mount Vernon, he spent many days working for a neighbor who had come to own the Joe Morovits property at Baker Lake. Jerry is a graduate of WSU, and has a great interest in the history of Washington and especially Skagit and Whatcom Counties. His last speaking engagement at Chandler Square told of the last thirty days of Lewis and Clark's journey on the Columbia River to the Pacific Ocean.

Early Happy Hour to follow
at 3:45 pm in the Captain's Crossing

Community Announcements

Newsletter Articles

Are you interested in writing articles for the newsletter? Have a topic you'd like to see an article written about? Stop by the Activities Suggestion meeting on Wednesday, June 12th at 11:15 am in the library and let Jess or Susan know about it!

There are a **lot** of gifted writers and story tellers that work here at Chandler's, but we know there are even more amongst **you!**

We'd love to hear from you all, so let us know!

Father's Day BBQ

**Both Dinner Seatings
Sunday, June 16th**

Art and team are crafting a Father's Day BBQ for the books! If you'd like to come, and bring friends or family, please RSVP on the list in the hallway near the lobby!

Thank you!

Walk a Block

You may have seen a new activity called "Walk a Block" on the calendar for this month.

In an effort to get more exercise on the calendar, we are going to start taking a walk after Safeway shopping on Thursdays! Please drop off your requests for where you'd like to walk in the suggestions box (please address to activities).

We're limiting each walk to 30 minutes so everyone can get back in time for the first dinner seating, so please keep that in mind!

Lets get go some sunshine!

Resident Interview with Richard & Cleo Gates

Richard and Cleo Gates are the sweetest couple. They are our oldest married couple here at Chandler's Square. They have been married for 74 years, yes, 74 YEARS!

They were both born in 1924, Richard in Sacramento, CA and Cleo in Childres, TX. Richard was the youngest of 4 children. Cleo had one sister and a half-brother.

Cleo moved to Sacramento when she was 11 because her mother had recently become a widow. They had family in California and her mother was offered to work at a cannery. It was much better money than working at a restaurant for \$1 a day.

As teenagers, Cleo and Richard were introduced by his friend and her cousin outside of a roller skating rink in Sacramento. When I asked what initially attracted them to each other, Richard immediately said, "Her legs!" Cleo chuckled and said, "I could tell that he was just a very nice boy."

After roller skating, Richard said that he asked her out on another date but she told him that she already had plans the next two weekends (which she swears she did!). At first, he thought that she was turning him down, but he tried one more time for the third weekend and she replied, "Yes, absolutely."

Cleo and Richard dated while he was attending Sacramento Junior College in order to get into the V5 Navy Cadet program. Cleo wanted to get married when he graduated, but Richard had been accepted into Navy flight school and had to move to Pensacola, FL. He told her that they would be married when he returned to Sacramento on leave.

True to his word, on his 30 days of leave he ran up to Cleo's front door with a beautiful ring, gave her a big kiss, and said, "Let's get married this week." They hopped on a train from Sacramento to Reno, Nevada to get married in 1945. For a good story, ask them about why they went to Reno to get married and how he got the money to buy her ring.

After the wedding, Richard was to be stationed in Fort Lauderdale, FL to learn how to fly Torpedo Bombers. They hopped in a car and drove over 3,000 miles to Florida. There was a gas ration in 1945 and you were not allowed to drive over 35mph... they laughed and said, "You can bet we were going much faster than that!" They reminisced about how Cleo would make them bologna sandwiches every day while sitting in the passenger seat.

Once they arrived in Florida, Richard had to live on base at the time, so Cleo rented a little apartment with one of the wives of sailor. She said they lived right near the beach and would walk down to the beach each day. Cleo's land lord was king enough to let the girls borrow an old Ford pickup truck to drive on base to visit their men.

Richard was in the Navy for many years and retired as a Lieutenant Commander. He stayed in the reserves and the two of them moved back home to Sacramento. His career took off here after he went to Stanford for graduate school of Credit and Financial Management. He then began working for an oil company.

Almost every weekend they would go up to Folsom Lake and water ski. Richard said that Cleo would water ski on one ski while holding the rope with her other foot and he was jealous!

They had also become big sailors and were in sail boat competitions. Cleo was a "crew" and says she would, "climb up and set the bow and spinnaker while all of the other wives were sitting up in the club and drinking martinis!"

They had two little girls who they adored and now have two grandchildren. They sadly have since lost one of their daughters. They told me that she was an amazing woman.

I asked the couple what the secret is to a happy marriage. Cleo said, "We always tried to make it good and have fun along the way. We never fought, we may have had disagreements every now and then but we never would yell at each other." Richard chimed in saying, "Compromise is key. I remember once I wanted to go camping and at first Cleo was hesitant to sleep in the dirt, but once she agreed, she had a blast."

Thank you to Richard and Cleo for sharing with us!

- By Bridget F.



Dinner Outing!

Did you hear about our dinner outing?

Ask one of the folks in this picture about our little misadventure!

(No, Jess didn't get lost!)

Welcome Susan Chiabai!



It is with great pleasure that we introduce to you, Mrs. Susan C. to the activities team! Please enjoy this short bio about our new Activities Assistant.

Susan Chiabai was born in Anacortes, but her family moved to Mt. Vernon when she was young. She graduated from Mount Vernon High School and continued her education with a Bachelor of Arts degree in Family and Community Services from Western Washington University. After graduation, Susan lived and worked in Austin, Texas at a crisis clinic completing a one-year work/internship and then returned home to Washington State. She worked several years in commercial property management, and then worked for Toyota at a local dealership as Customer Relations Manager, receiving ten consecutive years of Customer Relations Excellence awards.

During this time, Susan has served as a volunteer, a coordinator and on various Boards of Directors for many organizations including Burlington-Edison High School, Washington State Auto Dealers Association (WSADA), Hannah House (shelter for women), Relay for Life, Parents in Progress, The Homeless Challenge, Festival of Trees, Seattle Children's Hospital, Hospice Seattle, Hospice Austin, BEHS Band Boosters, Junior Achievement of Skagit County, and His Place Church.

Spring Time at Chandler's!

We're nearly through that season of the year that has shown us the powerful, remarkable beauty and great change in this place we call home. Spring time is so full of that, the rain shows us.

Rain symbolically demonstrates change in movies and books. You know the scene, the dramatic moment that brings the tension of a couple together to finally share that special kiss! Or perhaps it's the moment when a hero recognizes their call and they step out and into their destiny. The rain pours down washing away doubt, fear and more.

Naturally of course, we are used to rain in these parts. It keeps our grass (you know, the real stuff that grows in this part of the country) green. Not just any green, but that deep, vibrant green that no one believes could be real until they see it. It causes our flowers to bloom, our trees to produce fruit and draws life to nearly all living things. I always grew up hearing my Grandma sing, "April showers, bring May flowers" and perhaps many of you have said the same thing.

That is what I see at Chandler's Square in the spring, but if I'm being honest, that is perhaps what Chandler's Square has been to me. I will have been working here for one year on June 6th (which by the way is Tom's 6th year anniversary as an employee here as well). But since I'm at the keyboard, you're stuck with my words, although one day I'll get Tom to write a piece for you. For now, I'll try to convey the depth of my gratitude for each of you (yes, you!) and what you have shown me.

I get the absolute honor and privilege of working in your home. I have to be honest, if you had asked me two years ago when I was graduating college if I thought I'd be living in Anacortes, I would have thought you were crazy. If you had proceeded to ask me if I knew what I'd be doing at all - I'd have told you no, but I'd have probably said something like "I'd be at grad school" or "traveling." Never in a million years did I think I'd be here.

But that's life isn't it? Over the past year I have heard many of your stories and seen with my own eyes the cost of great beauty. I had my own set of "April showers" and I'd love to tell you about it if you want to hear about it. I do make a mean cup of coffee (college taught me well). I couldn't see then what the point was of my April's showers. I, like many others, believed that there was just enough water in the soil of my life to get me through and that I didn't need to learn what I was going to. I couldn't see then what I see now. You, all of you at Chandler's Square, have shown me how to see showers become flowers. How rain and seasons of confusion, lead us from our tension, or fear and into something truly beautiful. I have learned from all of your stories. I have heard story after story of what comes after rain. You have all experienced harder rain than I could ever imagine, but you all so clearly see the beauty that is unrealized, even before anything blooms.

Some cultures call spring "fresh breath" as if it truly breathes new life into all living things. You all have been like a spring to me. By the way you have shown me fresh perspective, new gratitude and how to learn in everything. You have put up with me for a whole year and you truly deserve a medal or a prize or something. On this year mark of my time with you, I want to take it to thank you. Thank you for showing me what it means to endure, to be grateful, to be strong and to be kind. Thank you for demonstrating wisdom, gentleness and joy despite all things. Thank you for seeing things I could not, and showing me how to go places that I had never thought I'd go. You are each, of highest caliber people and I'd be lucky to live a fraction of the lives you've lived. Thank you, thank you and thank you again for helping me see how to let rain be rain, and let flowers grow from everything.

- Jess W.



June Movies
In The Theater – Saturday & Sunday's
Starting at 2:30pm

Legends of the Fall (1994) 2 hr 13 min - Rated R - Saturday, 6/1 & Sunday, 6/2

In early 20th-century Montana, Col. William Ludlow (Anthony Hopkins) lives in the wilderness with his sons, Tristan (Brad Pitt), Alfred (Aidan Quinn) and Samuel (Henry Thomas). Eventually, the unconventional but close-knit family encounters tragedy when Samuel is killed in World War I. Tristan and Alfred survive their tours of duty, but, soon after they return home, both men fall for Samuel's gorgeous fiancée, Susannah (Julia Ormond), and their intense rivalry begins to destroy the family. **Genre:** Film Adaptation/Drama **Cast:** Brad Pitt, Anthony Hopkins, Aidan Quinn

Mamma Mia! Here We Go Again (2018) 1 hr 54 min - PG 13 - Saturday 6/8 & Sunday 6/9

In 1979 young Donna, Tanya and Rosie graduate from Oxford University -- leaving Donna free to embark on a series of adventures throughout Europe. On her journeys, she makes the acquaintances of Harry, Bill and Sam -- the latter whom she falls in love with, but he's also the man who breaks her heart. In the present day, Donna's pregnant daughter, Sophie, dreams of renovating a taverna while reuniting with her mother's old friends and boyfriends on the Greek island of Kalo-kairi. **Genre:** Musical/Comedy **Cast:** Lily James, Amanda Seyfried, Meryl Streep

Chaplin: The Movie (1992) 2 hr 23 min - PG-13 - Saturday, 6/15 & Sunday, 6/13

Re-creation of the life of comic genius Charlie Chaplin, from his humble beginnings in south London through his early days in British vaudeville, his silent movie career in America and his late masterpieces. His turbulent personal life saw four marriages and an enforced exile from the US - though he returned to receive an honorary Oscar in 1972. **Genre:** Biography/Comedy/Drama **Cast:** Robert Downey Jr., Geraldine Chaplin, Paul Rhys

Trouble With the Curve (2012) 1 hr 15 min - PG 13 - Saturday, 6/22 & Sunday, 6/23

For decades Gus Lobel (Clint Eastwood) has been one of baseball's best scouts -- but now his age is catching up with him. Still, he refuses to be benched even though his bosses are questioning his judgment. Tasked with checking out the country's hottest batting prospect, Gus is forced to accept help from his daughter, Mickey (Amy Adams). Though they haven't spent time together in years, father and daughter make new discoveries about their shared past, which could change their future. **Genre:** Drama/Sport **Cast:** Clint Eastwood, Robert Lorenz, Michele Weisler, Justin Timberlake, Amy Adams

Christopher Robin (2018) 1 hr 43 min - PG - Saturday, 6/29 & Sunday, 6/30

Christopher Robin -- now a family man living in London -- receives a surprise visit from his old childhood pal, Winnie-the-Pooh. With Christopher's help, Pooh embarks on a journey to find his friends -- Tigger, Eeyore, Owl, Piglet, Rabbit, Kanga and Roo. Once reunited, the lovable bear and the gang travel to the big city to help Christopher rediscover the joy of life. **Genre:** Drama/Fantasy/Childhood **Cast:** Ewan McGregor, Hayley Atwell, Bronte Carmichael, Mark Gatiss

Let us know how you liked the movie by rating it on your way out of the theater.

June Music

Held in the **Captain's Crossing**

Special Saturday Concert with Jim Smith
Saturday, June 1st @ 1 pm

Ward McCary - Piano Performance
Monday, June 13th @ 2:30 pm

Chris M: Our Driver & Piano Extraordinaire
Monday, June 10th @ 2:30 pm

The Melodians - Piano & Singing
Monday, May June 17th @ 2:30 pm

Music with Nick & Judy
Monday, June 24th @ 2:30 pm

*Please join us, for music, coffee
and light snacks!*