

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 June 2019 Campus Commons Senior Living						9:00 Tai Chi w/Joanne McKee-CL 1 12:00 Wii Bowling-AC 1:00 Crossword Puzzles-AC 2:00 Trivia w/Virginia-AC 3:30 Low Impact Exercise w/Natalya-CL 7:00 Movie Night-CL
2:30 Bingo w/Paige-CL 2 6:30 Rummikub-AC 7:00 Movie Night-CL 	9:00 Weights & Balance w/Tonya-CL 3 12:00 Bridge-CR 12:00 Wii Bowling-AC 1:00 Knit Pickers-AC 2:00 Blood Pressure-TCR 3:00 Beanbag Baseball-AC	9:00 Music in Motion-CL 4 1:00 Bible Study-AC 1:00 Bridge-CR 2:00 Life Stories w/Rick Trnka-CL 2:00 Atlas Hearing-TCR 3:30 Low Impact Exercise-CL 6:30 Mexican Train-AC	9:15 Physical Therapy-CL 5 9:30 SeaQuest in Folsom & Lunch at Land Ocean Grill-L 12:00 Bridge-CR 3:30 Sing Along-CL 7:00 Bingo w/Christa-CL	9:00 YOGA w/Diane-CL 6 1:00 Bridge-CR 2:00 Cracker Barrel-CL 3:30 Low Impact Exercise-CL 7:00 Movie Night-CL	9:00 Grocery & Banks-L 7 9:00 Stretching & Balance-CL 10:30 Catholic Service-L/T 11:00 B'day Lunch Bunch-DR 12:00 Bridge-CR 1:00 Shopping: Dollar Store-L 3:00 Happy Hour w/Dennis Cain-CL 6:30 Mexican Train-AC	9:00 Stretch Bands w/Barbara Holland-CL 8 12:00 Wii Bowling-AC 1:00 Crossword Puzzles-AC 3:30 Low Impact Exercise w/Natalya-CL 7:00 Movie Night-CL
2:00 Alice McKinley's Student Piano Recital-CL 9 6:30 Rummikub-AC 7:00 Movie Night-TBD 	9:00 Weights & Balance w/Tonya-CL 10 12:00 Bridge-GR 12:00 Wii Bowling-AC 1:00 Dr. Hague-BS 1:00 Knit Pickers-AC 2:00 Matinee Monday-TBD 3:00 Beanbag Baseball-AC	9:00 Music in Motion-CL 11 1:00 Bible Study-TBD 1:00 Bridge-CR 2:00 Bookmobile-PL 2:00 Medical Alert & Safety Device Presentation-CL 3:30 Low Impact Exercise-CL 6:30 Mexican Train-AC	9:00 Weights & Balance-CL 12 9:30 Cache Creek Casino & Harvest Lunch Buffet-L 12:00 Bridge-CR 7:00 Bingo w/Christa-CL	9:00 YOGA w/Diane-CL 13 10:00 Blank Slate Game w/Tonya-AC 1:00 Bridge-CR 2:30 Sutter's Fort Presentation Part 2-CL 3:30 Low Impact Exercise-CL 7:00 Movie Night-TBD	9:00 Grocery & Banks-L 14 9:00 Stretching & Balance-CL 10:30 Catholic Service-L/T 12:00 Bridge-CR 3:00-6:00 Casino Night-CL 6:30 Mexican Train-AC Flag Day (US)	9:00 Tai Chi w/Joanne McKee-CL 15 12:00 Wii Bowling-AC 1:00 Crossword Puzzles-AC 2:00 Trivia w/Virginia-AC 3:30 Low Impact Exercise w/Natalya-CL 7:00 Movie Night-TBD
2:00 Encore w/Pat-AC 16 2:30 Bingo w/Paige-CL 6:30 Rummikub-AC 7:00 Movie Night-TBD 	9:00 Weights & Balance w/Tonya-CL 17 10:30 Craft Class-AC 12:00 Bridge-CR 12:00 Wii Bowling-AC 1:00 Knit Pickers-AC 2:00 Matinee Monday-TBD 3:00 Beanbag Baseball-AC	9:00 Music in Motion-CL 18 1:00 Bible Study-TBD 1:00 Bridge-CR 3:30 Low Impact Exercise-CL 6:30 Mexican Train-AC	9:15 Physical Therapy-CL 19 11:00 Magnolia House Casino @ Shepherders Inn in Rancho Cordova-L 12:00 Bridge-CR 3:30 Sing Along-CL 7:00 Bingo w/Christa-CL	9:00 YOGA w/Diane-CL 20 1:00 Bridge-CR 2:00 Chronic Pain Management Presentation by Medtronic-CL 3:30 Low Impact Exercise-CL 7:00 Movie Night-TBD	9:00 Grocery & Banks-L 21 9:00 Stretching & Balance-CL 10:30 Catholic Service-L/T 12:00 Bridge-CR 1:00 Shopping: Walmart-L 3:00 Happy Hour w/Bob Rawleigh-CL 6:30 Mexican Train-AC Summer Begins	9:00 Stretch Bands w/Barbara Holland-CL 22 12:00 Wii Bowling-AC 1:00 Crossword Puzzles-AC 3:30 Low Impact Exercise w/Natalya-CL 7:00 Movie Night-TBD
2:30 Bingo w/Paige-CL 23 6:30 Rummikub-AC 7:00 Movie Night-L/T 	9:00 Weights & Balance w/Tonya-CL 24 12:00 Wii Bowling-AC 12:00 Bridge-GR 1:00 Knit Pickers-AC 2:00 Matinee Monday-L/T 3:00 Beanbag Baseball-AC	9:00 Music in Motion-CL 25 1:00 Bible Study-L/T 1:00 Bridge-CR 3:30 Low Impact Exercise-CL 6:30 Mexican Train-AC	9:00 Weights & Balance-CL 26 11:15 Liz Ryder, Folk Singer @ Westminster Church-L 12:00 Bridge-CR 3:00 Line Dancing-CL 7:00 Bingo w/Christa-CL	9:00 YOGA w/Diane-CL 27 10:00 Blank Slate Game w/Tonya-AC 1:00 Bridge-CR 2:00 Travels in Germany presented by Resident Shirley Riemer-CL 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T	9:00 Grocery & Banks-L 28 9:00 Stretching & Balance-CL 10:30 Catholic Service-L/T 12:00 Bridge-CR 1:00 Shopping: Target-L 3:00 Happy Hour w/Songbird Trio-CL 6:30 Mexican Train-AC	9:00 Tai Chi w/Joanne McKee-CL 29 12:00 Wii Bowling-AC 1:00 Crossword Puzzles-AC 3:30 Low Impact Exercise w/Natalya-CL 7:00 Movie Night-L/T
2:30 Bingo w/Paige-CL 30 6:30 Rummikub-AC 7:00 Movie Night-L/T 	Join us for our SEVENTH ANNUAL Casino Night. We provide the chips for free so you can play Blackjack, Roulette, Texas Hold'em and Craps. Your winnings will be redeemed for raffle tickets to win prizes at the end of the evening. Enjoy delicious hors d'oeuvres, drinks & desserts. A night you will surely not want to miss!					