



SHELBY CROSSING

HEALTH CAMPUS

A Trilogy Senior Living Community

Connection

June 2019



Treating Yourself This Father's Day

On Sunday, June 16th, we celebrate Father's Day – a day when fathers everywhere will inevitably make the dad joke: "Isn't it funny that Father's Day is on a 'Son-day'?"

Horrible puns aside, we want to take this opportunity to acknowledge all of the wonderful fathers who call our campus home. So many of us have warm memories of attending ball games, changing flat tires, and learning about life with these important men in our lives.

At our campus, we have plenty of Life Enrichment programs that our fathers and everyday residents are sure to enjoy. If you're looking

for a new activity to explore or a fun way to spend your father's day, consider the following:

Lifelong Learning

We've learned so much from you, so why not let us return the favor? With our Lifelong Learning program, you'll join community members in taking part in any and all courses that you might be interested in. Do you want to know more about technology? History? Maybe you have a newfound passion for music that you want to explore. With Lifelong Learning, local instructors and volunteers will be happy to educate you about all of

these topics and more. Of course, this program is also offered to all members of our community. You don't have to be a father to want to expand your knowledge!

Vitality

Did you know that we also celebrate Men's Health Week this month? From the 10th through the 16th, we encourage early detection and treatment of preventable health problems and promote wellness amongst the men of our campus. And what better way to be well than with Vitality? With this program, we promote physical movement at least

...continued on back page

Happy Birthday!

June 05	Dorothy M.
June 06	Lloyd G.
June 07	Ruth C.
June 09	Barbara B.
June 26	Gladys O.
June 28	Rosalie S.
June 29	Robert R.
June 29	Margaret A.

Family Day

Our Family Day will be held on June 16 from 11:00am to 1:00pm in place of our brunch. We will be having a big Carnival Party and everyone is invited, free of charge. There will be food, animals, entertainment, and more!

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link at shelbycrossinghc.com

Happy Hour is weekly at 3:00pm. We serve beer, wine, and a drink of the week, along with light snacks. Please see the activity calendar to note whether or not there will be entertainment.

Each week, we go on an off-the-bus outing on Tuesdays and a drive-around-town outing on Thursdays. Please see the activity calendar or talk to the Life Enrichment Department for more information.

We hold a weekly ice cream social from 2:00-3:00pm in TownSquare. Please see the activity calendar to note whether or not there will be entertainment.

Executive Director Corner

Happy June! With summer in full swing, it's time to break out the bug spray, breathe in the warm air, and relax under the sun. Personally, my favorite part of the season is seeing familiar faces join us for our cookouts. Nothing says summer like enjoying good company with the smell of food on the grill, so I encourage everyone to come out!

This month, we're also excited to be kicking off our annual Independence from Hunger campaign. With the help of our sister campuses, we're proud to continue to provide over 1 million pounds of food every year for food banks and non-profit organizations in our local community. We are always amazed at the level of support we receive from employees, residents, families, and friends.

At our campus, compassion is never in short supply.

We put the "fun" in fundraising, so you can expect to hear about all of the exciting events we have planned for this year's campaign in the near future! In the meantime, we would like to ask all members of our community to consider supporting this great cause. Every donation, big and small, is appreciated and makes more of a difference than you could ever know.

If you or a loved one are interested in making a donation, contact our Life Enrichment Director today. They'll be happy to hear from you!

Yours in Service,

Jen Matash
Executive Director

RESIDENT/ STAFF SPOTLIGHT:

It has been about a year since our beloved Resident, Lloyd, began playing his accordion to share his music with the Shelby Crossing neighborhood. Nelson takes the time out of his busy day a few times a week to help set up the equipment so Lloyd can play. We are very lucky to have Lloyd share his musical gifts with us!





Flower Pot Painting



Frances's Birthday



Gwen Painting Flower Pots



Madeline Painting Pots

Legacy Lane Spotlight



Bill on the Patio



Fun in the Sun



Soaking up the Sun



Out on the Patio

ARTISANS

Live a Dream

"I've always wanted to..." Don't we all have wishes we wish we would have pursued? The Trilogy Foundation grants funds to help residents achieve their dreams! What is your dream? Do you have a friend or loved one who has a wish? In the past, we've granted dreams to ride a hot air balloon, to attend a favorite sports game, to travel out of state to visit a brand new grandchild, and more! Please see your Life Enrichment Team for details!

Entertainment

June 05: Kenny Lang 2:00pm
 June 07: Greg Greer 3:00pm
 June 10: Dr. Butler 10:30am
 June 14: Paul Krass 3:00pm
 June 16: Carnival Party 11:00am
 June 19: Jim Herrmann 1:30pm
 June 21: Mike C. 3:00pm
 June 26: Chet 2:00pm

Legacy Lane Entertainment

June 04: Sandy 2:00pm
 June 07: Steve Elmore 3:00pm
 June 11: Catholic Mass 11:00am
 June 11: Sing-a-long with Carlene 2:00pm
 June 16: Carnival Party 11:00am
 June 19: Jim Herrmann 3:30pm
 June 24: Kenny Lang 2:00pm
 June 25: Catholic Mass 11:00am
 June 28: Legacy Family Council 4:00pm



SHELBY CROSSING

HEALTH CAMPUS

A Trilogy Senior Living Community

13794 21 Mile Rd.

Shelby Township, MI 48315

586-532-2100

shelbycrossinghc.com | [t](#) [f](#)

Jen Matash
Executive Director

Marcus Badia
Administrator in Training

Leah Klauss
Director of Health Services

Debbie Chua
Assistant Director of Health Services

Kathryn Leonhard
Legacy Neighborhood Director

Amanda Schwark
Life Enrichment Director

Chris Solomon
Director of Plant Operations

Coral Karpinski
Director of Food Services

Patrick Ridgell
Director of Environmental Services

Laicee Laforet
Director of Social Work

Colleen Balla
Therapy Director

Kelly Mattox
Business Office Manager

Stay in the Loop [t](#) [f](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

'Father's Day'

...continued from cover

three times a week with activities
such as strength training, balance
training yoga, Tai Chi, stretching,
dancing, sport gaming systems
activities, and walking clubs.

Again, this is a program that is
available for everyone to enjoy.

Just The Guys

Our male residents and staff have the
opportunity to maintain a healthy,



active lifestyle and engage in fun
activities when they participate in
our Just the Guys program. Through
this program, we offer 'the guys'
opportunities to connect with each
other through interesting activities
and outings! Whether they meet
for an all-guys breakfast, bond
over a friendly poker game, or take
a fishing trip, it's an opportunity
for the guys to just be guys and
enjoy each other's company.

Thank you to all of the fathers
of our campus who inspire us
to selflessly serve every day. If
you're a resident who is interested
in participating in any of the
mentioned programs, contact our
Life Enrichment Director today!

Word Search

I	Y	B	V	J	I	S	M	G	L	H	S	T	N	W	E	K	R	L
A	I	L	R	E	F	U	P	P	L	Y	H	R	G	Q	V	M	M	S
V	R	Q	Y	X	U	A	A	O	S	J	T	Z	M	T	R	O	V	K
L	B	X	M	P	N	C	T	Y	R	V	G	F	I	S	H	I	N	G
K	J	I	R	L	M	B	O	H	S	T	D	O	Y	Q	Q	R	A	A
Y	M	O	J	O	E	B	Q	P	E	D	S	K	G	U	Z	F	K	M
G	H	V	K	R	N	L	V	I	O	R	V	Y	M	C	N	H	U	E
X	F	O	B	E	H	P	I	P	Z	M	C	I	H	I	R	S	E	S
W	U	U	Y	W	H	S	T	F	Y	W	L	R	G	Y	O	B	A	Z
R	Z	O	G	Q	O	D	A	D	M	I	S	T	E	R	H	A	H	C
K	J	Z	U	F	P	T	L	J	U	P	E	B	Q	P	Y	V	M	O
G	U	I	Y	H	F	I	I	A	P	A	P	E	S	M	A	S	I	L
X	Q	Z	S	S	L	F	T	F	N	Q	I	Q	T	R	J	H	O	Y
W	H	E	A	L	T	H	Y	G	N	V	N	C	D	H	Z	E	E	H
D	R	Z	U	T	W	Q	J	Z	Q	X	G	R	A	N	D	P	A	U
A	V	T	X	J	T	Z	R	T	R	Q	G	Y	G	M	J	U	P	Q
V	A	F	J	O	J	B	N	H	O	U	G	H	I	S	T	O	R	Y
E	Y	Z	A	Y	I	J	P	O	K	E	R	L	O	I	Y	T	A	R
Q	D	Q	Y	L	X	U	V	C	L	C	P	F	H	E	H	G	H	P

BOYS
DAD
EXPLORE
FATHER

FISHING
GAMES
GRANDPA
GUYS

HEALTHY
HISTORY
JOKE
MEN

MISTER
POKER
SPORTS
VITALITY