








June Blue Ridge Memory Care

Breakfast: 8am Lunch: 12:30pm Dinner: 5:30pm						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Outdoor Activities are weather permitting	Happy Birthday 6/14 Rosa Tritt 6/15 Nancy Rupp 6/23 Joyce Whitaker		Family and friends come hear Steven Chappelle, guitarist May 11 2:30 PM	 June 6 th 3:30	 Family Welcome to come hear guitarist Wesley Crider, #1 Guitarist and inducted into the Grand Ole Opry Hall of Fame! Monday June 3 rd 2:30 PM	1 2:00 Country Music with Wayne Morgan (AL) 3:00- Refreshments and Reminisce 4:00 Walk with Friends 6:00- Unwind Aromatherapy
2 2:00- Church service (AL) 	3 9:30 Good morning 10:00 Sit-N-Fit w/ Cookie the Clown 10:45 Snack Bar 11:00 Crafts 1:30 Suitcase of Memories 1:30 Bridge Club- Carolyn 2:30 Jay Crider Music 3:30 Walk and Talk in the court yard 6:00 Soulful Relaxation	4 10:00 Sit-N-Fit 10:30 Furry Friends/Mira 10:45 Snack Bar 11:00 Art-Painting 1:30 Bridge Club-Fran 2:00 Light and easy stroll 3:00-Bingo 4:00- Town Hall Meeting 6:00 Listen and Relax	5 9:30 Good morning 10:00 Sit and fit 11:00-Baking with Gail 1:30 Favorite Occupation 2:30 Social Stroll 3:00 Coffee and Dessert 3:30 Life Review Therapy 4:30 Setting The Tables 6:00 Calming CD'S	6 9:30- Good morning 10:00 -Sit-N-Fit 10:45- Snack Bar 11:00- Scenic Drive - The Perfect Escape 11:00-0 Sensory Box 1:30- Board Games What's That Smell 2:30- Stroll, weather permitting-Puzzles 3:00- Healthy Café 3:30 -Super Bingo 6:00- Light Melodies	7 9:30- Good morning 10:00- Sit-N-Fit 10:45- Snack Bar 11:00- Manicures and Hand Massages 1:30- Fun Facts Friday 2:30- Sunning and Stroll 3:00- Oldies Movie and Popcorn 6:00- Dreamy Tunes	8 3:00- Refreshments and Reminisce 4:00 Walk with Friends 6:00- Unwind Aromatherapy
9 2:00- Church Service (AL)	10 10:00- Sit and Fit Exercise 10:45- Snack Bar 11:00- Arts and Crafts 1:30- Suitcase of Memories 1:30- Bridge Club(with Carolyn) 2:30 -Wesley Crider Music 3:30- Walk and talk in the court yard 3:45- Movie and Popcorn 6:00- Soulful Relaxation	11 9:30- Good morning 10:00- Sit-N- Fit 10:30 -Furry Friends/Mira 11:00- Art Class(with paint) 1:30- Bridge Club (with Fran) 1:30- Soft To The Touch 2:00- Light and Easy Stroll 2:30- Music with Steven Chappelle 3:00- Bingo 6:00- Listen and Relax 	12 9:30- Good morning 10:00 - Sit-N- Fit 10:45- Snack Bar 11:00- Mix and Mingle-No Bake Desserts 1:30- Favorite Occupation 2:30- Social Stroll 3:00- Coffee and Dessert 3:30- Food Committee 4:30- Setting The Tables 6:00- Calming CD'S	13 9:30- Good morning 10:00- Sit-N-Fit 10:45- Snack Bar 11:00- Reminisce with old sayings 1:30- Paint Class 3:00- Calm and Relax 6:00- Light Melodies	14 9:30- Good Morning 9:45 -Devotion 10:00- Sit-N-Fit 10:45- Snack Bar 11:00- Manicures and Hand Massages 3:00- Oldies Movie and Popcorn 6:00- Dreamy Tunes	15 3:00- Refreshments and Reminisce 4:00 Walk with friends 6:00-Unwind Aromatherapy Country Music with Wayne Morgan (AL)
16  Happy Fathers Day 2:00 Church Service (AL)	17 9:30- Good Morning 10:00- Sit-N-Fit 10:45- Snack Bar 11:00- Craft Corner 1:30 -Suitcase Of Memories 1:30- Bridge Club/Carolyn 2:30- Strolling in the Courtyard, weather permitting (Puzzles) 3:00- Classic Cinema and popcorn 6:00- Soulful Relaxation	18 9:30- Good Morning 10:00- Sit-N-Fit 10:30- Furry Friends/Mira 10:45- Snack Bar 11:00- Art Class 1:30- Scent ID 1:30- Bridge Club/Fran 2:30- Light and Easy Stroll 3:00-0 Bingo 4:00- Dementia Caregiver Support Group 6:00 -Listen and Relax	19 9:30- Good Morning 10:00- Sit-N-Fit 10:00 -Music/Wesley Crider 10:45- Snack Bar 11:00- Granny's Favorite Recipe 1:30- Word Games 2:30- Social Stroll 3:00- Coffee and Dessert 3:30 -Finish The Saying 6:00- Calming CD'S	20 9:30- Good Morning 10:00- Sit-N-Fit 10:45- Snack Bar 11:00- Out To Lunch 11:00- Sensory Box- What Is In There? 1:30- Flower ID By Smell 2:30- Light and easy stroll 3:00- Health Café 3:30- Super Bingo 6:00- Light Melodies	21 9:30- Good Morning 10:00-Sit -N-Fit 10:45- Snack Bar 11:00- Spa Day with Manicures 1:30- Fun Facts Friday 2:30-Light and easy stroll 3:00 A Movie and Popcorn - Musical 6:00 Dreamy Tunes	22 3:00 Refreshments and Reminisce 4:00-Walk with friends 6:00 Unwind Aromatherapy 
23 2:00 Church Service (AL)	24 9:30- Good Morning 10:00- Sit-N-Fit 10:45- Snack Bar 11:00-Crafting Class 1:30- Bridge Club-Carolyn 1:30- Suitcase Of Memories 2:30-Courtyard-Walk-And-Talk (Puzzles) 3:00- Movie and Popcorn 6:00- Soulful Relaxation	25 9:30 Good Morning 10:00 Sit and Fit Exercise 10:30 Furry Friends/Mira 10:45 Snack Bar 11:00 Art Class-Painting 1:30 Songs From Our Pastor 2:30 Light and Easy Stroll 3:00 Bingo 5:00 Dementia Support Group 6:00 Listen and Relax	26 9:30- Good Morning 10:00 Sit-N-Fit 10:45- Snack Bar 11:00- Diabetic Delight: Make a desert 1:30- Mystery Box (Feel and Guess) 2:30 -Social Stroll 3:00-Red Hat Club with Bingo 3:30- Diet Talk 6:00- Calming CD'S	27 9:30- Good Morning 10:00- Sit-N-Fit 10:45- Snack Bar 11:00- Out To Lunch 11:00- Sensory Box- What Is In There? 1:30- Flower ID By Smell 2:30- Light and easy stroll 3:00- Health Café 3:30- Super Bingo 6:00- Light Melodies	28 9:30- Good Morning 10:00-Sit -N-Fit 10:45- Snack Bar 11:00- Spa Day with Manicures 1:30- Fun Facts Friday 2:30-Light and easy stroll 3:00 A Movie and Popcorn - Musical 6:00 Dreamy Tunes	29 3:00 Refreshments and Reminisce 4:00-Walk with friends 6:00 Unwind Aromatherapy
30 2:00 Church Service (AL)	30 2:00 Church Service (AL)					