

## June 2019



## St Augustine Plantation Assisted Living and Memory Care

			Memory Care			
26	27	28	29	30	31	Jun 1 Green Salad
						Soup Du Jour Meatloaf/Gravy
						Baked Sliced Ham Fresh Cooked Yams Yellow Squash/Onions Baked Roll Red Velvet Cake
2	2	1	5	6	7	Red Vervet Care
Green Salad and	Green Salad	Green Salad or	Green Salad or	Green Salad	Green Salad or	Green Salad  or
Soup Du Jour Zesty Beef Roast	Soup Du Jour Herb Crusted Pork	Soup Du Jour Beef Tips	Soup Du Jour Slow Roasted Turkey	Soup Du Jour Classic Baked Ham	Soup Du Jour Sweet Sour Meatballs	Soup Du Jour Bacon Ranch
Southern Fried	Roast	Or Cornmeal Breaded	Crispy Pork Chops	Or Chicken Cacciatore	Baked Trout	Chicken
Chicken Roasted Red Potatoes	Tri Colored Cheese Tortellini	Catfish Best Noodles	Cornbread Stuffing/Chilies	Cheesy Scalloped Potatoes	Seasoned Rice Country Trio Medley	Corned Beef and Cabbage
Green Beans	Glazed Sweet	<i>or</i> Creamy Cheese Grits	Baked Seasoned	Chef's Steamed	Baked Roll	Steamed Red
Baked Roll Homemade Peach Pie	Potatoes Oven Roasted Okra	Peas and Pearl	Squash Baked Roll	Vegetable Baked Roll	White Poke Cake	Potatoes Capri Blend
Tromomade reach rie	Garlic Bread	Onions	Berry Cobbler	Homemade Carrot		Baked Roll
	Brownies	Baked Roll Chocolate Peanut Butter Pie		Cake		Ice Cream Sandwich
9	10	11	12	13	14	15
Green Salad and	Green Salad or	Green Salad or	Green Salad or	Green Salad or	Green Salad or	Green Salad or
Soup Du Jour Roast Beef au Jus	Soup Du Jour Country Fried	Soup Du Jour Chicken Marsala	Soup Du Jour Breaded Fish Fillet	Soup Du Jour Steak Diane	Soup Du Jour Glazed Salmon	Soup Du Jour Tangy Country-Style
or	Steak/Gravy	or	or	or	or	Ribs
Southern Fried Chicken	or Chicken Ravioli with	Classic Spaghetti Meat Sauce	Pepper Steak Rice Pilaf	Herb Baked Chicken or	Chicken and Waffles White and Wild Rice	Or Swedish Meatballs
Fresh Mashed	Pesto	Noodles	Fresh Asparagus	Fresh Mashed	Pilaf	Favorite Baked Beans
Potatoes Sesame Green Beans	Seasoned Mushroom Rice	Oven Roasted Cauliflower	Baked Roll Key Lime Pie	Potatoes Beets	Chef's Steamed	Or Ranch Roasted
Baked Roll	Corn	Baked Roll	Key Line Fie	or	Vegetable Baked Roll	Potatoes
Fresh Apple Pie	Chocolate Sour	Fruit Cobbler		Garlic Green Beans Baked Roll	Yellow Cake with	Greens Baked Roll
	Cream Cake			Cheesecake	Fruit Topping	Classic Pecan Pie
16	17	18	19	20	21	22
Green Salad and	Green Salad or	Green Salad or	Green Salad or	Green Salad or	Green Salad or	Green Salad
Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
Seasoned Fried Chicken	Seasoned Baked Cod or	Baked Pork Chops or	Braised Beef/Vegetables	Lemon Pepper Chicken	Cube Steak Oriental or	Liver and Onions
or	Chicken/Mushroom	Chicken Caesar Wrap	or	or	Southern Fried Fish	Smoked Roasted
Baked Sliced Ham Fresh Mashed	Gravy or	Baked Sweet Potato Chef's Steamed	Breaded Shrimp with Cocktail Sauce	Classic Stuffed Bell Pepper	and Chips Seasoned Rice	Turkey Cornbread Dressing
Potatoes	Baked Macaroni	Vegetable	Oven Rice	or	or	Peas
California Normandy Blend	Cheese Seasoned Zucchini	Baked Roll Ice Cream	Mixed Vegetables	Cheesy Rice Grilled Asparagus	Creamy Cheese Grits Fresh Cooked Carrots	Baked Roll Coffee Cake
Baked Roll	Baked Roll	ice Cicain	Coleslaw	Baked Roll	or Broccoli	COHEC CARE
Lemon Cake	Peach Cobbler		Baked Roll Chocolate Eclairs	Coconut Cake	Baked Roll	
			Chocolate Leians		Homemade	
					Strawberry Shortcake	

23	24	25	26	27	28	29
Green Salad and	Green Salad or	Green Salad	Green Salad or	Green Salad or	Green Salad or	Green Salad or
Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
Tender Beef Roast  Or  Southern Fried Chicken AuGratin Potatoes Chef's Steamed Vegetable Baked Roll Berry Cobbler	Chicken/Brushcetta Topping or Baked Cod/Dill Sauce Fresh Mashed Potatoes Fresh Asparagus Baked Roll Soft Brown Sugar Cookie	Meatballs/Marinara Sauce  Or Turkey Cutlets/Pan Gravy Penne Pasta Or Seasoned Rice Sauteed Mushrooms Or Green Bean Mushroom Medley Baked Roll	Broccoli Quiche  Oven Fried Pork Chops Smashed Sweet Potatoes Sauteed Yellow Squash Baked Roll Fruit Crisp	Hamburger Steak/Onions or Shredded Herb Chicken/Rice Fresh Mashed Potatoes/Gravy Mixed Vegetables Baked Roll Bread Pudding	Seafood Alfredo  Or  Pork and Sausage  Jambalaya  Parsley Rice  Steamed Broccoli  Baked Roll  Mint Chocolate Chip  Ice Cream	Beef Burgundy  Or  Biscuit Chicken Pot Pie Noodles Roasted Brussels Sprouts Baked Roll Red Velvet Cupcakes
		Key Lime Pie				
Green Salad and Soup Du Jour Grilled Salmon or Seasoned Fried Chicken or Seasoned Mushroom Rice Roasted Carrots Baked Roll Boston Cream Cake	Jul 1	2	3	4	5	6