



CHEF’S COOKING DEMONSTRATIONS

01

Cheese Tasting Demo on June 4th at 2 in MC Activity Room

02

Fathers Day Dinner June 13th (Please remember to RSVP) AL Dining Room

03

Shortcake Demo on June 14th at 12:30 in MC Dining Room

04

Ice Cream Soda Demo on June 20th at 12:30 in MC Dining Room

CHEF’S SIGNATURE RECIPE: Strawberry Rhubarb Jam

Strawberry Rhubarb Jam

INGREDIENTS:

- 4 1/4 cups diced rhubarb
- 4 1/4 cups sliced fresh strawberries
- 2 tablespoons lemon juice
- 2 (1.75 ounce) packages powdered fruit pectin
- 10 cups white sugar

Place rhubarb, strawberries, lemon juice, fruit pectin into a large kettle over medium heat. Stir the fruit mixture to help the juice start to form, and add sugar, about 1 cup at a time, stirring constantly until sugar is dissolved and the juice is starting to simmer. Turn up heat to medium-high, bring the mixture to a full rolling boil, and cook and stir for 1 minute. Skim off any foam that forms. Pour into containers of your choice and refrigerate. Enjoy on toast or over ice cream.

Celebrating Resident Birthdays in June

- Nicholas W. 6/1
- Dorothy K. 6/13
- Nat S. 6/23
- Mano D. 6/28



\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

CHERRY HILL CONNECT

JUNE 2019



42500 Cherry Hill, Canton, MI 48187
www.waltonwood.com | 734-981-5070
Facebook: /WaltonwoodCherryHill



Driving Into June

When it comes to our loved ones, one of the best things we can offer is support. With that being said the month of June brings an event very dear to our community.

June 28th from 5-8pm, Waltonwood welcomes Americas Most Wanted Car Club as a part of our Classic Cars for a Cure event which helps raise money for Alzheimers.

This event will feature a barbeque and D.J. as well as give everyone an opportunity to “cruise” around and see beautiful cars that can’t be duplicated.

There will also be a silent auction featuring an extensive variety of goods/services from multiple vendors. Not only is it fun but proceeds go to the Alzheimers Association to help fund reseach in attempt to better understand and hopefully some day cure this life altering disease.

The car show is just one of many wonderful events that is happening at Waltonwood Cherry Hill this June. So grab your life enrichment calendar and bring a friend because the fun has just begun!

COMMUNITY MANAGEMENT

Gina Steigerwald
Associate Executive Director

Deanna Hite
Business Office Manager

Renee Ralsky
Marketing Manager

Jolene Maples
Move In Coordinator

Kara Triplett
Culinary Services Manager

April Marcotte
Independent Living Manager

Jack Strickland
Environmental Services Manager

Ariel Starr
Independent Living Life Enrichment Manager

Allison Bock
Assisted Living Life Enrichment Manager

Candice Jones
Memory Care Life Enrichment Manager

Jill Tilli
Resident Care Manager

Tiffany Woodson
Wellness Coordinator

Mariah Garner
Wellness Coordinator

Lindsay Orler
Housekeeping Supervisor

ASSOCIATE SPOTLIGHT

AL/MC Associate of the Month: JoAnn Thorton
Caregiver

From special diets to favorite items that simply bring joy. Paying attention to detail is very important, especially when it comes to the care of others. For that reason and more we would like to thank Joanne for being detail oriented and showing compassion to not only residents, but other associates as well. Always lending a helping hand as well as assisting with encouragement of activity participation JoAnne is much appreciated and we thank her for being a part of the Cherry Hill team!



MAY HIGHLIGHTS

01

We may not have known a ton about horse racing, but we did enjoy making hats for the Kentucky Derby

02

Tigers lost 17-3, but the weather was perfect and so was the company for our Comerica Park outing



03

Not only did we enjoy national pizza party day, but we bonded as we made our own

04

We rolled back into the 50's with a rocking good time. Special thanks to Elvis for making our diner complete



FOREVER FIT: The Right Shoe For You

A strong body starts from the ground up and keeping our feet healthy starts with choosing the right shoes. As we age, the shape and size of our feet tend to change as the foot typically becomes longer and wider. Ligaments stretch, tendons shrink and the fat pads on both the heels and balls of the feet decrease in size. This physical change will cause a change in shoe size. While it may not seem significant, variations can drastically affect your overall health. Correctly fitting shoes help to reduce foot, knee, hip and back pain, promote healthy circulation, and drastically help to reduce the risk of falls. Here are just a few tips to consider the next time you go shoe shopping so this spring you can step in style and comfort!

Not all shoe stores are created equal. Try to find retail locations that specialize in shoes for seniors that can help you select the right shoe. Know your size! Have your feet accurately measured, both length & width, to ensure a well fitted shoe. Shoes with wide boxy toes, low-padded heels and flexible, breathable materials are great options to handle the stress placed on our feet throughout the day. Choose shoes that match your environment. Whether boots for snow or walking shoes for summer, be sure the shoes you're wearing provide appropriate support and traction.

TRANSPORTATION INFORMATION

Waltonwood offers transportation via bus or car for resident appointments and activity outings Monday through Friday.

The bus is free for trips under 10 miles. If the trip is longer than 10 miles, a fee of \$2 per mile will be charged. Residents are not charged mileage for group activity outings.

All sign up sheets for activity outings, church outings, etc, can be found in the Outing Binder in the Assisted Living Post Office. You must sign up by writing your name and apartment number on the respective sheet.

- 6/3 Scramblers
- 6/10 Big Boy
- 6/13 Heritage Park Picnic
- 6/17 Leos Coney Island
- 6/24 Buffalo Wild Wings
- 6/27 Diamond Jack Boat Tour

JUNE SPECIAL EVENTS

01

Join us June 13th as we come together and celebrate the special men of our lives at the fathers day dinner!

02

Warm weather we are inviting you to Michigan with our first day of summer party June 20th!

03

June 21st we are all about capturing the moment for selfie day!

04

Classic car show and silent auction June 28th, you won't want to miss it!



EXECUTIVE DIRECTOR CORNER

We are excited to announce two new members to the Cherry Hill management team! We welcome Jill Tilli, RN and Mariah Garner to our Resident Care team. Jill is our new Resident Care Manager, as we wish Monique Sartor well on her new role within the Waltonwood organization! Mariah will be our second Wellness Coordinator, working alongside our current Wellness Coordinator, Tiffany Woodson. Our community has added this additional Wellness Coordinator position in efforts to continue improving quality of care and communication with residents and families. Please be sure to stop by and meet Mariah and Jill next time you're visiting Cherry Hill! We have a lot of exciting events coming up, including a golf outing on June 6th at the Links of Novi, the Fathers Day Dinner on June 13th, and of course the annual Classic Car Show on June 28th. Always something to look forward to at Cherry Hill!

Best wishes, Gina