



Celebrating Resident Birthdays in June

- June 4 – Marilyn D.
- June 5 – Michael B.
- June 6 – Sharon C.
- June 7 – Roy H.
- June 10 – Earl L. & Lillie W.
- June 14 – Marge S.
- June 15 – Marion G.
- June 17 – Andrea H.
- June 19 – Mary J.
- June 20 – Richard O.
- June 22 – Laura D.
- June 24 – Jeanette P.
- June 28 – Pat D., Elenor K., June W., Breda M. & Irene D.
- June 29 – Charles M.
- June 30 – Cecile R.

Join us for a birthday celebration in the dining room on June 11th! All residents are welcome to attend!



FRIENDS & FAMILY REFERRAL PROGRAM!

CHEF’S COOKING DEMONSTRATIONS

01

Cheese Tasting on June 4th at 12:00pm.

02

Father’s Day Family Dinner on June 13th with seating times at 4:00pm, 5:30pm, and 7:00pm.

03

Fresh Strawberry Shortcakes on June 14th at 2:30pm.

04

Cheese Making on June 18th at 12:00pm.

RESIDENT INFORMATION

All sign-up sheets for outings, doctor visits, church outings, shopping trips, walking club, and more are found in the red binder in the Post Office. Please sign up in advance! Space is limited on some outings.

Any comments, suggestions, concerns, and compliments for the Resident Council to review can be placed in the suggestion box in the Post Office. These notes are read monthly at the council meetings with management. The minutes from the monthly Resident Council meetings are posted in the Post Office. Residents are more than welcome to read the minutes, and the front desk will make copies.

The Community Social for this month will be on June 27th. All residents are invited to join our department heads to discuss community ongoings and to answer any questions. Gina, our Executive Director, will also be available on Tuesdays and Thursdays in the conference room. Feel free to stop by!

Welcome Home to all of the new residents this month:
*Diana Jamrog, Apt 124
*Joyce Kapp, Apt 205
*Priscilla Demek, Apt 346
We are very happy you are here! Please come to our New Resident Social on June 20th!

Please see Ariel, Life Enrichment Manager, with any important announcements for the newsletter!

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

JUNE 2019



WELCOME WARM WEATHER!

Now that we are in the month of June, we can look forward to more sunshine and warmth! Here at Cherry Hill, we are getting outdoors more this month. First, we are continuing our garden club starting on June 14th with a master gardener guest. Every Wednesday, we will spend some time in the courtyard to soak up the sun and enjoy the company of our peers. We also have some fun outings scheduled to enjoy the warm weather, like the Waltonwood Golf Open on June 6th, a picnic in the park on June 13th, and a trip to the Botanical Gardens in Ann Arbor on June 20th!

June is National Caribbean-American Heritage Month, and we are celebrating on June 7th with Steel Drum Entertainment by Ben and tasty Caribbean foods. We hope you can come!

Father’s Day is around the corner on June 16th. Please join us for our Father’s Day Family Dinner on the evening of June 13th. We have three seating times at 4:00pm, 5:30pm, and 7:00pm. It will be a great night with loved ones, and don’t forget about the delicious food!

This year, we are celebrating our 15th Annual Classic Cars for a Cure event on June 28th from 5-8pm. We will have a barbeque, a DJ, classic cars from America’s Most Wanted Car Club, and a silent auction. We will be raising money for the Alzheimer’s Association in hopes to reach our goal of \$5,000. We look forward to seeing you there!

Please be sure to review the monthly life enrichment calendar for more events and community happenings. Let the summer season begin!



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COMMUNITY MANAGEMENT

- Gina Steigerwald
Executive Director
- Deanna Hite
Business Office Manager
- Renee Ralsky
Marketing Manager
- Jolene Maples
Move In Coordinator
- Kara Triplett
Culinary Services Manager
- Jack Strickland
Environmental Services Manager
- April Marcotte
Independent Living Manager
- Ariel Starr
Independent Living Life Enrichment Manager
- Allison Bock
Assisted Living Life Enrichment Manager
- Candice Jones
Memory Care Life Enrichment Manager
- Jill Tilli
Resident Care Manager
- Tiffany Woodson
Wellness Coordinator
- Mariah Garner
Wellness Coordinator
- Lindsay Orler
Housekeeping Supervisor

ASSOCIATE SPOTLIGHT

Independent Living Associate of the Month:
Dima Shuaib, Dishwasher

“Dima is an excellent worker, and she works hard.”

“I am happy to see her when I come in to work every day.”

As a new employee, Dima has been a great addition to the kitchen. She is very hard-working and dedicated to the team. She never misses a day of work, and is more than willing to stay longer than her scheduled shift if needed. We are so lucky to have her as part of our Cherry Hill team! Congrats!

Please see the front desk concierge to nominate an associate you feel has been doing a wonderful job!



MAY HIGHLIGHTS

01

Rainbow Feathers Bird Club was here on May 7th. Here is MaryAnn C. with Max the Macaw!

02

We tried a new project with mixing and pouring paint onto a canvas on May 17th. Here is Jeanette P. with her finished work!



03

Canton High School’s Student Government Group hosted our annual Senior Prom on May 17th! Here is Carla P. dancing with Marge S.!

04

We went to see the Fireside Singers Spring Concert on May 19th. Here are Barb and Scott Y. enjoying the show!



FOREVER FIT: THE RIGHT SHOE FOR YOU

A strong body starts from the ground up and keeping our feet healthy starts with choosing the right shoes. As we age, the shape and size of our feet tend to change as the foot typically becomes longer and wider. Ligaments stretch, tendons shrink and the fat pads on both the heels and balls of the feet decrease in size. This physical change will cause a change in shoe size. While it may not seem significant, variations can drastically affect your overall health. Correctly fitting shoes help to reduce foot, knee, hip and back pain, promote healthy circulation, and drastically help to reduce the risk of falls. Here are just a few tips to consider the next time you go shoe shopping so this spring you can step in style and comfort!

Not all shoe stores are created equal. Try to find retail locations that specialize in shoes for seniors that can help you select the right shoe. Know your size! Have your feet accurately measured, both length & width, to ensure a well fitted shoe. Shoes with wide boxy toes, low-padded heels and flexible, breathable materials are great options to handle the stress placed on our feet throughout the day. Choose shoes that match your environment. Whether boots for snow or walking shoes for summer, be sure the shoes you’re wearing provide appropriate support and traction.

TRANSPORTATION INFORMATION

Waltonwood offers transportation via bus or car for resident appointments and activity outings Monday through Friday. Please see the front desk receptionist to request a bus trip. We require at least a 24-hour advance notice, but of course, the earlier the better.

The bus is free for trips under 10 miles. If the trip is longer than 10 miles, a fee of \$2 per mile will be charged. Residents will not be charged for mileage on group activity outings.

All sign up sheets for activity outings, walking group outings, community doctor visits, church outings, etc, can be found in the Red Binder in the Post Office. You must sign up by writing your name on the respective sheet.

In addition to the regularly scheduled outings found on the Life Enrichment Calendar, here are our special outings for the month of June:

- 6/6: WW Open Golf Outing at the Links of Novi
- 6/13: Picnic and Games at Heritage Park
- 6/20: Ann Arbor Matthaei Botanical Gardens
- 6/26: Diamond Jack Boat Tour

JUNE SPECIAL EVENTS

01

Culinary Vendor Show on June 5th beginning at 12:00pm.

02

National Caribbean-American Heritage Month Celebration with Steel Drum Entertainment on June 7th.

03

First Day of Summer Party & New Resident Social with Entertainment and Celebrate National Ice Cream Soda Day on June 20th.

04

Classic Cars for a Cure Event on June 28th with a barbeque, silent auction, classic cars, and a DJ – all to raise money for Alzheimer’s Disease!



EXECUTIVE DIRECTOR CORNER

Hello Family, Friends and Residents of Cherry Hill!

We are excited to announce two new members to the Cherry Hill management team! We welcome Jill Tilli, RN and Mariah Garner to our Resident Care team. Jill is our new Resident Care Manager, as we wish Monique Sartor well on her new role within the Waltonwood organization! Mariah will be our second Wellness Coordinator, working alongside our current Wellness Coordinator, Tiffany Woodson. Our community has added this additional Wellness Coordinator position in efforts to continue improving quality of care and communication with residents and families. Please be sure to stop by and meet Mariah and Jill next time you’re visiting Cherry Hill! We have a lot of exciting events coming up, including a golf outing on June 6th at the Links of Novi, the Father’s Day Dinner on June 13th, and of course the annual Classic Car Show on June 28th. Always something to look forward to at Cherry Hill!

Best Regards, Gina
03