

Treating Yourself This Father's Day

On Sunday, June 16th, we celebrate Father's Day – a day when fathers everywhere will inevitably make the dad joke: "Isn't it funny that Father's Day is on a 'Son-day'?"

Horrible puns aside, we want to take this opportunity to acknowledge all of the wonderful fathers who call our campus home. So many of us have warm memories of attending ball games, changing flat tires, and learning about life with these important men in our lives.

At our campus, we have plenty of Life Enrichment programs that our fathers and everyday residents are sure to enjoy. If you're looking for a new activity to explore or a fun way to spend your father's day, consider the following:

Lifelong Learning

We've learned so much from you, so why not let us return the favor? With our Lifelong Learning program, you'll join community members in taking part in any and all courses that you might be interested in. Do you want to know more about technology? History? Maybe you have a newfound passion for music that you want to explore. With Lifelong Learning, local instructors and volunteers will be happy to educate you about all of

these topics and more. Of course, this program is also offered to all members of our community. You don't have to be a father to want to expand your knowledge!

June 2019

Vitality

Did you know that we also celebrate Men's Health Week this month? From the 10th through the 16th, we encourage early detection and treatment of preventable health problems and promote wellness amongst the men of our campus. And what better way to be well than with Vitality? With this program, we promote physical movement at least

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Happy Birthday!

Residents	
Betty K.	6/8
LaVerne P.	6/11
Marilyn T.	6/15
Mary V.	6/27
Staff	
Renee B.	6/2
Miranda S.	6/4
Emily Sue S.	6/4
Olivia F.	6/6
Sarah Z.	6/25
Kimberly T.	6/25



Executive Director Corner

Happy June! With summer in full swing, it is time to break out the

bug spray, breathe in the warm air, and relax under the sun. Personally, my favorite part of the season is seeing familiar faces join us for our cookouts. Nothing says summer like enjoying good company with the smell of food on the grill, so I encourage everyone to come out!

This month, we are also excited to be kicking off our annual Independence from Hunger campaign. With the help of our sister campuses, we are proud to continue to provide over 1 million pounds of food every year for food banks and nonprofit organizations in our local community. We are always amazed at the level of support we receive from employees,

residents, families, and friends. At our campus, compassion is never in short supply.

We put the "fun" in fundraising, so you can expect to hear about all of the exciting events we have planned for this year's campaign in the near future! In the meantime, we would like to ask all members of our community to consider supporting this great cause. Every donation, big and small, is appreciated and makes more of a difference than you could ever know.

If you or a loved one are interested in making a donation, contact our Life **Enrichment Director today. She** will be happy to hear from you!

Yours in Service.

Alicia Wolf, LNHA

Executive Director

Volunteer News

We are looking for volunteers to share their talents and time with our residents. Anything from assisting with summer outings, assisting with Campus in Color Company Competition, or just spending time with our residents. Anyone interested in volunteering, contact Kate Kottenbrock, Life Enrichment Director at 419-257-2421.

Themed Dinner

The May 2nd Theme Dinner destination of our "Party in the USA" year took us back in time to the 1920's for a Chicago Speakeasy experience! It was a roaring good time! Pictured here are residents as they were entering the Theme Dinner.

Our Dinner menu was:

Appetizer: The Speak Easy Trio (Deviled egg, Prohibition Chicago Skewer, Wise Guy PLT)

Entree: Capone's Baked Ziti with Red Sauce, Breaded Veal Cutlet, Parmesan Ribbons, and Asparagus

Dessert: Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce



John L.

More Themed Dinner





Alice H.









Evie E.

Helen C.





Lavonda G.



Shirley M.

June Community Events

Please RSVP to 419-257-2421 for the following Events:

June 6th 6 PM to 8 PM Card Night in Assisted Living

June 13th 5 PM to 7 PM Annual Picnic at Briar Hill Campus

June 14th 2 PM to 3 PM Father's Day Grill Out at Brian Hill Campus

June 17th 1 PM Senior Exec Club in Assisted Living

June 21st 6 PM to 7 PM Alzheimer's Education Night in **Assisted Living**

June 22nd 10 AM to 11:30 AM Virtual Dementia Tour at Brian Hill Campus

June 24th 1:30 PM Care Giver Support Group at The Library

Sunday Brunch

June 9th at 11:00 AM. Please RSVP to 419-257-2421. There are two complimentary Tickets per resident and \$10.00 for each additional ticket.

Taste of Town

Subway, June 7th at noon



A Trilogy Senior Living Community

600 Sterling Drive

North Baltimore, OH 45872

419-257-2421

briarhillhc.com | ♥ f

Alicia Wolf Executive Director Whittney Podach, RN Director of Health Services

Stephanee Walters Community Service Representative

Jenna Gasser Business Office Manager Kate Kottenbrock Life Enrichment Director Shelley Coykendall

Director of Resident Services Ryan Parker Director of Food Services

> Dr. Michael Manuel Medical Director

Steve Apple Assistant Divisional Vice President Renee' Baughman, LPN MDS Coordinator

Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'Father's Day'

three times a week with activities such as strength training, balance training yoga, Tai Chi, stretching, dancing, sport gaming systems activities, and walking clubs.

Again, this is a program that is available for everyone to enjoy.

Just The Guys

Our male residents and staff have the opportunity to maintain a healthy,



active lifestyle and engage in fun activities when they participate in our Just the Guys program. Through this program, we offer 'the guys' opportunities to connect with each other through interesting activities and outings! Whether they meet for an all-guys breakfast, bond over a friendly poker game, or take a fishing trip, it's an opportunity for the guys to just be guys and enjoy each other's company.

Thank you to all of the fathers of our campus who inspire us to selflessly serve every day. If you're a resident who is interested in participating in any of the mentioned programs, contact our Life Enrichment Director today!

Word Gearch

Ι G Н S Ν W E S Ι R E F U Ρ Ρ R G V Α L L Y Н Q Μ Μ Z K R Q Y X U Α Α 0 S т R В Χ C R G F Μ P Ν Т Y Ι Н Ι G L Ν K J Ι R В 0 Н S T D Y L Μ 0 Q Q R Α Α Y 0 J 0 Е Q Ρ Ε S K G U Z F K Μ Μ В D K Ι O U G Н V R Ν V R Y М Ν Н Е F В E Р Ι P Z C S Е S X 0 Н Μ Ι Η Ι R S Т F Z W U U Y W Н W L R G Y O В Α R Z 0 G O 0 D Α D Μ Ι S Т Е R Н Α Н C J Z U Ρ T L J Р Е 0 K F U В Q Y V М G U Ι Y Н F Ι Ι Α P Α Е S Μ Α S Ι L Z F T Q S S F Т Ν Q Ι Q R J Н 0 Y X W Н Е Α L Т Н Y G Ν V Ν C D Ζ E E Н Ζ Т J Ζ R D R U Q Q X G Α Ν D Р Α U Т Α X J Z R Т R Q G Υ G М J U Р Q Α F J O J В Ν Н 0 U G Ι S Т 0 R Н Z Ι J Ρ O Е Ι Е Y Α Y K R 0 Y Т Α R C Υ X C Р F Н Е Н Q U Н G

BOYS	FISHING	HEALTHY	MISTER
DAD	GAMES	HISTORY	POKER
EXPLORE	GRANDPA	JOKE	SPORTS
FATHER	GUYS	MEN	VITALITY