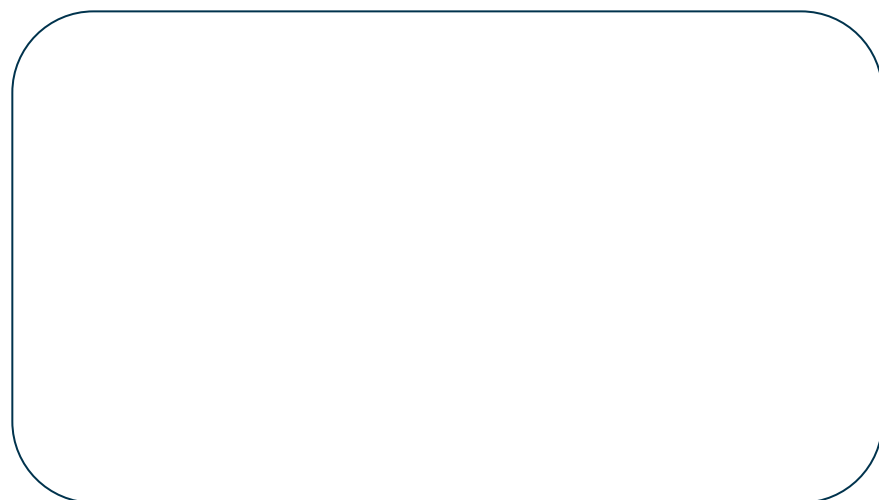




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**Our mission is to create  
and sustain comfortable, caring  
environments for those who  
depend on us.**

# The Pioneer Post

**Independent & Assisted Living Newsletter**



## June 2019

**2 Alzheimer's Research Updates & Facts  
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## Alzheimer's Research Updates and Facts

This Alzheimer's and Brain Awareness Month, learn about current advancements relating to Alzheimer's.

### Advance: Brain Scans Improve Diagnosis

The Alzheimer's Association shares that as of April 2019, a national study found a form of brain imaging that detects Alzheimer's-related plaques greatly influenced the clinical management of patients with mild cognitive impairment and dementia.

### Advance: Early Onset Detection with Tests

In 2019, several types of blood tests have been in the news for their potential to diagnose Alzheimer's before symptoms show. The latest may be able to predict the disease 10 years before symptoms show by looking at the IRS-1 protein. Another is said to predict the disease within 3 years. There is much that is moving forward on this front.

### Advance: Brain Disorder LATE That Mimics Alzheimer's Has Been Defined

Diagnostic criteria and guidelines are now recommended for a brain disorder that mimics symptoms of Alzheimer's. It's called LATE and when those with only LATE are not grouped with those with Alzheimer's (and not LATE), there may be research improvements. (Science Daily)

**Have you registered for your local 2019 Walk to End Alzheimer's? Medford's walk is on Sept. 21st. Register at: [alz.org/walk](http://alz.org/walk)**



### Alzheimer's Facts

- Americans who have Alzheimer's is growing. Every 65 seconds, someone in the U.S. develops Alzheimer's.
- 5.8 million Americans have Alzheimer's in 2019; 5.5 mil of those are over age 65.
- 1 in 3 seniors pass with Alzheimer's or Dementia.
- Alzheimer's and Dementias cost the U.S. \$290 billion in 2019.
- 90% of what we know about Alzheimer's has been discovered in the past 20 years.
- There are more than 5 drugs that may treat Alzheimer's symptoms, but no cure for the disease yet.

### Early diagnosis can:

- provide medical, emotional, and social benefits
- aid with participation in vital clinical trials
- enable individuals to be in control of their legal and financial wishes
- create significant cost savings in medical and long-term care

For more facts, visit [Alz.org/Facts](http://Alz.org/Facts)

## Special Moments



Having fun at the Western BBQ



Family fun at the prom.



Bernie & Shirley loving mother's day brunch.



Wii bowling team showing how it's done.

## June 16th is Father's Day



"Devotion to his family."

- Al

"Everything, he was a blessed man."

- Geri

"His giving nature."

- Janet

"Giving us his time."

- Linda

In honor of our dads, we asked: What is something you have always loved about your father?



# June 2019 Highlights

- 6/1 Free fishing at Lost Creek Lake, we will bring all the equipment needed, poles, tackle, lunch, etc.

6/1 We are have a few activities in the main lobby for those not going fishing. Please see your calendar.

6/3 Cinema Hour has changed to Cinema time, the videos we are showing run longer than an hour. This month we are showing "Great American Rail Journeys".

6/4 Every Tuesday at 10:00am we will meet on the Bistro Patio to take care of our planter boxes, weeding, feeding, etc.

6/4 Card games, will be on the 3rd floor, come by and let me know what you would like to play, we have had some requests for Hearts & pinochle.

6/5 Library Luncheon's topic will be A Century of Fellowship: The University Club, with Ron Kramer.
- 6/7 Break into Summer Bingo, we will be playing out in the main parking lot. There will be a concession stand & lots of fun. \$5.00 for 10 games.

6/11 Family Reception, this will be a time for you to invite your family to get to know other residents family's by sharing your common interests, goals, and help others learn from your experience. (we will be sending out more information)

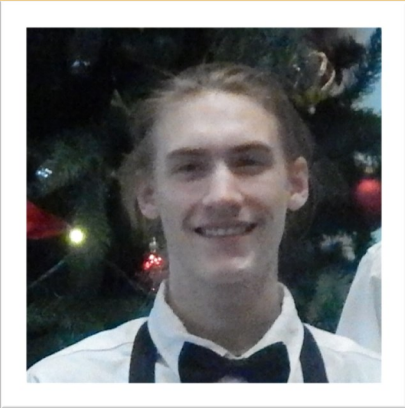
6/16 Fathers Day Dinner will be 4:30 to 6:30, please see the front desk for the menu.

6/20 Fun in the Sun Seminar, information how to protect yourself from the harsh summer sun.

6/26 Art Gala, this quarter we will be featuring some our own talent, James, Janice & Mike will be our artists.

6/28 Time for our quarterly Shop and Swap, all items left on Monday will be donated.

## Josh D. Employee of the Month.



**We're online @**  
Facebook.com/PioneerVillageOregon  
Blog.radiantseniorliving.com  
Radiantsrliving on Instagram  
Radiantvoices on Instagram  
RadiantSrLiving on Twitter  
Pinterest.com/radiantsrliving  
Radiant Senior Living on YouTube

Josh has been with Pioneer Village for over a year, he is a junior in high school, with working at school and here at PV he also helps out his family caring for his siblings. You never see Josh without a smile on his face. He's a great asset to our team, we love him.

# Fun Father Trivia

1. Halsey Taylor invented the drinking fountain in 1912 as a tribute to his father, who succumbed to typhoid fever after drinking from a contaminated public water supply in 1896.
2. George Washington, the celebrated father of our country, had no children of his own. He did adopt the two children from Martha Custis's first marriage.
3. A.A. Milne created Winnie the Pooh for his son, Christopher Robin. Pooh was based on Robin's teddy bear, Edward, a gift Christopher had received for his first birthday, and on their father/son visits to the London Zoo, where the bear named Winnie was Christopher's favorite. Pooh comes from the name of Christopher's pet swan.
4. Charlemagne, the 8th-century king of the Franks, united much of Western Europe through military campaigns and has been called the "king and father of Europe" [PDF]. Charlemagne was also a devoted dad to about 18 children, and today, most Europeans may be able to claim Charlemagne as their ancestor.
5. In 2001, Yuri Usachev, cosmonaut and commander of the International Space Station, received a talking picture frame from his 12-year-old daughter while in orbit. The gift was made possible by RadioShack, which filmed the presentation of the gift for a TV commercial.
6. The only father-daughter collaboration to hit the top spot on the Billboard pop music chart was the 1967 hit single "Something Stupid" by Frank & Nancy Sinatra.
7. In the underwater world of the seahorse, it's the male that gets to carry the eggs and birth the babies.
8. The Stevie Wonder song "Isn't She Lovely" is about his newborn daughter, Aisha. If you listen closely, you can hear Aisha crying during the song.
9. Dick Hoyt has pushed and pulled his son Rick, who has cerebral palsy, through hundreds of marathons and triathlons. Rick cannot speak, but using a custom-designed computer he has been able to communicate. They ran their first five-mile race together when Rick was in high school. When they were done, Rick sent his father this message: "Dad, when we were running, it felt like I wasn't disabled anymore!"
10. Sonora Louise Smart Dodd, of Spokane, Washington, started the tradition of Father's Day in the honor of her dad, William Smart, a widowed Civil War veteran.

**HAPPY  
FATHERS  
DAY!**







Sun	Mon	Tue	Wed	Thu	Fri	Sat
June 30 9:00 One on One Visits 9:45 Ruch Church Bus 10:00 Local Church Bus 12:30 Poker TF 2:00 Sunday Matinee CR 2:00 Mexican Train TF 2:30 Scenic Drive	<b>Resident's</b>  Pam C. 6/1 Ellie M. 6/2 Phyllis C. 6/16 Geri L. 6/17	<b>Happy Birthday</b>  James D 6/6 Trevor C. 6/8 Janice S 6/12 Nancy P. 6/26	<i>Any man can be a father. It takes someone special to be a DAD.</i>  WWW.SOCIALBEESMEDIA.COM	AL - A building lobby AK- Activities Kitchen BL - B building lobby B - Bistro BP - Bistro Patio TF - Third Floor PL - A building Parking Lot	<i>Peace begins with a smile</i>  - Mother Teresa -  	<sup>1</sup> 8:00 Free Fishing Day Lost Creek Lake 10:00 Crosswords AL 11:00 Name that Tune AL 1:00 Learning Sudoku AL 2:00 Beer Tasting AL 6:00 Saturday Night Movie Avatar
<sup>2</sup> 9:00 One on One Visits 9:45 Ruch Church Bus 10:00 Local Church Bus 12:30 Poker TF 2:00 Sunday Matinee CR 2:00 Mexican Train TF 2:30 Wine Tasting	<sup>3</sup> 8:45 Morning Exercise TF 10:15 IN2L Explore TF 11:15 Chair Yoga CR 1:15 Wii Bowling B 2:00 BINGO TF 2:00 Cinema Time CR American South by Rail 3:00 Resident Council BL  <u>TRANSPORTATION</u>	<sup>4</sup> 9:00 One on One Visits 10:00 Blood Pressure Clinic BL 10:00 Tending the Garden BP 10:30 Bible Study/lunch 10:45 Menu Meeting B 11:30 Card Games TF 1:00 Men's Poker TF 2:00 Welcoming Comm. B 3:00 Cocktail Hour TF <u>TRANSPORTATION</u>	<sup>5</sup> 8:45 Morning Exercise TF 10:15 IN2L Comedy Club TF 11:00 Library Luncheon 1:15 Wii Bowling B 2:00 BINGO TF 3:00 Afternoon Walk AL	<sup>6</sup> 9:00 Photo Club 10:00 Q Gong CR 10:30 Craft Hour AK 11:00 Activities Meeting BL 11:00 Out to Lunch Bunch Mac's Diner 1:00 Cooking Hour AK 2:00 Yahtzee BL 3:00 Bugs R Us B Fish <u>TRANSPORTATION</u>	<sup>7</sup> 8:45 Morning Exercise TF 10:00 Coffee & Treats 11:00 Painting with James TF 1:15 Wii Bowling B 2:00 Wine Social B Swing ALongs 5:30 Break into Summer Bingo PL	<sup>8</sup> 9:00 One on One Visits 10:30 Shopping Walmart 1:00 BINGO TF 2:30 Women's Poker TF 6:00 Saturday Night Movie The Man in the Moon
<sup>9</sup> 9:00 One on One Visits 9:45 Ruch Church Bus 10:00 Local Church Bus 12:30 Poker TF 2:00 Sunday Matinee CR 2:00 Mexican Train TF 2:30 Scenic Drive	<sup>10</sup> 8:45 Morning Exercise TF 10:15 IN2L Explore TF 11:15 Chair Yoga CR 1:15 Wii Bowling B 2:00 Cinema Time CR The Coast Starlight 3:00 Independent Resident 4:15 Supper Club Applegate River Lodge <u>TRANSPORTATION</u>	<sup>11</sup> 9:00 One on One Visits 10:00 Tending the Garden BP 10:45 Menu Meeting B 11:30 Card Games TF 1:00 Men's Poker TF 3:00 Cocktail Hour TF 5:30 Family Reception B <u>TRANSPORTATION</u>	<sup>12</sup> 8:45 Morning Exercise TF 9:15 Rain Rock Casino 1:15 Wii Bowling B 2:00 BINGO TF 3:00 Afternoon Walk AL	<sup>13</sup> 9:00 Photo Club 10:00 Q Gong CR 10:30 Craft Hour AK 1:00 Cooking Hour AK 2:00 Yahtzee BL 2:00 Alzheimer's Support CR 3:00 Carole Nielsen B Peru <u>TRANSPORTATION</u>	<sup>14</sup> 8:45 Morning Exercise TF 10:00 Coffee & Treats 11:00 Painting with James TF 1:15 Wii Bowling B 2:00 Military Pen Pal AK 3:30 Wine Social B Chris & Dom	<sup>15</sup> 9:00 One on One Visits 10:30 Shopping BiMart West Main 1:00 BINGO TF 2:30 Women's Poker TF 6:00 Saturday Night Movie Dances with Wolves
<sup>16</sup> <b>Father's Day</b> 9:00 One on One Visits 9:45 Ruch Church Bus 10:00 Local Church Bus 12:30 Poker TF 2:00 Sunday Matinee CR 2:00 Mexican Train TF 4:30 - 6:30 Fathers Day Dinner	<sup>17</sup> 8:45 Morning Exercise TF 10:15 IN2L Explore TF 11:15 Chair Yoga CR 1:15 Wii Bowling B 2:00 BINGO TF 2:00 Cinema Time CR The Adirondack 3:00 Fireside Chat BL  <u>TRANSPORTATION</u>	<sup>18</sup> 9:00 One on One Visits 10:00 Tending the Garden BP 10:45 Menu Meeting B 11:30 Card Games TF 1:00 Men's Poker TF 3:00 Cocktail Hour TF  <u>TRANSPORTATION</u>	<sup>19</sup> 8:45 Morning Exercise TF 9:30 Out to Breakfast Cracker Barrel 1:15 Wii Bowling B 2:00 Afternoon Walk AL 3:00 Monthly Birthday Party B	<sup>20</sup> 9:00 Photo Club 10:00 Q Gong CR 10:30 Craft Hour AK 1:00 Cooking Hour AK 2:00 Yahtzee BL 3:00 Fun in the Sun Seminar  <u>TRANSPORTATION</u>	<sup>21</sup> 8:45 Morning Exercise TF 10:00 Coffee & Treats 11:00 Painting with James TF 1:15 Wii Bowling B 3:00 Wine Social B Michael Cruz	<sup>22</sup> 9:00 One on One Visits 10:30 Shopping Barns & Noble 1:00 BINGO TF 2:30 Women's Poker TF 6:00 Saturday Night Movie Changeling
<sup>23</sup> 9:00 One on One Visits 9:45 Ruch Church Bus 10:00 Local Church Bus 12:30 Poker TF 2:00 Sunday Matinee CR 2:00 Mexican Train TF 2:30 Wine Tasting	<sup>24</sup> 8:45 Morning Exercise TF 10:15 IN2L Explore TF 11:15 Chair Yoga CR 1:15 Wii Bowling B 2:00 BINGO TF 2:00 Cinema Time CR Alaska's Gold Rush Train 2:00 Food Committee B 3:00 Cottage Meeting BL <u>TRANSPORTATION</u>	<sup>25</sup> 9:00 One on One Visits 10:00 Tending the Garden BP 10:45 Menu Meeting B 11:30 Card Games TF 1:00 Men's Poker TF 3:00 Cocktail Hour TF  <u>TRANSPORTATION</u>	<sup>26</sup> 8:45 Morning Exercise TF 10:00 IN2L 1:15 Wii Bowling B 2:00 BINGO TF 3:00 Afternoon Walk AL 4:00 Art Gala DR	<sup>27</sup> 9:00 Photo Club 10:00 Q Gong CR 10:30 Craft Hour AK 1:00 Cooking Hour AK 2:00 Yahtzee BL 3:00 Carole Nielsen B Outlaws of the Old West  <u>TRANSPORTATION</u>	<sup>28</sup> SHOPN SWAP TF 8:45 Morning Exercise TF 10:00 Coffee & Treats 11:00 Painting with James TF 1:15 Wii Bowling B 2:45 Meet & Greet B 3:00 Wine Social B Sheila Winn	<sup>29</sup> 9:00 One on One Visits 10:30 Shopping Fred Meyer 1:00 BINGO TF 2:30 Women's Poker TF 6:00 Saturday Night Movie The Pursuit of Happyness  See top row for June 30th