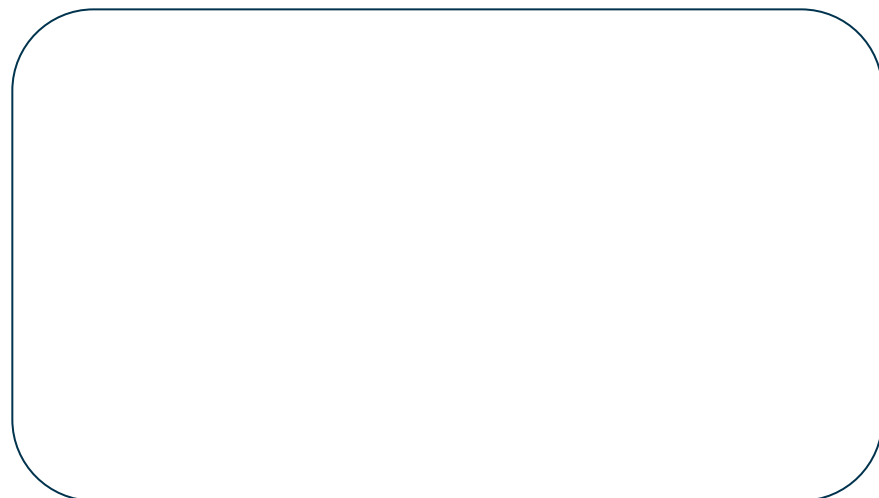




4185 Briargate Parkway
Colorado Springs, CO 80920

STAMP
HERE



Administrative Team: 719-352-3069

Nancy Britton
Executive Director

Mary Jane Adams
RN Consultant

Amber Trucke
Community Relations Director

Autumn Miller
Business Office Director

Tony Campbell
Dining Services Director

Richard Lee
Maintenance Director

Jeanne Bautista
Life Enrichment Director



**Our mission is to create
and sustain comfortable, caring
environments for those who
depend on us.**

News from New Dawn

New Dawn Memory Care Newsletter



June 2019

**2 Alzheimer's Research Updates & Facts
3 Team Member & Resident Spotlight
4-5 Activities Calendar**

**6 Birthdays, Social Media, & Highlights
7 Special Moments & Father's Day
8 Mission & Team**

Alzheimer's Research Updates and Facts

This Alzheimer's and Brain Awareness Month, learn about current advancements relating to Alzheimer's.

Advance: Brain Scans Improve Diagnosis

The Alzheimer's Association shares that as of April 2019, a national study found a form of brain imaging that detects Alzheimer's-related plaques greatly influenced the clinical management of patients with mild cognitive impairment and dementia.

Advance: Early Onset Detection with Tests

In 2019, several types of blood tests have been in the news for their potential to diagnose Alzheimer's before symptoms show. The latest may be able to predict the disease 10 years before symptoms show by looking at the IRS-1 protein. Another is said to predict the disease within 3 years. There is much that is moving forward on this front.

Advance: Brain Disorder LATE That Mimics Alzheimer's Has Been Defined

Diagnostic criteria and guidelines are now recommended for a brain disorder that mimics symptoms of Alzheimer's. It's called LATE and when those with only LATE are not grouped with those with Alzheimer's (and not LATE), there may be research improvements. (Science Daily)

Have you registered for your local 2019 Walk to End Alzheimer's? Colorado Springs' walk is Sept. 21st. Register at: alz.org/walk



Alzheimer's Facts

- Americans who have Alzheimer's is growing. Every 65 seconds, someone in the U.S. develops Alzheimer's.
- 5.8 million Americans have Alzheimer's in 2019; 5.5 mil of those are over age 65.
- 1 in 3 seniors pass with Alzheimer's or Dementia.
- Alzheimer's and Dementias cost the U.S. \$290 billion in 2019.
- 90% of what we know about Alzheimer's has been discovered in the past 20 years.
- There are more than 5 drugs that may treat Alzheimer's symptoms, but no cure for the disease yet.

Early diagnosis can:

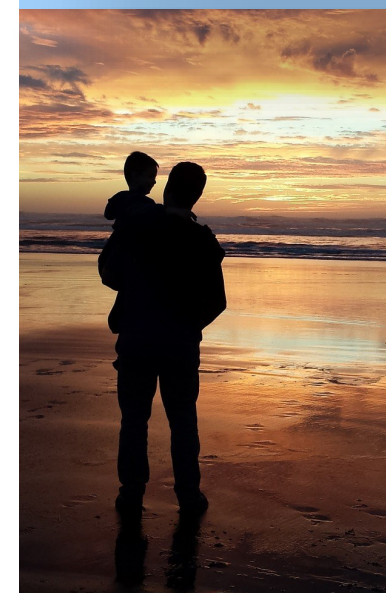
- provide medical, emotional, and social benefits
- aid with participation in vital clinical trials
- enable individuals to be in control of their legal and financial wishes
- create significant cost savings in medical and long-term care

For more facts, visit Alz.org/Facts

Special Moments



June 16th is Father's Day



"Good cook"
- Mary

"Hard worker"
- Nellie

"His hugs"
Judy

"He was nice"
- Lennie

In honor of our dads, we asked: What is something you have always loved about your father?

June 2019 Highlights

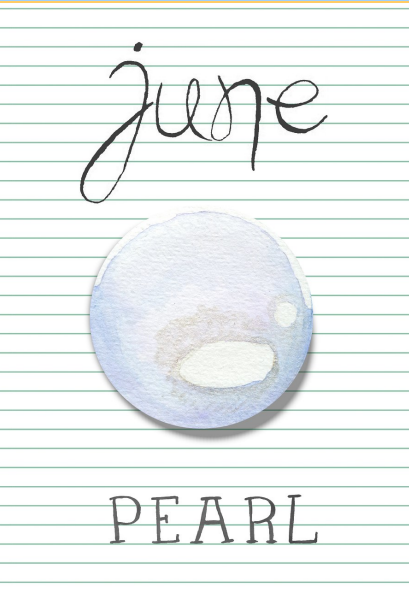
June is Great Outdoors Month, Iced Tea Month, and Fresh Fruit and Veggies Month

- 01 Nail Polish Day; Olive Day
- 02 Rotisserie Chicken Day
- 03 Egg Day
- 04 Cheese Day
- 05 Veggie Burger Day
- 06 Drive-in Movie Day; Yo-Yo Day
- 07 Doughnut Day
- 08 Best Friends Day
- 09 Children’s Day
- 10 Herbs and Spices Day
- 11 German Chocolate Cake Day
- 12 Red Rose Day; Jerky Day
- 13 Weed the Garden Day
- 14 Flag Day; Strawberry Shortcake Day
- 15 Nature Photography Day; Smile Day
- 16 Father’s Day; Turkey Lovers Day
- 17 Eat Your Vegetables Day
- 18 Go Fishing Day
- 19 Garfield Day; Watch Day

- 20 Eagle Day; Vanilla Milkshake Day
- 21 Seashell Day; Summer Begins; Selfie Day
- 22 Chocolate Éclair Day; Onion Ring Day
- 23 Hydration Day; Pink Day
- 24 Pralines Day
- 25 Catfish Day; Strawberry Parfait Day
- 26 Chocolate Pudding Day
- 27 Sunglasses Day; Handshake Day
- 28 Paul Bunyan Day
- 29 Camera Day; Waffle Iron Day
- 30 Meteor Watch Day; Social Media Day

We’re online @
Facebook.com/NewDawnColoradoSprings
Blog.radiantseniorliving.com
Radiantsrliving on Instagram
Radiantvoices on Instagram
RadiantSrLiving on Twitter
Pinterest.com/radiantsrliving
Radiant Senior Living on YouTube

June Birthdays!



We hope you enjoy your special day!

Michael, June 4

Paul, June 29



Team Member Spotlight Monica

Monica began her career with New Dawn in Activities, but she has surely found her calling as a caregiver in our Cottage A. Her kind heart and gentle ways have endeared her to residents, families, and her team members. As one of her teammates said “She’s just good people!”

Monica will be leaving us soon to take a new opportunity (and a promotion). We will sincerely miss her smiling face and wish her all the very best!



Resident Spotlight Steve





We are thrilled to highlight Steve this month. A former machinist, Steve met his wife, Janet, of over 40 years when they were both teachers. Together, they built a successful business, and raised three wonderful children.

Steve is an animal lover, a lover of Western movies, a fan of John Wayne, and has had a longtime interest in Model T’s. He even played the accordion once upon a time.

We are honored to care for this life-long Colorado resident!





June 2019

New Dawn Memory Care | 4185 Briargate Parkway, Colorado Springs, CO 80920 | 719-352-3069 Bldg C

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Meteor Day June 30 9:15 Morning Stretch 10:00 iN2L Church 11:00 Hymn-sing 1:00 iN2L Trivia 2:00 Walking Group 2:30 Sunday Sports 4:00 Music—Stephanie						Nail Polish Day 1 9:15 Morning Stretch 10:00 Laundry Folding 10:30 iN2L Games 1:30 Spa Time 2:30 Movie and 3:00 Ice Cream Sundae 4:00 Rock the Block
Rotisserie Chicken Day 2 9:15 Morning Stretch 10:00 iN2L Church 11:00 Hymn-sing 1:00 iN2L Trivia 2:00 Walking Group 2:30 Sunday Sports 4:00 Music—Stephanie	Egg Day 3 9:15 Ball Toss 10:00 Remember When 11:00 iN2L Trivia 1:00 Karaoke 2:00 Snack Attack 2:30 Advanced Crafts 4:00 Afternoon Stroll	Cheese Day 4 9:30 Dan Gariepy 10:30 Manicure Time 11:00 iN2L Exercise 1:30 iN2L Games 2:30 Vacation Memories 3:00 Arts & Crafts-MiM 6:00 Evening Movie	Veggie Burger Day 5 9:30 Morning Social 10:15 Jeff Von Klock 11:00 iN2L Exercise 1:30 Men's Group 2:00 Snack Attack 2:30 Flower Arranging 3:30 World of Dance	Drive in Movie Day 6 9:45 Exercise w/ Vaughn 10:15 Baking Club 11:00 Good Eats 1:00 iN2L Exercise 2:00 iN2L Travel 2:30 Card Game Time 3:30 Classic TV	Doughnut Day 7 9:15 Ball Toss 10:00 Dog Therapy 11:00 Bingo 1:30 Karaoke 2:30 Mocktail Hour 3:00 Music Videos 4:00 iN2L Nature	Best Friends Day 8 9:15 Chair Exercises 10:00 Laundry Folding 11:00 iN2L Games 1:00 Spa Time 2:30 Movie and 3:00 Rootbeer Floats 4:00 iN2L Music
Children's Day 9 9:15 Morning Stretch 10:00 iN2L Church 11:00 Hymn-sing 1:00 iN2L Trivia 2:00 Walking Group 2:30 Sunday Sports 4:00 Music—Stephanie	Herbs and Spices Day 10 9:15 Ball Toss 10:00 Remember When 11:00 iN2L Trivia 1:00 Karaoke 2:00 Snack Attack 2:30 Advanced Crafts 4:00 Afternoon Stroll	German Chocolate Cake 11 9:30 Yoga w/Lindsay 10:30 Manicure Time 11:00 Vacation Memories 1:30 iN2L Games 2:30 Pottery Time 4:00 Rock the Block 6:00 Evening Movie	Red Rose Day 12 9:30 Morning Social 10:00 Bobby Jackson 11:00 iN2L Exercise 1:30 Men's Group 2:00 Snack Attack 2:30 Flower Arranging 3:30 The Voice	Weed the Garden Day 13 9:15 iN2L Music 10:00 Baking Party 11:00 Cooking Show 1:00 iN2L Exercise 2:00 iN2L Travel 2:30 Card Game Time 3:30 Classic TV	Flag Day 14 9:15 Morning Workout 10:00 Dog Therapy 11:00 Bingo 1:30 Karaoke 2:30 Tea Party 3:00 Music Videos 4:00 iN2L Nature	Nature Photos Day 15 9:15 Morning Stretch 10:00 Laundry Folding 10:30 iN2L Games 1:30 Spa Time 2:30 Movie and 3:00 Ice Cream Social 4:00 Rock the Block
Father's Day 16 9:15 Morning Stretch 10:00 iN2L Church 11:00 Hymn-sing 1:00 Family Time 2:00 iN2L Trivia 3:00 Sunday Sports 4:00 Music—Stephanie	Eat Your Veggies Day 17 9:15 Ball Toss 10:00 Remember When 11:00 iN2L Trivia 1:00 Karaoke 2:00 Snack Attack 2:30 Advanced Crafts 4:00 Afternoon Stroll	Go Fishing Day 18 9:30 Gordon Johnson 10:00 Manicure Time 11:00 Vacation Memories 1:30 iN2L Exercise 2:30 Arts & Crafts-MiM 4:00 Rock the Block 6:00 Evening Movie	Garfield Day 19 9:30 Morning Social 10:00 Bobby Jackson 11:00 iN2L Exercise 1:30 Men's Group 2:00 Snack Attack 2:30 Flower Arranging 3:30 America's Got Talent	Eagle Day 20 9:45 Exercise w/ Vaughn 10:15 Baking Club 11:00 Good Eats 1:00 iN2L Exercise 2:00 iN2L Travel 2:30 Card Game Time 3:30 Classic TV	Summer Begins 21 9:15 Morning Workout 10:00 Dog Therapy 11:00 Lane Brothers 1:30 Karaoke 2:30 Mocktail Hour 3:00 Music Videos 4:00 iN2L Nature	Onion Ring Day 22 9:15 Chair Exercises 10:00 Laundry Folding 11:00 iN2L Games 1:00 Spa Time 2:30 Movie and 3:00 Smoothies 4:00 iN2L Music
Hydration Day 23 9:15 Morning Stretch 10:00 iN2L Church 11:00 Hymn-sing 1:00 iN2L Trivia 2:00 Walking Group 2:30 Sunday Sports 4:00 Music—Stephanie	Pralines Day 24 9:15 Ball Toss 10:00 Remember When 11:00 iN2L Trivia 1:00 Karaoke 2:00 Snack Attack 2:30 Advanced Crafts 4:00 Afternoon Stroll	Strawberry Parfait Day 25 9:15 Balloon Badminton 10:30 Manicure Time 11:00 Vacation Memories 1:00 Dan Gariepy 2:30 Arts & Crafts-MiM 4:00 Rock the Block 6:00 Evening Movie	Chocolate Pudding Day 26 9:30 Morning Social 10:00 Hannah Geiger 11:00 iN2L Exercise 1:30 Men's Group 2:00 Snack Attack 2:30 Flower Arranging 3:30 Broadway Hour	Sunglasses Day 27 9:15 iN2L Music 10:00 Baking Party 11:00 Cooking Show 1:00 iN2L Exercise 2:00 iN2L Travel 2:30 Card Game Time 3:30 Classic TV	Paul Bunyan Day 28 9:15 Morning Workout 10:00 Dog Therapy 11:00 Bingo 1:30 Karaoke 2:30 Poetry Café 3:00 Music Videos 4:00 iN2L Nature	Camera Day 29 9:15 Chair Exercises 10:00 Laundry Folding 11:00 iN2L Games 1:00 Spa Time 2:30 Movie and 3:00 Ice Cream Sundae 4:00 iN2L Music See top row for June 30th

June 2019

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