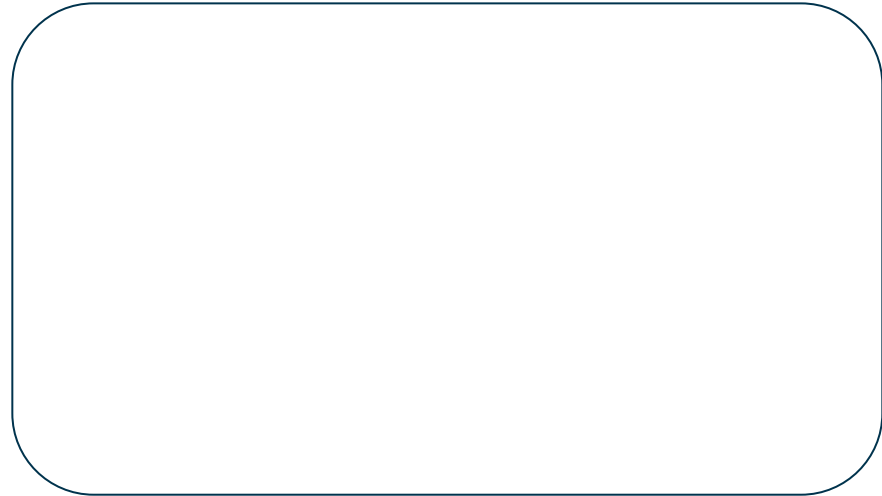




1655 NE 18th St.
Gresham, OR 97030

STAMP
HERE



Administrative Team: 503-665-1994

- Malina Souliyalooovong**
Executive Director
- Perla Gonzales
Assistant Executive Director
- Leslie Macknosky**
Community Relations Director
- See Lee**
Business Office Director
- Jessica Saray**
Wellness Nurse
- Noelle Keller
Dining Services Director
- Tomas Mendez**
Maintenance Director
- Yolanda Irving-Vance**
Life Enrichment Director



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

Farmington Square News

Assisted & Memory Care Newsletter



June 2019

- 2 Alzheimer's Research Updates & Facts
- 3 Team Member & Resident Spotlight
- 4-5 Activities Calendar

- 6 Birthdays, Social Media, & Highlights
- 7 Special Moments & Father's Day
- 8 Mission & Team

Alzheimer's Research Updates and Facts

This Alzheimer's and Brain Awareness Month, learn about current advancements relating to Alzheimer's.



Advance: Brain Scans Improve Diagnosis

The Alzheimer's Association shares that as of April 2019, a national study found a form of brain imaging that detects Alzheimer's-related plaques greatly influenced the clinical management of patients with mild cognitive impairment and dementia.

Advance: Early Onset Detection with Tests

In 2019, several types of blood tests have been in the news for their potential to diagnose Alzheimer's before symptoms show. The latest may be able to predict the disease 10 years before symptoms show by looking at the IRS-1 protein. Another is said to predict the disease within 3 years. There is much that is moving forward on this front.

Advance: Brain Disorder LATE That Mimics Alzheimer's Has Been Defined

Diagnostic criteria and guidelines are now recommended for a brain disorder that mimics symptoms of Alzheimer's. It's called LATE and when those with only LATE are not grouped with those with Alzheimer's (and not LATE), there may be research improvements. (Science Daily)

Have you registered for your local 2019 Walk to End Alzheimer's? Portland's walk is on Aug. 24th. Register at: alz.org/walk

Alzheimer's Facts

- Americans who have Alzheimer's is growing. Every 65 seconds, someone in the U.S. develops Alzheimer's.
- 5.8 million Americans have Alzheimer's in 2019; 5.5 mil of those are over age 65.
- 1 in 3 seniors pass with Alzheimer's or Dementia.
- Alzheimer's and Dementias cost the U.S. \$290 billion in 2019.
- 90% of what we know about Alzheimer's has been discovered in the past 20 years.
- There are more than 5 drugs that may treat Alzheimer's symptoms, but no cure for the disease yet.

Early diagnosis can:

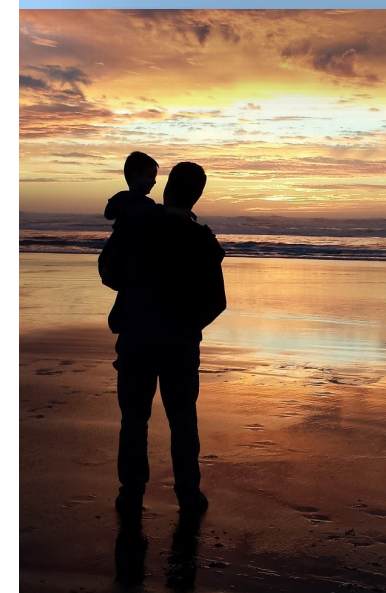
- provide medical, emotional, and social benefits
- aid with participation in vital clinical trials
- enable individuals to be in control of their legal and financial wishes
- create significant cost savings in medical and long-term care

For more facts, visit Alz.org/Facts

Special Moments



June 16th is Father's Day



"My dad was a hard worker"
- Norma

"My dad was a family man"
- Bobbie

"My dad was a very honest man"
- Rita

"My dad was a Christian"
- Carol

In honor of our dads, we asked:
What is something you have always loved about your father?

June 2019 Highlights

June is Great Outdoors Month, Iced Tea Month, and Fresh Fruit and Veggies Month

- 01 Nail Polish Day; Olive Day
- 02 Rotisserie Chicken Day
- 03 Egg Day
- 04 Cheese Day
- 05 Veggie Burger Day
- 06 Drive-in Movie Day; Yo-Yo Day
- 07 Doughnut Day
- 08 Best Friends Day
- 09 Children's Day
- 10 Herbs and Spices Day
- 11 German Chocolate Cake Day
- 12 Red Rose Day; Jerky Day
- 13 Weed the Garden Day
- 14 Flag Day; Strawberry Shortcake Day
- 15 Nature Photography Day; Smile Day
- 16 Father's Day; Turkey Lovers Day
- 17 Eat Your Vegetables Day
- 18 Go Fishing Day
- 19 Garfield Day; Watch Day

- 20 Eagle Day; Vanilla Milkshake Day
- 21 Seashell Day; Summer Begins; Selfie Day
- 22 Chocolate Éclair Day; Onion Ring Day
- 23 Hydration Day; Pink Day
- 24 Pralines Day
- 25 Catfish Day; Strawberry Parfait Day
- 26 Chocolate Pudding Day
- 27 Sunglasses Day; Handshake Day
- 28 Paul Bunyan Day
- 29 Camera Day; Waffle Iron Day
- 30 Meteor Watch Day; Social Media Day

We're online @

Facebook.com/FarmingtonSquareGresham
Blog.radiantseniorliving.com
Radiantsrliving on Instagram
Radiantvoices on Instagram
RadiantSrLiving on Twitter
Pinterest.com/radiantsrliving
Radiant Senior Living on YouTube

June Birthdays!

We hope you enjoy your special day!

Anneliese W. : June 7

Judy W.: June 12

Donald D.: June 23



Team Member Spotlight Tinesha

Our Team Member of the Month is one of our Dedicated Medical Technicians, Tinesha. She goes above and beyond keeping us Radiant! She enjoys traveling and shopping.

We thank you Tinesha for all you do for our community.



Resident Spotlight First Name Here

Our Resident of the Month is Phyllis M. Phyllis raised a family and served as a grocery store clerk for many years.

Phyllis enjoys reading and listening to country music.

Phyllis, you bring us so much joy here at Farmington Square Gresham!



June 2019

Barlow/Crown • 1655 NE 18th Gresham OR, 97030 • 503 665-1994

Sun	Mon	Tue	Wed	Thu	Fri	Sat
June 30 10:00 Stretching/Yoga 10:30 Card Games 11:30 Aromatherapy 1:00 Court Yard Fun 2:00 Coffee/ Convos 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie						1 10:00 Walking Group 10:30 IN2L Music Hour 11:30 Aromatherapy 1:00 Garden Club 2:00 Coffee Convos 3:00 BINGO 4:00 Fun/Dice 6:00 Evening Movie
2 10:00 Stretching/Yoga 10:30 Word Search 11:30 Aromatherapy 1:00 Book Reading Aloud 2:00 Coffee/Convos 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie	3 10:00 Stretching/Yoga 10:30 IN2L Music Hour 11:30 Aromatherapy 1:00 Manicures 2:00 Beading Art 3:00 IN2L Trivia 4:00 IN2L Hangman 6:00 Evening Movie	4 10:00 Fun/Noodles 10:30 Church/Jerry 11:30 Aromatherapy 1:00 Fun/Dice 2:00 IN2L Music Hour 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie	5 10:00 Stretching/Yoga 10:30 IN2L Trivia 11:30 Aromatherapy 12:00 Picnic/Park 3:00 BINGO 4:30 Resident Outreach 6:00 Evening Movie	6 10:00 Fun/ Noodles 10:30 IN2L Surprise 11:30 Aromatherapy 1:00 Manicures 2:00 Tea Party 3:30 IN2L Reminisce 4:00 Resident Outreach 6:00 Evening Movie	7 10:00 Walking Group 10:30 IN2L Hangman 11:30 Aromatherapy 1:00 Courtyard Fun 2:00 Happy Hour/Music 3:00 BINGO 6:00 Evening Movie	8 10:00 Fun/Noodles 10:30 IN2L Surprise 11:30 Aromatherapy 1:00 Garden/Arts/Crafts 2:00 Coffee Convos 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie
9 10:00 Stretching/Yoga 10:30 Arts/Crafts 11:30 Aromatherapy 1:00 Boo Reading /Aloud 2:00 Coffee/Convos 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie	10 10:00 Fun/Noodles 10:30 Josephine/Music 11:30 Aromatherapy 1:00 Coffee/ Convos 2:00 Beading Art 3:00 Card Games 4:00 Fun Dice Games 6:00 Evening Movie	11 10:00 Fun/Noodles 10:30 Church/Jerry 11:30 Aromatherapy 1:00 Garden Club 2:00 Oldie/Lee /Music 3:00 Manicures 4:00 Fun/Dice 6:00 Evening Movie	12 10:00 Stretching/Yoga 10:30 IN2L Trivia 11:30 Aromatherapy 12:00 HEIDI'S 2:00 Arts/Crafts 3:00 BINGO 4:30 Resident 1on1 6:00 Evening Movie	13 10:00 Fun/Noodles 10:30 IN2L Hangman 11:30 Aromatherapy 1:00 Garden Club 2:30 Manicures 3:00 Card Games 4:00 Resident 1on1 6:00 Evening Movie	14 10:00 Walking Group 10:30 IN2L Trivia 11:30 Aromatherapy 1:00 Courtyard Fun 2:30 Father's Day BBQ 4:00 Resident Outreach 6:00 Evening Movie	15 10:00 Stretching/Yoga 10:30 IN2L Surprise 11:30 Aromatherapy 1:00 Garden/Arts/Crafts 2:00 Card Games 3:00 BINGO 4:00 Manicures 6:00 Evening Movie
Father's Day 16 10:00 Stretching/Yoga 10:30 Arts/Crafts 11:30 Aromatherapy 1:00 Book Reading/ Aloud 2:00 Fathers Day Coffee 3:00 IN2L Trivia 4:00 Resident Outreach 6:00 Evening Movie	17 10:00 Stretching/Yoga 10:30 IN2L Trivia 11:30 Aromatherapy 1:00 Courtyard Fun 2:00 Beading Art 3:00 Card Games 4:00 IN2L Hangman 6:00 Evening Movie	18 10:00 Fun/Noodles 10:30 Church/Jerry 11:30 Aromatherapy 1:00 Book Reading/ Aloud 2:00 Word Search 3:00 IN2L Trivia 4:00 Resident Outreach 6:00 Evening Movie	19 10:00 Stretching/Yoga 10:30 Scenic Drive / Butte 11:30 Aromatherapy 1:00 Memory Garden 3:00 BINGO 4:30 Resident 1on1 6:00 Evening Movie	20 10:00 Fun/ Noodles 10:30 IN2L Surprise 11:30 Aromatherapy 1:00 Book Reading/Aloud 2:00 Bill Beach/ Music 3:00 IN2L Trivia 4:00 Coffee/Convos 6:00 Evening Movie	21 10:00 Walking Group 10:30 IN2L Hangman 11:30 Aromatherapy 1:00 Book Club 2:00 Happy Hour/Music 3:00 BINGO 6:00 Evening Movie	22 10:00 Stretching/Yoga 10:30 IN2L Sing Along 11:30 Aromatherapy 1:00 Garden/Arts/Crafts 2:00 Coffee Convos 3:00 BINGO 4:00 Resident 1on1 6:00 Evening Movie
23 10:00 Stretching/Yoga 10:30 Arts/Crafts 11:30 Aromatherapy 1:00 Book Reading/Aloud 2:00 Coffee/Convos 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie	24 10:00 Stretching/Yoga 10:30 IN2L Trivia 11:30 Aromatherapy 1:00 Courtyard Fun 2:00 Resident Council 3:00 IN2L Hangman 4:00 Manicures 6:00 Evening Movie	25 10:00 Fun/Noodles 10:30 Church/Jerry 11:30 Aromatherapy 1:00 Fun/Dice 2:00 Card Games 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie	26 10:00 Stretching/Yoga 10:30 Donut World 11:30 Aromatherapy 1:00 Bowling 3:00 BINGO 4:30 Resident 1on1 6:00 Evening Movie	27 10:00 Fun/Noodles 10:30 Hot Shots Kazoos 11:30 Aromatherapy 1:00 Garden Club 2:30 Birthday Social 4:00 Resident Outreach 6:00 Evening Movie	28 10:00 Walking Group 10:30 IN2L Surprise 11:30 Aromatherapy 1:00 Courtyard Fun 2:00 Happy Hour/Music 3:00 BINGO 6:00 Evening Movie	29 10:00 Stretching/Yoga 10:30 IN2L Sing Along 11:30 Aromatherapy 1:00 Garden/Arts/Crafts 2:00 Manicures 3:00 BINGO 4:00 Resident 1on1 6:00 Evening Movie

June 2019

Diamond/Emerald • 1655 NE 18th Gresham OR, 97030 • 503 665-1994

Sun	Mon	Tue	Wed	Thu	Fri	Sat
June 30 10:00 Stretching/Yoga 10:30 IN2L Music Hour 11:30 Aromatherapy 1:00 Court Yard Fun 2:00 Coffee/ Convos 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie					Spirit Week 24-28 Monday Crazy Hair Day Tuesday Sports Day Wednesday Fun T-Shirt Thursday Hawaiian Day Friday Superhero Day	1 10:00 Walking Group 10:30 IN2L Music Hour 11:30 Aromatherapy 1:00 Manicures 2:00 Coffee Convos 3:00 IN2L Trivia 4:00 Fun/Dice 6:00 Evening Movie
2 10:00 Stretching/Yoga 10:30 IN2L Music Hour 11:30 Aromatherapy 1:00 Book Reading Aloud 2:00 Coffee/Convos 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie	3 10:00 Stretching/Yoga 10:30 IN2L Music Hour 11:30 Aromatherapy 1:00 Manicures 2:00 Beading Art 3:00 IN2L Trivia 4:00 IN2L Hangman 6:00 Evening Movie	4 10:00 Fun/Noodles 10:30 Church/Jerry 11:30 Aromatherapy 1:00 Fun/Dice 2:00 IN2L Music Hour 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie	5 10:00 Stretching/Yoga 10:30 Scenic Drive /Sandy 11:30 Aromatherapy 1:00 Courtyard Fun 2:00 Arts/Crafts 3:00 IN2L Trivia 4:00 IN2L Hangman 6:00 Evening Movie	6 10:00 Fun/ Noodles 10:30 IN2L Sing Along 11:30 Aromatherapy 1:00 Manicures 2:00 Tea Party 3:30 IN2L Reminisce 4:00 Resident Outreach 6:00 Evening Movie	7 10:00 Walking Group 10:30 IN2L Music Hour 11:30 Aromatherapy 1:00 Courtyard Fun 2:00 Happy Hour/Music 3:00 IN2L Trivia 4:00 IN2L Old Movie Clips 6:00 Evening Movie	8 10:00 Fun/Noodles 10:30 IN2L Sing Along 11:30 Aromatherapy 1:00 Garden/Arts/Crafts 2:00 Coffee Convos 3:00 IN2L Trivia 4:00 Manicures 6:00 Evening Movie
9 10:00 Stretching/Yoga 10:30 IN2LSing Along 11:30 Aromatherapy 1:00 Boo Reading /Aloud 2:00 Coffee/Convos 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie	10 10:00 Fun/Noodles 10:30 IN2L Music Hour 11:30 Aromatherapy 1:00 Coffee/ Convos 2:00 Beading Art 3:00 IN2L Trivia 4:00 IN2L Hangman 6:00 Evening Movie	11 10:00 Fun/Noodles 10:30 Church/Jerry 11:30 Aromatherapy 1:00 Garden Club 2:00 Oldie/Lee /Music 3:00 Manicures 4:00 Fun/Dice 6:00 Evening Movie	12 10:00 Stretching/Yoga 10:30 Donut World 11:30 Aromatherapy 1:00 Courtyard Fun 2:00 Arts/Crafts 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie	13 10:00 Fun/Noodles 10:30 IN2L Sing Along 11:30 Aromatherapy 1:00 Garden Club 2:30 Manicures 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie	14 10:00 Walking Group 10:30 IN2L Music Hour 11:30 Aromatherapy 1:00 Courtyard Fun 2:30 Father's Day BBQ 4:00 Resident Outreach 6:00 Evening Movie	15 10:00 Stretching/Yoga 10:30 IN2L Sing Along 11:30 Aromatherapy 1:00 Garden/Arts/Crafts 2:00 IN2L Travel 3:00 IN2L Trivia 4:00 Manicures 6:00 Evening Movie
Father's Day 16 10:00 Stretching/Yoga 10:30 IN2L Music Hour 11:30 Aromatherapy 1:00 Book Reading/ Aloud 2:00 Fathers Day Coffee 3:00 IN2L Trivia 4:00 Resident Outreach 6:00 Evening Movie	17 10:00 Stretching/Yoga 10:30 IN2L Music Hour 11:30 Aromatherapy 1:00 Courtyard Fun 2:00 Beading Art 3:00 IN2L Trivia 4:00 IN2L Hangman 6:00 Evening Movie	18 10:00 Fun/Noodles 10:30 Church/Jerry 11:30 Aromatherapy 1:00 Book Reading/ Aloud 2:00 IN2L Sing Along 3:00 IN2L Trivia 4:00 Resident Outreach 6:00 Evening Movie	19 10:00 Stretching/Yoga 10:30 Scenic Drive / Butte 11:30 Aromatherapy 1:00 Courtyard Fun 2:00 Arts/Crafts 3:00 IN2L Trivia 4:00 Manicures 6:00 Evening Movie	20 10:00 Fun/ Noodles 10:30 IN2L Music Hour 11:30 Aromatherapy 1:00 Book Reading/Aloud 2:00 Manicures 3:00 IN2L Trivia 4:00 Coffee/Convos 6:00 Evening Movie	21 10:00 Walking Group 10:30 IN2L Sing Along 11:30 Aromatherapy 1:00 Book Club 2:00 Happy Hour/Music 3:00 IN2L Trivia 4:00 Resident Outreach 6:00 Evening Movie	22 10:00 Stretching/Yoga 10:30 IN2L Sing Along 11:30 Aromatherapy 1:00 Garden/Arts/Crafts 2:00 Coffee Convos 3:00 IN2L Trivia 4:00 Resident 1on1 6:00 Evening Movie
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