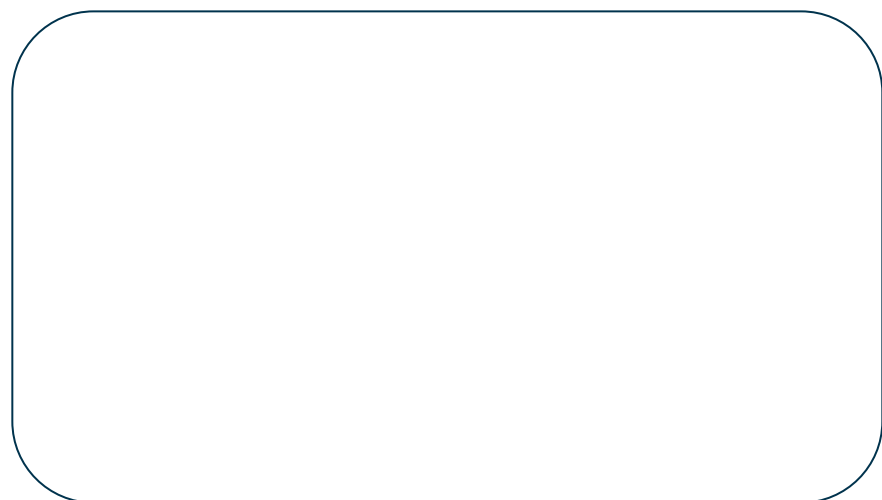




2730 Bailey Lane
Eugene, OR 97401

STAMP
HERE



Administrative Team: **541-344-7902**

Jill Maher
Executive Director

Carey Gross
Community Relations Director

Scott Miller
Business Office Director

Matt Hackett LPN
Wellness Nurse

Brian Thompson
Maintenance Director

Barbara Schmidt
Wellness Director

Bettina Karels
Dining Services Director

Trixie Wentz :0)
Life Enrichment Director



Our mission is to create
and sustain comfortable, caring
environments for those who
depend on us.

The Farmington Square Times

Assisted & Memory Care Newsletter



June 2019

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3 Team Member & Resident Spotlight
4-5 Activities Calendar

6 Birthdays, Social Media, & Highlights
7 Special Moments & Father's Day
8 Mission & Team

Alzheimer's Research Updates and Facts

This Alzheimer's and Brain Awareness Month, learn about current advancements relating to Alzheimer's.

Advance: Brain Scans Improve Diagnosis

The Alzheimer's Association shares that as of April 2019, a national study found a form of brain imaging that detects Alzheimer's-related plaques greatly influenced the clinical management of patients with mild cognitive impairment and dementia.

Advance: Early Onset Detection with Tests

In 2019, several types of blood tests have been in the news for their potential to diagnose Alzheimer's before symptoms show. The latest may be able to predict the disease 10 years before symptoms show by looking at the IRS-1 protein. Another is said to predict the disease within 3 years. There is much that is moving forward on this front.

Advance: Brain Disorder LATE That Mimics Alzheimer's Has Been Defined

Diagnostic criteria and guidelines are now recommended for a brain disorder that mimics symptoms of Alzheimer's. It's called LATE and when those with only LATE are not grouped with those with Alzheimer's (and not LATE), there may be research improvements. (Science Daily)

Have you registered for your local 2019 Walk to End Alzheimer's? Eugene's walk is on Oct. 13th. Register at: alz.org/walk



Alzheimer's Facts

- Americans who have Alzheimer's is growing. Every 65 seconds, someone in the U.S. develops Alzheimer's.
- 5.8 million Americans have Alzheimer's in 2019; 5.5 mil of those are over age 65.
- 1 in 3 seniors pass with Alzheimer's or Dementia.
- Alzheimer's and Dementias cost the U.S. \$290 billion in 2019.
- 90% of what we know about Alzheimer's has been discovered in the past 20 years.
- There are more than 5 drugs that may treat Alzheimer's symptoms, but no cure for the disease yet.

Early diagnosis can:

- provide medical, emotional, and social benefits
- aid with participation in vital clinical trials
- enable individuals to be in control of their legal and financial wishes
- create significant cost savings in medical and long-term care

For more facts, visit Alz.org/Facts

Special Moments



June 16th is Father's Day

In honor of our dads, we asked:
What is something you have always loved about your father?

"He was a GOOD Man! a really good man" - Theresa



"My Dad's stories!"
- Marie

"I loved how funny he was and that he was always here to make me smile" - Ashlee

"Easy going, likeable and hard working. Hardworking, took care of his family and liked helping others."
- Richard and Martha

June 2019 Highlights

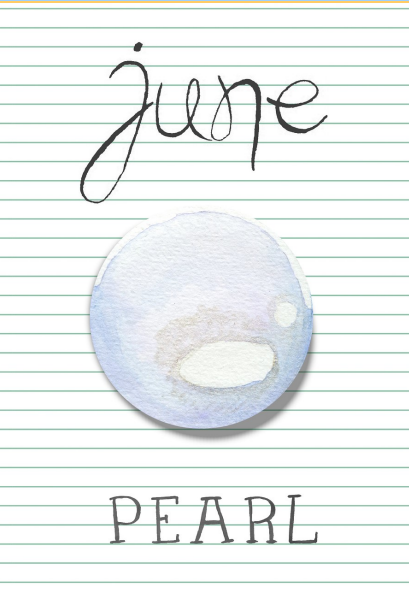
June is Great Outdoors Month, Iced Tea Month, and Fresh Fruit and Veggies Month

- 01 Nail Polish Day; Olive Day
- 02 Rotisserie Chicken Day
- 03 Egg Day
- 04 Cheese Day
- 05 Veggie Burger Day
- 06 Drive-in Movie Day; Yo-Yo Day
- 07 Doughnut Day
- 08 Best Friends Day
- 09 Children’s Day
- 10 Herbs and Spices Day
- 11 German Chocolate Cake Day
- 12 Red Rose Day; Jerky Day
- 13 Weed the Garden Day
- 14 Flag Day; Strawberry Shortcake Day
- 15 Nature Photography Day; Smile Day
- 16 Father’s Day; Turkey Lovers Day
- 17 Eat Your Vegetables Day
- 18 Go Fishing Day
- 19 Garfield Day; Watch Day

- 20 Eagle Day; Vanilla Milkshake Day
- 21 Seashell Day; Summer Begins; Selfie Day
- 22 Chocolate Éclair Day; Onion Ring Day
- 23 Hydration Day; Pink Day
- 24 Pralines Day
- 25 Catfish Day; Strawberry Parfait Day
- 26 Chocolate Pudding Day
- 27 Sunglasses Day; Handshake Day
- 28 Paul Bunyan Day
- 29 Camera Day; Waffle Iron Day
- 30 Meteor Watch Day; Social Media Day

We’re online @
Facebook.com/FarmingtonSquareEugene
Blog.radiantseniorliving.com
Radiantsrliving on Instagram
Radiantvoices on Instagram
RadiantSrLiving on Twitter
Pinterest.com/radiantsrliving
Radiant Senior Living on YouTube

June Birthdays!



We hope you enjoy your special day!

- | | |
|---------------------|-----------------|
| Don, June 9 | Jo, June 4 |
| Donovan, June 9 | Vincent, June 5 |
| Elizabeth , June 11 | Jacob, June 21 |
| Vic , June 27 | |



Team Member Spotlight KIRSTEN



I am so proud of you!! :0)

INTRODUCING... one of our Radiant Assistants, Kirsten!! (in the background you hear applause and the crowd cheering). What an amazing lead she has been for our team. She is a Life Enrichment Lead Assistant and helps wherever she can; caregiving, kitchen, appointments, activity scheduling and learning how to be a director someday herself. We are honored to have her as a team member.. .She is creative, dedicated, hardworking, thoughtful, caring, loving, cheerful, helpful, willing to learn, has a heart for our residents and enjoys working at Farmington Square. Kirsten has worked for FS for three years. She started out as a caregiver, then was both a caregiver and part time in activities...she helped start our PM activities two years ago, and now she is a Life Enrichment Coordinator ! Thank you Kirsten for all of your fabulous ness....and of course being our team member of the month. Your Team members are happy for you! Congrats!! :0)
P.S. She created our June Calendar.



Resident Spotlight PAUL

Paul was born in Eastern Idaho on a frigid Friday – December 13, 1946. As a boy, he loved to read and was close to his Grandmother. He enjoyed school, and went on after high school to attend college in New York. Always a man of strong opinion, while in college he opposed both the war in Vietnam and civil rights abuses taking place right in New York where he was studying.

After college, he returned to Idaho, where he met Peggy. The two fell in love quickly, and married the following summer, surrounded by their families in a garden of scented lilacs. Their early life together involved challenging schedules, night shifts, and a lot of cold winter weather, so when they visited Oregon in the early 1970s and found beautiful weather, they promptly made plans to move. The two settled in Eugene in 1972.

From Eugene, they moved to Springfield. Paul took a job at the scrap yard, first hauling scrap, and then working in the office as the company’s comptroller as it became Sessler Steel and, finally, Schnitzer Steel. He retired in 2011 after more than 30 years of work.

Paul has two children, Poppy and Peregrine, two children-in-law, Franz and Leah, and two grandchildren, Elin and Avery. He is a lifelong lover of books, with a subtle and wry wit.

Paul has been a resident at FSE since 2015. He has enjoyed music, sunshine in the yard, walks, scenic drives and the company of his wife...who visits every day!! Ahh...true love.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>Notes:</div> <div><ul style="list-style-type: none">Please join us! All Cottages are open for you to participate in the Activities.Evening Activities are available in Cottage B from 5:00pm - 7:00 pmWe reserve Tuesdays and Thursdays for Resident Appointments. Your Cottage Med-Tech will help you set those appointments. Please give us at least 48-hour notice.* Activity with the iN2L system. "it's never 2 Late," a technology system for activities!</div>	<div>Highlights:</div> <div><ul style="list-style-type: none">Mondays at 10 am we have a piano player/singer; Hannah, from The Shedd Institute.Pet Visits from Angus 7th & 21st 10 am (all)June 5th Birthday Social (all)June 16th Father's Day Social 1-3 (C)Music: Kathy Kali 13th (B) Memory Tones 25th (B)Warmer Weather is here! Scenic Drives Wednesdays at 10amMore B-I-N-G-O! Sunday, Tuesday, Thursday, Saturday, and Wednesday Nights.</div>					<div>1</div> <div>9:00 Exercise Fun* (B)</div> <div>10:00 Snacktivity: Snack & Domino's (B)</div> <div>12:30 B-I-N-G-O* (B,C)</div> <div>2:00 Snacktivity: Sing-a-long* (A)</div> <div>3:00 Saturday Stroll/ Resident Focus Visits (A)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Yahtzee (B)</div>
<div>2</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 B-I-N-G-O (B)</div> <div>12:30 Yahtzee (B)</div> <div>12:30 Game: Crossword (C)</div> <div>2:00 Snacktivity: Snack & Art Time* (A,B)</div> <div>3:00 Sunday Stroll/ Resident Focus Visits (B)</div> <div>4:00 Exercise Fun (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Dominoes (B)</div>	<div>3</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & Music (A,B)</div> <div>10:00 Singer: Hannah (A)</div> <div>12:30 Game: Dominoes (all)</div> <div>1:30 Floral Arranging (B,C)</div> <div>2:30 Snacktivity: Snack & Story* (A,B)</div> <div>3:00 Card Game: Crazy Two's (all)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Penny Ante (B)</div>	<div>4</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & Travel* (A,B)</div> <div>12:30 B-I-N-G-O* (B,C) 1:00 (A)</div> <div>1:30 Card Game: (all)</div> <div>2:00 Snacktivity:Snack & Suzie-Q* (A,B)</div> <div>2:30 Tuesday Trivia* (all)</div> <div>3:00 Pretty Nails & Manicures (A)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Crazy Two's (B)</div>	<div>5</div> <div>10:00 Scenic Drive: Fall Creek</div> <div>12:30 Word Puzzle Games* (all)</div> <div>1:00 Creative Arts* (A,B)</div> <div>2:00 Birthday Social (B,C)</div> <div>3:30 Card Game: Penny Ante (A,B)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 B-I-N-G-O Night! (B)</div> <div></div>	<div>6</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & iN2L* (A,B)</div> <div>12:30 B-I-N-G-O* (B,C) 1:00 (A)</div> <div>1:30 Thursday is for Trivia* (all)</div> <div>2:00 Snacktivity: Snack & Music * (A,B)</div> <div>2:00 Piano Player: Steven (B)</div> <div>3:00 Pretty Nails & Manicures (B)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Toss-N-Talk (B)</div>	<div>7</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & iN2L* (A,B)</div> <div>10:00 Pet Visit Day (all)</div> <div>11:00 Church Guys (B)</div> <div>12:30 Game: Yahtzee (all)</div> <div>2:00 Snacktivity: Snack & Story* (A,B)</div> <div>3:30 Creative Arts: Adult Coloring (all)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Movie Night! (B)</div>	<div>8</div> <div>9:00 Exercise Fun* (B)</div> <div>10:00 Snacktivity: Snack & Domino's (B)</div> <div>12:30 B-I-N-G-O* (B,C)</div> <div>2:00 Snacktivity: Sing-a-long* (A)</div> <div>3:00 Saturday Stroll/ Resident Focus Visits (C)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Yahtzee (B)</div> <div></div>
<div>9</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 B-I-N-G-O (B)</div> <div>12:30 Yahtzee (B)</div> <div>12:30 Game: Crossword (C)</div> <div>2:00 Snacktivity: Snack & Art Time* (A,B)</div> <div>3:00 Sunday Stroll/ Resident Focus Visits (B)</div> <div>4:00 Exercise Fun (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Dominoes (B)</div>	<div>10</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & Music (A,B)</div> <div>10:00 Singer: Hannah (B)</div> <div>12:30 Game: Dominoes (all)</div> <div>1:30 Floral Arranging (B,C)</div> <div>2:30 Snacktivity: Snack & Story* (A,B)</div> <div>3:00 Card Game: Crazy Two's (all)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Penny Ante (B)</div>	<div>11</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & Travel* (A,B)</div> <div>12:30 B-I-N-G-O* (B,C) 1:00 (A)</div> <div>2:00 Farmington Square Staff Meeting (C)</div> <div>3:00 Life Enrichment Team Meeting (C)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Match Them Up* (B)</div>	<div>12</div> <div>10:00 Scenic Drive: Mt. Tom / Coburg</div> <div>12:30 Word Puzzle Games* (all)</div> <div>1:00 Creative Arts* (A,B)</div> <div>2:30 Snacktivity: Snack & Music* (A,B)</div> <div>2:30 Piano Player: Basil (C)</div> <div>3:30 Card Game: Penny Ante (A,B)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 B-I-N-G-O Night! (B)</div>	<div>13</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 B-I-N-G-O (A,B)</div> <div>12:30 B-I-N-G-O (C)</div> <div>1:00 Music: Kathy Kali (B)</div> <div>2:00 Snacktivity: Snack & iN2L* (A,B)</div> <div>3:00 Pretty Nails & Manicures (A)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Life Stories (B)</div>	<div>14</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & iN2L* (A,B)</div> <div>11:00 Church Guys (B)</div> <div>12:30 Game: Yahtzee (all)</div> <div>1:30 Card Game: Skip-Bo (all)</div> <div>2:00 Snacktivity: Snack & Story* (A,B)</div> <div>3:30 Creative Arts: Adult Coloring (all)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Movie Night ! (B)</div>	<div>15</div> <div>9:00 Exercise Fun* (B)</div> <div>10:00 Snacktivity: Snack & Domino's (B)</div> <div>12:30 B-I-N-G-O* (B,C)</div> <div>2:00 Snacktivity: Sing-a-long* (A)</div> <div>3:00 Saturday Stroll/ Resident Focus Visits (B)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Yahtzee (B)</div>
<div>Father's Day</div> <div>16</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 B-I-N-G-O (B)</div> <div></div> <div>Father's Day Social</div> <div>1:00p - 3:00p</div> <div>Cottage C</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Dominoes (B)</div>	<div>17</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & Music (A,B)</div> <div>10:00 Singer: Hannah (C)</div> <div>12:30 Game: Dominoes (all)</div> <div>1:30 Floral Arranging (B,C)</div> <div>2:30 Snacktivity: Snack & Story* (A,B)</div> <div>3:00 Card Game: Crazy Two's</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Penny Ante (B)</div>	<div>18</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & Travel* (A,B)</div> <div>12:30 B-I-N-G-O* (B,C) 1:00 (A)</div> <div>1:30 Card Game (all)</div> <div>2:00 Snacktivity: Snack & Suzie-Q* (A,B)</div> <div>2:30 Tuesday Trivia (all)</div> <div>3:00 Pretty Nails & Manicures (B)</div> <div>3:30 Resident Council (C)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Crazy Two's (B)</div>	<div>19</div> <div>10:00 Scenic Drive: Brownsville</div> <div>12:30 Word Puzzle Games* (all)</div> <div>1:00 Creative Arts* (A,B)</div> <div>2:30 Snacktivity: Snack & Story* (A,B)</div> <div>3:30 Card Game: Penny Ante (A,B)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 B-I-N-G-O Night! (B)</div>	<div>20</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & iN2L* (A,B)</div> <div>12:00 B-I-N-G-O* (B,C)</div> <div>1:30 Thursday is for Trivia* (all)</div> <div>2:30 Snacktivity: Snack & Music* (A,B)</div> <div>2:30 Piano Player: Basil (A)</div> <div>3:30 Pretty Nails & Manicures (C)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Toss-N-Talk (B)</div>	<div>21</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & Music* (A,B)</div> <div>10:00 Pet Visit Day (all)</div> <div>11:00 Church Guys (B)</div> <div>12:30 Game: Yahtzee (all)</div> <div>2:00 Snacktivity: Snack & Story* (A,B)</div> <div>3:30 Creative Arts: Adult Coloring (all)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Movie Night! (B)</div> <div></div>	<div>22</div> <div>9:00 Exercise Fun* (B)</div> <div>10:00 Snacktivity: Snack & Domino's (B)</div> <div>12:30 B-I-N-G-O* (B,C)</div> <div>2:00 Snacktivity: Sing-a-long* (A)</div> <div>3:00 Saturday Stroll/ Resident Focus Visits (A)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Yahtzee (B)</div>
<div>23 / 30</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 B-I-N-G-O (B)</div> <div>12:30 Yahtzee (B)</div> <div>12:30 Game: Crossword (C)</div> <div>2:00 Snacktivity: Snack & Art Time*(A,B)</div> <div>3:00 Sunday Stroll/ Resident Focus Visits (B)</div> <div>4:00 Exercise Fun (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Dominoes (B)</div>	<div>24</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & Music (A,B)</div> <div>10:00 Singer: Hannah (A)</div> <div>12:30 Game: Dominoes (all)</div> <div>1:30 Floral Arranging (B,C)</div> <div>2:30 Snacktivity: Snack & Story* (A,B)</div> <div>3:00 Card Game: Crazy Two's</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Penny Ante (B)</div>	<div>25</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & Travel* (A,B)</div> <div>12:30 B-I-N-G-O* (B,C) 1:00 (A)</div> <div>2:00 Farmington Square Staff Meeting (C)</div> <div>2:00 Music: Memory Tones (B)</div> <div>3:30 Pretty Nails & Manicures (A)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Match Them Up* (B)</div>	<div>26</div> <div>10:00 Scenic Drive: Marcola</div> <div>12:30 Word Puzzle Games* (all)</div> <div>1:00 Creative Arts* (A,B)</div> <div>2:00 Snacktivity: Snack & Story* (A,B)</div> <div>3:30 Card Game: Penny Ante (A,B)</div> <div>3:30 Resident Council (C)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 B-I-N-G-O Night! (B)</div>	<div>27</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & iN2L* (A,B)</div> <div>12:00 B-I-N-G-O* (B,C) 1:00 (A)</div> <div>2:00 Snacktivity: Snack & Music* (A,B)</div> <div>2:00 Music: Steven on Piano (B)</div> <div>3:00 Pretty Nails & Manicures (B)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Life Stories (B)</div>	<div>28</div> <div>9:00 Exercise Fun* (A,B)</div> <div>10:00 Snacktivity: Snack & iN2L* (A,B)</div> <div>11:00 Church Guys (B)</div> <div>12:30 Game: Yahtzee (all)</div> <div>2:00 Snacktivity: Snack & Story* (A,B)</div> <div>3:30 Creative Arts: Adult Coloring (all)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Movie Night! (B)</div>	<div>29</div> <div>9:00 Exercise Fun* (B)</div> <div>10:00 Snacktivity: Snack & Domino's (B)</div> <div>12:30 B-I-N-G-O* (B,C)</div> <div>2:00 Snacktivity: Sing-a-long* (A)</div> <div>3:00 Saturday Stroll/ Resident Focus Visits (A)</div> <div>4:00 Exercise Fun* (A)</div> <div>5:15 Exercise Fun* (B)</div> <div>6:00 Game: Yahtzee (B)</div>