



THE WILLOWS
AT OKEMOS

A Trilogy Senior Living Community

Monthly

June 2019



Treating Yourself This Father's Day

On Sunday, June 16th, we celebrate Father's Day – a day when fathers everywhere will inevitably make the dad joke: "Isn't it funny that Father's Day is on a 'Son-day'?"

Horrible puns aside, we want to take this opportunity to acknowledge all of the wonderful fathers who call our campus home. So many of us have warm memories of attending ball games, changing flat tires, and learning about life with these important men in our lives.

At our campus, we have plenty of Life Enrichment programs that our fathers and everyday residents are sure to enjoy. If you're looking

for a new activity to explore or a fun way to spend your father's day, consider the following:

Lifelong Learning

We've learned so much from you, so why not let us return the favor? With our Lifelong Learning program, you'll join community members in taking part in any and all courses that you might be interested in. Do you want to know more about technology? History? Maybe you have a newfound passion for music that you want to explore. With Lifelong Learning, local instructors and volunteers will be happy to educate you about all of

these topics and more. Of course, this program is also offered to all members of our community. You don't have to be a father to want to expand your knowledge!

Vitality

Did you know that we also celebrate Men's Health Week this month? From the 10th through the 16th, we encourage early detection and treatment of preventable health problems and promote wellness amongst the men of our campus. And what better way to be well than with Vitality? With this program, we promote physical movement at least

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Happy Birthday!

Residents

June 03	Justin S.
June 05	Leslie T.
June 07	Jupiter B.
June 08	Tony O.
June 09	Hugh H.
June 10	Pamela G.
June 12	Latrice L.
June 14	Lillian C.
June 15	Yer L.
June 19	Joanne M.
June 23	Tina R.
June 27	Karen M.
June 29	Karen F.

Welcome

Welcome to The Willows at Okemos, we are committed to offering opportunities for growth, as residents are encouraged to explore unfamiliar leisure options that provide opportunities for learning and creativity. We are also committed to giving the person a choice to determine the routine and leisure pursuits that best suits his or her preferences. And of course, we are committed to having a good time!

Need Transportation?

The Willows at Okemos bus would happily take you to an appointment if needed. Bus operates Monday through Friday 8 AM- 4 PM. The first 0-49 Miles is \$20 and 50+ is \$40. Please see a member of the Life Enrichment Staff with any questions or scheduling needs. Ride On!



Executive Director Corner

Happy June! With summer in full swing, it's time to break out the

bug spray, breathe in the warm air, and relax under the sun. Personally, my favorite part of the season is seeing familiar faces join us for our cookouts. Nothing says summer like enjoying good company with the smell of food on the grill, so I encourage everyone to come out!

This month, we're also excited to be kicking off our annual Independence from Hunger campaign. With the help of our sister campuses, we're proud to continue to provide over 1 million pounds of food every year for food banks and non-profit organizations in our local community. We are always amazed at the level of support

we receive from employees, residents, families, and friends. At our campus, compassion is never in short supply.

We put the "fun" in fundraising, so you can expect to hear about all of the exciting events we have planned for this year's campaign in the near future! In the meantime, we would like to ask all members of our community to consider supporting this great cause. Every donation, big and small, is appreciated and makes more of a difference than you could ever know.

If you or a loved one are interested in making a donation, stop by and ask for some assistance. We'll be happy to hear from you!

Yours in Service,

Keith Fisher

Executive Director





Hop On Down!

Come on down to happy hour every Friday from 2:30- 3:30! Live entertainment, popcorn, beer, wine, spirits, snacks, good company and good time to be had by all! Stop on by!

We Made It!

Thanks to each and every resident and family member that filled out our customer satisfaction survey. Because of all the amazing scores we received our overall customer satisfaction score was a 9.5 out of 10! We received the President's Diamond Service Award for that prestigious score and the President's Club for an outstanding overall year! Keith, Executive Director, and Brenda, Director of Health Services, brought home these awards and we are proud to display them.



Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link: www.willowsatokemos.com

The Private Dining Room can be reserved for parties, family gatherings, and other special events. Please see Life Enrichment to sign a room reservation contract and book a room.

Happy Hour is every Friday from 2:30-3:30pm with live entertainment, food, beer, wine and spirits. Come out and join us during this joyful time!

Brunch is the second Sunday of the month. Residents are allowed to bring 3 guests and can make those reservations with Life Enrichment.

June 1st is World Reef Awareness Day

June 4th is National Cheese Day

June 10th is National Ice Tea Day

June 18th is National Go Fishing Day

June 24th is National Pralines Day

June 26th is National Coconut Day

June 29th is National Camera Day

June 30th is National Meteor Watch Day

FINGER LICKIN' GOOD!

Colonel Sanders showed up with enough chicken in tow for an army! We had a wonderful taste of the town with Kentucky Fried Chicken and a special guest Colonel Sanders himself. You could say it was Finger Lickin' Good.





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willowsatokemos.com |  

Keith Fisher
Executive Director

Brenda Palmer
Director of Health Services

Melissa Trotter
Assistant Director of Health Services

Derrick Redman
Administrator In Training

Brandy Fales
Payroll Manager

Lisa Johnson
Customer Service Specialist

Alyssa Pineda
Social Services Director

Josue Pineda
Director of Environmental Services

Sade Blanks
Therapy Director

Michael Dunivon
Director of Plant Operations

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Father's Day'

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three times a week with activities
such as strength training, balance
training yoga, Tai Chi, stretching,
dancing, sport gaming systems
activities, and walking clubs.

Again, this is a program that is
available for everyone to enjoy.

Just The Guys

Our male residents and staff have the
opportunity to maintain a healthy,



active lifestyle and engage in fun
activities when they participate in
our Just the Guys program. Through
this program, we offer 'the guys'
opportunities to connect with each
other through interesting activities
and outings! Whether they meet
for an all-guys breakfast, bond
over a friendly poker game, or take
a fishing trip, it's an opportunity
for the guys to just be guys and
enjoy each other's company.

Thank you to all of the fathers
of our campus who inspire us
to selflessly serve every day. If
you're a resident who is interested
in participating in any of the
mentioned programs, contact our
Life Enrichment Director today!

Word Search

I	Y	B	V	J	I	S	M	G	L	H	S	T	N	W	E	K	R	L
A	I	L	R	E	F	U	P	P	L	Y	H	R	G	Q	V	M	M	S
V	R	Q	Y	X	U	A	A	O	S	J	T	Z	M	T	R	O	V	K
L	B	X	M	P	N	C	T	Y	R	V	G	F	I	S	H	I	N	G
K	J	I	R	L	M	B	O	H	S	T	D	O	Y	Q	Q	R	A	A
Y	M	O	J	O	E	B	Q	P	E	D	S	K	G	U	Z	F	K	M
G	H	V	K	R	N	L	V	I	O	R	V	Y	M	C	N	H	U	E
X	F	O	B	E	H	P	I	P	Z	M	C	I	H	I	R	S	E	S
W	U	U	Y	W	H	S	T	F	Y	W	L	R	G	Y	O	B	A	Z
R	Z	O	G	Q	O	D	A	D	M	I	S	T	E	R	H	A	H	C
K	J	Z	U	F	P	T	L	J	U	P	E	B	Q	P	Y	V	M	O
G	U	I	Y	H	F	I	I	A	P	A	P	E	S	M	A	S	I	L
X	Q	Z	S	S	L	F	T	F	N	Q	I	Q	T	R	J	H	O	Y
W	H	E	A	L	T	H	Y	G	N	V	N	C	D	H	Z	E	E	H
D	R	Z	U	T	W	Q	J	Z	Q	X	G	R	A	N	D	P	A	U
A	V	T	X	J	T	Z	R	T	R	Q	G	Y	G	M	J	U	P	Q
V	A	F	J	O	J	B	N	H	O	U	G	H	I	S	T	O	R	Y
E	Y	Z	A	Y	I	J	P	O	K	E	R	L	O	I	Y	T	A	R
Q	D	Q	Y	L	X	U	V	C	L	C	P	F	H	E	H	G	H	P

**BOYS
DAD
EXPLORE
FATHER**

**FISHING
GAMES
GRANDPA
GUYS**

**HEALTHY
HISTORY
JOKE
MEN**

**MISTER
POKER
SPORTS
VITALITY**