The Willows at Hamburg - Personal Care

· JUNE 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|--|---|---|---|---|---|--|
| A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears | Books and DVD's are located in the Activity Room. Key Code: TS= Town Square HCDR = Health Center Dining Room UKC = UK Café | Happy Birthday to these residents this month! 6 M. Taylor 7 G. Mitchell 10 M. Denny 22 E. Hatler | Family Night coming up on June 20th at 6:00! There will be a Taco Bar with Margaritas, and we will also be playing a fun game of trivia! This will all take place in Town Square. Invite your families to come and RSVP to Rebekah Deckett! | | | 1 V 10:00 Morning Exercise! - TS GG 10:30 Weekend Bingo TS Music with Dave Butler - TS V 4:00 TrilogyFit - AR | |
| X 1:30 Puzzles - TS I 2:00 Sunday Inspirational Service - HCDR 3:15 Lifelong Learning: The Royals - PC X 4:00 Scrabble! - PC | V 10:30 Morning Yoga Class with Danika - TS O 11:30 Lunch Outing: Johnny Carinos V 2:30 Bingocize - TS V 4:00 TrilogyFit- AR CC 6:00 Love on a Leash- IRV | K 10:00 Coffee and Conversation - PC M 10:20 PC Morning Devotions - AR 2:00 PC Resident Council- AR M 3:30 Bob and Tally Music - TS | 10:00 Men's Coffee - AR 1:30 Art class with Gary Bertram - AR 3:00 PC Bird Watching and Sun Bathing! - Courtyard 4:00 Mexican Train Dominoes - PC | 10:00 Making Donuts for National Donut Day! - AR 10:20 PC Morning Devotions - AR 4:00 Garden Exercise Day! - Courtyard 6:00 Evening Bingo- TS | 7 CC 10:00 Chef Circle: Making Donuts! - TS I 10:00 Catholic Communion w/ Father List- IRV K 10:30 Morning Triva! - TS I 11:00 Morning Devotions - TS O 1:15 Scenic Drive! M 3:00 Campus Happy Hour: | V 10:00 Morning Exercise! - TS 10:30 Weekend Bingo TS 2:00 Tommy H & Angie Gospel music- TS V 4:00 TrilogyFit - AR | |
| 9 S 11:30 Sunday Brunch! See from office for more details I:30 Puzzles - TS Color Sunday Inspirational Service - HCDR Lifelong Learning: The Royals - PC 4:00 Scrabble! - PC | 10 V 10:30 Morning Yoga Class with Danika - TS M 2:00 June Birthday Celebration! - TS V 4:00 TrilogyFit- AR 4:45 Dinner Outing: O'Charley's | V 10:00 Hamburg Olympic Games for Senior Health and Fitness Week! V 2:00 Closing Ceremony for Olympic Games! K 3:30 Let's play Uno! - PC | JG 10:00 Men's Monthly Coffee and Donuts! - AR 3:00 Art: Putting together Hamburg Scrapbook! - AR GF 3:30 Calendar Planning - AR 4:00 Mexican Train Dominoes - PC | 13 K 10:00 Coffee and Conversation - PC Cafe M 10:20 PC Morning Devotions - AR 2:00 Ladies Afternoon Tea! - Courtyard 4:00 TrilogyFit- AR GG 6:00 Evening Bingo- TS | 14 Flag Day CC 10:00 Chef Circle: Flag Day Rice Krispies! - TS I 10:00 Catholic Communion w/ Father List- IRV K 10:30 Morning Triva! - TS I 11:00 Morning Devotions - TS O 1:15 Scenic Drive! M 3:00 Campus Happy Hour: | 10:00 Morning Exercise! - TS GG 10:30 Weekend Bingo TS A 2:00 National Nature Photography Day! - Courtyard V 4:00 TrilogyFit - AR | |
| 16 Father's Day K 1:30 Puzzles - TS I 2:00 Sunday Inspirational Service - HCDR L 3:15 Lifelong Learning: The Royals - PC K 4:00 Scrabble! - PC | V 10:30 Morning Yoga Class with Danika - TS O 11:30 Men's Lunch Outing for Father's Day! V 2:30 Bingocize - TS V 4:00 TrilogyFit- AR M 6:00 Evening Music with Gary Bertram - TS | 10:00 Summer Smoothies! - AR M 10:20 PC Morning Devotions - AR O 1:15 Outing: Bluegrass Heritage Museum K 4:00 Mexican Train Dominoes - PC | 19 JG 10:00 Men's Coffee - AR 3:00 Art: Goldfinch Painting - AR 3:30 Bird Trivia! - AR 4:00 Mexican Train Dominoes - PC | X 10:00 Coffee and Conversation - PC Cafe M 10:20 PC Morning Devotions - AR GF 2:00 Ice Cream Soda Social and Karaoke- TS V 4:00 TrilogyFit- AR G:00 Family Night!!!! : Tacos and Trivia! RSVP to | 21 Summer Begins CC 10:00 Chef Circle: Fresh Fruit Smoothies! - TS I 10:00 Catholic Communion w/ Father List- IRV K 10:30 Morning Triva! - TS I 11:00 Morning Devotions - TS O 1:15 Scenic Drive! M 3:00 Summer Luau Themed | V 10:00 Morning Exercise! - TS GG 10:30 Weekend Bingo TS A 2:00 Art: Make Your Own Nature Puzzle! - TS V 4:00 TrilogyFit - AR | |
| X 1:30 Puzzles - TS I 2:00 Sunday Inspirational Service - HCDR 3:15 Lifelong Learning: The Royals - PC X 4:00 Scrabble! - PC | V 10:30 Morning Yoga Class with Danika - TS V 2:30 Bingocize - TS V 4:00 TrilogyFit- AR M 6:00 Immanuel Baptist Fellowship- TS | X 10:00 Coffee and Conversation - PC M 10:20 PC Morning Devotions - AR O 1:30 Outing: Dollar Tree Shopping Trip X 4:00 Let's play Trouble! - PC | JG 10:00 Men's Coffee - AR 3:00 Art: Modeling Clay! - AR 3:30 Trivia! - AR K 4:00 Mexican Train Dominoes - PC | 27 CC 10:00 Waffle Iron Cinnamon Rolls! - AR M 10:20 PC Morning Devotions - AR A 2:30 Art: Making the Hamburg Windchime! - AR V 4:00 TrilogyFit- AR GC 6:00 Evening Bingo- TS | 9:15 Outing: Ale-8-One factory tour! 10:00 Chef Circle: Waffle Iron Cinnamon Rolls - TS 10:00 Catholic Communion w/ Father List- IRV 10:30 Morning Triva! - TS 11:00 Morning Devotions - TS | V 10:00 Morning Exercise! - TS 10:30 Weekend Bingo TS 2:00 Scenic Drive! V 4:00 TrilogyFit - AR | |
| 1:30 Puzzles - TS 2:00 Sunday Inspirational Service - HCDR 3:15 Lifelong Learning: The Royals - PC 4:00 Scrabble! - PC | | | | | | | |

The Willows at Hamburg - Health Center

- JUNE 2019

| | | • 4 | | | | |
|---|--|--|--|---|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments | Key Code: TS= Town Square, HCDR = Health Center Dining Room, UKC= UK Café, AR = Activity Room, PCDR= Personal Care Dining Room, IRV= In Room Visits Did you know? You can receive | All Activities are subject to change: Look to Life Share for updates. Thanks Birthdays this month! 6 M. Taylor 7 G. Mitchell | Family Night coming up on June 20th at 6:00! There will be a Taco Bar with Margaritas, and we will also be playing a fun game of trivia! This will all take place in Town Square. Invite your families to come and RSVP to | | | 9:15 Mindful Moments Sensory Visits- IRV 10:00 Morning Exercise! - TS 10:30 Weekend Bingo TS Music with Dave Butler - TS |
| 9:15 Mindful Moments Sensory Visits- IRV 10:30 Lifelong Learning: Destination Argentina - TS M 11:00 SingFit- TS 1:30 Puzzles - TS I 2:00 Sunday Inspirational Service - HCDR | 9:15 Mindful Moments Sensory Visits- IRV 10:30 Morning Yoga Class with Danika - TS 11:00 Morning Devotions - TS 11:30 Lunch Outing: Johnny Carinos 2:30 Bingocize - TS | 9:15 Mindful Moments Sensory Visits- IRV 10:00 HC Resident Council-HCDR 11:00 Morning Devotions - TS 1:30 Puzzles - TS 3:30 Bob and Tally Music - TS | 9:15 Mindful Moments Sensory Visits- IRV 10:45 IN2L Games & Puzzles- TS 11:00 Morning Devotions - TS 1:30 Art class with Gary Bertram - AR | 9:15 Mindful Moments Sensory Visits- IRV 11:00 Morning Devotions - TS 2:00 Garden Exercise Day! - Courtyard 8 Bird Watching and Sun Bathing! - Courtyard 6:00 Evening Bingo- TS | 7 MM 9:15 Mindful Moments Sensory Visits- IRV CC 10:00 Chef Circle: Making Donuts! - TS I 10:00 Catholic Communion w/ Father List- IRV K 10:30 Morning Triva! - TS I 11:00 Morning Devotions - TS | 9:15 Mindful Moments Sensory Visits- IRV 10:00 Morning Exercise! - TS 10:30 Weekend Bingo TS 2:00 Tommy H & Angie Gospel music- TS |
| 9 9:15 Mindful Moments Sensory Visits- IRV 10:30 Lifelong Learning: Destination Argentina - TS 11:30 SingFit- TS 5 11:30 Sunday Brunch! See front office for more details K 1:30 Puzzles - TS | 9:15 Mindful Moments Sensory Visits- IRV 10:30 Morning Yoga Class with Danika - TS 11:00 Morning Devotions - TS 2:00 June Birthday Celebration! - TS 4:45 Dinner Outing: O'Charley's | 9:15 Mindful Moments Sensory Visits- IRV V 10:00 Hamburg Olympic Games for Senior Health and Fitness Week! X 1:30 Puzzles - TS V 2:00 Closing Ceremony for Olympic Games! | 9:15 Mindful Moments Sensory Visits- IRV 10:00 Men's Monthly Coffee and Donuts! - AR 10:45 IN2L Games & Puzzles- TS 11:00 Morning Devotions - TS 1:30 Art: Hamburg Scrapbook! - TS | 9:15 Mindful Moments Sensory Visits- IRV 1 11:00 Morning Devotions - TS GF 2:00 Ladies Afternoon Tea! - Courtyard GG 6:00 Evening Bingo- TS | Flag Day 9:15 Mindful Moments Sensory Visits- IRV 10:00 Chef Circle: Flag Day Rice Krispies! - TS 10:00 Catholic Communion w/ Father List- IRV 10:30 Morning Triva! - TS 11:00 Morning Devotions - TS | 9:15 Mindful Moments Sensory Visits- IRV V 10:00 Morning Exercise! - TS 10:30 Weekend Bingo TS A 2:00 National Nature Photography Day! - Courtyard |
| Father's Day 9:15 Mindful Moments Sensory Visits- IRV 10:30 Lifelong Learning: Destination Argentina - TS M 11:00 SingFit- TS I:30 Puzzles - TS 2:00 Sunday Inspirational Service - HCDR | 9:15 Mindful Moments Sensory Visits- IRV 10:30 Morning Yoga Class with Danika - TS 11:00 Morning Devotions - TS 11:30 Men's Lunch Outing for Father's Day! 2:30 Bingocize - TS | 9:15 Mindful Moments Sensory Visits- IRV 1 11:00 Morning Devotions - TS 1:15 Outing: Bluegrass Heritage Museum 1:30 Puzzles - TS | 19 MN 9:15 Mindful Moments Sensory Visits- IRV K 10:45 IN2L Games & Puzzles- TS M 11:00 Morning Devotions - TS A 1:30 Art: American Goldfinch Painting - TS | 9:15 Mindful Moments Sensory Visits- IRV I 11:00 Morning Devotions - TS GF 2:00 Ice Cream Soda Social and Karaoke- TS S 6:00 Family Night!!!! : Tacos and Trivia! RSVP to Rebekah | 21 Summer Begins MM 9:15 Mindful Moments Sensory Visits- IRV CC 10:00 Chef Circle: Fresh Fruit Smoothies! - TS I 10:00 Catholic Communion w/ Father List- IRV K 10:30 Morning Triva! - TS I 11:00 Morning Devotions - TS | 9:15 Mindful Moments Sensory Visits- IRV V 10:00 Morning Exercise! - TS GG 10:30 Weekend Bingo TS A 2:00 Art: Make Your Own Nature Puzzle! - TS |
| 9:15 Mindful Moments Sensory Visits- IRV 10:30 Lifelong Learning: Destination Argentina - TS M 11:00 SingFit- TS I:30 Puzzles - TS 2:00 Sunday Inspirational Service - HCDR | 9:15 Mindful Moments Sensory Visits- IRV V 10:30 Morning Yoga Class with Danika - TS I 11:00 Morning Devotions - TS V 2:30 Bingocize - TS M 6:00 Immanuel Baptist Fellowship- TS | 9:15 Mindful Moments Sensory Visits- IRV 11:00 Morning Devotions - TS 1:30 Outing: Dollar Tree Shopping Trip K 1:30 Puzzles - TS | 9:15 Mindful Moments Sensory Visits- IRV 10:45 IN2L Games & Puzzles- TS 11:00 Morning Devotions - TS 1:30 Art: Modeling Clay! - TS | 9:15 Mindful Moments Sensory Visits- IRV 1 11:00 Morning Devotions - TS 2:30 Art: Making the Hamburg Windchime! - AR 6:00 Evening Bingo- TS | 9:15 Outing: Ale-8-One factory tour! 9:15 Mindful Moments Sensory Visits- IRV 10:00 Chef Circle: Waffle Iron Cinnamon Rolls - TS 10:00 Catholic Communion w/ Father List- IRV | 9:15 Mindful Moments Sensory Visits- IRV 10:00 Morning Exercise! - TS 10:30 Weekend Bingo TS 2:00 Scenic Drive! |
| 9:15 Mindful Moments Sensory Visits- IRV 10:30 Lifelong Learning: Destination Argentina - TS 11:00 SingFit- TS 1:30 Puzzles - TS 1 2:00 Sunday Inspirational Service - HCDR | | | | | | |

Daily Rhythms Legacy The Willows at Hamburg

-JUIII 2019

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------|---|--|--|---|--|--|---|
| GI GI K M | F - Gathering of Friends G - Group Games - Inspirations - Keeping it Sharp/Reminisce - Music to My Ears | Every Moming (times are approximate 9:00 Vitality 9:30 Keeping it sharp 10:00 Moming Refresher 10:30 Housekeeping 11:00 Artisans 11:30 Lunch Preparation | Every Aftemoon (times are approximate)~ Relax and Recharge (following lunch) 2:30 Creative Cooking 3:00 Music to my ears 4:00 Aftemoon Pick-Me-Up | Come join the Legacy family and volunteer! | | | Tibbon Dance K Penny Ante C Fruit Salsa/Cinnamon Chips Relax & Recharge A Flower Impressions M Car-a-oke Road Trip G Horse Racing Healthy Hands |
| A M GG | Games We Played As Kids | Move It Monday Spring Babies Poppy Seed Fruit Salad Relax & Recharge Wooden Beads Keychain Senic Drive Feel the Heartbeat GG Hove | Wildflower Tour Garden Beginnings Chocolate Strawberry Trifle Relax & Recharge A Spiral Suncatcher I Like You GG Life on the Farm Healthy Hands | V Batter Up K Matching Colors C Raspberry Cream Cheese Muffins Relax & Recharge A Shaving Cream Paint M Singin' in the Rain G Parachute Games Healthy Hands | Spring Sing Along and Dance Signs of Spring Mindful Movements Bean Vegetable Soup Relax & Recharge Sharpie Coasters M Shake It Up, Baby! Flip n' Chips Matching Game | 7 V Par 4 Golf Club K Spring Basket I John Hughes Ministries C Banana Nut Bread Relax & Recharge A Rock Photo Holder Take Me Out to the Ball Game Happy Hour | Ribbon Dance Repenny Ante Penny Ante Peanut Butter Cookies Relax & Recharge A Pineapple Pinecones Car-a-oke Road Trip GG Horse Racing Healthy Hands |
| K CC S | Name That Croon | V Move It Monday Spring Babies CC Cocoa Cupcakes Relax & Recharge Opposites Collage Senic Drive Feel the Heartbeat GG Horseshoes | W Wildflower Tour Garden Beginnings Strawberry Pizza Relax & Recharge A Gel Air Fresheners I Like You GG Life on the Farm Healthy Hands | V Batter Up K Matching Colors C Chocolate Chip Muffins Relax & Recharge A Flip Flop Wreath Singin' in the Rain G Parachute Games Healthy Hands | V Spring Sing Along and Dance Signs of Spring Mindful Movements Tomato Soup Relax & Recharge DIY Kinetic Sand Shake It Up, Baby! GG Flip n' Chips Matching Game | Par 4 Golf Club Spring Basket John Hughes Ministries CO Oatmeal Bread Relax & Recharge A Coffee Filter Flag M You're a Grand Old Flag Happy Hour GC Corn Hole | V Ribbon Dance K Penny Ante C Peanut Butter Cup Cookies Relax & Recharge A Father's Day Cards M Car-a-oke Road Trip G Horse Racing Healthy Hands |
| CC A M | Games We Played As Kids | Move It Monday Spring Babies Vegetable Medley Relax & Recharge Doily Resist Painting Senic Drive M Feel the Heartbeat Horseshoes | W Wildflower Tour Garden Beginnings C Chocolate Chip Cookies Relax & Recharge A Kandinsky Collaborative Art I Like You GG Life on the Farm Healthy Hands | V Batter Up K Matching Colors C Lemon Sparkle Cupcakes Relax & Recharge A Summer Lanterns Singin' in the Rain G Parachute Games Healthy Hands | V Spring Sing Along and Dance Signs of Spring Windful Movements CC Chili Relax & Recharge Summer Lanterns Shake It Up, Baby! GG Flip n' Chips Matching Game | 21 Summer Begins V Par 4 Golf Club K Spring Basket J John Hughes Ministries C Sour Cream Chive Bread Relax & Recharge A DIY Rope Basket M Take Me Out to the Ball Game Happy Hour | V Ribbon Dance R Penny Ante Butterscotch Cookies Relax & Recharge A Homemade Brownie Mix In a Jar M Car-a-oke Road Trip GG Horse Racing Healthy Hands |
| A M GG | Opposites Peanut Butter Cream Pie Relax & Recharge Creative Storytelling Name That Croon Games We Played As Kids | V Move It Monday Spring Babies CC Candy Bar Apple Salad Relax & Recharge Easy DIY Mosaic Garden Pots Senic Drive Feel the Heartbeat Horseshoes | Wildflower Tour Garden Beginnings CC Strawberry Shortcake Relax & Recharge A Glue Art I Like You GG Life on the Farm Healthy Hands | Blueberry Muffins Relax & Recharge Painted Drip Pots Singin' in the Rain Parachute Games | V Spring Sing Along and Dance Signs of Spring Mindful Movements Beef Soup Relax & Recharge Creating Memory Boards Shake It Up, Baby! GG Flip n' Chips Matching Game | V Par 4 Golf Club Spring Basket John Hughes Ministries Cinnamon Swirl Bread Relax & Recharge Creating Memory Boards Take Me Out to the Ball Game Happy Hour | V Ribbon Dance K Penny Ante C Apple Brown Betty Relax & Recharge A Memory Boards Gala! M Car-a-oke Road Trip G Horse Racing Healthy Hands |
| A M GG | Sunday Stretch Opposites Apple Pie Oatmeal Dessert Relax & Recharge Creative Storytelling Name That Croon Games We Played As Kids Healthy Hands | | | | | | |